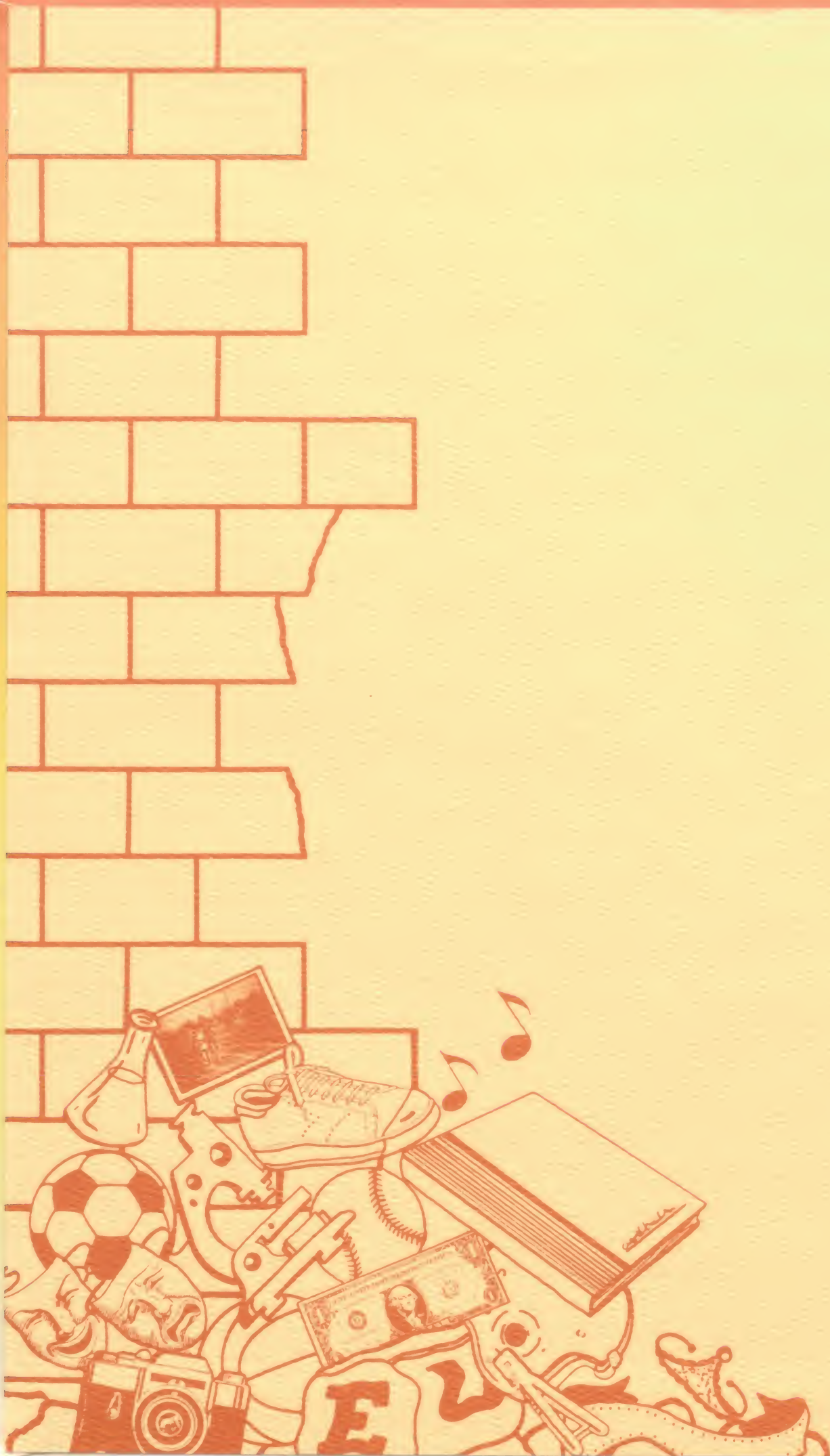


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Everything
BUT *the*
KITCHEN
SINK







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East High School

815 E. 13th Street
Des Moines, IA 50316
(515) 242-7788
Enrollment 1,723

Q

uill '94



Everything but the Kitchen Sink

Remember the first time you packed your suitcase to go to grandma's house? She only lived two blocks away and you were only staying one night, yet there was so much inside that it just wouldn't close. East High is exactly like that bag, bulging at the

seams.

When you were a freshman you were so excited, but scared of the unknown. You packed your bag full of supplies to help you get through the hectic schedule. You found that there was too much to do and too little time. You ran



.....
Lunchtime can be "fun time" for junior **Tatum Armstrong**, who displays the french fries in her nose. Many students found many bizzare ways to make the summer a little more exciting.

.....
Junior **Stacie Carlson** and senior **Charity Reeves** lounge around in the sand after a long day at camp. Building sand castles, swimming, and playing beach volleyball were just some of the activities this summer.



from class to class, made new friends and prayed you wouldn't get lost in the shuffle.

During your sophomore and junior years you discovered that East was rich in culture. You tried new styles, dreamed new dreams and soared to new heights. By the

time you were a senior you were an expert.

Now, as you leave you find that East has packed your supply bag full of essentials for life. Your bag is so full, it again won't close. You've learned about new people and new ideas. You've looked hard to find

answers to everyday problems. You've taken classes, played sports and been in clubs you may never be in again. For four years you've walked through the halls, taking in as much as possible to take with you as you move on to college or to a

career.

When the graduation caps finally fly, you will leave knowing that you're ready for whatever lies ahead. East High is full of opportunities and literally does have everything but the kitchen sink packed inside!



.....
Junior Sheliah Johnson and senior Tia Thompson take a ride in the Toontown car through Disneyland. Johnson and Thompson spent the day seeing the sights, riding the rides and meeting Disney characters.

Tropical trees, and plants
surround senior
Vanessa Barger and
alumna **Wendi Lucas**.
Barger and **Lucas**
spent 10 days in San
Diego visiting family,
touring the city and
hitting the beach.

Junior **Amber Schuler**
smiles while she stands in
front of the Golden Gate
Bridge. The bridge is just
one of many exciting
attractions for travelers to
San Francisco.

Beautiful mountains and a
clear blue sky are the
subject of this photo
taken by **Adrianne**
Holmes, daughter of
Ms. Nancy Holmes.
The Rocky Mountains are
one of the biggest
attractions in the United
States.



While many Scarlets
were agonizing over
the "Floods of '93",
some were vacation-
ing around the world.
From the Rocky
Mountains to
EuroDisney, many
students escaped for a
few weeks of adven-
ture.

Junior **Amanda**
Nalevanko traveled
to Europe to dance for
Becky Nalevanko's
Dance Studio. While
in Europe she toured
Paris and England.

"My favorite part of
my trip was when we
danced at EuroDisney.
It was very exciting,"

said **Nalevanko**.

Across the Atlantic
other Scarlets were
seeing the sights too.
Junior **Amber**
Schuler flew to San
Francisco. She
shopped a lot, visited
the beach, and saw the
Golden Gate Bridge.

"The beaches there

are really different.
The sand is soft and
the water is extremely
clear," said **Schuler**.

Senior **Vanessa**
Barger also visited
California, San Diego.
It was her first time
flying in a plane.

"I loved flying, it was
great, except the

landing was too
bumpy," said **Barger**.

In California,
Barger went to
Disneyland, the
Idlewyle Mountains,
and visited her brother
at the navy base.

Moving east, **Ms.**
Nancy Holmes found
her summer haven in



• Junior **Niki Fees** takes a
• breather after a long day
• of white water rafting.
• **Fees** spent her summer in
• Tennessee with her
• parents and often rafted
• down the Ole' Chucky
• River.

• As the sun goes down,
• junior **Lindsay Cochran**
• and alumnus **Jeff Gillum**
• display starfish found
• along the beaches of
• California. Many
• students, like **Cochran**,
• visited the sandy beaches
• of California finding that
• life on the beach was a
• great escape from the
• non-existent Iowa
• summer.



Rocky Mountain
National Park.

"We saw the moun-
tains, the snow, and
the animals that only
live up in the moun-
tains," said **Holmes**.

On the other coast
junior **Niki Fees** went
white water rafting in
Erwin, Tennessee.

"White water rafting
is really exciting. We
got stuck on rocks, and
once it started pouring
and lightning while we
were out," said **Fees**.

All in all, many
students found ways to
escape from the
pouring rain in order
to have a great summer.

From Sea to Shining Sea

Relaxing after a hard day of dancing, the Steppers enjoy a moment of rest. The Steppers worked hard this summer at the Universal Dance Association Camp in Ames, Iowa.



Summer Practices Help Make Scarlets Shine

Sleeping in all morning and into the late afternoon, only to wake up just in time to catch the end of your favorite soap opera or game show sounds like the perfect summer for most of us. This wasn't the case for many of our hard working Scarlets.

Early morning practices and camps filled their summer. Hours and hours of stressful practicing

- Waking up early is easy
- for some but for senior
- **Nancy Lee** it is an
- impossible task. Seven
- students from the
- journalism program
- spent five restless days
- waking up at the crack of
- dawn at the Summer
- Media Workshop in
- Columbia, Missouri.

Seniors **Sarah Beardsley**, **Cindy Brown**, and **Amy Knight** stand with excitement as they receive various awards they won at UDA camp in Ames, Iowa. The Steppers recieved many awards and won the spirit stick for their great enthusiasm and spirit during camp.

Performing at the UCA camp at Drake was rewarding for the varsity Cheerleaders. They won over 50 awards for their hard work.



didn't stop them from giving their all.

"Football practices were very hard and exhausting, but it all paid off," said junior **Jack Metheny**.

The Steppers took second place at the Universal Dance Association camp in Ames, Iowa. Camp is where the Steppers learned their routines for the year. "It was fun learning all the new routines and the

food was great," said junior **Rachelle Pollard**.

The varsity Cheerleaders took first place in dance and in their home pom routine at the Universal Cheerleading Camp at Drake.

"It felt good to know that our hard work paid off when we won our awards," said junior **Cindi Irvin**. The varsity Cheerleaders took 50 awards

home from camp.

"I liked showing our cheers and dances to the other cheerleading squads," **Irvin** added.

Seven members of the journalism program spent five days this summer at the Summer Media Workshop in Columbia, Missouri. They learned new trends for year-books and newspapers.

"We met people from small towns and

we learned to appreciate the convenience of a room equipped with ten computers," said senior **Nancy Lee**.

"I didn't learn any new things but we got to know each other better," said senior **Courtney Johnston**.

Whether our Scarlets were tackling, dancing, cheering or writing, their hard work made sleeping in only a dream.

The Summer of '93 brought massive destruction thanks to flooding. Everything in sight was submerged. Never before has Iowa seen so much water.

It began in the small town of Eddyville and

shortly after made its way to Des Moines.

Everyone was affected by the flood, some more than others. The city lost its water as a result of a penetration by flood water at the Des Moines Water Works.

Some students were fortunate enough to have running water. "I was lucky. I was in Pella for the first six weeks of the summer," said junior **Mariela Huber**. "We had our water the whole time."

Other students were not as lucky.

"It (the water) actually separated the wall in our basement from the foundation," said senior **George Sams**. "Now there's a big hole in the middle of the wall!"

Some students were forced to evacuate their homes because of threatening flood waters. Some even had to leave more than once.

Junior **Angie Salasberry** had to leave her home twice

Ships, sails and four wheels glide through overflowing streets this summer. This man found out that sails are often better than wheels in floodwater, as he rolls into an Urbandale gas station.



Des Moines residents flock to a friendly neighborhood showering hole. With the loss of running water, many people had to get clean at the only traveling shower in the city, located near the South Side Public Library.

Kybos, like these in front of Farmland Insurance, were a necessity over the summer. When Water Works Park was flooded, Des Moines lost all its water, including water for flushing toilets.



over the summer because of flash flood water from a creek behind her family's home.

"It really made me mad!" she said. "I had to stay at my aunt's house the day before school started."

Water Water Everywhere and Not a Drop to Drink



• This kitchen sink, in a
• house on Sunset Road, is
• just one example of the
• damage brought on by
• flood waters. The entire
• house was submerged by
• flood waters from the
• nearby Racoon River.

Livin' On The Edge

VICTORY
OR DEFEAT

Are you a doer or a dreamer? Do you have excitement and adventure in your life or do you only fantasize about it?

Everyone wants that reputation of being a thrill seeker; however, do you have the fervor to prove it? Let's see! Answer the following questions to see if you are a thrill seeker or a couch potato.

FAME & FORTUNE

Have you ever:

- ___ won more than \$100,000 in a lottery or bet? [20 pts.]
- ___ been extremely rich? [10 pts.]
- ___ been homeless? [20 pts.]
- ___ been on TV?
- [SCORE 5 pts. IF YOU WERE ANONYMOUS; 10 pts. IF THEY BROADCAST YOUR FACE, VOICE AND NAME; 30 pts. IF YOU WERE A STAR]**
- ___ been in a Hollywood movie? [10 pts. IF YOU WERE AN EXTRA; 20 pts. IF YOU HAD A SPEAKING PART]
- ___ performed on a stage before more than 1,000 people? [20 pts.]
- ___ cut a record or music video? [20 pts.]
- ___ been the subject of a newspaper story? [20 pts.]
- ___ had something named after you [a building, product, disease, scientific principle]? [20 pts.]
- ___ been close friends with someone famous? [20 pts.]

DRAMA OF EVERYDAY LIFE

Have you ever:

- ___ quit your job abruptly in protest or anger? [10 pts.]
- ___ been fired? [5 pts.]
- ___ been sued? [5 pts.]
- ___ dropped out (or been kicked out of school)? [2 pts.]
- ___ taken part in a public protest? [5 pts.; ADD 20 pts. EXTRA FOR A RIOT]
- ___ panhandled? [5 pts.]
- ___ visited a nude beach or nudist colony? [5 pts.]

GOOD DEEDS & HEROICS

Have you ever:

- ___ saved anybody's life? [20 pts.]
- ___ saved an animal's life? [10pts.]
- ___ won a major award? [10 pts.]
- ___ run for a class office? [10 pts.]
- ___ volunteered for a political party? [10 pts.]
- ___ Do you regularly do volunteer or charity work? [20 pts.]

THE TWILIGHT ZONE

Have you ever:

- ___ seen a ghost? [10 pts.]
- ___ seen a UFO [10 pts.; ADD 50 pts. IF ABDUCTED]
- ___ died, then returned to your body? [20 pts.]
- ___ had an evil twin? [10 pts.; SCORE 2 pts. FOR AN ORDINARY TWIN]
- ___ had a profound religious experience? [20 pts.]
- ___ displayed extraordinary psychic power? [10 pts.]

Have you ever gone:

- ___ hang gliding? [15 pts.]
- ___ parachuting? [15 pts.]
- ___ surfing or windsurfing? [10 pts.]
- ___ scuba diving? [15 pts.]
- ___ bungee jumping? [20 pts.]
- ___ whitewater rafting? [10 pts.]
- ___ mountain climbing? [10 pts.]

Have you ever:

- ___ set a sports record? [20 pts.]
- ___ run a marathon? [10pts.]
- ___ competed in a sports event seen by more than 1,000 fans? [10 pts.]

BONUS POINTS: If you've engaged in some other daredevil activity [cliff diving, drag racing, etc.]
___ add 10 pts.





UH-OH! PENALTY

— For every TV set you own, **deduct 2 pts.** For every hour of TV you watch in a typical week, **deduct 1 pt.**

— Do you own a Nintendo game? [**Deduct 5 pts.**]

— Do you wear Walkman headphones in public? [**Deduct 5 pts.**]

— Do you spend more than two hours a week in shopping malls? [**Deduct 5 pts.**]

— Have you ever made up an excuse like "The dog ate my homework."? [**Deduct 5 pts. for each excuse that didn't work and 2 pts. for each excuse that did.**]

— gotten out of a speeding ticket by crying or fluttering your eyelashes. [**Deduct 2 pts. for every ticket.**]

SCORING

0-100: You've lived a quieter, gentler life than some people, but don't feel bad. We can't all be Indiana Jones.

101-200: An impressive start. Now it's time to turn off the TV and get up off that couch and start racking up some serious points.

201-300: Fairly awesome. You are probably known as a "colorful character" who's lots of fun at parties, full of rousing tales and anecdotes. Either that or you cheated!

Over 300: Wow! Consider yourself lucky to be alive. If I were you, I'd start thinking of an epithet for your tombstone.

ALL ART WORK
DONE BY FRESHMAN
JOB YAMEN

EXOTIC TRAVEL

Have you ever:
— piloted an airplane, helicopter or hot-air balloon? [**10 pts.**]
— stowed away on a boat, plane or train? [**10 pts.**]
— hitchhiked cross country? [**10 pts.**]
— hiked or biked more than 100 miles at one time? [**10 pts.**]
— sailed on a solo ocean voyage? [**30 pts.**]
— run off to join the circus? [**10 pts.**]
— visited a foreign country? [**ADD 1 pt. PER COUNTRY**]
BONUS POINTS: Add 1 pt. for every city you've ever lived in; add 5 pts. for every country you've lived in.

DISASTERS & CALAMITIES

Have you survived a :
— flood? [**20 pts.**]
— plane crash? [**20 pts.**]
— hurricane? [**10 pts.**]
— major earthquake? [**5 pts.**]
— serious auto accident? [**10 pts.**]
Have you ever:
— overcome a serious disease or disability? [**20 pts.**]
— been attacked by a deadly insect, reptile or animal? [**5 pts.**]
BONUS POINTS: If you've survived some disaster not mentioned above
[avalanche, fire, volcano, etc.].
— add 10 pts.

THE DARK SIDE

[It's our duty, as pillars of the community, to warn you that some of these activities are dangerous, stupid or illegal. Do NOT try any of these simply to raise your test score.]

Have you ever:
— been arrested? [**10 pts.**]
— received a speeding ticket? [**5 pts. FOR 10 MPH, 10 pts. FOR 15 MPH OR MORE**]
— had your license taken away? [**10 pts. FOR 60 DAYS ; 20 pts. FOR 90 DAYS OR MORE**]
— got caught gypping class? [**10 pts.**]



Proud Voices, Painted Faces & Pure Excitement

The yell of the Cheerleaders echoes across the field. The band energetically plays the Fight Song. From the stands, the cheers of the Pep 'E' Club are loud and clear. During half-time, the Color Guard swirls their colorful flags to the accompaniment of the band. Afterwards the Steppers perform intricate



Seniors Jennifer Garner and Heather Berry show their school spirit with their brightly painted faces. Students wore school colors to show support while attending the games.

Colorguard junior Michelle Nelson and freshman Nicole Garringer perform with the Cheerleaders and the Steppers during a Pep Assembly.



dance steps to the song "Whoop! There it is."

Each of these groups plays an important part in maintaining the high level of school spirit necessary to cheer the athletic teams on. Each group is responsible for trying to encourage the fans in the stands to participate.

The Pep 'E' Club is

one way for students to get involved in school spirit. "The Pep E Club is a crucial part of school spirit," said senior **Melissa Gervais**. "We are there to help keep the excitement and involvement going for the athletic teams and the school as a whole."

With practices every morning, the band is a very noticeable part of

the support given by the fans. "I think the band is a big part of school spirit. During my sophomore year, we couldn't play at the Homecoming game because it was raining. The whole school was in an uproar," said senior **Ginny Anderson**.

Like the band, the Color Guard has regular morning

practices and performs at each home game. Senior **Jennifer Knight** said, "School spirit is a necessary aspect of sports because it gives the teams the strength and support to win even if we are losing. Assemblies give students the opportunity to know that there is more to school than hard work."



- At the first assembly of
- the year, seniors Kari
- Sharp, Christina
- Rasmussen and Amy
- Mathews cheer for their
- team. Pep assemblies
- helped to get everyone
- pumped up and excited
- for the football games.

..... Juniors **Rachelle Pollard** and **Angela Bailiff** show that the Steppers have definitely got the spirit. Making signs was one of the many activities the Steppers did to encourage school spirit.



One of the Hawthorn
white tigers leaps
fearlessly through a ring
of fire. The tigers quickly
became one of the fair's
most popular attractions.
(Photo by Ray Bienaime)

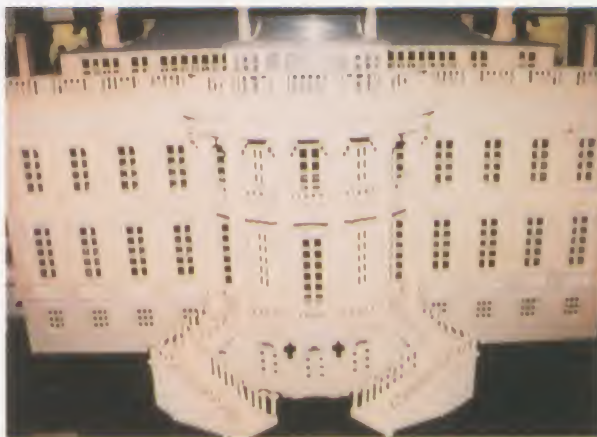
Smokey the Bear and his
pal Sparky take time out to
pose for a picture. They
spent their day making new
friends and alerting fair-
goers to the dangers of fire.



Lions, Tigers and Smokey the Bear

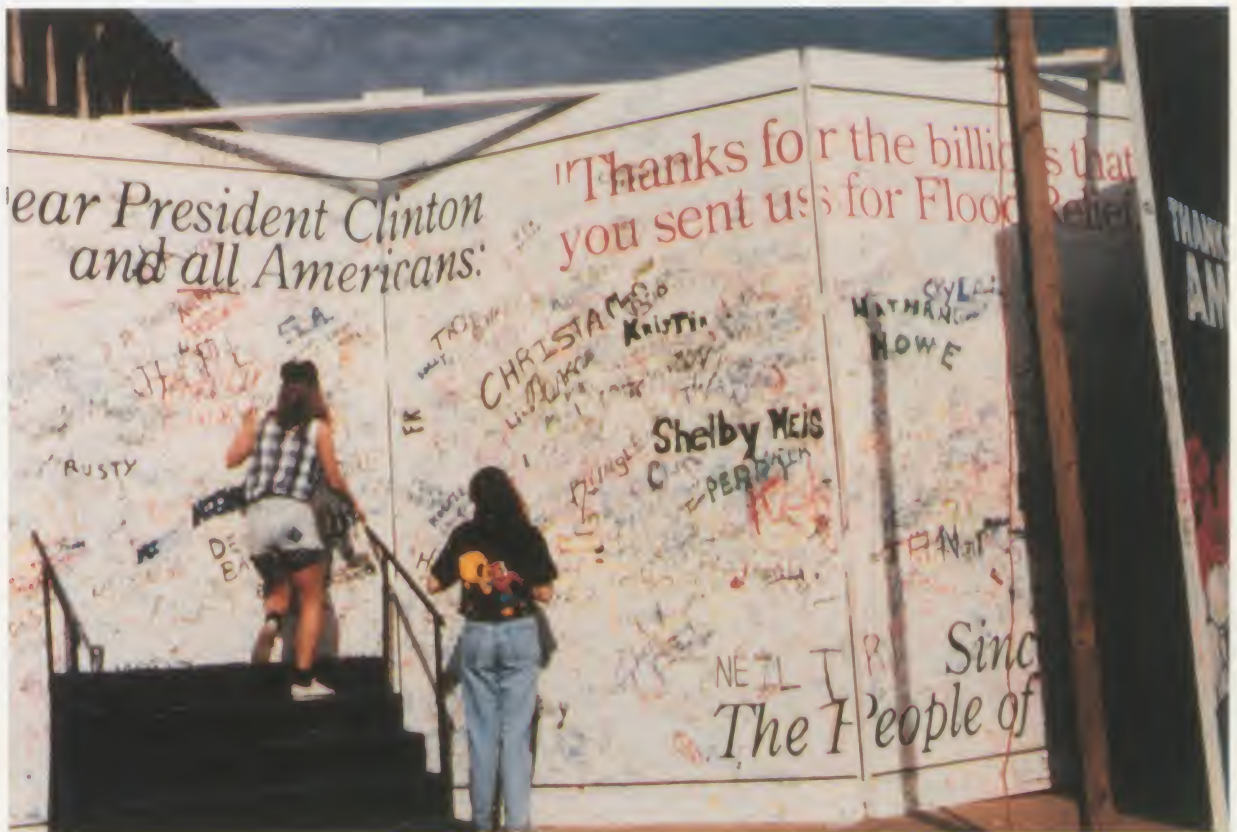
Where can you see
your local weatherman
milking a cow, a ladies'
rolling pin throw,
belly dancing, and a
Vince Gill concert all
in one day? The
answer is—the Iowa
State Fair.

These events and
many others drew
thousands of people to
the state fairgrounds



- A Lego model of the
- White House captured
- the eyes and imaginations
- of children and adults
- alike. The Cultural
- Center was home to this
- exhibit and a Lego play
- area for the children, as
- well as works of art from
- all over the state.

The giant thank-you card sponsored by radio station Star 102.5 is filled with the names of grateful Iowans. The card was sent to President Clinton and the American people in gratitude for the aid Iowa received after the Flood of '93.



between August 19-29.

Some of the highlights included concerts by Garth Brooks, George Strait and Michael Bolton.

"I went to the Garth Brooks concert. It was great. He's a real person, a down-home boy," said senior **Jeff Strahl**.

Senior **Jennifer**

Garner listed sampling the different kinds of food as one of her favorite fair activities. Others seemed to agree.

"I love the dippin' dots ice cream," said junior **Leah Wardak**.

Other personal favorites ranged from funnel cakes for sophomore **Jaunita**

Mata to Cajun Chicken Sticks for senior **Tony Coe**.

The fair's traditional attractions such as the midway, livestock judging, talent searches and exhibits attracted many repeat visitors, as well as newcomers.

State fair veteran, senior **O Peachie**

Jackson, said, "I like the spin-art. I've been doing it since I was two."

Senior **Jodi Scott** brought up another good point about the fair. "I was impressed that they held the fair despite the floods."

Others weren't so pleased with the fair. "The fair's the same

every year, except the prices, they go up," said Spanish teacher **Srta. Hansen**.

Junior **Rita Gogerty** said, "Only in Iowa, a state full of farms, would people pay five dollars to see cows and pigs."



Everyone's MAKIN' the GRADE

Searching through the stacks, senior Venessa Barger and juniors Jenny Speck and Chad Aswegan look up research materials. The library was just one of the many sources that students used to find information for class research.

So who's making the grade? With your usual day-to-day rush and cluttered class schedules, it's often hard to maintain that perfect grade. With effort and sacrifice (sacrifice meaning putting down that Gameboy and actually "meeting" your new science book), it is possible to achieve it! Let's face it, Iowa didn't become one of the top SAT scoring states by after-lunch-snoozing in American History.

While some chose easy classes to achieve academic success, others preferred classes that challenged, motivated and prepared them for their future. Academics offered diverse subjects that fit everyone's interest, needs and schedules. However, beneath the diversity laid a common core that gave your academic curriculum its basic unity of thought: a belief in the importance of education. Academics isn't just for the "brains" in the class anymore; it's for everybody! So who's making the grade? Everyone's making the grade!



Test tubes, lab books and goggles cluttering lab tables are aftermaths of chemistry experiments gone amuck. Juniors Marcus Currie, Paul Hansen, and Robert Green followed lab caution rules and wore their goggles, while senior Jeff Stanley checked out a pair of the "old slimys". Safety goggles were required equipment purchased by every chemistry student.

• Taking time out to stop and taste the
 • cherries, seniors **Nancy Lee, Jason**
 • **Leete** and **Jodi McClain** pose in front
 • of this eccentric sculpture. Along with
 • seeing the play on the annual trip, seniors
 • got to look around the Minneapolis
 • Sculpture Garden. •



English

—straight talk—

not the jabber

English, an informative way of speaking, also tried to meet the academic needs of students.

Dressed up for Hawaiian Day, senior **J.J. Williams** catches up on a few Z's while pretending to be reading from his literature book. Getting caught in the act was rare in this first hour English class but those who did suffered embarrassing consequences.



"English this year is going to be a snooze, I mean a breeze," said senior **J.J. Williams**. English teachers tried to meet the academic needs of students by showing them the relationship that the subject had with their other classes.

Another new project for the English department was the south wing bulletin board. It was used to announce important writing contests, English associated bulletins and improve the communication between the department and students.

For the ninth year, seniors were entertained by the annual theater trip to the Guthrie Center Theater in Minneapolis. They saw the Shakespearean play, *Othello*, and were immensely inspired.

"The characters were played very well," commented senior **Jason Leete**. "It had an excellent theme that was easy to understand and to relate to."



- Freshman Chasyti Williams
- studiously tries to get into a short story. Short stories like "To Build A Fire" by London and "Tell-Tale Heart" by Poe were often read by English students.

portal

"I won first place this year in the Portal writing contest," said junior **Love Drew**. "I was so excited I could hardly get my thesaurus in my bag!"

Yes, the first place winner for the Portal writing contest received a thesaurus!

Portal was a literary magazine created by students. It contained short stories, essays, poetry, photography and art. They were all submitted by the students of the school. It gave students a chance to show their talents and made them think about showing more of their work publicly.

"Portal is a great way to get the things you're good at noticed.," said junior **Barbara Blackburn**.

- Seniors Dennie Sims, Wenddie Jarrett, Alisha Muller, Jane Burgess and Kelly Flesher are proud to be on the Senior English trip. They give their approval with tongues and a few smiles.



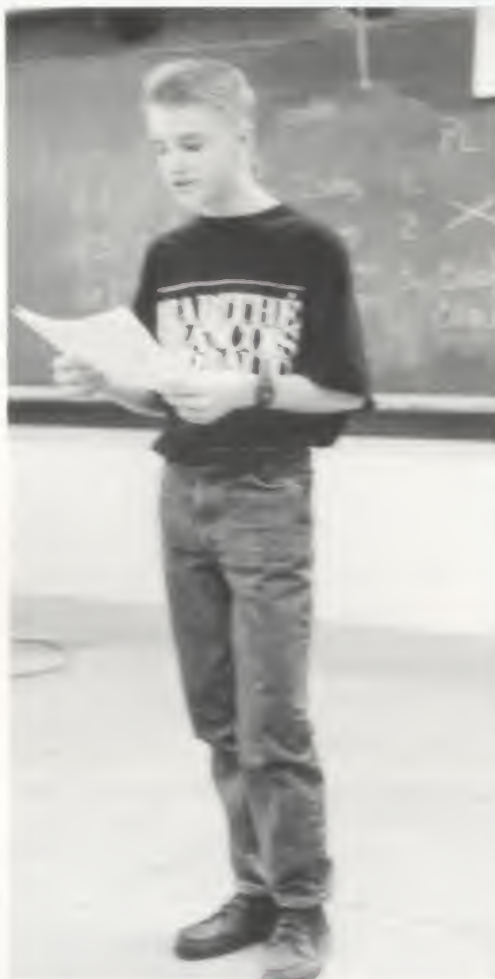
These are a few members of the Portal Staff.

pop quíz

1. Which of the following phrases means "Like father, like son?"
 - a. En boca cerrada, no entra mosca.
 - b. Mas vale tarde, que nunca.
 - c. Tal padre, tal hijo.
2. Which of the following phrases means "Flies can't get in a closed mouth?"
 - a. Necesito el bano.
 - b. En boca cerrada, no entra mosca.
 - c. Mas vale tarde, que nunca.

Sophomore **Robert Loving** works out of the Spanish book. Besides written assignments, short stories and plays were often read aloud in class to help familiarize students with the language.

Up in front of the class, sophomore **John Kurtz** practices the pronunciation of his Spanish assignment. The main focus in class was more on speaking and pronunciation than on written work.



With the craziness of Spanish class, these students laugh at **Ms. Hansen**. Singing, dancing and telling ITs (Interesting Tidbits) was one way she tried to make learning fun.



breaking through the barrier

Spanish songs, French cartoons, Spanish pinatas, French cuisine —it's not exactly the normal curriculum for Spanish or French class, but it definitely makes it interesting.

The sound of a Spanish love song echoes through the air. Twenty-five off-key students try to sing along. At the head of the room, the teacher dances around trying to increase students' interest. Next door, students stand at the board waiting to play Spanish Football. In another classroom, students watch the movie "Aladdin" so they can translate the French in it. On other days, French food can be found in class.

Each of these situations was a part of learning a foreign language. Courses were offered in French I-IV and Spanish I-V and besides speaking, reading, and writing the language, students had a taste of a foreign culture.

In Spanish class, bookwork was not the norm. Since pronunciation was a major part of speaking a language, students performed many skits and interviews entirely in Spanish. Cooking and celebrating Spanish holidays were two activities done in class yearly.

As an extracurricular activity, seniors **Jodi Scott** and **Jodi McClain** helped a Hispanic family to learn to speak English.

"I felt that it was something that I could be useful at and I felt I could help others," said **Scott**. "It also gave me a chance to practice my Spanish skills."

In French, much attention was paid to the pronunciation of the language. Students often spoke in front of the class to improve speaking skills.

"One of the more difficult aspects of the class was getting up in front of the class to read an essay that I wrote," said senior **Stephanie Renner**.

Both the Spanish and French classes had fundraisers to pay for movies and in-class parties. It was not unusual to watch "The Jetsons" in Spanish or to watch French movies and videos.

As a required course for college, a foreign language is often taken just to meet a requirement. However, after learning and speaking the language, some students found that they actually enjoyed speaking the language. With a little effort they broke through the language barrier.

A common sight to freeway drivers, the Spanish word for "Hello" shines like a beacon from the room windows of Ms. Kathy Hanson and Mrs. Margaret Severino. This was one of the many ways they tried to make foreign languages fun.



Cautiously concentrating on his accounting, senior **Brian Lowe** finishes his work. Accounting was a hands-on learning class for students seeking general knowledge or a possible career path.



investing in the future

'Business classes were taken for more than just a grade, they were an investment into a student's future.'

What were all those yellow ribbons for? Almost everyone had one. They were for the Vocational Education Week from February 9-15. This week is a nationally sponsored program to honor the different fields of learning, business being among them.

East offered many opportunities for students to enhance their skills in the business world. From the numerous computer classes (applications, word processing and desktop publishing) to the accounting and economics classes, every student had a chance to better themselves for the present and the future.

Like many other students, junior **Wendy Bolio** is preparing for a career.

"Computers are important to the society we live in today. It will give me a greater ability in the job market."

Many of the business teachers realized this need for advancement in the business language.

"Business courses are so basic to our personal lives in addition to possibly setting us up for a career," said business teacher **Miss Ochs**.

Students also used the skills they learned in their everyday lives.

"I understand how to read my check stubs from work and I understand my interest in my savings account," stated junior **Heather Beaman**.

However, it wasn't always a positive influence.

"It was a waste of time. I didn't comprehend all the little figures," said junior **Amelia Pearson**.

Whether or not you only use these skills in school, they can be looked upon as an insurance policy just in case other career ideas fail.

Some students found many ways to pass class time. Sophomore **Joseph Dycus** illustrates one common idea.





- Sophomore **Matt Tallman** concentrates on eye-hand coordination while
- typing. Keyboarding and typing classes
- were a prerequisite for any computer
- classes.

\$\$\$

sales

"It will give me a head start in the job market because of the experience."

Senior **Kelle McCrea**

"You get the basics of every school. These are the practical classes."

Business teacher **Mrs. Blenderman**

"It's made writing reports easier."

Junior **Amelia Pearson**

"Computer applications was a brief introduction to the computer world."

Junior **Cameron Wenzel**

Sophomore **Jason Doncouse** and senior **Andrew Dobbins** discuss a problem in math. Many students found working in partnership with someone was a little less straining.

pop quiz

1. The Pythagorean Theorem is...?

- a. $ax+bx=c$
- b. **Confusing**
- c. A problem in math

2. Algebra class is for...?

- a. Getting through high school
- b. **Future engineers**
- c. Talking to that really cute guy/girl

Junior **Shelly Knight** looks like she's into her work. Math held an interest for a lot of people. For some it was an experience that they won't forget.



Senior **Aaron Aswegan** briefly glances up from his homework. Students busied themselves with equations and problems in math.



math

divides up

students

Math classes were successful in separating students into different levels.

Math was voted the second most favorite class among students. For some students, however, math was a nightmare.

"Math has never been an easy course for me," said junior **Kaycee Colbert**.

A lot of students agreed with her. Communication seemed to be a major part of the problem.

"Teachers don't explain clearly enough even when we ask for help," said junior **Shelby Miller**.

But not everyone felt that way about math courses.

"Amid the chaos of high school life, it's good to know that one thing stays the same—numbers and math," said senior **Denny Sims**.

"I think my teachers really helped me prepare for college," agreed senior **Charity Reeves**.

Probably things will never change, students will always be divided on the issue of math.

Junior **Erin Thompson** contemplates her math problems. Many other students thought of other things besides math.

.....



- Deciding to take a break, junior **Danette**
- **Waugh** relaxes after a tiring assignment.
- Students who worked vigorously often
- found free time.



creativity with a practical use

Students are gaining real-life experience while still in school through the Industrial Arts program.

Have you ever wished you could create something as detailed as a house or cabinet?

Students in drafting, woodworking and home remodeling are getting a chance to do so.

Drafting is the first step in creating projects like these. **Mr. Marty Mohler** taught computer graphics, printing, some photography and drafting. In this class students are able to design their own notepads and house plans.

Mr. Jeff Hall taught his students to make a variety of things. "I've learned to make neat projects like a lamp and stands," said senior **Jaime Mora**.

Home remodeling has two classes, each three periods long.

The morning class has eight students and the afternoon class has seven. Students range from sophomores to seniors and are picked by the instructor **Bill Olsen**.

"We got a condemned house and we are going to put on a new roof, knock out the walls and put in new ones," said senior **Don Stoutenberg**.

The house is located at 1754 E. Capitol. This kind of hands-on experience is helpful for students like senior **Dale Brown** who said, "I'm in home remodeling because that's what I want to do as an occupation."

Senior **Dale Brown** washes away the mud that has accumulated in the wash tub. **Brown's** experience in home remodeling may come in handy some day.



Senior **Jaime Mora** patiently measures out the wood for his cabinet project. This was often considered a boring, but necessary, chore.



memorable moment

"One day in second hour some man came into class. He was so mad! I don't know why he was upset. He slammed a drawing board down on the table, then picked it back up and threw it out the second story window. He was even madder when he realized the drawing board had hit his own truck."

-Freshman Jim Keenan



P.M. HOME REMODELING. FRONT ROW: Jessie Rivas, Jeremy Johnson, Zach Ward. ROW 2: Jerry Leach, Doug Turkington. BACK ROW: Don Stoutenberg.



A.M. HOME REMODELING. FRONT ROW: Mark Juarez, Dale Brown, Brian Hubbs, Jason Johnson, John Bacon, Mr. Bill Olsen. NOT PICTURED: Jeffrey Carroll.

- Startled senior **Mark Juarez** emerges from
- the basement of the house being remodeled
- by the home remodeling classes. Students
- often became so involved in their work they
- forgot where they were.

Junior **Josh Green** uses a power sander to remove the rust under this car. Only the more advanced students get to do this type of work.

memorable moment

"The most memorable moment from our class was when junior **Tony Oliver** and sophomore **Chad Williams** were welding **Schreck's** car. They got too close to the interior and the door panel caught on fire. **Shreck** ripped out the interior and poured water on his car."

-Junior Brian Schnoor



beyond drills

— shop classes teach —

life skills

Whether sanding, welding or learning to get along with fellow classmates, auto and metal shop students excelled.

The auto and metal shop classes taught much more than just mechanical skills.

Some of the mechanical skills introduced in these classes include engine and body work, welding, and most importantly, life skills. But these skills were only the beginning.

"We try to relate everything we do down here to what they'll be doing in life," said shop associate **Darin Schreck**.

Students have many different reasons for taking shop.

Sophomore **Jessica Leitzinger** "hopes to be able to look at an engine and know what is wrong with it."

Sophomore **Randy Babar** said, "I will use the techniques I learn in shop later in my life."

Many students agreed with senior **Joleen Lupkes**, who said, "I live for shop!"

Senior **Doug Turkington** helps junior **Josh Green** adjust the gas torch as senior **Jason Hockett** inspects Josh's earlier work on the car. Someone could always be found to answer questions.

• • • • •



- Junior **Robert Green** and senior
- **Jeremy Bos** work together to make a
- tool box. The sheet metal tool box has
- long been a project for Metal 1 classes.



capturing — pieces of — history

Students learn more than just photography, they learn to immortalize everyday facets of life.

Kara Brown, Photo I



The click of the button and the glare of the flash surprises the subject. Later in the darkroom, the picture floats in a tray of water. Soon an undecipherable object develops into a stunning picture. Sound like a scene out of a thriller movie?

Actually it was the daily part of taking Photo I & II classes. Taught by **Ms. Nancy Holmes**, these classes teach students the basics of photography.

In Photo I, students learned the purposes of photography, how to develop film and how to choose good subjects. Photo I was basically a training course for students interested in photography.

In Photo II, the second and third year students focused more on photography as an art form. For students interested in photography as a career, this is a good course to take.

Holmes remarked on the good quality of photographs taken by the photography classes. "I don't dare set limits for any of my students," said **Holmes**, "because they are exceeded before they are

established."

So if you enjoy messing around with a camera and would like to learn more about photography, take a Photo class. See what develops.



Allison Bair, Photo II



Daren Owens, Photo II

Love Drew, Photo II

for your information

The Photo II class put together a calendar for the 1993-1994 school year. It contained pictures taken by the staff. These calendars were sold throughout the district to faculty of the Des Moines Public Schools.

pop quiz

1. In photography the main orders for photos are...?

a. For the yearbook and newspaper staffs.

b. For students who want pictures of the girls/guys locker room.

c. Anyone who wants a self portrait.

Senior Alan Benedict and junior Niki Fees sit and discuss upcoming photo deadlines. The staff produced dozens of photos for the needs of the Quill and Scroll staffs.

Seniors Daren Owens and Jim White are working hard on an assignment. Hard work and preparation paid off in the photo department.



FRONT ROW: Tammy Caylor. ROW 2: Shad Mensing, David Barr. ROW 3: Alan Benedict, Mike Keller, Jeff Kimball, Jeff Klopfenstein. BACK ROW: Vanessa Barger, Nikole Fees, Ray Bename, Jenny Speck, Chad Aswegan, Amanda Knight, Jenny Foster, Nancy Holmes.



cheap shots

not

allowed

Photojournalism is the process of telling a story with pictures.

The photojournalism class had to adjust to the changes of a new adviser, **Ms. Nancy Holmes**. The staffs were busy taking pictures and were soon on track in the fall.

As with any class, problems arose.

"The thing that really aggravates me is when people are lazy and things aren't done," said junior **Niki Fees**, the photo editor for the Quill.

The Quill and Scroll staffs each had their own staff of photographers and goals were set for both.

"My goal was to get more students involved in the publications," said **Nancy Holmes**. She was successful because of the increase in number of on-duty photographers. The tasks and assignments were awesome.

"I can't stay home like I used to because the responsibility is too great," said **Fees**.

"Now I have a reason to be in school every day," stated junior **Cameron Wenzel**.



FRONT ROW: Brandie Anderson, Danette Waugh, Christine Cook, Sally Leitzke. ROW 2: Jonas Kidd, Brenda Poole, Leah Ingraham, Amanda Knight, Melody Kimmel, Roz, Lehman. BACK ROW: Brad Johnson, Albert Hall, Joe Belcher, Cameron Wenzel, Aaron Aswegan.

- Junior **Joe Harless** is loading a camera. This process went on thousands of times during the course of the year.

Seniors **Susan Picray** and **Jane Burgess** combine brain power to get a story rolling. Students often helped each other out during the crunch time before a deadline.



extra, extra — read all — about it !

The Scroll prospered despite the smallness of the staff.

The news is rolling in. A reporter is hot on the trail of an all-state football player. A freshman just entered a painting in a contest and is nervous when the judging begins. A reporter is there probing into the freshman's mind to examine the fear of defeat. Those were the types of activities that occurred during the year on *The Scroll* staff.

THE SCROLL. FRONT ROW: Jane Burgess, Brad Johnson, Jeri Riley. ROW 2: Leah Wardak, Amy Mathews, Ginny Anderson. ROW 3: Susan Picray, Love Drew. ROW 4: James VanGundy, Chad Airhart. BACK ROW: Amy Brennan, Stephanie Renner. NOT PICTURED: Tora Luvan, Laura Ackelson.



The year was typical except that the staff was smaller, which caused some problems.

"It's kinda tough getting the paper out with only ten people, but it's worth it," said junior **Leah Wardak**.

The pressure of the staff being so small really got to some people. Some have had strange dreams.

"I worry about a massive power outage. Modern electronics is groovy, but it's especially scary during an electrical storm," joked adviser **Ed Kelly**.

"The stress gets to you. I'm always afraid that I'm going to kill the computer, or that I have killed it," said junior **Love Drew**.

In spite of the stress, staff members worked as a close team. Sixteen issues were published, the last one designed as a senior issue.



- Junior **Leah Wardak** puts forth all her
- energy to complete a story. **Wardak** was one
- of the two juniors on *The Scroll* staff.



pop quiz

What on *The Scroll* caused the most controversy?

- Love Drew's editorial on Homecoming '93.
- Laura Ackleson's use of "inappropriate" language.
- The wave of freshman jokes.
- All of the above.

- Senior **James VanGundy** is carefully
- designing a page. Many hours were spent
- designing and redesigning each page
- layout.

Senior **Nancy Lee** offers helpful suggestions for a spread to senior **Jason Mrogenski**. Helping others was a key to success on the yearbook staff.

Meet The Editors



EDITOR IN CHIEF
CHARITY REEVES



DESIGN EDITOR
JODI McCLAIN



ELAINE UTTERBACK
COPY EDITOR



JASON MROGENSKI
COPY EDITOR



PEOPLE EDITOR
DENNIE SIMS



ACADEMICS EDITOR
NANCY LEE



SPORTS EDITOR
JOSH JEFFERSON



ORG. EDITOR
RITA COGERTY



PHOTO EDITOR
NIKI FEES



STUDENT LIFE
COURTNEY
JOHNSTON

NOT PICTURED: AD EDITOR
HEATHER BERRY



While waiting for her copy to be returned, sophomore **Trisha Wood** releases a little stress. Trying to relieve stress was commonplace on the yearbook staff.





QUILL: FRONT ROW: Cindy Ivin, Amanda Smith, Trisha Wood, Dana Sheets, Charity Reeves, Jodi McClain, Lindsay Cochran. ROW 2: Kris Kimbley, Lindsay Elliott, Michelle Vail, Dennie Sims, Courtney Johnston, Nancy Lee, Heather Berry, Laura Puckett. BACK ROW: Jeremiah Overton, Jeremy Harrison, Brad Hossington, Josh Jefferson, Niki Fees, Elaine Utterback, Rita Gogerty, Jason Mrogenski. NOT PICTURED: Rhonda Swisher.

yearbook

— the memory —

that lives on

"Hard work and dedication, that's what it takes," said junior **Elaine Utterback**.

Being on the *Quill* staff meant sometimes staying at school for extra hours while preparing to mail. But that was only at crucial times. Most of the time, being on the yearbook was laid-back and fun.

When he took over the yearbook two years ago, adviser **Ed Kelly** instituted many new changes in the program. He started putting sophomores on the staff, so they would be able to grow and mature in three years of experience.

"Adding the sophomores and their creative minds was designed to ensure a more excellent product," said **Kelly**.

"Being on the *Quill* staff for three years gave me a sense of importance," said senior **Nancy Lee**.

With the use of computers, staffers have made the *Quill* into a modern yearbook.

"I get a real sense of pride when people say they like the book," said senior **Dennie Sims**.

The editor-in-chief of the *Quill* was senior **Charity Reeves**.

"Being editor of the yearbook has made me more organized and helped me in working with a variety of people," she said.

While junior **Josh Jefferson** takes a break, adviser **Ed Kelly** instructs students at a computer. Having fun while learning was a key to success on the yearbook staff.



Senior Amy Knight poses for a picture while trying to finish her work at the light table. Students used these tables to get work looking permissible to hand in for grades.



graphic arts

a chance

to move on

ADVANCED GRAPHIC ARTS. FRONT ROW: Angie Bailliff, J.J. Williams, Mike Penake, Amy Knight, Scott Plym. BACK ROW: Pat Duquette, Trey Bibbons, Marty Williams, Chad Airmart, Jason Lamb, Brad Lloyd, Jeff Klipfenstein, Mike Grant, Jodi McClain.



Graphic Arts-what does it mean to students? For the students in room 655N it means a great deal.

Students in the fundamental classes took basic ideas and tried to incorporate them into business cards and silkscreens that they could bring home and treasure forever.

Some of the students in the fundamental classes had the opportunity to move on to the advanced graphics class. In this class students prepared the printing of the Scroll and many other printing projects for people and groups.

Why did students take this class?

Adviser **Mr. Jeffrey Bock** said, "Students like to take basic ideas and execute them, but not only that, they also like working with the wide range of students that participate in these classes."

Graphic arts students had many reasons why this class was enjoyable.

Junior **Lisa Smith** said, "I like working on the school newspaper because you get more involved in what's going on in your school."

"Working together with other classmates is the best part," said senior **J.J. Williams**.

Graphic Arts was a class students took if they were looking to work in the field of graphics or if they just wanted to take a break from the ordinary required classes. Students got a kick out of this class because it wasn't something they had to take.



Sophomores **Jason Lamb** and **Mike Grant** furiously look at what's going wrong with the small press. Students had to watch these fine pieces of machinery very closely making sure nothing went wrong with them while printing.
.....



- Senior **Alan Benedict** poses for the camera while working on the small press.
- Students had to watch the press carefully to make sure nothing went wrong with the ink and the rollers.



- Senior **Brad Lloyd**, sophomore **Pat Duquette** and adviser **Jeff Bock**, watch the printing of the Scroll on the large press to make sure it was just right for everybody to read. Students had to keep a close eye on the large press so the paper was legible to read when it was sent out on Fridays.

memorable moment



"My most favorite memory in graphic arts is when we play basketball in the darkroom with a wad of paper and a container taped to the door."

-Junior **Rich Armintrout**

- Senior **Trey Bibbons** designs his business card on the computer.
- Students had to design everything on the computers before handing them in to be graded.

pop quiz

When entering the gloomy halls of the basement, what is that wonderful smell that always seems to be sneaking up behind you?

A. The smell of rubber cement oozing down from the art rooms on the third floor.

B. Seniors burning all their Thanksgiving dinner projects and blaming it on freshmen letting off stink bombs.

C. What's being served in the cafeteria for the next month.



.....
Freshmen Rob Apt and Homero Dozal demonstrate to their classmates that men are just as good in the kitchen as women. Boys are playing a bigger part than ever before in the home ec classes.

Senior Joe Para's usual job is washing dishes. •
He was never good at cooking anyway. •



Home Ec

— something —

for everyone

Home ec classes aren't being viewed as 'girls classes' anymore.

Enrollment and participation of guys is on the rise.

Home ec teacher **Linda Berg** said, "My classes are filled with mostly boys, about two-thirds."

Freshman **Rob Apt** said, "I like my foods class because it's fun to show the girls we can cook as well they can."

Home ec classes aren't just for eating. Along with book work and demonstrations, many guest speakers, from restaurant owners to cooks, make appearances.

Sewing classes didn't have as many boys but the few who enrolled in the class worked hard and well. The students set their own goals and worked toward a desired outcome.

Textile and clothing teacher **Erma Grabill** said, "I find that more students realize that it's cheaper for them to make things themselves rather than to buy them and it's a way to express themselves and be creative."

No matter which home ec classes have been chosen, most students find them to be not only a learning experience, but a fun one, too.

"I've had fun in my sewing class because I've learned a lot and it's a challenge," said sophomore **Kori McNeeley**.

"I thought my cooking class would be all cooking, but there's a lot of book work and demonstrations, too," said sophomore **Trisha Wood**.

"I love my cooking class," said freshman **Anthony Crum**. "I don't always have to spend my lunch money because we get to eat in class."

"My foods class is the only time of the day I don't get into trouble for eating in class!" said **Apt**.

Freshman **Jenny Sharpnack** said, "I would definitely recommend my home ec class to anyone who enjoys a good laugh and good food."

Sophomore **Kori McNeeley** seeks advice of **Mrs. Grabill** as she rushes to meet her deadline. Students and teachers often worked together on projects.



Juniors **Christina Booth** and **Billy Wilson** are discussing the topics **Mrs. Radalen** has presented in Personal and Family Relations.



Home Ec

— real life —

in your hands

*Learning the basics of life is a requirement
of the home economics classes*

Junior **Aaron Bennett** is involved with the topics of family relations while junior **Gus Childs** listens.

When students choose electives, one of their first choices is a home economics class. In home ec classes, students learn to help themselves and to help others.

"Students seem more involved in a home ec class rather than a required course," said **Alice Radalen**, one of East's 4 home ec teachers.

Learning the basics of child care was the concern of a few teenage mothers who are on their own.

"I chose Mrs. Adams' GRADS class, so I could learn more about taking care of my child," said senior **Arienne Williams**.

Regardless of value, some people just wanted an easy "A".

"I thought Personal Development and Health would be an easy class to pass," commented sophomore **Jennifer Jones**. She later found that it wasn't what she thought.

"Students are interested because what we teach is practical in their everyday lives," said home ec teacher **Donna Adams**.

These elective classes helped students get ready for the real world by learning the basics of a job, family and finances.





- Juniors **Gus Childs** and **Aaron**
- **Bennett** are goofing off like usual in
- class. Learning did have a part in their
- class throughout the semester.

pop quiz

What do you do when you have two bratty kids running around your house?

- A. Send them to bed.
- B. Ask someone in Child Development what to do.**
- C. Tie them up and lock them in the closet.

- Mrs. **Radalen** is beginning her lesson
- to teach the relationships of families.





.....
 Senior Jodi Scott drew her modern day
 "Mona Lisa" in Drawing and Painting 1.

This face was printed by senior Daren
 Owens in Printmaking 1.



- This pencil drawing was done by junior
- **Somphack Inthalangsy**. He was in
- Drawing and Painting 1.

Junior **Chris Byars** printed this lake scene in Printmaking 3.

.....



creative career preparation

Two-dimensional art students are receiving the skills and experience they'll need to pursue a life time hobby or career in art.

"Art class lets me explore my artistic side. I don't get a chance to do that in math and history classes," said senior **Daren Owens**.

Two-dimensional art classes provided students with a solid background of artistic skills. Many students will use their skills as hobbies throughout their lives. Others plan careers in art.

"I hope to have a career in commercial art. This Commercial Design class will give me a good background for it," said junior **Chris Byars**.

"I want to go to school to be an art teacher," said junior **Chad Airhart**. "I like to be able to create something out of nothing and see others get joy out of it."

Freshman **Heather Purcell** said, "I'm trying to put together a portfolio for a scholarship to Kansas City University."

This scene from the 1950's was drawn by sophomore **Celestino Ramirez** in Drawing and Painting 1.

.....



seeing art from a new angle

Students in three-dimensional art classes learned to "just use the good old imagination," said Goodrich.

This airplane was constructed by senior **Brian Bickel**. He was in Crafts 4.



"I want to learn how to do more than just draw. I want to experience as many different kinds of art as I can," said junior **Shannon Hamblet**.

She and other students in three-dimensional art classes had the opportunity to do just that. Three-dimensional art classes covered everything from stained glass to pottery. Many students even explored the uncharted territory of their imaginations.

Enrollment for three-dimensional art classes has risen continually over the last several years. Art teacher **Jerry Goodrich** attributes this growth to the art department's visibility.

"We've gained a lot of interest through the display case. It has really helped to advertise and promote the art department."

The display case wasn't the only thing to make the art department stand out. Superintendent **Gary Wegenke** selected senior **Joleen Lupkes'** holiday card design out of hundreds entered. Her card portraying world peace was printed and sent throughout the district.

This was the first time an East student received this honor in over twenty-one years.

Lupkes said, "It's awesome! It's amazing because it only took me two days to do!"

Some students had reasons other than the department's growing popularity for taking an art class.

"I've always been interested in art. As far back as I can remember, it's all I've ever wanted to do," said **Hamblet**.

Senior **Mike Scott** said, "It's a good way to acquire the artistic skills I'll need to design cars."

"Pottery gives you a chance to express yourself in three dimensions, unlike drawing or painting," said senior **Daren Owens**.



- Art teacher Jerry Goodrich created this
- sculpture as an example to his classes.

Here's the side view of Goodrich's artwork.



- Senior Tom Olsen created this stained glass
- lamp in his Crafts 4 class.

Passing?

What does it take to pass the history and Law and Issues classes?

I'm passing Law and Issues because I apply myself.

Sophomore Josh Christenson

The only reason that I'm passing is because the class is somewhat interesting, so I try a little.

Sophomore Brent Edwards

I'm passing, but Mr. Bush's class is difficult. People were happy to get a B.

Junior Wendy Bolio

Many students achieve high test scores by studying hard and doing their worksheets. It took work to pass units on subjects like the Russian Revolution and the Wild West.

Sophomore Christian Heinz receives help from his buddy. Making friends is one way to succeed in history.



history...

— what you —

should know

Is history or Law and Issues at the top of your favorite class list?

The Oregon Trail, the Pharaohs of Egypt, and the Lindbergh case. What do all of these topics have in common? All are taught in Law and Issues and history classes.

Most students enjoyed studying the exciting cases in Law and Issues. The most popular was the Lindbergh case.

"I remember talking about the Charles Lindbergh case earlier this year," said sophomore **Tina Baker**. "It really got interesting when someone kidnapped his baby."

World History doesn't seem to be a very exciting class to most, but many enjoyed studying the Egyptians and Pharaohs.

"I remember the Egyptians and their way of preserving bodies," said freshman **Stephanie Lucas**. "They look all dried and crusty when archaeologists open their coffins now."

Many think knowing your American history is the most important part about history.

"Performing the play *The Oregon Trail* was my favorite topic in this class," said sophomore **Missy Morlan**.

Even though Law and Issues isn't required, many said that they learned of exciting current events and issues in the world today.

Junior **Tracee Collins** wonders about the future while she learns about the past. Gaining information wasn't achieved by daydreaming, but through hard work.

• • • • •



- Undecided on what he got on his test,
- junior **Chris Knight** stares in awe.
- Passing tests means passing history.



Planning the next sales tactic, the economics class works carefully to produce a new item to sell this year. Each year students think of products and sales strategies.



for those — dreaming of — money & power

Government, Economics and Psychology students found that along with the stress of these classes come real life lessons.

You're running down the hall trying to make it to your next class on time. You've just walked in the door and remembered that you forgot to do your homework last night. That's the stress of academics.

The stress was continued throughout the year as students picked new classes to take for the second semester. One subject that was popular with students was economics.

Senior **Penny Jones** said, "I like the idea that you get to think of a product and sell it. Then you get paid for it at the end of the course."

Psychology, offered second semester, was also a popular class.

Junior **Laura Puckett** said, "I wanted to take something different besides regular classes."

Government is not only a class required for graduation but also one that students found to be helpful in learning about the history of our government and how it works.

"You can get your voter registration cards through the teacher and some students are even chosen for peer court. This is a fun class and students shouldn't dread taking it," said senior **Allison Payne**.

To pass or not to pass, that is the question. These students' found a little time in class to get some extra work done.





- Group work is really fun! The psychology students often worked in groups to discuss class activities.



.....
 Very interesting. Most of the psychology class seems interested in the lecture. In psychology, lectures and class work were very important.

- For most students studying is a must to pass government, but senior **Todd Razor** finds it somewhat enjoyable. This class is a requirement for graduation.

pop quiz

What is the law of supply and demand?

- Something about an invisible hand.
- Who knows? Ask economics analyst Richard Gil.**
- Something that has to do with eating more cinnamon rolls, then the price goes up.

These students are checking the weather conditions. Earth Science included activities such as weather testing and various experiments with minerals.



science dissects brain cells

Science takes a deep sense of concentration and a lot of discipline.

This class is carefully taking notes. Good note taking skills were important for Intro to Chemistry and Physics.

Science was found to be the most favorite class among high school students. People seemed to like the process of solving problems and doing various experiments.

"I like the hands-on experience and the experiments," said junior **Cameron Wenzel**.

Experiments seemed to be the favorite activity of many but those that couldn't get into the sciences found them difficult.

"I thought that science was rather hard and frustrating," stated junior **Heather Beaman**.

Junior **Kaycee Colbert** happened to disagree. "I figured it would be a challenge but it was pretty easy."

In Intro to Chemistry and Physics, a student who had perfect attendance didn't have to take the final. "I think the policy for the final was cool," said **Beaman**.

In other science classes such as Earth Science, experiments dealt with minerals and other variables in relation to the earth.





- These students are observing the
- weather station. Science incorpo-
- rated various methods of study to
- keep students interested.

pop quiz

1. The scientific method consists of?

- Looking at the problem and guessing what would happen by some psychic ability.
- Gathering information and giving it to someone else to do.
- Actually looking at the problem and going through the steps to find a solution.



- This particular student is checking a rain
- gauge. Experiments like this kept the students
- interested in class.

- Mr. Puetz gives information to his
- students. His class was all about preparing
- for upcoming chemistry and physics
- courses.

When cutting up in class isn't bad

It was more than just bookwork. It was more than just class discussion. It was hands-on learning.

Junior **Barb Blackburn** and senior **Sarah Stone** work together on a class assignment. Here they are becoming familiar with the two hundred and six bones of the human skeleton.



The unblinking eyes stare up at you. The light reflects off the ice cold scalpel in your hand. As you lower the blade, the smell of formaldehyde drifts up in your face. The razor sharp blade slices through the cold leathery flesh.

For many students, this experience would send chills down their spine. But for the students in Biology II, this was a necessary experiment. Composed of twenty-eight students, this extension of biology class offered a more in-depth look in the subjects of genetics, microbiology, botany and physiology.

With a class roster of mostly seniors, class discussions were common and covered topics from the human brain to the ethics of dissecting animals. Taking notes, doing labs and class discussion made up the majority of the class load. Tests were either done as practicals or as written exams.

One of the projects students had to participate in was the dissection of fetal pigs. Although not a favorite of the students, everyone had to know each of the muscles and organs of the body.

"I didn't enjoy dissecting the pig, but it had to be done. I realized that because I had worked on the pig daily, I was able to remember the answers for the test. You could tell by the grades of the tests who

had helped dissect and who hadn't," said senior **Denita Sims**.

"The best thing about the class is the fun experiments. The class is made up of mostly seniors. We talk about things that are interesting and meaningful to us," said senior **Jennifer Knight**.

"The most interesting thing we did was look at the human brain. A doctor from the University of Osteopathic Medicine and Health Sciences came answered all of our questions," said senior **Aubrey Jacobs**.

Offered as an added science elective, biology is a popular class for sophomores and juniors. This class investigates the relationship between organisms and the environment. Ecology and evolution are also studied.

"The fun part of the class was when we made eco-columns. Mine had fish and bugs and we even made it rain," said sophomore **Diana Sheets**.





- Senior **Jane Burgess** and **Yvonne Halbur**
- carefully watch their experiment. This
- experiment showed how enzymes work only
- at certain temperatures.

Senior **Brian Taube** holds the resident rat, Splinter, in the physiology room. This was one of the many live specimens in the class. Other specimens were tobacco worms and gerbils.



- Senior **Nikki Baty** and junior **Sunny Sanders** goof around in class. As **Sanders** was holding a piece of dialysis tubing, she got weird looks.
- Senior **Lori Lethcoe** monitors the reactions
- of sugar and iodine. This experiment helped
- students to better understand how the body
- digests food.

pop quiz

Vitamin C, which aids in healthy blood vessels, bones, teeth and cartilage, can be found in:

a. whole grains, leafy vegetables, milk, butter and vegetable oils.

b. citrus and other fruits, leafy vegetables, tomatoes and potatoes

c. milk, cheese, whole grains, meat, leafy vegetables, peas and other legumes

d. liver and other meats, eggs, cheese, yogurt and milk

memorable moment



-Junior Elishia Gray

"My most memorable moment was when we did the dart experiment. It was funny seeing people standing on the lab tables throwing darts at bullseyes on the floor."

Senior **Marci Kauzlarich** has fun •
while she plays with her slime she made in •
chemistry. Many students had the opportunity •
to make fun things in chemistry this year. •



.....
Junior **Essam Abusharkh** heats a test tube in •
chemistry. Students had the chance to see •
many reactions involving different chemicals •
and utensils.

Senior **Jennifer Douglas** stirs a mixture of •
her own. Some experiments involved a little •
more work than others. •





- Seniors **Sam Woods** and **Charity Reeves** take time to smile for the camera. The physics students had the opportunity to see the inside of the helicopter that came in December.

goggles required upon entry

The chemistry and physics students found themselves having fun this year instead of straining their brains.

The smell of gas from the bunsen burners sometimes filled the air of the chemistry room. One day a helicopter landed in the north schoolyard for the physics classes. Apparently, these two classes are not all formulas and equations.

"I like doing labs and watching chemical reactions. The demonstrations Mr. Hutzell did were cool," said junior **Jon Ivanovich**.

There were some fun experiments in the chemistry classes.

"I liked making slime and the silver bottle experiment," said **Ivanovich**.

The highlight in December for the physics students was when the National Guard helicopter landed on the school grounds.

"I loved it when the helicopter came. Playing in the cockpit was fun," said senior **Charity Reeves**.

Chemistry teacher **Mr. Larry Hutzell** thinks his class is the most exuberant of them all.

"Chemistry is the central science," said **Hutzell**.

Don't let the word physics trick you, it involves math and common sense.

"Physics is just like being in another math class," said junior **Peter Zohbon**.

- The National Guard helicopter lands safely on the north school grounds. It came for the physics classes to see the technology of flying up close. During the summer floods choppers like this one helped deliver needed goods to hard-hit areas.



debaters

vow to never

surrender

With all the hard work they've done, Debate has had no problem defeating opponents.



.....
Debate hardware! Seniors Josh Emerson and Renae Arbabian show off all the trophies and awards. The debate team had a successful year.

The stage is set. You're standing prepared for an intense argument. Suddenly you have forgotten all your research and arguments. Two hours were spent the previous night preparing for the competition and it is all gone. Sweat breaks out on your hands and brow and you're extremely jittery.

You think to yourself, "How did I get myself into this in the first place?" You swear you'll never do it again.

The spotlight is on you now and your mind is on auto-pilot. You start babbling whatever comes to mind. Luckily you rattle off your argument and you do it well. Thunderous applause echoes in your ears and you realize you did okay.

Afterwards, in the awards ceremony, you receive your trophy and you can't wait until the next competition.

Debaters found this scene very common during their successful year.

"The students have worked as late as ten o'clock on preparing for debates," said sponsor **Mike Miller**.

The extra hours paid off. In the Bettendorf tournament junior **Jennifer Boatwright** and senior **Brian Rebel** were first place varsity. **Boatwright** was the first female to receive a trophy in awhile.

In the New Trier tournament seniors **Josh Emerson** and **Renae Arbabian** advanced to the elimination rounds. They were the first team from East to advance.



- Their concentration is intense. Seniors Josh Emerson and Renae Arbabian pour themselves into the computer. Many hours were spent in preparation for debate tournaments.

pop quiz

The weird rumbling you hear in a debate tournament is?

a. The debate teams' stomach considering they have worked too hard to have eaten anything.

b. The roar of the crowd when East wins.

c. Other debaters falling off the stage.



DEBATE. FRONT ROW: Melissa Mauk, Sarah Modglin, Crystal Patterson, Pam Clark, Mick Wright. ROW 2: Bridie Roberts, Jeannie Leach, Joy Owen, Renae Arbabian, Jennifer Boatwright, Josh Emerson. BACK ROW: Shantell Lloyd, Bryon Doncouse, Jake Thompson, Richard Harrington.

ZZZZZZ! Senior Josh Emerson is snoozin' on the way home from a Texas tournament. Texas was the farthest distance the team went.

mock trial

Having only the regional competition to compete at, the members of the mock trial team try to prepare a perfect presentation each year. These students portray lawyers and witnesses hoping to convince a judge that their side is innocent.

Students take a lot of time gathering precise facts and details to use for their trial. This careful preparation is what it takes to win the meet.

The students involved with mock trial have to have many skills to excell.

"The reason mock trial is unique is that it is one of a few teams that has to have skills of three classes: drama, debate, and forensics," said sponsor **Debbie Neustadt**.

With its great way of getting students acquainted with the legal system, the students learn how to conduct themselves in a courtroom manner.

Neustadt, in her first year of sponsoring the team, hopes to get many people involved with it next year. With key returning players, **Heather Wormer** and **Manivanh Kitthikoune**, the team hopes next year's experience will bring success.

Sophomore **Bridie Roberts** goes over her material one last time before competing. IE members have to be prepared to perfection.



MOCK TRIAL. FRONT ROW: Bridie Roberts, Mannivanh Kitthikoune, Nicole Crook, Teresa Raymen, Heather Wormer. BACK ROW: Joy Owen, Robert Rustin, Mick Wright, sponsors Debbie Neustadt, Billy Morgan.



INDIVIDUAL EVENTS. FRONT ROW: Jennifer Carpenter, Melissa Mauk, Sarah Modglin, Sunny Sanders, Kim Murphy, Jennifer Boatwright. ROW 2: Pam Clark, Niki Fees, Renae Arbarbian. ROW 3: Heather Wormer, Shantell Lloyd, Jeanie Leach, Bridie Roberts. BACK ROW: Bryon Doncouse, Mick Wright, Joy Owens.

Junior **Jennifer Boatwright** practices her presentation by going over her event many times. Being prepared is what it takes to win in competition.





competing — with — speech

Individual events members scream and yell to receive high marks for their performances.

Practicing, refining and speaking—these are the key elements put forth for individual events (IE). The students prepare both persuasive and informative speeches, dramatic interpretations, poems and oratories.

The students present their work to groups of judges who then determine how well they do against other students from various schools.

The IE members practice many long hours for their individual event. This preparation and effort is what it takes to win at tournaments.

“The students primarily work on their own but they have me to polish their work before a competition,” said Coach **Mike Miller**.

Even though IE members only has nine tournaments, they to give more than one performance at a competition.

“There aren’t many tournament to compete at, but depending on how well I do I could give up to five speeches per tournament,” said sophomore **Bridie Roberts**.

Not having many members this year, the IE team was led by **Roberts** who placed first out of sixty-five competitors at the Fall Colloquy at the University of Iowa.

Next year the IE members hope to do well at their tournaments. This will be achieved if they prepare their events to perfection.

- Sophomores **Nicole Crook** and **Joy Owens**, along with juniors **Manivanh Kitthikoune** and **Heather Wormer**, practice what they are going to do at the mock trial. It takes a lot of preparation for mock trial to be successful.

Sophomores **Joy Owen** and **Bridie Roberts** are swearing in each other. This is a key part of a mock trial competition.





.....
 Sophomore **Ross Peterson**
 and senior **Ranae Arbabian**
 prepare for competition by
 polishing up their computer
 skills. Academic Decathlon
 placed third out of five
 schools, defeating Urbandale
 and Hoover.

.....
 Freshmen **Sarah Modglin**
 and **Joy Owen** smile for the
 camera as they show off their
 trophies. They won third
 place in the Bettendorff
 competition and a semi-finals
 trophy for the Iowa City
 West competition.



Organizations

mind over matter...

Sophomore Bryon Doncouse tries to cram as much into one day's work as possible. He has been in Academic Decathlon for two years now.



Are you non-athletic, can't carry a tune? Is walking down the hall without falling over your own feet a challenge for you? Are you an Albert Einstein in the classroom? If you are there is still hope for you.

There is a program called G/T (gifted and talented) that meets with people who are not only smart but who are involved with school activities. From G/T other groups have arisen, one is Academic Decathlon, a series of academic competitions in which students study a specific curriculum and answer questions based on their studies.

"I see many of the students involved in these activities on a daily basis due to debate. I felt I could motivate and organize these groups due to this daily contact," said **Miller**.

They competed over a network called the fiber optic network which is a television hook-up to another school where you can actually see the other team you are competing with. On this network they defeated Urbandale and Hoover.

"I think we had a major improvement in the team's size and performance from last year and we did very well near the end," said sophomore **Mick Wright**.

Over all, they placed third out of five schools. Some of the top finalists were: junior **Wade Pfau**, who placed first in honors science; sophomore **Ross Peterson**, who placed third in varsity science and junior **Bridie Roberts**, who placed second in scholastic speech and third in scholastic interview.

Having fun at practices and competitions is almost just as important as studying and hard work.

"My most embarrassing moment was the time when I jumped up because I was so excited that I knew the answer to the question. I told everyone that I was an expert, then I got the wrong answer," said **Wright**.

Knowledge Masters and Quiz Bowl fall under Academic Decathlon.

"Knowledge Masters and Quiz Bowl are academic quiz games in which students answer questions based on their background knowledge," said **Miller**.

Unlike Academic Decathlon, which competes at regional tournaments, Knowledge Masters and Quiz Bowl competes irregularly.

"I cannot wait till next year and I'm looking forward to competing in more Quiz Bowls next year," said junior **Pfau**.

From winning first place in honors science to placing third in regionals, these people found out school isn't all athletic competition.



ACADEMIC DECATHLON. FRONT ROW: Melissa Mauk, Sarah Modglin, Pam Clark. ROW 2: Jeannie Leach, Joy Owen, Mick Wright. BACK ROW: Heather Wormer, Bridie Roberts, Bryon Doncouse, John Wing.

pop quiz

What type of jobs do members of National Honor Society, Kiwanians and Academic Letterwinners hold?

- a. They come back to East High as teachers.
- b. They get as much college as possible and hold high paying jobs.**
- c. Become politicians.



NATIONAL HONOR SOCIETY. FRONT ROW: Charity Reeves, Carrie Anderson, Jodi Scott. ROW 2: Jason Leete, Heather Carnahan, Aubrey Jacobs, Brian Taube. ROW 3: Stephanie Renner, Leanae Carter, Laura Ackelson, Ginny Anderson. ROW 4: Jodi Mc Clain, Jane Burgess, Jennifer Knight. ROW 5: Scott Shrum, Jeri Riley, Lori Lethcoe, Wendy Hubbert, Jason Shipley, Brian Rebel. BACK ROW: Paul Sloan, alumnus Dan Finney, Josh Emerson, Adam Fuller, Chad Stocker.



KIWANIANS. FRONT ROW: Carrie Anderson, Lori Lethcoe, Jane Burgess, Cindy Brown. BACK ROW: Kish Harris, Leanae Carter, Matt Rourke, Scott Hart, Adam Fuller. NOT PICTURED: Charity Reeves.

Senior **Lori Lethcoe** looks interested in the conversation. People in National Honor Society enjoyed themselves at the ceremony.



ACADEMIC LETTERWINNERS. FRONT ROW: Elaine Utterback, Amy Lillard, Cindy Irvin, Sue Lee, Sheliah Johnson, Christy Grasso, Lori Lethcoe, Amelia Pearson, Amanda Johnson, Tracy Berry, Jodi Scott. ROW 2: Jennifer Boatwright, Kara Brown, Manilay Thongsoum, Heather Wormer, Rhonda Swisher, David Kephart, Johanna Schnoor, Jodi Mc Clain. ROW 3: Alison Bair, Jodi Browne, Michelle Potter, Jodi Fenton, Shopha Matthews, Ted Nemmers, Craig Shogren, Nick Shoop. BACK ROW: Lashonda Smith, Ginny Anderson, Melissa McFadden, Douaneng Lee, Cheng Xiong, Jason Lay, Brian Archer, Jeff Howe, Adam Fuller, Jason Shipley, Scott Shrum. NOT PICTURED: Charity Reeves.



straining your brain for success

Students who worked hard with a positive attitude were often rewarded.

Students pour out of the auditorium. Their eyes are glazed over and they are clutching certificates in their hands. Why are they so ecstatic? Well, their long hours of being cooped up in a room cramming, eating nothing but stale potato chips and drinking flat pop have finally paid off. They have been recognized for their hard work. Academic Letterwinners, Kiwanians and National Honor Society were groups designed to honor students for their outstanding achievements.

Students generally felt real success in receiving a letter.

"I feel good about receiving an academic letter because I know I have worked hard. The rush usually wears off in a day or two," said junior **Amanda Johnson**.

"This is something I'll get that I'll always remember," said sophomore **Rhonda Swisher**.

Kiwanians were recognized for different types of achievements.

"The downtown Kiwanian club recognized a student each month based on their accomplishments. Not just grades but also being an all around good citizen," explained senior advisor **Mike Zelenovich**.

National Honor Society admitted students based on recognition for leadership qualities and an overall positive attitude toward school.

Students had mixed feelings about the stress level associated with such honors.

"It seems like I always have a project to do," said sophomore **Jill Hollister**.

"It was pretty easy for me to maintain a high GPA. Most of the time I didn't even study," said sophomore **Jody Fenton**.


- Senior **Charity Reeves** converses with Mr. Z
- about her lunch with the Kiwanian club
- downtown. Kiwanians ate lunch every Wednesday during their month of honor.



.....
Cheeze! Seniors **Charity Reeves**, **Jodi Scott** and **Carrie Anderson** have plenty to smile about. The induction ceremony for National Honor Society was a complete success.



Everything **BUT THE** **ORDINARY**



During a September picnic, students welcome the coming school year. The picnic was hosted by School Within A School.

Everything but the ordinary. That sums up practically every student's life. Trying to balance school, work, social and extra-curricular activities can get to be a real chore. Everything from staying up all night to cram for that algebra final to "decorating" the school at two o'clock in the morning filled the early mornings with wide yawns. But studying and school spirit weren't the only things that filled our nights.

Homecoming, Spree, 12-B and Prom were some good excuses for staying out all night and taking advantage of our youth. Enough memories were made to last the rest of our lives.

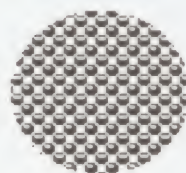
Other aspects of student's lives required money. That's where the part-time job came into play. From working at the most popular grocery store to pulling files and answering phones at a dentist's office, most everyone had a job.

When this year is just a memory, we will know we made the best out of a thrilling experience. We will always remember that 1994 was Everything But The Ordinary.



Senior Powderpuff football players celebrate their victory. Aided by freshmen, they carried on the tradition of winning.

Report



Your parents are screaming, your teachers are complaining. You've just received your report card again and you're still not doing real well. Many students dread this time of year, but to others it's their favorite time of year.

Sophomore **Diana Sheets** said, "It doesn't depend on whether or not I did good or bad if I want my report card."

Sophomore **Heather Jensen** said, "I hate getting mine, I wish they were a thing of the past."

Many students blame their performance on the teaching methods of teachers. **Sheets** said, "Teachers should give more details about the assignment."

Many students feel there is too much pressure put on them to get good grades. Others feel that they don't have much pressure on them at all.

Junior **Michelle Potter** from the school, parents seem to pressure their kids though. **Sheets** said, "I put too much pressure on myself."

In spite of the pressure, most students know that getting good grades is the only key to a good future.

Jensen said, "Teachers think the kids are lazy." "It also depends on the teacher."

Sheets said, "The students who the teachers get along with get the better grades."

Some students said what their parents would do if they brought home a bad report card. But one parent disagreed.

Senior **Denita Sims** said, "My mom wouldn't care if I got a bad grade, if she knew I was trying my hardest."

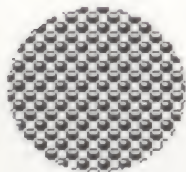
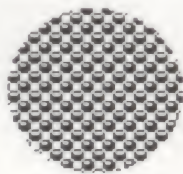
Jensen said, "My parents would just tell me to do better next time."

Most people agreed on why the students who flunk do so.

Sophomore **Jeremy Harrison** said, "Teachers should grade you by what you know not how much you know."

Many students said that all that really matters are the letter grades, but teachers should look past that.

So no matter if you like your report cards or if you hate them, you're always going to get them. That is until you graduate.



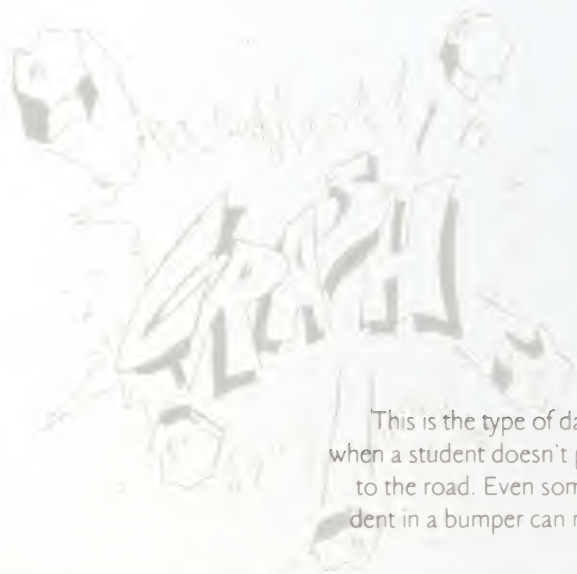


- Freshman **Melissa Bannick** thinks that
- asking for the answers will improve her grade.
- Underclassmen soon figured out that copying
- didn't always work.



- Senior **Tyson Taylor** knows better than to
- let senior's **Dustin Douglass** and
- **Wendie Jarret** copy his paper. Many
- seniors did anything they could to graduate.

- Junior **Tara Carey** and senior **Karen Creek**
- try to improve their grades by copying sopho-
- more **Ron Pauscher's** paper. These students
- know better than to copy their homework from
- an underclassmen.



This is the type of damage that can occur when a student doesn't pay enough attention to the road. Even something as simple as a dent in a bumper can run from \$300-\$1000 to repair.



.....
 Senior Wenddie Jarrett was hit by a dump truck in mid-September, making her car impossible to drive. Any student who lost their transportation knew how devastating that could be.

This is another example of the dents and dings that can happen on the roads or in the student parking lot. The damage on this car could reach \$1000 to repair according to experts at Brad's Collision Center.





C d u m m i e s h

Picture this. You're driving on University, thinking you're a pretty good driver. You try to do two things at once, but soon realize that it's not as easy as it looks. Suddenly, your car is abruptly stopped as you smash into the driver ahead of you.

For junior **Christy Booth**, this event hasn't happened yet. She just turned 16 this summer so she's still a pretty cautious driver. "I concentrate on the road all the time and drive very carefully," **Booth** said.

"If I am by a car that I don't trust, then I move away from it," said junior **Lindsay Elliott**. **Elliott** has been in a few wrecks, but she has never caused them.

"I've never been in a wreck and I hope on wood!" said junior **Lindsay**.

Your parents might think that you're a pretty good driver, but when it comes time to drive alone, your driving habits may change. Junior **Kevin Palmer** said, "When I had to drive with my parents and I only had my permit, I drove like an angel. Then I turned 16, and driving was a whole new experience." **Palmer's** been in one wreck so far, but nothing happened to his car and his parents didn't find out until about three months later. They still, however, believe that he's a perfect driver.

Wrecks can happen anywhere. Sophomores **Nalevanko**, **Alie Burkhead**, and **Tammy Halbur** were right outside Williams Stadium on September 3 when they encountered a scary experience. They were just arriving at a Friday football game and a car hit them on the passenger side. The hit was so powerful that it drove them into a telephone pole. **Amanda** was all right, but **Tammy** suffered from a stiff neck and **Alie** broke her pelvic bone in three places. "It was a pretty freaky thing to go through and I wouldn't wish it on my worst enemy," said **Burkhead**.

Senior **Max Grove** tells of his accident on Sheridan Ave. "I was driving down the street at about 9 p.m.. I accidentally forgot to turn my headlights on. As I got to the end of the street, a guy in a Camaro turned the corner, didn't see me, and hit me head on. The guy ended up suffering from whiplash and I had to cover his medical expenses."

It's easy to get in a wreck, but when it comes to paying for the damages, you might think twice before getting in another. Mechanic **Mike Webb** said that the average amount it takes to cover the costs starts at \$500. "I fix around eight cars a day that have been wrecked in accidents. The most common part to fix is either the fender or the bumper," said **Webb**. He also mentioned that it takes anywhere from two days to two weeks to repair a car.

Whether it was your fault or not, being in a wreck can be an experience you'll never forget.

—Cindi Irvin

Homecoming

Everywhere you looked there were streamers, every tree was covered with toilet paper, everyone was wearing black and red and the most common phrase of the week was, "Go East, beat the bears!" It was homecoming and Scarlet pride was coming through.

"It seemed every time you turned around someone had face paint, a face tattoo or spray paint in their hair," said sophomore **Manilay**

Thongsoum. "Everyone was more into it this year." **Nemmers** said, "Everyone seemed to get more into the spirit. I think it's because it was later in the year."

As students walked up and down the halls, notice the streamers, balloons and banners, they couldn't help but courtesy of the Pep 'E' Club.

"That was really fun! We were all getting along. Freshmen were joking around with seniors. Nobody cared, we were just having fun," said sophomore **Heather Bailiff**.

Homecoming week was the week to raid your closet and wear things you hadn't worn in years. "My friends and I were looking through our old clothes for nerd stuff, but I didn't dress up," said **Bailiff**.

Thongsoum said, "It was so funny when I saw Brad Zelenovich on 60's day. I laughed so hard!" **Amy Lillard** said, "I thought farmer day was the best. I had a great outfit and I wore my hair in pigtails!" said junior **Amy Lillard**. The homecoming game couldn't have been played on a worse night, but it didn't dampen the moment.

Sophomore **Heather Jensen** said, "I think it really showed our school spirit. It was freezing, pouring down rain and windy, yet we were all up on our feet screaming and cheering!"

"Besides being cold, it was great, especially since we beat North 30-0," said **Bailiff**.

Thongsoum said, "Everyone seemed to stand behind the team more at that game because this was the one game everyone cared about winning."

"I think all the extra spirit we had made a difference because we killed North!" said **Lillard**.

During the week there was also street painting and the car parade.

"We drove down the streets yelling and waving and honking our horns like we were crazy," said **Bailiff**.

Jensen said, "The street painting looked neat, even some of the stuff painted on the school sidewalks."

East High is known far and wide for its spirit and students once again lived up to the tradition.





- What a catchy phrase! This was just one of the
- many sayings painted on the streets during
- homecoming.

Senior **Dena Lopez** seems to be enjoying herself. Street painting was one of the popular homecoming activities along with the car parade.

.....



.....

Look at that hair! Senior **Sam Woods** dresses up for 60's day. Many people chose to wear bell bottom pants, butterfly collars.

- What a group! Junior **Roz Lehman**, senior
- **Sally Leitzke** and senior **Christine Cook**
- show their school spirit by dressing up for
- the Crazy Days of homecoming week.

Junior Nate Abbas, senior Travis Nace and Coach Davis smash bananas in freshman Tim Sams' face. Abbas, Nace, Sams and sophomore Randy Lehman were chosen for a banana eating contest to show which class was the best. Unfortunately, the upperclassmen plotted against Sams and nailed him.

Seniors Tiffany Thomas and Nikki Baty grasp hands and give each other a look of anticipation. All of the queen candidates were nervous while waiting for Coach Davis to announce the new queen.



After being given a crown and a royal cape, Coach Ned Rassmussen expresses his love for this little pig with a great big kiss. Money was collected during homecoming week to see which staff member would kiss the pig. The football team made sure it was Ras.

WHO TV 13 news reporter and alumna Courtney Maxwell was invited by the Pep Club to introduce spirit links. Maxwell gave a great pep talk and won the hearts of the football players by saying that East is number one.



Everybody

A Moment In The Spotlight

King

Queen



Sam Woods



Nikki Baty

Junior Attendants



Ryan Plew



Michelle Thomas

Sophomore Attendants



Chad Barnes



Amy Flynn

Freshman Attendants



Brian Corbin



Laura Lewis

As the lights went down and the Steppers took their places along the red carpet, the energy of East could be felt at its peak. All the events up until the crowning had set the stage.

The Steppers had danced to "Daisy Dukes" by Duice. The whole crowd was on its feet dancing.

"I was excited to perform at my final assembly. Everyone was so energized, it made us (Steppers) shine," said senior Stepper **Michelle Primm**.

Next the cheerleaders then created a turning team to victory.

"I was so pumped when pyramid worked, it really captured **Charity Reeves**.

The colorguard per-

Bunch sound-alike. New colored lights and a whole new sound made the performance an original.

Senior **Jennifer Knight** said, "With the lights being different colors and the 'Brady' music, it allowed us to have more fun and be more creative with our performance."

The drama team also had a spirited skit to perform for the audience. The scene was a game show in which senior **Jason Shipley** played the witty assistant Leena was played by junior **Andi dingy Stepper** (junior **Jaime Griffin**), a dumb the Scarleteer (senior **Scott Losenicky**). Bink Stanley answered them all correctly, winning a the bear to the football team, which in turn

George Davis, the new MC at assemblies, helped to build anticipation by waiting what seemed forever to announce the king and queen. As the crowd grew still, alumna **Katie Goodrich** and alumnus **Joe Shelton** took their final walk.

Then the 1993 Homecoming song "Two Steps Behind" by Def Leppard resounded through the gym. First freshmen attendants **Brian Corbin** and **Laura Lewis** took their bow along the red to the stage. **Cindy, Tony Leeper, Tony** drums rolled and

"It was a great feeling to be on the stage with everyone cheering and knowing that one of my dreams had come true," said **Woods**.

The theme "Everybody Needs Somebody" came true. Each queen candidate needed a hand to squeeze. Finally **Davis** announced senior **Nikki Baty** was queen.

"The only thing going through my head was, 'Oh my goodness! Did I just make a stupid face? Do I look alright?'" said **Baty**.

Finally, the Pep Club brought out the spirit links. Senior links were red, juniors black, sophomores green and freshmen blue. The seniors won the contest.

"The spirit links are always a fun part of the assembly. It shows which class has the most spirit and really gets the crowd going," said senior **Jenny Harridge**.

Couples danced the night away on October 9. The gym was rockin' with Rockin' Randy as D.J. The decorations were royal blue, emerald green and silver, and were done by Student Government members.

Senior **Cindy Brown** said, "The dance went very well. The court was introduced much earlier, and it went smoothly. Everything came together and really worked."

Jolesch Photography took the photos for Homecoming.

"I thought having two photo lines for pictures was good. I also liked the big pictures of the court candidates. The other prices were too expensive, especially the candid," said Student Government sponsor **Mrs. Susan Stroope**.

Junior **Lindsay Elliott** commented, "I really enjoyed the dance. It's always something I look forward to every year. Homecoming is just an all-out good time."

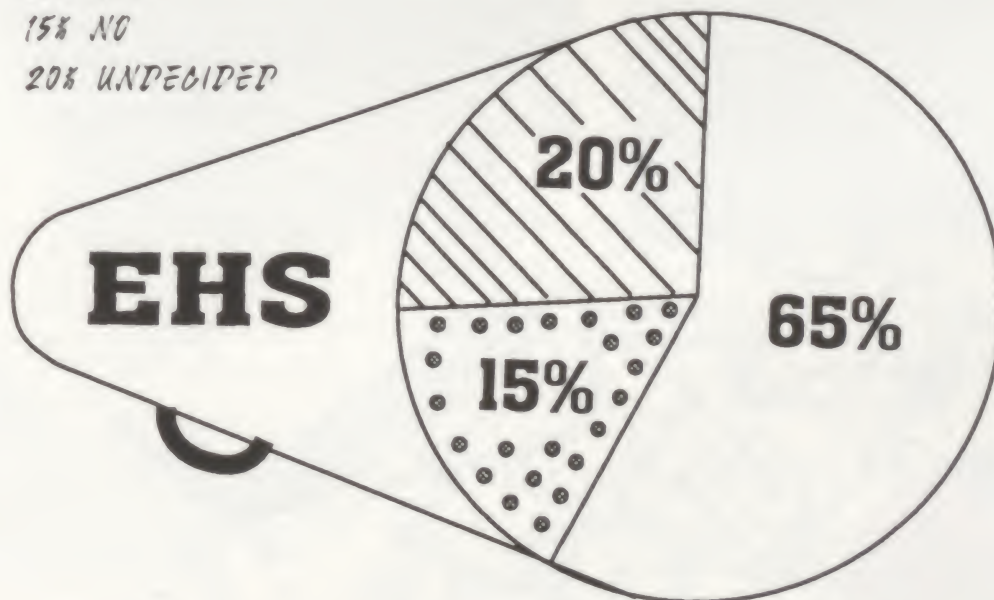
- Junior Justin
- Davis tries to
- balance himself on
- top of senior
- Travis Nace. This
- stunt was one of the
- new stunts tried by
- the guy cheerlead-
- ers.

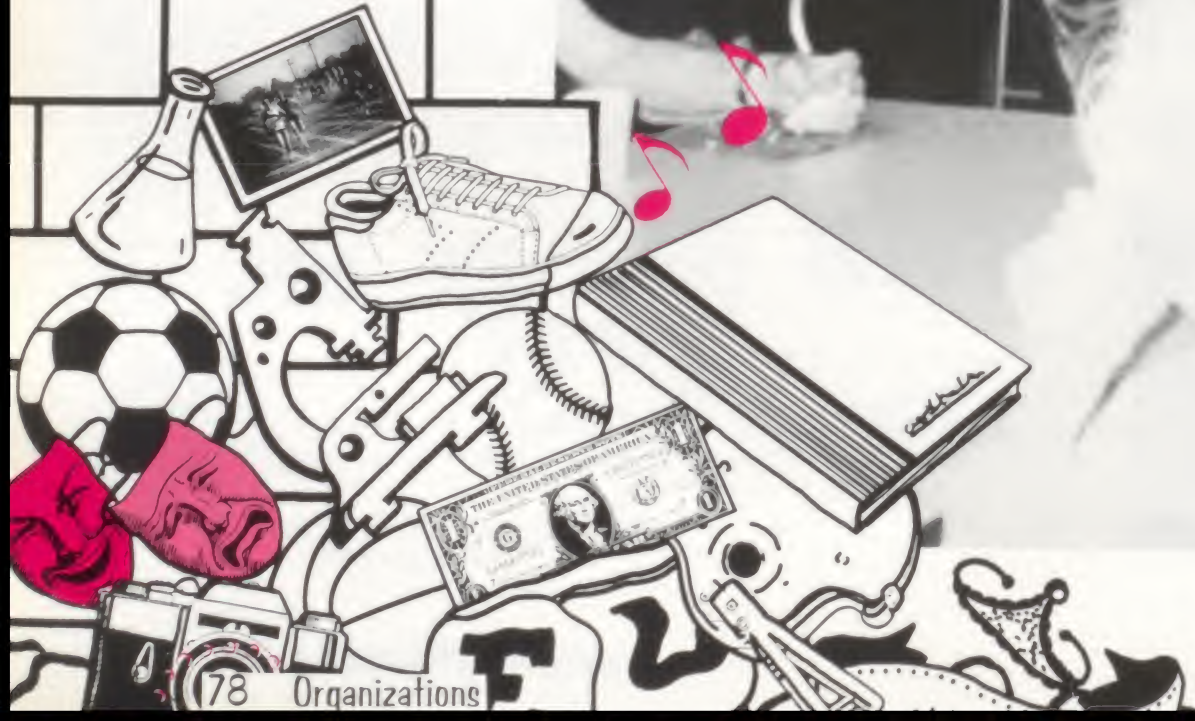
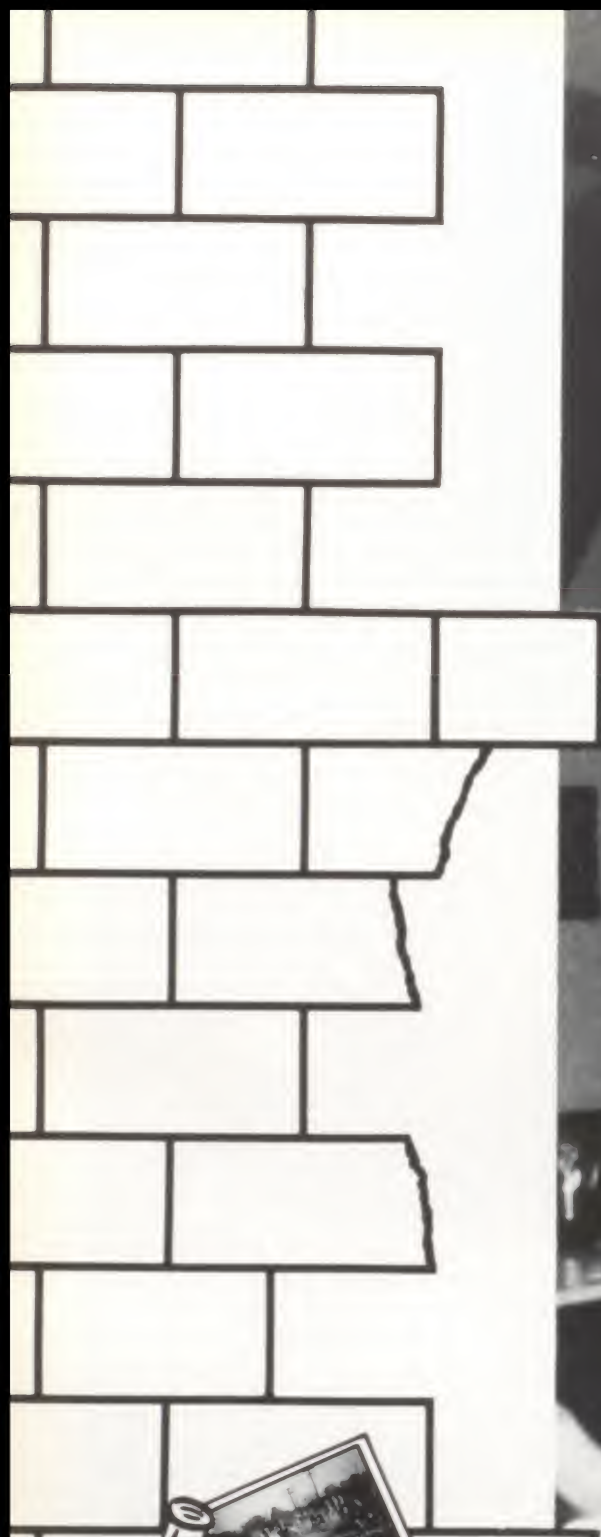
A blast from the past!
Here sit some of the
male cheerleaders of
East High from 1945.
They are alumni Harry
Dahl, Charles Codner,
Ellis Monk and
Norman Bacon.
Before 1954 only male
cheerleaders
performed at East.
.....




- At the Homecom-
- ing assembly the
- varsity cheerleaders
- performed their
- rotating pyramid.
- The guys made it
- possible to do
- more difficult
- stunts such as this.

In a recent poll 100 students (not cheerleaders) were asked...
Do you feel it's a good idea to have the guy cheerleaders?
65% YES
15% NO
20% UNDECIDED





Something for EVERYONE



Senior Jeri Riley consults with a teacher about the residents at Valley View Village. Pep-E-Club visited those retirees on one of their many trips.

Diversity was the key to organizations in school. With the different types of students enrolled, a variety of clubs were needed. Those who were interested in their academic future could go to Upward Bound. Enthusiastic people could have tried out for cheerleading. Dancers tried out for Steppers.

Getting involved wasn't only for those who wanted to make friends, some people just wanted the year to go faster. With all the activities planned for the clubs, the year did fly by.

Friends were easy to find, people just had to follow their interests and join a club that suited their purpose. They were bound to find people with the same interests.



Junior Cara Kidd cheers for the camera. Scarlet Choir was a good way for students with voices to get involved.

Steppers Elishia Gray, Angela Bailiff, Megan Wagner, Meghan Mulvehill and Mindy Ficek smile for the camera hoping to raise money for their Stepper funds. This pancake breakfast was sponsored by the Booster Club.



Mrs. Cynthia Selden and Mrs. Patty Hoffman help themselves to the treats donated to the staff by PTSA. the PTSA officers are Valerie Spargo, president; Diane Mrogenski, secretary; Jan Rouse, treasurer and Fae Ramsay, school representative.



TRIPLE E. FRONT ROW: Kari Moore, Mandy Kyle, Ty Robinson. ROW 2: Mrs. Donna Christensen, Stacy Stewart, Cheri Burr. ROW 3: Tina Edwards, Eric Betts, Tony Oliver. ROW 4: Billy Wilson, Richard Yaw. BACK ROW: Randy Wolfe, Cole Heuton, Jason Hockett. Mrs. Linda Saddoris.



BOOSTER CLUB. FRONT ROW: Tom McDornald, Andrea Brown, Candy Bair, Gary Enfield, Steve Fuller, Mike Zelenovich. ROW 2: Donna Harrison, Vicki Bennett, Mary McDonald, Dave Bair. ROW 3: John Flynn, Judy Flynn, Linda Vail, Tom Vail, John Walker. BACK ROW: Lyle Brown, Randy Childs, Lance Hanson, Bob Sams.



Making a better tomorrow

Making East a better place is a priority for most students, teachers, faculty and parents.

Triple 'E' was a sponsored group of students and other interested people directed by **Mrs. Linda Saddoris** and **Mrs. Donna Christensen** that have put a lot of time and effort into making East an enjoyable place to be. Their work has ranged from cleaning and planting flowers in the north courtyard to fundraising, which is used to benefit future students.

"East does so much for us that I feel that we should do something in return," said **Donna Christensen**.

Bringing students, teachers and parents together is one of the goals of PTSA. **Valerie Spargo** was the president of about 80 members.

"I became president of PTSA by being a member and staying up to date with the interests of the group and what was going on," said **Spargo**.

With the sponsoring of DEW CREW and donation of money to teachers for class projects, PTSA is very committed to our school.

Mr. Lance Hansen was the president of the Booster Club. It has had 28 years of fundraising tradition at East, from benefiting non-profit activities to raising money to support athletic events. They primarily volunteer their time to help out with school functions. Booster Club definitely has the Scarlet Spirit.



.....
Faculty, staff and students show their support for East by attending the pancake breakfast sponsored by the Booster Club.

- Mrs. Candy Bair and Mrs. Jane Christenson are working hard as they collect money for the pancake breakfast sponsored by Booster Club.

organizations

exploring college life and what lies beyond...

Upward Bound

Upward Bound is a nation-wide program that allows high school students to get a taste of what college life is like.

Two Upward Bound programs operated independently at two separate colleges. One was the DMACC Upward Bound (see sidebar at far right). The other was a program hosted by Central College in Pella.

The students in the Central Upward Bound Program left Des Moines on June 10, two days after school let out. The UB experience began as soon as they arrived.

"Advanced science was my favorite," said junior **Cameron Wenzel**. "We performed many fun experiments and made a lot of weird stuff."

Schoolwork took up only a small fraction of the student's time. When not in class, they could be found performing one of many past-time activities.

Junior **Brad Hoisington** said, "I liked playing basketball the most because I really enjoyed the competition."

So who is the right candidate for Upward Bound?

"Anyone who is interested in their future and having fun," said sophomore **David Kephart**.

"It was a great way to spend a summer which otherwise would have been wasted," explained **Wenzel**.

Career Beginnings

Career Beginnings is a group that offers minority students a way to explore different career fields and college choices that will help them follow a desired occupation path.

"It has really opened my eyes to the way I look at my future," said junior **Aisha White**.

"The best time I remember having was the trip to the University of Northern Iowa," said senior **Nancy Lee**. "I was a junior and had no idea which college I should look for. Experiencing campus life at UNI made up my mind, that was the college for me."



UPWARD BOUND. FRONT ROW: Natasha Long, Barbara Mallet, Aubrey Jacobs, Mariela Huber, Josh Jefferson, Patrick Kouang. ROW 2: Michelle Nelson, Melissa Gervais, Christina Ollie, David Kephart, Cameron Wenzel, Brad Hoisington. Row 3: Douaneng Lee, Christine Mallet, Kheuang Vongchanh. BACK ROW: Terry Winfield, Jeffery Strahl, BJ Stanton, Jason Cochran. NOT PICTURED: Joe Blackford, Natalie Brown, Tora Luvan, Kitho Philavahn, Peter Trost, Choeun Yin, Hai Pham.



CAREER BEGINNINGS. FRONT ROW: Jenell Clay, Shantelle Hull, Aisha White, Francine Jackson, Kafi Dixon, Lashonda Smith, Barbara Mallett. ROW 2: Dawn Campbell, Chrissy Duplanter, Marcellette Davis, Annie Jackson, Christine Mallett, Shontell Stanton, Kiesha Walker. BACK ROW: Don Graves, Christina Ollie, Leanne Carter, Tamickia Green, Tyson Taylor, Erica Hemesath, BJ Stanton, Larry Graves. NOT PICTURED: Anthony Clark, Tony Gomez, Mike Hughes, Nancy Lee, Denis Lopez, Esteban Mata, Natalie Brown, Dannel Dixon, Kaycee Colbert, Michelle McCarrell, William Taylor.



The new breed of UB...

The Upward Bound program received a new "member" this year.

In past years, students from the Des Moines School District have been able to attend Upward Bound in Pella. This year they were given an additional option to attend a similar program on DMACC's campus in Ankeny.

The DMACC program and the program from Pella met twice over the summer. The first encounter was on the CUI campus. The two colleges met in competition as their own basketball teams met in head to head action.

The men's squad from DMACC defeated both the CUI and ISU squads which qualified them for the UB Olympics. The girls squad also beat the team from Iowa State, but lost to the Central team.

There were no hard feelings on either side due in part to the fact that there were friends from high school at both ends of the court.

With the first session of the new UB program finished, it is safe to say it was a true success.

Organizations



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Now it's obvious who wears the pants in that family. Junior **Jason Cochran** and sophomores **Joe Blackford**, **Hank Roosevelt**, and **Tyrha Cheatem** enjoy a night on the town during one of their cross dress dates.

- Concentration can lead to
- perfection when attempting
- to conquer that annoying
- split. Junior **Brad**
- **Hoisington** proves that fun
- plays a major factor during
- the Upward Bound summer.

a different reason to sweat for credit

Although gym gave most students a credit for sweating, Peopel P.E. held a different purpose. It gave special education students the chance to earn a gym credit and make new friends in the process. The program was designed to help special education students participate in a gym class without the problems that would arise in a regular gym class, like teasing from other students.

And how did one become involved in the program?

"The students apply to be peer helpers and Mrs. Vickroy chooses who participates," said Mr. **Mark Hurley**, co-sponsor of the program.

Although the program has been around for many years, there were some students who became interested in the program after a few years of contemplation.

"I've been in the program one year. This is my first year and I really wasn't sure if I wanted to do it at all. That is until I talked to Mrs. Vickroy," said junior **Sheliah Johnson**.

With the age of the program, there is bound to be some success in almost everything they do.

"I remember a couple of years ago when the kids did really well in the Special Olympics," said **Hurley**.

Although the program had a different purpose than the regular classes, the options for weekly activities were the same.

"Everyone has the same choices. They wanted to keep the class as close to regular gym as possible," said junior **Sunny Sanders**.

Although there was success with the program, there were some areas that were a little disappointing.

"There's room for improvement (in participation), as well as room for improvement in the whole program," said **Hurley**. "We need to improve the way helpers participate in the program and treat the special education students."



Organizations



PEOPEL P.E. FRONT ROW: B.J. Stanton, G. Casper, C. Hart, M. Johnson, J. McNally. ROW 2: B.J. Peek, J. Mullins, W. Jarrett, R. Pollard, N. Levy, S. Sanders, S. Johnson, S. Beardsley, K. Culp, M. Garrett, A. Burkhead, A. Nalevanko. ROW 3: L. Storey, J. Browne, M. Kauzlarich, C. Airhart, T. Thomason, D. Danielson, J. Raidburn, J. Schaffer. ROW 4: T. Cleghorn, A. Foster, T. Land, T. Robinson, F. Gomez, L. Carter. BACK ROW: J. Whitlow, R. Sharpnack, A. Jenkins, M. Osborn, D. Merten, N. Ridecoute, S. Callahan, A. Baker, J. Luller, C. Love, A. Walters.

- Juniors **Jim Luller** and
- **Shane Callahan** coast
- around the rink, while
- earning points in gym.
- Grades were based on
- participation.

Junior **Amanda Foster** and senior **Niki Levy** enjoy time at Skate East. This class often had the same activity options as the regular gym classes.

• • • • •



- Senior **Wenddie Jarrett**
- prepares to hit the rink as
- class begins. Peopel P.E.
- often left the gym for off-
- campus activities.

Juniors C. Snell, A. Goddard, senior C. Reeves and juniors L. Elliott, L. Cochran and S. Carlson stop to pose the camera during practice.

Varsity cheerleaders are all dressed and ready to paint the town with spirit. New initiates were painted up and led around downtown.



additions and traditions

Stomach butterflies and nervous faces were a common sight at cheerleading tryouts. Many changes were to come but the biggest of all was the addition of guy cheerleaders.

It was a weird experience for the cheerleaders at camp with guys.

Junior **Lindsay Elliott** said, "Winning so many events and having guys to help us was fun."

The cheerleaders brought home 99.9% of the trophies and winnings from camp. Individually, senior **Charity Reeves** was chosen all-star cheerleader and **Elliott** was jump queen.

Senior **Atid Luong** said, "Learning new cheers and stunts was really time consuming, but I enjoyed it and tried my best."

The squad was down in number.

Reeves said, "We've lost a lot of good cheerleaders but we've handled it marvelously."

Pulling together made these guys and girls closer.



Senior C. Reeves and juniors S. Carlson and C. Snell get the spirit at camp. The cheerleaders were awarded spirit sticks at camp for showing high spirit all day.

Juniors L. Cochran, S. Carlson, L. Elliott, C. Irvin, A. Goddard, and seniors C. Reeves, L. Lethcoe cheese it after winning five trophies. The cheerleaders went to UCA camp at Drake.





VARSITY FALL/WINTER CHEERLEADERS: FRONT ROW: Jenny Harridge, Lindsay Cochran. ROW 2: Charity Reeves, Angie Goddard, Christy Snell, Cindi Irvin. BACK ROW: Stacie Carlson, Monic Baccam, Lindsay Elliott. NOT PICTURED: Scott Anderson (winter only), Justin Davis (fall and winter), Lori Lethcoe (winter only), Atid Luong (winter only), Travis Nace (winter only), Amy Schatz (fall only).

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Juniors Lindsay Cochran, Lindsay Elliott, Cindi Irvin and senior Charity Reeves have time for a quick smile before jumping into a dry car to get out of the rain. Rain didn't stop these girls from cheering in the Iowa State Fair Parade.

Organizations

Rising Spirits

"Go Scarlets, let's go Big Red." The sophomore football and basketball teams' shift from a great season last year to a not so great one this year hasn't affected the sophomore cheerleaders. They didn't let their spirits slide with the scores.

"Cheering for a winning team was a lot more exciting than cheering for a losing team," said sophomore **Ranae Charron**. The squads were smaller this year and broken into fall cheerleaders, who cheered year round for football, basketball and wrestling, and winter cheerleaders, who cheered only for basketball and wrestling.

"Football season was harder than last year. We had less people and we were much quieter," said sophomore **Christy Grasso**.

For the girls who were just starting to cheer for the winter season, every moment was made worth their while.

"Starting to cheer again was the best. I'm kinda glad I only cheered for basketball, but I would've liked to cheer for football," said **Missy Garrett**.

The separate squads weren't the only new addition to the cheerleaders this year. One new cheerleader was added to the sophomore squad.

"Being the new girl on the squad wasn't really what I expected. Cheerleading is very exhausting, but fun, so it was worth the hard work," said **Emily Henry**.

During June, the sophomore cheerleaders went to UCA (Universal Cheerleading Association) camp at Drake.

"Being titled Camp Champs for JV was very flattering, but we worked hard and deserved the honor," said **Henry**.

At summer practices, the squads prepared for camp along with teaching the new girls cheers and getting them ready for the upcoming games and events.

"Learning the cheers at summer practices were the hardest. You want to do your best, but you're scared to death of the varsity, what they'll say or even make you do," said freshman **Autumn Davis**.

"Initiation was the best part of the summer practices. I knew that it was all over and I survived all of it," said **Stephanie Carlson**.

Initiation wasn't only for the freshmen, sophomores also got it this year—AGAIN.

"I was scared to death, I thought I would never be clean again, but it was fun, too," said **Davis**.

They've made friends and memories through the year and hope to make many more.

New freshman and sophomore cheerleaders cheeze it for the camera after almost two hours of messy and humiliating initiation. From sizzling like bacon to barking like dogs, these girls were the victims of the older sophomore and varsity cheerleaders.



- Sophomore cheerleaders Ali
- Burkhead and Amanda
- Nalevanko put their heads
- together and smile as the first day of
- camp is about to begin. Camp
- practices were held from 8 a.m. to 8
- p.m. daily in June

Sophomore cheerleaders give the camera a huge smile after winning first place in the Chant and Home Pom Routine. These girls were a great asset to the Scarlets this summer.

.....



WINTER SOPHOMORE CHEERLEADERS. FRONT ROW: M. Garrett, C. Grasso, K. Kimbley, A. Nalevanko. ROW 2: S. Lee, R. Charron. ROW 3: E. Henry, M. Vail. BACK ROW: T. Halbur. NOT PICTURED: A. Burkhead



FALL SOPHOMORE CHEERLEADERS. FRONT ROW: Ali Burkhead. ROW 2: Michelle Vail, Christy Grasso, Amanda Nalevanko. BACK ROW: Ranae Charron, Tammy Halbur. NOT PICTURED: Sue Lee.



FRESHMAN CHEERLEADERS. FRONT ROW: Autumn Davis, Laura Lewis, Melissa Bannick. BACK ROW: Joy Elliot, Sabrina Overton, Stephanie Carlson.

Organizations



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Giving each other one last hug, sophomore cheerleaders Emily Henry, Michelle Vail, and Missy Garrett get ready to prove to everyone that all their practice and hard work has really paid off. Camp was held at Drake University from June 21 through June 25.



- Sophomore cheerleaders Kristie
- Kimbley, Tammy Halbur and
- Christy Grasso show their
- toughness as they get ready to give
- it their all for the Home Pom
- Routine competition. Having
- practices from 7 a.m. to 10 a.m. in
- the summer and whenever they had
- any free time at camp, they found
- themselves always together.

Colorguard receives a number one rating...

Colorguard has had a very successful year, filled with various awards. The girls received a number one rating at the Iowa State Drill Team competition in Marshalltown, along with a spirit award and an outstanding home routine award from camp.

Performances by the squad were almost flawless and unforgettable.

"I enjoyed performing in front of audiences with a routine that we have worked so hard on," said senior **Jenny Knight**.

Their practices were held Monday through Friday early in the morning each week, depending on if there was a game or not.

"It was hard to get up so early in the morning, especially during marching season when we had to go outside," said junior **Andi Gerstenberger**.

Other Colorguard members liked meeting new friends at camp and within the group.

"At camp we took our hardest routine and I felt like I was the only one in the group who couldn't get the hang of it, but I found out that Michelle Nelson couldn't either and we became good friends," said senior **Misty Hayes**.

Early morning practices, difficult routines, outstanding performances and lasting friendships led Colorguard to great achievements and awards.



Everybody say winners!
These squad members relax
after a hard day of perform-
ing their award-winning
routines at camp.





- Junior **Daniel Weatherly**
- shows her unique ability to
- balance a flag between her
- legs while junior **Michelle**
- **Nelson** practices her rifle
- routine. The Colorguard
- spent many hours perfecting
- their performances at camp.

Seniors **Theresa Jones**,
Tiffany Wickersham,
Jenny Knight, **Kathleen**
Yates and junior **Danyel**
Weatherley strike a pose.
 These girls captured their
 camp memories with pictures.
 •••••



Organizations

COLORGUARD. FRONT ROW: Jodie Griffin, Nikki Garringer.
 ROW 2: Angie Kirstein, Diana Bushong, La Vongphasouk. ROW 3:
 Deb Swanson, Andi Gerstenberger, Theresa Golish, Michelle
 Nelson. BACK ROW: Heather Small, Maggie Cantrell, Jennifer
 Knight, Teresa Jones, Misty Hayes. NOT PICTURED: Kathleen
 Yates, Danyel Weatherly.

Seniors Nikki Barden and Marci Kauzlarich take time out of their busy schedules to pose for a picture on crazy hair day at camp. This was just one of many of the wild activities participated in throughout the week.

As the clock counts down, junior Megan Wagner and sophomore Amanda Smith pause for a moment before performing. Nervousness was a common trait hidden under their smiling faces.

Senior Megan Law and juniors Meghan Mulvehill, Stacey Finch and Tobie Steele exit the floor after a pleasing performance. They showed off their new flashy uniforms at the basketball games.



STEPPERS. FRONT ROW: Sarah Beardsley, Jenny Speck, Angie Bailiff, Nikki Barden, Leah Wardak, Michelle Primm. ROW 2: Yvonne Halbur, Mindy Ficek, Stacey Finch, Dena Lopez, Lisa Smith, Tobie Steele. ROW 3: Jaimie Griffin, Amanda Smith. BACK ROW: Marci Kauzlarich, Megan Wagner, Eleshia Gray, Rachelle Pollard, Cindy Brown (captain), Megan Law. NOT PICTURED: Amy Knight (captain), Meghan Mulvehill.



organizations

dancin' with the best...



The 93-94 Steppers started out their year with a bang. Many hours of dedication at 6:30 a.m. practices starting in July paid off for them. From trophies and spirit sticks at camp to dancing at the Carver Hawkeye Arena in Iowa City, the year was a flash of memories.

The twenty-one member squad practiced long and hard for their first performance at the Universal Dance Association (UDA) camp that took place on the Iowa State University campus. Escaping for one week, the girls resided in college dorms and danced their way to fame.

Here they accomplished more than they had hoped. Their home routine received a second place which made them eligible to compete at the UDA National Championships in Orlando, Florida. Junior **Leah Wardak** won the title of "Drill Down Queen" and senior **Amy Knight** won Dance Star.

"I was so shocked when they called my name because I completely forgot my dance and made the whole thing up on the spot," said **Knight**.

The squad was without a sponsor for part of the summer until **Jane Christenson** came to the rescue.

"This year's squad is so great and I love being around them. They're so dedicated to their dancing and they always make me so proud," said **Christenson**.

Along with half-time performances during football and basketball season the Steppers also made many other appearances. One of them was at Carver Hawkeye Arena during the Black and Gold Blowout. The girls had a chance to meet the Hawkeyes, dance with the Iowa pom girls and many other squads from around Iowa.

Junior **Tobie Steele** said, "Going to Iowa City was a blast! We met so many new people and had a lot of fun performing in front of that big of a crowd."

Not everyone was able to attend the Blowout because State individual competition was being held that same weekend in Pleasantville, Iowa. Seniors **Knight**, **Michelle Primm**, **Dena Lopez**, **Yvonne Halbur** and junior **Meghan Mulvehill** all competed.

Later in the year the Iowa State Drill Team Contest took place in Marshalltown. The Steppers competed in three different categories including pom, novelty, and high kick.

"Unfortunately, we didn't do well at state but I feel we were cheated out of placing in our pom routine because of the messed up music. We also had good competition," said junior **Jaimie Griffin**.

"State was disappointing this year because the squad felt we did so well, but a let down like that only made us strive for better," said **Knight**.

Once again the Steppers sponsored a "Little Stepper Clinic" for elementary kids as a fund-raiser. Clinics were held after school at the elementaries and all the schools were united at a football game to perform their dance at half-time. The kids received T-shirts and poms.

"I love doing the clinics. Those little kids really had a fun time and looked up to us," said **Griffin**.

Something new was added to the agenda for the annual Stepper and Cheerleader dance at the Senior/Faculty games this year. Colorguard was included. The dance was choreographed by captains of all the squads.

- As the three generations of
- '50s, '60s, and '80s unite
- together, the Steppers strike
- an ending pose. They
- performed their novelty
- routine at state and in the
- winter sports assembly.



Seniors Shelli Bethards and Carrie Anderson courageously hold up an enormous Valentine to show their spirit. The two paraded around the entire gym during the winter assembly while senior Michelle Primm sang a song in honor of Valentine's Day and Spree.



9/10 PEP CLUB. FRONT ROW: M. Hom, S. Banks, M. Bennett, H. Armstrong, R. Zohbon, A. Smith. ROW 2: J. Fuller, J. Garner, T. Armstrong, C. Brayden, M. Mendenhall, K. McNeeley. BACK ROW: T. Berry, A. Allison, C. Lamberti, K. Wilson, L. White, N. Littell, L. Sou, M. Gilleland.



11/12 PEP CLUB. FRONT ROW: T. Larson, D. Philavanh. ROW 2: M. Kauzlarich, N. Levy, D. Campbell, J. Riley, C. Brown, D. Hood. ROW 3: H. Beaman, A. Allison, J. Brown, C. Shelton, C. Reeves, M. Primm, C. Anderson, C. Rasmussen, T. Syferd, L. Cochran, K. Sharp, L. Wardak, S. Wimber, S. Renner. ROW 4: M. Thomas, K. Byerly, T. Yencer, R. Lehman, S. Sanders, C. Swisher, C. Cook, M. Law, J. Harridge, J. Scott, T. Steele, M. Kitthikoune. ROW 5: M. Gervais, M. Egenberger, H. Hutchinson, E. Thompson, S. Brown, D. Sims, S. Picray, A. Brennan, C. Carpenter, L. Elliott, C. Booth, L. Ackelson, L. Puckett, K. Murphy, L. Sou. ROW 6: L. Consorti, R. Armintrout, C. Irvin, J. Burgess, J. Knight, A. Baty, B. Taube, M. Davis, M. Heldenbrand, B. Jones, J. Nemmers, R. Pollard, T. Thomason, C. Monaco, J. Lee. BACK ROW: T. Carey, R. Pauscher, M. Rourke, T. Pelham, C. Knight, T. Collins, J. Reidburn, G. Childs.



PEP 'E' CLUB BOARD. FRONT ROW: C. Booth, S. Bethards (historian), D. Campbell, J. Riley (treasurer), C. Brown (vice president), T. Larson (president), D. Philavanh (vice president), J. Scott (publicity), J. Harridge (secretary), N. Levy, L. Storey. ROW 2: J. Nemmers, C. Irvin, A. Jacobs, L. Elliott, T. Yencer, L. Cochran, R. Lehman, M. Thomas, S. Johnson, C. Reeves, A. Mathews, C. Swisher. ROW 3: K. Wilson, E. Henry, A. Allison, J. Fuller, P. Philavanh, J. Young, M. Vail, A. Flynn, M. Garrett, R. Lehman, L. Lewis, D. Lewis. NOT PICTURED: V. Barger, C. Anderson, M. Baccam, B. Jordan, W. Spargrove, M. Anderson, K. Brown, S. Carlson, C. Foley, J. Lee, B. Thomas, T. Nemmers, C. Rice, M. Suggett.



P epping up the place...

The Pep 'E' Club does just what their title says. They support all athletic programs, keep the spirit up in school and plan fun events to involve all the other students.

The Pep Club knows what it takes to "pep" the place up.

In the fall, they put together Thanksgiving baskets and gave them to retired East teachers. They sold spirit strips and decorated the halls for Homecoming.

During Christmas, the club illuminated the library with a festive look.

Dances were not ignored, either. They took all the credit in designing and setting up for Spree, which led to Valentine's Day, when they sold carnations. You could choose from red, pink, white or yellow.

Of all these events, Spree is clearly the most special.

"I always get a rewarding feeling to see all the beautiful decorations in place and to

know that we've had another successful dance. I remember one Spree in particular. It was sometime during the 70s and we got snowed in on the Saturday of Spree. The next day, we had to take everything down and put it all back up that following Friday. We ended up having more people there than ever before," said **Shirley Blenderman**, sponsor.

"Spree is my favorite project because it's all done as a whole. Everyone pulled together and it's amazing to look at what we accomplished," said senior **Tiffany Larson**, president.

Being president this past year seemed natural for **Larson**. Having been involved with the Pep Club and its board since her freshman year, she knew that



While attending the winter assembly, the Pep 'E' Club shows its support by sitting in the designated seating area exclusively for them. You could also find them cheering their school at all the fall and winter games.

the position was right for her.

If **Larson** ever got into a bind, she always had the helping hand of the club's sponsors, **Blenderman** and **Linda Nemmers**.

Blenderman is the oldest member of the Pep Club. She's been its director for 21 years and from the looks of it, will still be there for years to come.

Making sure that things go smoothly is **Blenderman's** main job. She also loves to work with the students and see them evolve into good leaders.

Many students find a sense of identity after becoming involved with the club and soon realize that it has more to offer than just being another organization.

"The board is one of the best things that could happen to a freshman who isn't involved in any sports or other activities. It can really help a person overcome their shyness and jump in and cheer for their school," said freshman **Angi Allison**.

"The people are the best part. The club has a unique way of getting everyone involved," said junior **Sheliah Johnson**.

Organizations

young politicians of the world unite . . .

During the first weeks of school, our student government was anxious to start off the year with a grand Homecoming week. They succeeded.

"It went great!" exclaimed officer **Deth Philavahn**.

Homecoming is one of the most important events that student government sponsors. They plan to make the week full of spirit and work to decorate for the Saturday night dance.

"I thought everything went fairly smooth considering how late we got started and the amount of time we had," commented officer **Tiffany Larson**.

Student government also had the responsibility of handling problems within the student body.

"We have to show good behavior and leadership to other classmates," said **Philavahn**.

Student government didn't stop with the needs of the school, they also held a canned food drive during the holidays for the needy.

"Our goals were to help our school and community," said officer **Cindy Brown**.

There was a change in sponsors as this year started, but a meeting with the officers in the spring helped the year to run more smoothly.

"We took advantage of Mr. (Walt) Kennedy and just relied on him, while with Mrs. (Susan) Stroope and Mrs. (Carla) Murphy the rules and regulations were changed and everything was left up to us," explained **Larson**.

Anyone can join student government, but it seems underclassmen aren't as involved each year.

"I would encourage anyone and everyone to get involved in student government their freshman year to start off with," commented **Larson**.

"Student government needs enthusiastic, responsible leaders and participants who aren't afraid to offer good, constructive ideas!" added sponsor **Stroope**.



Seniors **Deth Philavahn** and **Kari Sharp** are devoted members sharing their input during a meeting. Arriving at school at 7:20 a.m. was a challenge for some members.





- Senior Matt Rourke is
- listening to ideas from
- student government mem-
- bers. Everyone had a chance
- to share their opinions.



STUDENT GOVERNMENT. FRONT ROW: T. Thomason, C. Grasso, S. Lee, K. Knight, R. Zohbon, A. Bacon, S. Breese, M. Rourke, D. Philavahn, T. Larson, C. Brown, A. Lillard, A. Bailiff, M. Garrett, R. Pollard, M. Thomas, M. McFadden, J. Elliott. ROW 2: K. Murphy, M. Primm, A. Matthews, C. Anderson, C. Carpenter, D. Campbell, K. Sharp, C. Booth, M. Kauzlarich, C. Rasmussen, J. Scott, T. Pelham, M. Penake, N. Levy, B. Jones, L. Elliott, A. Schatz, M. Bannick, A. Davis. ROW 3: J. Nemmers, J. Sawhill, C. Irvin, M. Law, S. Johnson, J. Krieger, J. Griffin, T. Yencer, L. Cochran, E. Nizzi, R. Lehman, M. Heldenbrand, B. Henderson, C. Shelton, S. Sanders, N. Brown, T. Carey, A. Jackson, N. Long, A. White, J. Clay. ROW 4: T. Halbur, R. Lehman, M. Vail, H. Wormer, A. Nalevanko, T. Airhart, A. Jacobs, E. Henry, L. Vongphasouk, P. Philavahn, T. Golish, M. Hom, R. Larson, J. Schnoor, T. Steele, S. Brown, E. Brown, K. Pratt, D. Lee, B. Zelenovich. BACK ROW: A. Flynn, J. Young, J. Reidburn, M. Kitthikoune, S. Matthew, B. Abbas, H. Bailiff, H. Armstrong, T. Armstrong, S. Rourke, S. Woods, M. Bennett, S. Dank, R. Harrington, B. Taube, L. Sou, C. Chounlamounry, J. Ackelson, N. Littell, A. McFadden, S. Overton, L. Sou, S. Panvaree, J. Randolph, L. Palmer, M. Clark. NOT PICTURED: C. Reeves.



- Our senior officers are
- working on making their class
- the best. They showed a lot
- of dedication throughout the
- year.

- • • • •
- The seniors in student
- government are proud of their
- accomplishments. They
- exhibited a lot of enthusiasm.

Organizations


Organizations

Sponsor **George Davis** speaks to the members of DEW Crew at the beginning of a meeting. Many of the meetings were held in the wrestling room.

Senior **Kari Cox** and sponsor **George Davis** begin a presentation for a meeting. Because of changes in the structure of the group, meetings weren't held until later in the school year.



Gary Gilchrist shows how easy it is to enjoy Mountain Dew. DEW Crew first got its name by drinking Mountain Dew instead of alcohol.



DEWing it a new way...

Leadership, influence and most of all, change. DEW Crew was started only four years ago by a group of students and **Coach Ric Powell** who wanted to help get the anti-drug and anti-alcohol message to elementary and junior high students.

It has now taken a slight turn. The message of DEW Crew is now focusing on how students can better themselves, their school and the community.

Some students felt that the changes were inevitable.

"The changes were needed and expected. It's hard to adjust in some ways because I'm used to the old DEW Crew, but Mr. Davis is always there when I have a question," said senior **Dawn Campbell**.

The group also tried to impress this philosophy upon many elementary and junior high students all over the metro area. In February the Crew traveled to Pleasant Hill Elementary for a "Rock in Prevention" show.

"We got to sing, dance and involve the children into saying no to drugs, alcohol, violence and teaching them that being yourself and having love around you is best," said junior **Cindi Irvin**.

When DEW Crew was first organized, it also helped put together East's first Post-Prom Party, which offered a fun alternative to drinking after Prom. They continued their help with the party this year, also.

Another strong point of the group was their diversity.

"The strong points of the group are definitely diversity, unity and disagreement," said **Campbell**. "We have many people from different backgrounds and organizations in school. But somehow we have the unity to know we are DEW Crew."



.....
Crew members listen intently to a speaker at a meeting. Besides speaking at elementary and junior high schools, DEW Crew enjoyed their own guest speakers.

Senior **Tony Pelham** points out some of the interesting books in the library to freshman **John Nelson**. The library was one of the highlights on the Scarleteer tour for incoming freshmen.

Sophomore **T. Risius** and senior **T. Pelham** laugh as freshman **T. Shocker** wonders if the fumes were bothering the guys who fixed this car. Many freshmen found torn up cars, and other interesting projects to look at while visiting the shop classes.



SCARLETERS FRONT ROW: A. Matthews, D. Campbell, C. Carpenter, R. Pollard, M. Rourke. ROW 2: J. Scott, M. Davis, F. Jackson, S. Woods, T. Steele, A. Flynn, D. Pylavanis, J. Hamridge, K. Sharp. ROW 3: H. Balluff, E. Birnwa, K. Colbert, M. Kauzlanich, M. Baccam, T. Pelham. ROW 4: A. Lillard, A. Bair, J. Garner, K. Kimbley, L. Sou, C. Anderson, A. Balluff, M. Gervais. ROW 5: T. Risius, C. Arhart, C. Grasso, S. Johnson, B. Anderson, S. Carlson, M. Primm, T. Syferd, E. Dority, S. Berthards, B. J. Stanez. ROW 6: M. Wright, M. Garrett, M. Vail, E. Henry, R. Anderson, J. Schnoor. BACK ROW: Diane Fleming, H. Armstrong, S. Matthew, M. Thongsouth, K. Harris, A. Baty, C. Ramirez, J. Riley, C. Brown, T. Thomas. NOT PICTURED: C. Revel.



BUDDY SYSTEM FRONT ROW: Barbara Mallett, Aisha White, Teryl Syferd, Marcellette Davis, Theresa Galloway, Kaycee Colbert. 2ND ROW: Heather Isa, Jamie Guley, Chondale Chouniamountry, Mary Ramirez, Francine Jackson, Keisha Walker, Jorie Davis, Melissa Gervais, B. J. Stanton, L. J. Williams, Tyson Taylor, Curtis Black. 3RD ROW: Mena Baccam, Chrissy Duplantier, Missy Schaeferberg, Lindsay Coalman, Dawn Campbell, Leah Wanda, Debbie Williams. BACK ROW: Lyndsay Taycher, Tammikia Green, Jeri Riley, Tony Pelham, Travis Nace. NOT PICTURED: Vanessa Barger.

freshmen feel right at home...

As new freshmen filed into the gym for orientation, they found they weren't entirely on their own. Two groups of upperclassmen were there to lend a helping hand. One group, Scarleteers, was designed to help freshmen find their way through the halls of East High.

Scarleteers was sponsored by **Mrs. Diane Fleming** and the president was **Dawn Campbell**. Besides orientating freshmen, the group also gave tours to visitors and visited junior high schools.

"Scarleteers is extremely exciting to be a part of. We have the chance to set the tone of East High. We are the first impression people have when they walk through the doors, and we make sure it's a good one," said senior **Campbell**.

Members of Scarleteers found that they do more than just touring, they showed new students how to get involved.

Senior **Amy Mathews** said, "Scarleteers is a good way to give something back to East. When the freshmen see us getting involved, they want to be involved too."

Another group new to East was the Buddy System. The Buddy System idea came from the popular TV show *Beverly Hills 90210*.

"As I was watching *90210*, it just seemed like a good idea. I brought it up in a class discussion and it just grew into the Buddy System," said senior **Teryl Syferd**.

Seniors **Marcellette Davis**, **Vanessa Barger** and **Syferd** were the leaders of the group. Any freshmen who wanted to be involved signed up and were paired with upperclassmen.

"We went to Goodrell, Hoyt and Amos Hiatt and talked to the students about our program. We gave them fliers to sign up and that was it," said **Barger**.

The group planned to have mixers and parties for the mentors and their buddies. The two groups combined made adjusting to East a piece of cake.

- Before orientation,
- Scarleteer sponsor **Diane Fleming** and senior **Dawn Campbell** discuss the
- Scarleteers' role in the
- coming assembly.
- **Campbell** walked the halls
- at orientation making sure
- the freshmen were in their
- correct D.R. rooms and
- were feeling right at home.

Organizations

modeling the nation's leaders

The mood is heavy, every delegate has his or her head down in a fast frenzy to think of an answer to the question thrown at them that will be in the best interest of their "country." Finally, after a few seconds which feel like an eternity, the young woman stands up and gives an answer that even makes the judge take notice.

This was model U.N. It is an organization open to all students. In the program, students simulate the United Nations. The students role-play delegates of foreign countries and represent that country's interests in discussion with the other students from across Iowa.

The members had different opinions on why they got involved.

"I hoped to learn more about the U.N.," said senior **Laura Ackelson**.

Model U.N. sponsor **Mike Miller** said, "I hope more students join (in coming years)."

Students also had different opinions on the program in.

"We did more research on the country East represented," said **Ackelson**.

Miller said, "I really didn't think any change was needed this year. Mr. Thompson and Mr. Banderly were the old sponsors and they did a fine job."

The program had a lot of interesting things to offer students.

"I had a fun time on UNI's campus last year. I was looking forward to model UN this year," said junior **Jennifer Boatwright**.

Ackelson said, "The most interesting part to me was seeing how parliamentary procedure worked."



•••••
Are we camera shy? Junior **Jennifer Boatwright** and senior **Renae Arbabian** are here researching the country East was assigned in Model U.N.

Ha! Juniors **Shantall Stanton** and **Leah Wardak** got a kick out of a joke junior **Kafi Dixon** told at one of the multicultural club meetings, to discuss club activities, one was the bulletin board they posted in the cafeteria in February. •••••



many cultures, one nation

An old club was back with a new twist.

The Multicultural Club was new this year but it originated from the Afro Club.

Valerie Griffis (Multicultural Club sponsor) said, "We needed a name change to acknowledge and celebrate the diversity in cultures among East High School students."

Junior **Jenelle Clay** was glad of the change. "I think it will encourage other ethnic groups to join," she said.

In the past the club has gone to the Logan Community Center (E. 17th St. & Garfield Ave.) giving out fruit baskets and singing songs. The club also took part in a Multicultural Club Forum at Lincoln. All high schools were invited to participate in many activities such as listening to guest speakers and discussing in smaller groups. There were six members from the Multicultural Club and six members from student government that participated in this event.

The Afro Club is back and better than ever.



- Who said that?" asks Ms.
- Griffis. She and senior
- Nikki Baty both seem
- shocked by what they just
- heard. Many unusual ideas
- about new group activities
- came up at meetings.

.....
Cheese! Sophomore Mick
Wright and junior Jennifer
Boatwright take a break
from Model U.N. to pose for a
quick candid.

organizations

C hanging the scenery

The times they are a-changin'. This was certainly true in the drama department as it aimed for more organization and more productions.

One of the changes was the use of assistants from outside the drama department. Alumna **Sheryl Norman** was responsible for the costumes. Art teachers **Jerry Goodrich** and **Mora Brown** helped design and produce the sets. **Steve Beaver** took care of the sound system and lights with the help of the light and sound crew which was made up of drama students interested in that work.

The Theater Arts classes made up the cast and crew of the school plays. They performed "The Christmas Carol" and "Rebel Without a Cause".

"We're doing a lot more plays this year," said drama teacher **Ruth Ann Gaines**.

The Theater Arts classes also produced a one-act children's play titled "Wolf's Breath and Pig Tales". It was a new experience for the drama department in that it was written by DMACC drama instructor Judy Hamilton and **Gaines'** nine-year-old son Brandon had a small part. The classes toured several small near-by towns with the production.

Play Production was dropped this year. It was replaced by Cultural Arts. These students specialized in African-American plays. They performed "Martin Luther King" and "To Kill a Mockingbird". They also presented a Mystery Dinner Theater, also written by Hamilton.

With all that changed in the department **Gaines**, said, "We're becoming more like a real community theater. I think that's the way a high school drama program should be."

While there have been many changes throughout the year, one thing that hasn't changed has been **Gaines'** teaching goals and the strong family atmosphere. "I try to develop responsibility and respect for self and others," she said. "It's a class where you come in and immediately you're accepted."

"I love the family atmosphere. It's like my home away from home," said junior **Jaime Griffin**.

"It's pretty free, you can give your opinion on anything. We're like a close-knit family," said junior **Justine Krieger**.



THEATER ARTS. FRONT ROW: Wendy Hibbert, Mindy Wing, Aubrey Jacobs, Anndrea Van Horn, Maggie Cantrell, Carey Losenicky, Laura Freeman. ROW 2: Kevin Thomson, Kay LeClere, Debbie Swanson, Theresa Golish, Jaime Griffin, Lori Lethcoe, Arnel Adams, Justine Krieger. BACK ROW: Ian Thompson, Anndrea Van Horn, Jason Shipley. NOT PICTURED: Stephanie Wimber, W. James Polson, Norma Fudge, Eric Nevins.



CULTURAL THEATER. FRONT ROW: C. Peitzman, M. Davis, L. Freeman. ROW 2: K. Houghman, S. Losenicky, A. Adams. BACK ROW: I. Folsom, J. Clay, C. Edwards, J. Shipley. NOT PICTURED: D. Enos, L. Davis, L. Adler, C. Black, D. Carter, D. Dudley, W. Hibbert, J. Pulson, H. Wormer, K. Zeh M. Langford, J. Lee, S. Zeliadt.



- Junior Anndrea Van Horn
- applies eye liner to senior
- Jennifer Douglas before
- "The Christmas Carol". Van
- Horn played Mrs. Fezziwig.
- Douglas held several roles.

Junior Eric Nevins poses with his Snickers bar before a rehearsal. Drama students were forced to rely on the vending machines for dinner when rehearsals lasted up to three hours.

.....



- Senior Arnel Adams listens
- intently to a discussion on
- "The Christmas Carol".
- Adams played Bob
- Cratchitt, Tiny Tim's father
- and miserly Scrooge's
- employee.



Organizations



LIGHT AND SOUND CREW. FRONT ROW: Lisa Smith, Justine Krieger, ROW 2: Jaime Griffin, ROW 3: Ian Thompon, Anndrea Van Horn, Jason Shipley. BACK ROW: Scott Losenicky. NOT PICTURED: Arnel Adams, Nicole Crook, Nicole Ahrens, Kim Hamilton, Glenna Frank.



SCARLET VIBRATIONS. FRONT ROW: Anndrea VanHorn, Angie Kirstein, Darvette Smith, Jason Shipley. ROW 2: Robert Rustan, Maggie Cantrell, Carolina Kern, Laura Freeman. BACK ROW: Lori McMahon, Nicole Shuler, Scott Losenicky, Jason Hernandez. NOT PICTURED: Dion Dudley, Tori Randolph, DeeEric Dickson, Brian Taylor, Brent Kruse.



DRAMA CLUB. FRONT ROW: Justine Krieger, Lisa Smith, Brenda Poole (secretary), Scott Losenicky (president), Lori Lethcoe (vice president), Arnel Adams, Aubrey Jacobs, Stephanie Wimber. ROW 2: Norma Fudge, Kay LeClere, Mindy Wing, Theresa Golish, Jaime Griffin, Jason Shipley, Carey Losenicky, Kim Hamilton, Nicole Ahrens, Glenna Frank. BACK ROW: Kevin Thompson, Wendy Hibbert, Ian Thompson, Mariela Huber, Tiffany Stebbins, Melissa Duerkes, Nicole Crook, Heidi Grimm.



THESPIANS. FRONT ROW: Andrea VanHorn, Brenda Poole, Lori Lethcoe, Scott Losenicky. ROW 2: Jaime Griffin, Lisa Smith, Justine Krieger, Wendy Hibbert. BACK ROW: Laura Freeman, Jason Shipley.



After a smooth performance, junior Justine Krieger smiles in relief. Her performance in "Anne of Green Gables" received two thumbs up!

Senior Ian Thompson cringes as his new identity is applied. Many drama students go through this horror while being transformed into their character.





- A little unsure of himself,
- senior **Ian Thompson**
- concentrates on getting into
- costume properly. This
- wasn't always a problem, but
- happened occasionally.

escape into drama

"Actions speak louder than words" might be just another silly saying for some, but for drama students, it's a way of life. Scarlet Vibrations, Thespians, and Drama Club are all under the direction of **Mrs. Ruth Ann Gaines**.

Scarlet Vibrations practice the art of communicating and expressing their emotions without the use of words. They often travel to different schools to perform and entertain.

"I feel more comfortable in larger groups now than before because I'm opening up more," said sophomore **Angie Kirstein**.

Junior **Stephanie Wimber** said, "I enjoy getting together with everyone because it's so much fun and we have a really good time when we're together. I feel like I get a lot out of it."

Drama Club gives students an acting opportunity. It's a chance for them to free themselves of their own problems and enter a new, different, and more exciting world. They also plan fund-raisers and take part in theatrical activities.

"I would recommend Drama Club to anyone because you become part of a family and you get to work behind the scenes on major plays doing sets," said junior **Jaime Griffin**.

Thespians is another well-known organization. This group is part of a national honor society. Many students try for this but not everyone can achieve their goal since it is difficult.

"I worked hard to become a thespian and I'm proud to say that I am!" said junior **Lisa Smith**.

Whatever the lesson plans may hold, students sometimes learn the useful lesson **Griffin** did—"I learned how to lie very well to my parents!"

Organizations

professionals of today & tomorrow

The Business Professionals of America are a vocational group connected with Office Education. The members of the BPA follow a set of guidelines printed and established by the Columbus, Ohio national office.

In the BPA, students are given the opportunity to be tested in three different types of competitions—occupational, specialized and general. They attend local, state, regional and state conferences. Four students attended the state leadership conference: seniors **Shelli Bethards**, **Mellisa Keesler**, **Gayle Montoya** and **Sarah Beardsley**.

Students paid their dues for the BPA through fundraisers such as Four Seasons and Tom Watt. Entertainment '94 books were sold by **Gene Wanek**, the chapter advisor, and the profit went into the club.

Students are given the opportunity to receive awards due to their skills and knowledge. One of these is the Torch Award. Students were judged in areas such as leadership, service and friendship. The Banner Award was given to students who participated in service activities. One of the activities was giving needy families Christmas cards and food baskets.

Officers of the local chapter of BPA were seniors **Gayle Montoya**, president; **Brandi Henderson**, vice-president; **Mellisa Keesler**, treasurer and **Sarah Beardsley**, secretary.

Students were able to earn money and learn marketing skills through Ad Sales, a class taught by **Nancy Hansen**. A one semester class, ad sales can either be taken in the fall or the spring.

In the marketing portion, students learn selling techniques and the human relations needed to work in a sales position. Job seeking skills are developed. Students sell the majority of the ads for the yearbook to surrounding businesses and receive commissions on the number sold.

"East Side companies advertise in our yearbook because it is something that will still be around in thirty years. An estimated 12,500 people will see their advertisements by then," said senior **Nicole Levy**. "I'm not really a journalistic person and this is something I can do to be a part of the yearbook."

In the entrepreneurship portion, students learn the facts needed to start and manage a business. Students learn the characteristics of managers and entrepreneurs.

"This class will help me learn to present myself in a business atmosphere," said senior **Tiffany Larson**. "While still remaining polite, I have learned the proper way to try to persuade customers to buy our ads."

Sponsor **Gene Wanek** ●
speaks to the class about the ●
importance of learning ●
business skills. In the next ●
decade, the majority of the ●
jobs will not require a college ●
degree. This is important ●
because these students are ●
learning skills which will help ●
them acquire jobs in the ●
business field. ●



professionals
OF AMER

DES MOINES



- Holding the sign of their organization, these students show how their involvement gives them a head start on a career after high school.
- Many students found jobs at local schools and businesses through the program.

Junior **Dawn Lewis**, senior **Nikki Barden** and **Kari Cox** read the results of their regional competition. The BPA participated in many of the competitions throughout the year.

Organizations



BUSINESS PROFESSIONALS OF AMERICA. FRONT ROW: S. Bethards, S. Beardsley, G. Montoya, K. Cox, N. Barden, B. Henderson, M. Scharfenberg. ROW 2: K. McCrea, J. Howell, T. Razor, K. Zeliadt, T. Wickersham, S. Mitchell, A. Hodges, A. Brennan, D. Lewis, K. Walker. BACK ROW: Mr. Wanek, C. Mentzer, S. Roustio, G. Olsen, L. Gallardo, M. Keesler, H. Carnahan, S. Hartman, S. Herreman.



FALL AD SALES. FRONT ROW: A. Halsten, C. Hollingshead, S. Conner, S. Beardsley, K. Sharp, L. Cochran, C. Swisher, J. Porter, T. Dickinson, J. Fetters, E. Nizzi, N. Hansen. ROW 2: G. Montoya, L. Freeman, L. McMahon, L. Elliott, N. Levy, S. Woods. ROW 3: S. Carlson, C. Shelton, D. Waugh, S. McClish, S. Mitchell, J. Deaver, A. Bennett, H. Alvarez, T. Bibbins. ROW 4: L. Bennett, M. Enos, M. Robinson, D. Stoutenberg, B. Crowley, M. Mulvehill, S. Leitzke. BACK ROW: A. Norem, S. DeAngelo, E. Currie, A. Clark, C. Dimaio, D. Foster. NOT PICTURED: C. Knight, J. Methany, K. Palmer, J. Polson, T. Syferd, M. Von Ahnen.



SPRING AD SALES. FRONT ROW: D. Phillavanh, M. Thomas, K. Byerly, E. Thompson, C. Burr, L. Carter, E. Edsill. ROW 2: Mrs. N. Hansen, R. Wolfe, R. Lawson, T. Larson, N. Levy, N. Hanson, J. Caligiuri, K. Farrell, L. Michael, D. Baccam. BACK ROW: A. Aswegen, W. Anderson, T. Nace, J. Dicks, J. Baysinger, C. Gymer, A. Hall, J. Hart.

help has arrived



LIBRARY AIDES. FRONT ROW: Jason Leete, Elizabeth Lloyd, Sara Hartman, Tracy Airhart, Ray Benaime, Heidi Hutchinson. BACK ROW: Nicole Levy, Tish Collins, Chan Blitz, William Duffy, Patrick White. NOT PICTURED: Amanda Hunter, Michelle Nelson, Chad White, Matt Van Gundy, Damond Harris, Tina Baker, Amber Schuler, Stacy Stewart, Kethsana Ly.



OFFICE AIDES. FRONT ROW: H. Ba... F. A. Smith, T. Steele, A. Wolff, L. Vongphasouk, J. Young, A. Flynn, A. Goddard, A. Schatz, M. Gervais, C. Booth, K. Colbert, B. Blackman. ROW 2: A. Bacon, M. Gileland, C. Irvin, S. Johnson, B. Bickel, M. Primm, J. Lee, K. Sharp, L. Cochran, D. Philavanh, M. Rourke, S. Sanders, S. Woods, M. Thomas, M. Davis, K. Walker, F. Davis, M. Keesler, S. Kirkman, M. Garrett. ROW 3: J. Harrison, M. Law, M. Heldenbrand, T. Carey, E. Nizzi, D. Lewis, C. Rasmussen, L. Elliot, R. Lehman, T. Yencer, T. Pelham, T. Taylor, S. Picray, M. Kauzlarich, C. Brown, R. Pollard, L. Storey, J. Elliott, N. Littell, L. Sou. ROW 4: J. Van Note, J. Nemmers, C. Shelton, S. Bethards, C. Anderson, M. Bennett, S. Dank, R. Schmig, L. Lou, C. Chounlamountry, E. Brown, K. Keener, N. Bethards, R. Apt, N. Jones. BACK ROW: M. Beals, M. Mulvehill, S. Leitzke, S. Lee, S. Rourke, R. Peterson, R. Lehman, T. Risius, J. Riley, T. Thomas, K. Venn, P. Templeton. NOT PICTURED: S. Carlson, B. Lowe, T. Caylor, H. Small, M. Bannick, N. Luscombe, K. Byerly, C. Bevedige, J. Schlotterbeck, J. Sharpnack, J. Kristufek, N. Levy, A. Morrow, M. Wagner, A. Hollingsworth, K. Thompson, K. Cox, K. Kimbley, R. Armintrout, E. Thompson, E. Gervais, B. Barden, J. Fitch, C. Burr, J. Leete, E. Henry, R. Harrington, T. Syferd, S. Leonard, I. Breese.

How much longer is he going to talk? Even though students in Office Education may get bored, they must listen attentively to each discussion to learn new skills.

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help's within reach

School is a place to come to visit with your friends, goof off and have an all around fun day, right? Well, you might only hope that someday that will happen. Until then we must make the most of our high school education and help others to do the same.

The New Horizons program was set up to help students improve their school achievement and to help them stay in school. It also teaches them to write resumes and apply for jobs. Students liked the idea of having a program like this.

Sophomore **Christine Mallett** said, "This program prepares me for the real world and life after high school."

A different type of help within school is provided by the Office Education class. This class teaches students bookkeeping, how to run office equipment and other basic office procedures.

Should everyone take this class, or just those who go into a business career?

Senior **Heather Carnahan** said, "If you are planning a career in business, office personnel or accounting, this class should be taken."

"This is a great opportunity for your future," said senior **Karen Zeliadt**.

With all these different types of help within the school, students can't go wrong.

Story time. Sophomore **Jeremy Holmes** reads to children from the Methodist Hill Childrens Center to keep them occupied. New Horizon students did many activities during their visit to the children's center.

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NEW HORIZONS FRONT ROW: T. West, A. Hill, M. Olson, M. Presswood, T. Green, T. Sowell, C. Mallett, J. Davis, M. Davis, N. Lee, S. Woods, L. Ingraham, H. Garcia, B. Mallett, T. Graham, T. Brown. ROW 2: C. Downey, C. Monaco, C. De Haven, A. Probasco, R. Rustan, S. Kirkman, J. Spaine, L. Carter, C. Ollie, S. Hull, M. Wright, R. Carroll, F. Wilson. BACK ROW: K. Stuart, M. Benshoof, C. Smith, A. Doughman, T. Davis, R. Virritto, M. Collins, J. Yamen, C. Dion, E. Nizzi, D. Stoutenberg, M. Williams, E. Carne, T. Taylor. NOT PICTURED: J. Albaugh, J. Allbee, C. Beach, A. Bibbins, D. Breeding, D. Burkhead, S. Callahan, M. Coleman, D. Cook, B. Crowley, J. Culler, R. Dalton, S. Dark, R. Denton, T. Douangchay, A. Dunagan, C. Duplantier, T. Gage, J. Garrison, C. Gear, C. Green, J. Harris, L. Hath, K. Hobbs, J. Holmes, J. Holtman, A. Hunter, R. Jones, R. Jones, N. McVey, C. Millard, J. Mora, J. Patton, M. Ramirez, S. Rogers, J. Rotter, C. Royle, G. Sams, J. Sams, M. Schilling, M. Shade, J. Shehan, R. Shipman, J. Short, J. Six, B. Smith, T. Sowell, C. Stanley, M. Stanton, A. Libom, S. Vongphasouk, K. Walker, A. Walters, C. White, A. Williams, S. Wilson, T. Winfield, D. Wonders, J. Wright, J. Boylan, J. Caldwell, M. Juarez, C. Albaugh, L. Bundy, N. Fudge, R. Gossen, C. Horton, C. Kmiecik, D. Lehman, C. Miller, R. Sharpnack, G. Spivey, A. Birkinbine, N. Lacquement, L. Palmer, S. Hicks.

- These New Horizon students
- (and young friends) are waiting
- for the sun to shine. This year
- students in the program became
- active in community service by
- making puppets and taking them
- to the children at the Methodist
- Hill Children's Center.

Organizations



SPANISH CLUB. FRONT ROW: B. Stanton, J. Williams, D. Ramsaroop, T. Yencer, R. Lehman, R. Pollard, M. Kauzlarich, J. Scott, S. Woods, M. Heldenbrand. ROW 2: H. Wormer, D. Anderson, C. Rasmussen, A. Bair, J. Krieger, M. Nelson, C. Rice, J. Fenton, S. Matthew, J. McClain, J. Garner, Ms. K. Hansen. ROW 3: W. Pfau, M. Saddoris, N. Shoop, S. Plym, T. Pelham, K. Dixon, J. Holmes, T. Nace, B. Bickel, A. Fuller. NOT PICTURED: J. Harridge, B. Taube, B. Roberts, H. Roberts.



.....
Juniors Roz Lehman and Nick Medina fool around while enjoying themselves. The language clubs were a terrific opportunity to meet new people.



FRENCH CLUB. FRONT ROW: S. Renner (president), K. Barton (vice-president), J. Hollister (secretary), G. Proksa (treasurer). ROW 2: S. Lorence, A. Schatz, M. Primm, C. Brown, T. Thomas, L. Sou, M. Hom. ROW 3: C. Beveridge, L. Wardak, M. Kitthikoune, B. Wilson, S. Smiljanic, K. Potter, L. Sou. BACKROW: D. Lee, A. Luong, S. Phelps, R. Harrington, M. Penake, L. Drew, C. Chounlamountry. NOT PICTURED: E. Nevins, E. Kitthikoune, G. Gandy, T. Garrett, K. Lee, M. Wing, G. Frank, J. Watkins, K. Aschim, R. Schmig, I. Thompson, J. Clay, C. Davenport, N. Brown, A. Jackson, K. Kimbley, J. Schnoor, S. Waltz, S. Finch, K. Hackett, D. Foster, K. Kotlers, K. Thomson, V. Grimes, M. Ingersoll, B. Shore.

The Spanish Club members had a delightful time at their annual dinner. Junior Nick Shoop and senior Adam Fuller briefly look up for the camera.



Organizations

clubs for foreign tongue-twisters...

The time was set, the place was Garcia's. The waiters and waitresses were bustling around taking the orders of rowdy teenagers. This was the scene when the Spanish Club held their annual dinner on February 6.

The Spanish Club offered many activities, like dinners, to learn more about the cultural aspects of Spanish-speaking cultures. They held meetings after school and often parties to celebrate Spanish holidays.

The officers of the club were: seniors **Jodi McClain**, **Jodi Scott**, **Jennifer Garner**, and **Adam Fuller**. The advisor was **Kathy Hansen**.

Students join language clubs for several reasons.

"I joined because I wanted to learn more about the culture," said junior **Kafi Dixon**.

Another foreign language club students could get involved in was the French Club.

"Being president means having some responsibility and being creative," said president **Stephanie Renner**. "It also means having fun and learning about an interesting and lovely culture."

These clubs were designed to not only learn and experience the culture but to meet new people.

"I remember a hay rack ride where I met new people and had a lot of fun," said junior **Love Drew**. "Afterwards we played games where I barked like a dog and got candy."

Those students who were involved for several years found that they still enjoyed the activities.

"I loved going to Omaha two years ago. I can't wait to go again," said junior **Leah Wardak**.

Through parties and celebrations, these students became involved in something they will always remember. By learning more about the Hispanic and French cultures, many hope they may some day have a chance to visit one of these countries.

- Students enjoyed learning
- about foreign cultures.
- Senior **Mona Baccam** and
- juniors **Elishia Gray** and
- **Amy Seaman** show their
- amusement.

the drought is over ...

"We got a 'one'!" yelled senior **Scott Dullard**. For the first time in four years the East band program received a Division I rating at state contest.

The long road began with the first contest of the season at Indianola High School. Students recognized as outstanding soloists were seniors **Scott Dullard**, **Dustin Douglass**, **Lori Lethcoe** and **Jason Mrogenski**, juniors **Cory Clater** and **Clint West** and sophomore **David Thornton**. The jazz band finished in fifth place.

"Winning an outstanding soloist award was the highlight of the year for me," said **Thornton**.

After finishing fifth at the South Central Iowa Bandmasters Association Jazz Contest, the jazz band was looking forward to improving their ranking at State. And that they did receiving a division I rating at State.

"Our jazz band has come a long way in two years. First by playing at a higher level, and secondly by playing much better solos," said **Chris Paulson**, band director.

Being a part of concert band meant hard work and determination.

"With a group this size, learning to work with others is very important," said **Paulson**.

The band played three concerts during the year and was excited about the state contest. On April 8-10 the band went to Chicago to participate in a national contest.

"My favorite part of concert band is going to the contests," said sophomore **Mike Newton**.

The orchestra emphasized youth with a strong future for the program.

"The students in orchestra have more scholarship than the students from a few years ago," said **James Brauning**, director.

While sophomores Anne Cady and Stacey Long supply the beat, sophomore Johnny Kurtz plays his round of the solo section. Soloing was a big part of the jazz band's success during the competition season.

Organizations



- With a deep sense of concentration, senior **Jeremy Ackelson** plays "Stand By Me." Concentration was important when the orchestra played difficult music.



JAZZ BAND. FRONT ROW: Mike Newton, David Thornton, Amanda Johnson, Lyndsay Taycher, Cory Clater. ROW 2: Steve Phelps, Matt Hunt. ROW 3: Patrick Duquette, Scott Knouf, Jeremy Isaac. ROW 4: Melissa Crowley, Kelly Mrogenski, Lori Lethcoe. BACK ROW: Sean Saddons, Jeremie Embrey, Jason Mrogenski, Clint West, Stacey Long, Johnny Kurtz, Anne Cady, Dustin Douglass. NOT PICTURED: Scott Dullard.



CONCERT BAND. FRONT ROW: Melissa Gilbert, Marie Blackford, Melissa Woodward, Letisha Taycher, Laura Wiseman, Jaimee Swayne, Dawn Porter, Abby Lozano, Teresa Jones, Dawn Spiller, Andrea Curl, Jacki Jacobus, Sarah Mapes, Ginny Anderson, Ulrike Cox. ROW 2: Nancy Lee, Melissa Crowley, Natasha Welch, Katie Anderson, Melissa Weaver, Barb West, Stephanie Renner, Stephanie Atkinson, Clint West, Steve Phelps, Diana Bushong, Johnny Kurtz. ROW 3: Cory Clater, Lyndsay Taycher, Amanda Johnson, Stacey Long, Debbie Wirtjes, Dustin Douglass, Anne Cady, Matt Hunt, Joe Bosley, Carol Blair. BACK ROW: Mike Newton, Angie Kirstein, David Thornton, Patrick Duquette, Scott Knouf, Jason Mrogenski, Jeremie Embrey, Sean Saddons, Jeremy Isaac, Kelly Mrogenski, Lori Lethcoe. NOT PICTURED: Scott Dullard, Christine Estrada, E.J. Johnson, Kelly Potter.



ORCHESTRA. FRONT ROW: Kay LeClere, Laura Shelton, Kim Hamilton, Angela Archer, Coleen Parcel. BACK ROW: Adviser James Brauning, Jeremy Ackelson, Carey Losenicky, Cassey Bauer, Jessica Hauge, Nicole Crook, Jason Doncouse. NOT PICTURED: Kristina Hughes

we're movin' on up

"As I marched out onto the windy field I was very nervous and I knew something bad was going to happen," said freshman **Carol Blair**. "Then in the middle of the third song my cymbal stands fell over."

Learning to march was difficult at first, but the freshmen caught on quickly.

The marching season started out with a second place finish at Norwalk.

"I was so happy at Norwalk because the low brass and wind section scored a ten out of ten caption rating," said senior **Scott Dullard**.

Being a part of marching band meant taking buses to various contests.

"My favorite part of marching band was the road trips," said senior **Dustin Douglass**.

"Being one of the drum majors gave me a sense of pride," said senior **Lori Lethcoe**.

As with last year there were a lot of freshmen.

"With all of our youth our band will be a force in the Metro area," said adviser **Chris Paulson**.

While marching in the Drake
Relays Parade, the Scarlets
maintain their lines. Learning
to march in straight lines was a
technique that came quickly to
all the newcomers in the band.



Here come the Scarlets!
Senior **Lori Lethcoe** and
sophomores **Jeremy Isaac**
and **Debbie Wirtjes** keep
their poise. Poise was crucial.



Organizations

- Sophomores Diana Bushong and Ted Nemmers put their instruments in the carry position while junior Cory Clater and sophomore Johnny Kurtz play the cadences.



**ValleyFest XIV
1993**

MARCHING BAND FRONT ROW: N. Welch, C. Blair, J. Kurtz, A. Cady, S. Mapes, J. Bosley, M. Hunt, D. Douglass, C. Clater, C. Paulson. ROW 2: M. Cantrell, D. Swanson, T. Golah, T. Jones, N. Garringer, J. Knight, M. Nelson, K. Yates, D. Weatherly, H. Small, L. Vonghasouk, J. Griffin, M. Hayes, A. Kirstein. ROW 3: L. Taycher, M. Blackford, B. West, L. Wiseman, M. Woodward, M. Gilbert, M. Weaver, J. Swayne, G. Anderson, D. Spiller, D. Porter, A. Cull, C. Estrada, A. Lozano, J. Jacobus, U. Cox, S. Atkinson, S. Renner. BACK ROW: K. Anderson, L. Taycher, D. Wirjes, S. Long, A. Johnson, C. West, S. Phelps, M. Newton, D. Thornton, S. Dullard, J. Mrogenski, S. Saddons, J. Embrey, L. Lethcoe, K. Mrogenski, M. Crowley, S. Knouf, J. Issac, P. Duquette. NOT PICTURED: Diana Bushong.



- While pounding on the bass drum, senior Scott Dullard keeps his head high. Pride was important to the marching band on their climb to the top of the metro.

alone or with the whole state...

60

As with any type of musical class, the purpose is not just to have fun and sing, but also to let students show their ability and knowledge of the various musical styles. Through the use of music history, theory and analysis of the music, students develop their responses to music, individual potential and the experience of performing. Over the year A Cappella Choir held a fall concert in October, winter concert in December, spring concert in March and a "Vegas" show in April. They also attended competitions and festivals in February and March and other community events sponsored by the Iowa High School Music Association.

Every year approximately 20 to 25 students try out for the All State Choir from East alone. This year one student made no mistakes in her seven minute audition and received the honor of being chosen. Sophomore Laura McCoy was chosen from all of those students on October 23 when competitions were held in Indianola. Students are chosen on the basis of dynamics, phrasing, intonation, articulation and expressive musicianship.



A CAPPELLA CHOIR. FRONT ROW: Cara Kidd, Beth Shanahan, Amel Adams, Scott Hunt, Sarah McFadden, Christy Grasso. ROW 2: Yolanda Pierson, Andrea Shrum, Michelle Primm, Justin Davis, Derrick Teska, Scott Haworth, Angie Kirstein, Laura McCoy. ROW 3: Tobie Steele, La Monte Fisher, Sam Woods, Drew Raleigh, Adam Erickson, Amy Schätz, Shelby Miller. NOT PICTURED: Kelly Mrojenski, Jenny Reasoner.



Organizations



- Students in the seventh hour
- A Cappella class work on a
- new routine. Many hours
- were spent on perfecting
- their moves.



- A single word of motiva-
- tion. Besides concentration,
- students also needed to
- have motivation and
- enthusiasm.



- Choir director Linda
- Baker runs through the
- routine with the class.
- Students persevered through
- the hours of practicing.

46 Unhurried (♩ = 104)
Angels We Have Heard On High



raising their voices

Their voices are heard ringing through the halls of East bringing music to the ears of the student body. Who are these 'wonder' voices? They are the Madrigal and Treble Choirs.

Students expressed several reasons why they became involved in choir.

"I became involved so I could learn more about music and become a better singer," said junior **Amanda Johnson**.

For some it brought enjoyment and happiness.

"I love to sing and singing calms me down," said sophomore **Tamara Mulhern**.

Several changes were made in the vocal music department. Among them was a new instructor, **Linda Baker**.

"I see a lot of talent here. These students have a lot to offer," she said.

Treble Choir dealt with a variety of music. They did a song from the popular movie "Sister Act" titled "My Guy". Also, they sang a Japanese ballet in the same language.

In May, the Treble Choir had a chance to go to the Valley Iowa High School Musical Association called "Large Group".

The Madrigal Choir was basically an extension of the Treble Choir due to the lack of male voices. Mainly, they sang pieces of music from the Renaissance Era.

Having a chance to work with their peers, students soon became more comfortable and met new people.

"It's nice to meet kids in other grades and work with them," said **Johnson**.

Everyone is encouraged to sign up for one or even both of these choirs and additional changes are planned for next year's program.

"I think that anybody can learn how to sing," said **Baker**.

These students raised their voices proudly in song and gave East a reputation name for talent. With new and old members combined, the songs will always ring in the ears of the students throughout their life.



.....
Now what! Freshman **Jacki Jacobus** and sophomore **Rachel Gossen** look tired and confused. Several long hours were spent mastering the songs and moves.



organizations



MADRIGAL CHOIR. FRONT ROW: Kasondra Zeh, Sara Brown. ROW 2: Kori Barlowe, Kala Goldsmith, Shahna Witter. BACK ROW: Alicia Lore, Kathy Thomson, Tiffany Johnson. NOT PICTURED: Christy Case, Matthew Harker, Tamara Mulhern, Christina Parker.



TREBLE CHOIR. FRONT ROW: Jenie Fuller, Salina Hopkins, Amanda Johnson, Glenna Frank. ROW 2: Linda Baker, Deana Cruikshank, Barbara Mallett, Becky Loveless, Kirsten Aschim, Angie Groess. BACK ROW: Dolanda White, Amy Wolf, Wendy Hibbert, Heather Wormer, Jacki Jacobus, Michelle Schamerhorn, Sherida Oltman. NOT PICTURED: Mia Floyd, Rachel Gossen, Amy Hollingsworth, Jacki Johnston, Penny Jones, Julie Johnston, Heather Purcell.

- Freshmen Kirsten
- Aschim, Jenie Fuller and
- Lonnie White spend time
- practicing their routine. The
- choirs had a wide variety of
- music to sing from classical
- pieces to movie songs.

• • • • •
 Junior Tobie Steele and
 senior Derrick Teska hug for
 the camera. Many new
 friendships were found through
 the choirs.



SCARLET CHOIR. FRONT ROW: G. Bogle, C. Peek, A. Baccam, E. Young, C. Welker, M. Murphy, S. Hull, D. Lambrix, J. Dalton, M. Wooster. ROW 2: T. Scott, H. Anderson, J. Reasoner, A. Browder, E. Lewis, T. Duncan, S. Horton, A. Goddard, M. Carr, P. Wilson, C. Parker, A. Medearis, M. McConnell, T. Randolph, J. Thompson. ROW 3: V. Hill, A. Strahl, A. Clark, A. McCann, S. Gossen, A. Moyle, B. Loveless, J. St. John, A. Swayne, K. McNeeley, H. Roberts, O. Sklavenitis, S. Downing, R. Ethington, K. Barlow. ROW 4: D. Collett, S. Young, G. Coleman, R. Rustan, J. Nelson, N. Biting, R. Baber, A. Harris, S. Cunningham, M. Schillinger, M. Killen, H. Durcell, A. Le Fleur, S. Cron, C. Busick. NOT PICTURED: D. Fisher, L. Fisher, B. J. Heckathorn, C. Parker.



PREP ENSEMBLE. FRONT ROW: Salina Hopkins, Diane Lovari, Autumn Davis, Jodie Schlotterbeck, Melissa Lamb. ROW 2: Bryon Doncouse, Jalmea Swayne, Heidi Stuhr, Laura Fetter. ROW 3: Linsao Ly, Justin Bauman, Kelly Mrogenski. NOT PICTURED: Linda Denton, Tim Veach.

Junior **Cara Kidd** shows her enthusiasm for the coming performance. These two groups participated in three concerts throughout the year.

Organizations



swingin and singin ...

If you were in a class with 65 students, you would probably feel like you weren't getting much help. That's not so in a choir class, though. With 65 students all singing together, the energy and sound can only make the group stronger.

During the year, Scarlet Choir participated in three concerts, the fall performance on October 19, the Christmas concert on December 14 and the spring concert. A special emphasis was placed on vocal training, part singing and choral music education.

Prep Ensemble, the renamed Prep Choir, has a smaller, but just as strong, group with only 14 members. This group also took part in the three concerts plus the small group competition at State in the spring. The purpose of the class was also vocal training and choral music education.

- Members of Prep Ensemble warm up. An
- average of 15 minutes was used every class
- period to prepare for the coming workout.

Scarlet Choir members sing in harmony at the fall concert. The choir also participated in the Christmas and spring concerts.

.....



This group of girls seems to be having a blast •
 at Spree. Many friends were seen getting their •
 pictures taken together to remember the fun •
 they had. •

Being with someone special is one reason to go
 to Spree. Senior **Tiffany Larson** and her date
Scott Nevitt dance the night away and seem
 to be enjoying it.



SPREE COURT. Seniors Deth Philavanh and Mike Leeper, juniors Tricia Yencer and Aaron Bennett, sophomores Mandy Bennett and Tyson Mixon, freshmen Sara Young and Don Anderson.





Aladdin's

With a magic carpet hanging from the ceiling, genies drawn the chalkboard in the teacher's dining room, and the coronation stage set up in the cafeteria, Spree was obviously well underway. Once again, Pep Club did a fantastic job of making it a successful evening.

"The decorating on Friday went really well. Everyone cooperated and we had plenty of good help," said teacher and Pep Club sponsor **Shirley Blenderman**.

With butterflies fluttering in their stomachs, the winners of the Spree Court were announced by Pep Club president senior **Tiffany Larson**. The winners for the freshman class were **Sara Young** and **Don Anderson**; sophomores were **Mandy Bennett** and **Tyson Mixon**; juniors were **Tricia Yencer** and **Aaron Bennett**; and for seniors, queen **Deth Philavanh** and king **Mike Leeper**.

"Being chosen Spree Queen was an honor for me. It will be a memory I will never forget!" said **Philavanh**.

The theme for this year's dance was based on the movie "Aladdin." The song that went with it was "A Whole New World." There are usually certain colors for the dances, but Spree did something of its own. It used all colors, which made decorating a little easier.

"The colors were beautiful. When we decorated, everything just blended together and ideas kept popping into our heads," said **Blenderman**.

Some of the annual highlights were the marriage booth, where **Mr. Gary Gilchrist** wed young lovers. The jail in which **Ms. Nancy Holmes** was the bailiff. And the fortune teller, where **Ms. Teryl Syferd** read the future. Many people were seen running from **Ms. Holmes**, who was out to get a lot of people.

"I like being around the kids when they want to be at school—just like being in my classroom!" said **Holmes**.

"I enjoyed all the different activities. I had my fortune told—I'm going to be famous!" said junior **Stacy Finch**.

"I think the dance turned out really well. Everyone had a good time and it was a lot better than Homecoming," said junior **Brian Jones**.



The Way You Love Me

As you walked through the gates you could feel it. As you walked through the doors you could hear it. And as you walked up the stairs you could see it. The enthusiasm was everywhere.

It had all begun early that morning. Dozens of sleepy decorators filled the building. Everyone helped. Some blew up balloons, some trimmed the tables and others hung the decorations.

"Despite getting up at the crack of dawn to do the decorations, it was a blast!" said senior **Misty Hayes**.

With the aid of hundreds of balloons, dozens of sprinkles of gold dust, the scene was set. After hostesses rushed off to ready for the night.

"It took a lot of work and organization; it was fun to be a host-attend" said senior **Jennifer Knight**.

Planned back in October, Senior chairpersons **Harridge** led the Friday morning girls. In order to be a hostess, attend the meetings. After the chosen everything seemed to

"Being a hostess, I was able and help be in charge. Decorating was fun but seeing the outcome was even better," said senior **Tiffany Larson**. "I think we did an awesome job without any assistance

Bertha decorations Gold were se-centerpieces grandstand

On the dance floor, MC Unlimited played music as couples danced. With balloons hanging from the ceiling and a Christmas tree in the corner, the festivities were evident.

As party-goers walked through the door, chaperones were there to take the tickets and hand out programs. Upstairs, chaperones handed out punch and cake. Some of the chaperones were the **Lopez's**, the **Carlson's**, **Cheryl Jordan-Hines**, **Kathy Harridge**, **Patti Johnston** and the **Goddards**.

"As a hostess, many responsibilities were placed upon all of the girls involved. It was a great experience of self-reliance and cooperation between friends. There was a great turnout for the dance. We donated all the excess funds to the Sarah Dank Memorial," said senior **Niki Levy**.

Taking time for a quick picture with their dates, seniors **Wendie Jarrett**, her date **Shawn**, **Jennifer Knight** and **Jason Mrogenski** smile for the camera. Many of the couples doubled or went in groups.



- Seniors Charity Reeves, Carrie Anderson, Carrie Shelton and Michelle
- Primm rid themselves of their dates and
- laugh it up with their friends. Still, the favorite
- dances were the slow, close ones.



1993 12 B HOSTESSES. FRONT ROW: J. Fitch, Y. Halbur, V. Barger. ROW 2: M. Hayes, J. Porter, D. Sims, K. Flesher, W. Jarret, J. Harridge, B. Jordan, T. Syford, D. Lopez. ROW 3: S. Beardsley, T. Thompson, C. Reeves, M. Primm, T. Thomas, C. Johnston, L. Ackelson, A. Mathews, C. Rasmussen, K. Sharp, N. Levy, D. Philavanh, M. Kauzlarich, C. Cook, K. Yates, L. Kern. BACK ROW: M. Law, C. Anderson, T. Larson, D. Hood, J. Riley, J. Knight, C. Shelton, A. Knight, L. Lethcoe.

Created by Bertha Butts, the decorations exuded the Christmas spirit. With gold stars, snowflake balloons, ornamental decorations, tuxedo centerpieces and balloon bouquets, the atmosphere was exciting.



"The Way You Love Me" 12B Winter Formal Hostesses

Laura Ackelson
Carrie Anderson
Nikki Barden
Venessa Barger
Sarah Beardsley
Shelli Bethards
Cora Carpenter
Jenny Fitch
Kelly Flesher
Melissa Gervais
Yvonne Halbur
Jenny Harridge
Jennifer Harrison
Misty Hayes
Donna Hood
Wenddie Jarrett
Courtney Johnston
Bobbian Jordan
Marci Kauzlarich
Lorina Kern
Amy Knight



Jennifer Knight
Tiffany Larson
Megan Law
Dena Lopez
Lori Lethcoe
Nikki Levy
Amy Matthews
Deth Philavanh
Michelle Primm
Christy Rasmussen
Charity Reeves
Jeri Riley
Jodi Scott
Kari Sharp
Carrie Shelton
Denita Sims
Heather Small
Teryl Syferd
Tiffany Thomas
Kerry Venn
Kathy Yates

Eyes Down, Papers Covered



The clock is ticking and you can hear the writing of the other students. Your mind goes blank, you can feel the sweat dripping down your neck. Your mind races for a correct answer. You start to panic. What are you going to do? Then you notice that the kid next to you nearly has the whole test finished. It is obvious what you have to do. Right? WRONG!!

This is a common situation for many high school and junior high students. Whether they studied or not, some people have the tendency to cheat on tests.

Many students complain they have too much other homework or they worked the night before. Junior **Robert Cox** of Roosevelt High School said, "I always have to cheat on my tests. I never have time to study except in class because I'm always at my job."

For other people, laziness is their problem. Some students don't like taking books home. They like going home empty-handed and have fun rather than studying. Freshman **Tommy Scott** of Urbandale High School said, "Books get too heavy to carry home. Why should you

study at home when you can study in a study center."

Why do students cheat on tests? Senior **Denita Sims** said, "They need to get a good grade. Myself, I would rather flunk a test than be embarrassed and get caught cheating."

Southeast Polk sophomore **Debby Blair** said, "Students who cheat and get caught cheating on tests should receive an F on the test and have to make-up time after school."

The question "What if I get caught" always comes up when cheating on tests. Sophomore **Robert Wright** said, "When I got caught trying to cheat, my teacher embarrassed me by grabbing my paper off my desk and shredded my paper up in front of the class. I really did not get in trouble, I just received a zero on the quiz."

One big question students have is who do I copy off of? Sophomore **Ryan Howell** tries to copy off of the smartest person next to him. If that isn't available, he then just looks around the room for one of his friends.

English teacher **Mrs. Julia Hagen** advises teachers to spread their students throughout the room so they would not have to worry about cheating. "This would make it more difficult for students to cheat and look on anyone else's paper. I think all teachers should use this method when testing."

Math teacher **Mr. John Schnoor** said, "I don't think teachers punish students the way they should when they are caught cheating. Teachers should be more strict about it."

Students sometimes worry more about their parents being notified than about being caught. Teachers have the decision of notifying the parents of the students.

"Nothing makes me more angry than students cheating on tests. The students are usually warned ahead of time so I don't know why they don't study," said biology teacher **Mrs. Susan Stroope**. "When students cheat they might gain points on the test, but they lose knowledge they need to have in the future."



SENIOR MOMENTS

Embarrassing moments happen to the best of us.
The following essays show that these
seniors are no exception...



THE ESCALATOR INCIDENT

Picture Merle Hay Mall. It's a Saturday afternoon and the sun is shining. Families are bustling around buying Christmas gifts. Shop owners are in high spirits at the thought of all the money they'll be making. All of this commotion sets the scene for my big moment.

My friends and I were on our way to the mall to buy Christmas gifts for our families. With our money in hand and excitement in the air, no way could we have anticipated what would happen next.

As I walked in the door all I could think of was getting into the shops. As I was going up the escalator I suddenly felt a tug at my foot. When I looked down I was mortified at what I saw. My shoestring had somehow been caught in the escalator. About to reach the top I was beginning to perspire with fear. How was I going to undo myself? When I reached the top, I panicked. I was stuck and I didn't know what to do. Meanwhile my friends were having a great time laughing at me.

I began screaming at the top of my lungs while all of the other shoppers stared in amazement. Finally, I released myself from the escalator, but due to the force of the pull I fell flat on my face. All of the spectators rushed to my side, and of course I was very embarrassed.

After my friends were done making fun of me, I tried to go about my shopping. Unfortunately every time I passed the escalator I re-lived my horrible experience. Finally, I gave up for the day and decided to leave. Now, due to my accident, I am always careful when I ride an escalator.

Senior Carrie Anderson

NEVER SEEN SO MUCH LEG!

Out of all the embarrassing things that have happened to me, this situation is the worst and the most suitable to tell people about.

Every year, my dad takes us on a family vacation, but two years ago, he just took me. At the end of March 1992, he invited me to go to my favorite place in the world, New York City. I naturally jumped up and down and kissed his feet numerous times because of my excitement. I wanted to knock NYC off it's feet.

The first thing I did was go to my closet and pick out every outfit I liked. I wanted to take my blue skirt and shirt with white polka-dots, two pairs of jeans, four sweaters, two coats, one informal dress, one formal dress, and six pairs of shoes. We were going for four days and three nights. As my dad walked into my room he immediately stated, "Wendy, you have really over packed, and if you don't cut this wardrobe short, then you don't go."

I retaliated with, "but Dad...." and then slowly started to hang my clothes back in my closet. I ended up with five outfits and one coat. That is where the problem started.

I used to wear skirts a lot and in New York I wore skirts the whole time. Now, I brought some really awesome outfits, but in New York, it was fifty degrees, and I always had my coat buttoned up so nobody could see them. My coat was charcoal gray and wool. It was hip-length and was really full so I couldn't see my shoes (but I could probably steal a VCR by hiding it under my coat).

On a particularly chilly afternoon, I was walking down Fifth Avenue wearing a loose and flowing skirt that hung about four inches above my knees and a shirt that matched. I had my coat buttoned up and a scarf on because the wind was blowing about 30mph. My skirt was flying everywhere.

I walked a few blocks and started noticing people looking at me. I walked by a group of Italian men in their late 30's and heard numerous, "Ooh La La's," and "belle, belle's."

Naturally, I thought I was getting so much attention because I looked good, but that was not the case at all. After hearing more of the romance language and more whistles, I was feeling quite confident. That's when I felt the draft.

I noticed I had been getting colder but with all my admirers I didn't notice enough. I looked down at my skirt and saw that half of it was missing! The left half had somehow tucked itself under my coat and stayed there. One could see my whole left leg and the people looking at the left of me got quite a view! Two more inches and I would have been rated R.

I fixed my skirt and hid in a bagel shop until my face turned back to its normal color. After I was okay, I finished sidewalk shopping with my confidence level back to normal. I couldn't believe what had happened. The worst part was, the men weren't looking at me, they were admiring the view!

Senior Wendy Sparrgrove





THE MIXUP

I guess that my embarrassment can be traced back to July 19. That's the day that my friend Mark and I went to Pella. Mark's mother owns the Dairy Delight in Altoona. When she needs ice cream, she gets it from a dairy in Pella. Mark and I were to pick up twenty gallons of ice cream from this dairy.

After we picked up the ice cream, we decided to go to the McDonald's in Pella. Mark and I bought something to drink. We sat down and enjoyed the break from the heat outside. I decided to use the bathroom there, especially since we were without water in Des Moines. We took the ice cream to his mom and returned home.

Two weeks later, Mark and I returned to Pella for the same reason. As we did before, we went to McDonald's. While we waited for our orders, I told Mark I was going to use the bathroom. I was just about to enter the bathroom when Mark asked me where I wanted to sit. I turned to him and told him I didn't care, then entered the bathroom.

I went to the bathroom and washed my hands, while drying them I glanced around the bathroom. It was different than I remembered it. The sink was on the opposite wall, and there were only two stalls. I thought, wow, they really remodeled this bathroom in the last two weeks.

When I exited the bathroom, everyone in McDonald's was staring at me in awe. All except for Mark. He was laughing hysterically at me.

I thought maybe I had toilet paper stuck to my shoe. No, no toilet paper. What was he laughing at?

It was then that I realized that I had just used the women's restroom. I picked up my food and walked out. I have yet to return to Pella.

Senior Jim Stevens



MOM, I'M SORRY

Every human has experienced some kind of embarrassment, myself being no exception. The one that presents itself most strongly in my mind is one of many years past. I was only six and my brother was four. Still, the events are as clear as if I had written them down. Every step of excitement, every second of embarrassment is reflected in my head. Someday I will probably be telling my shrink about these seemingly harmless events.

My mother (whom I still apologize to for this) decided to go to the mall. We lived in the small town of Keokuk (population: 10,000), so the mall was like two department stores in a larger city. My brother and I were small so my mom had no choice but to take us along. I really don't think she minded the burden, at least she didn't until the incident.

Our first stop at the mall was the largest store, JC Penney. As soon as we entered the glass doors, it all began to unfold. We immediately headed for the women's clothes for my mom and my brother (sometimes I wonder about him). The instant our motion of walking stopped, my brother and I started. We followed each other, played tag, and did the usual for two young boys. But it would end up being very unusual for the both of us.

While my mom tried something on, we stood near the dressing room entrance/exit. That's when things became a little rowdy. Push came to shove and my brother was out to get me. The chase had begun. I darted in and out of displays, behind clothing racks and under tables trying to avoid the inevitable. Suddenly, my instincts told me to run to the one safe haven from this little terror—mom. I made a dash for the dressing room.

My brother was soon close behind. I turned the corner that led to the corridor of curtains. I sprinted halfway down, breathed a sigh of relief and thrust open the stall in which my mother was changing. Or so I thought. I was a little off. Standing in front of me was a twenty year old young woman (a pretty one I might add), wearing only her white bra and underwear. Instantly my face turned red. I smiled and the young lady started screaming. Several people came to her aid, including my mom. She was two stalls down.

After that incident, I apologized and we immediately left. My mom didn't hold a grudge, especially since I was too young to realize what I was seeing. Nowadays I look back, thinking of the emotions I would have now as compared to back then. What a difference!

Senior Matt Rourke



THE BRALESS WONDER

Picture this. I was a young fourth grade girl who was very involved. It was my first year at a new elementary school and I wanted to fit in so I joined the tinieckling group. One of my new friends was involved in it and told me to join. They went on trips and it was the most popular group at school.

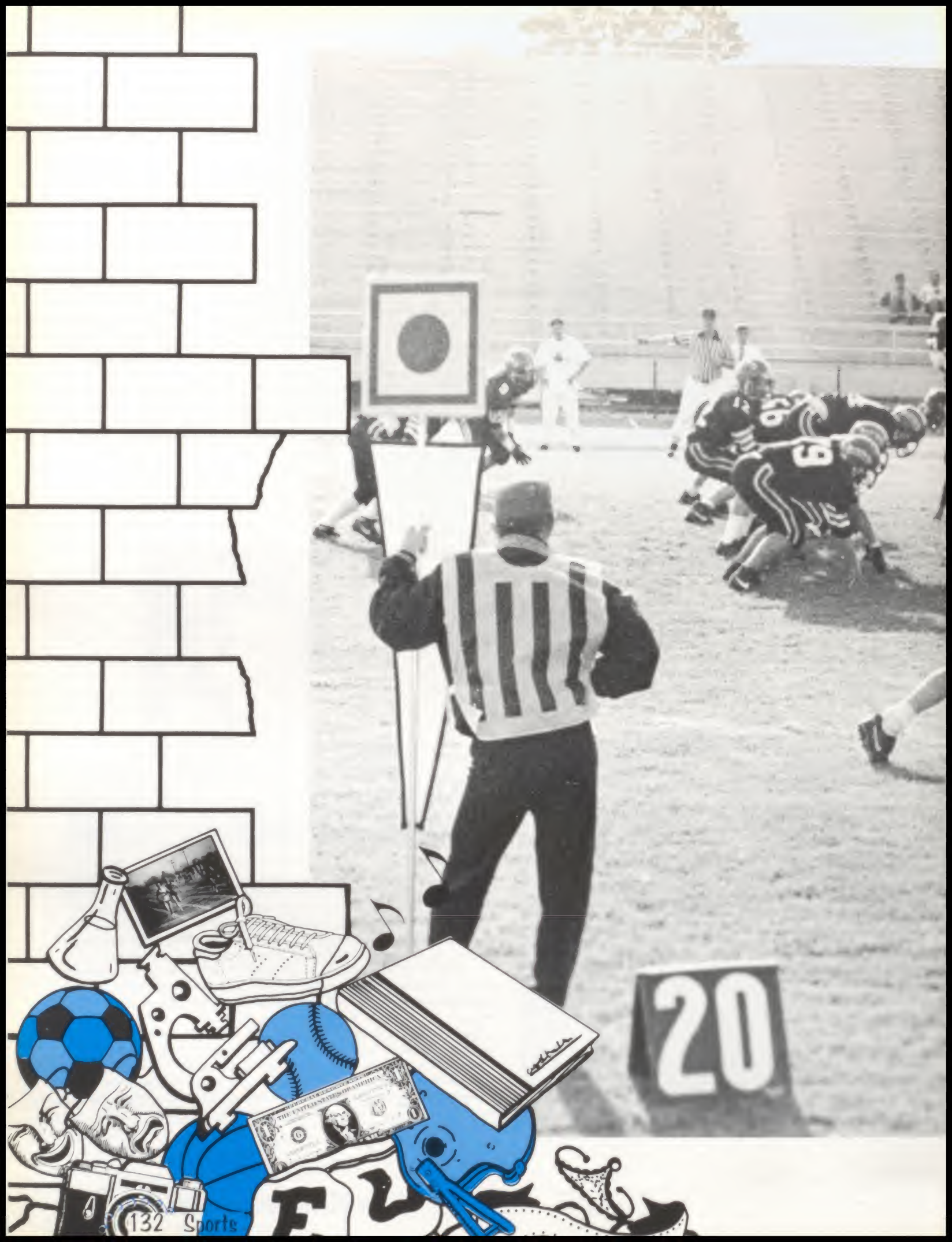
I hoped to make new friends and I did. Soon I became good and was allowed to go to the performances. It was exciting to be able to go and perform in front of other students. We got out of school to visit elementary and junior high schools. It was great until this one specific day I was to perform.

We were told on the intercom one morning before school that we were to change into our uniforms. Well, at that time I should have been wearing a bra but I was too self-conscious about wearing one. So I went to my locker and grabbed my uniform with my bra wrapped up inside of it. Then I went into the bathroom.

When I got to the bathroom and started to change, I realized that my bra was gone. I thought that maybe I left it in my locker or maybe at home. When I walked to my locker I realized what happened to it. I had dropped it in the hallway. Some boys were throwing it around and holding it up to themselves!

I had never been so embarrassed in my whole life! The whole fourth grade found out. My teacher announced to my class that if anyone had lost their bra they could pick it up in one of the teacher's rooms. I never did go claim that bra. In fact, I never told anyone until now.

Senior Amy Mathews





Every POINT COUNTS

There's four seconds on the clock, the score is tied, we have possession of the ball. All of a sudden, every point counts.

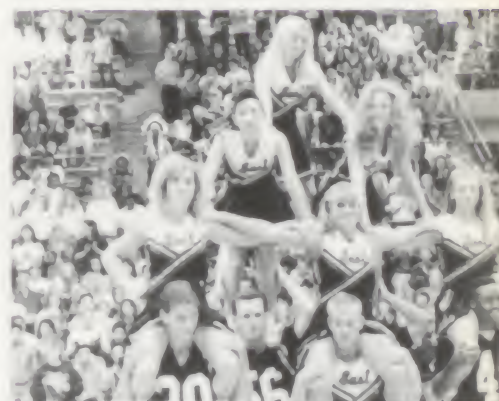
Whether the tying run is on third, the winning field goal is in midair, or the final basket is a lay-up away, Scarlets of all sports were forced to make an eventful decision sometime during the season—is it worth it?

It's fourth and ten with under a minute left on the clock, and the Scarlets attempt a pass play. Even without a great spectator turnout, the sophomore football team walked off the field with a 3-6 overall record.

"A lot of time and hard work has taught me how to survive on the court," explained junior **Sunny Sanders**, "both physically and mentally."

However, not everyone agrees that winning is the only thing that counts.

Sophomore **Chris Baumann** said, "The most important thing is the competition."



The cheerleaders seize an opportunity to show off their stuff. With the addition of a male squad came the ability to create more elaborate stunts.

With only one returning pitcher and a poor 1-6 starting record, who would've guessed the Scarlets would finish second in the conference. But bogged down fields and drinking water didn't stop the team.

"The flood didn't really affect the team. We practiced in grass a lot. Many of the games were rained out, and North had to share our field," said coach **Ric Powell**.

The first six games ended in defeat, yet for the rest of the season the team lost only six total games. They ended the season with a 23-12 record.

"The worst part of the season was when we lost the first six games. Then we got

SCARLETS TAKE SECOND

pumped up and started winning," said senior **Aaron Aswegan**.

One of the most exciting games was when the team played Davenport Assumption, a team that was 30-0 until they met the Scarlets.

"They were 30-0 and first in class 2A. Coach Powell didn't tell us how good they were. He told us it was an im-

portant game. We just went out and won," said senior **Mike Leeper**.

The end of the season brought many rewards to the team. First team All State: alumnus **Joe Shelton**. Honorable Mention All State: alumni **Rusty Anderson**, **Mike Winget**, and **Leeper**. First Team All Conference:

Shelton. Second Team All Conference: junior **Sonny Lovell**, alumni **Anderson** and **Winget**. The team was also second in the conference, only one win behind Lincoln.

In the end it was a sizzling summer, sun or no sun.



Varsity Baseball Season Record 22-13

East 0	Urbandale	3
East 3	Ankeny	5
East 7	W. Dubuque	7
East 0	Lincoln	6
East 8	Lincoln	11
East 2	Hoover	13
East 3	Hoover	6
East 12	Roosevelt	0
East 8	Roosevelt	5
East 7	North	2
East 5	North	3
East 6	SE Polk	4
East 6	SE Polk	5
East 4	Dowling	8
East 4	Dowling	3
East 6	Indianola	4
East 2	Indianola	10
East 8	Lincoln	1
East 3	Lincoln	0
East 2	Hoover	3
East 6	Hoover	2
East 8	Roosevelt	1
East 9	SE Polk	3
East 9	Roosevelt	11
East 8	Roosevelt	7
East 6	Davenport Assumption	4
East 9	North	8
East 4	North	3
East 3	Dowling	5
East 2	Dowling	13
East 5	SE Polk	4
East 6	SE Polk	4
East 4	Indianola	0
East 6	Indianola	2
East 1	Ankeny	3



VARSITY BASEBALL. FRONT ROW: Aaron Aswegan, Jeremy Hines, Matt Rourke, John Davis, Scott Ross, Chris Murphy. ROW 2: Manager Chad Airhart, Manager Jim Culler, Batboy Scott Powell, Manager Bryan Moore, Manager Dan Finney. ROW 3: Mike Winget, Tim Vall, Coach Ric Powell, Coach Tom McDonald, Rusty Anderson, Joe Shelton. BACK ROW: Mike Leeper, Scott Hart, Trent Ainsworth, Wes Anderson, Matt Johnson, Sonny Lovell. NOT PICTURED: Brad Sams, Blake Niehaus.



93 EAST 94

"Davenport Assumption was 30-0. Coach told us it was as important game. We just went out and won."



-Senior Mike Leeper

1 2 3 4 5 6 7 8 9

- Junior Sonny Lovell
- and senior Wes
- Anderson watch as the
- Scarlets make a major
- play. Concentration was
- a key factor in many of
- the EHS victories.

As a ball flies to the outfield, the cut-off waits for it to return to get the important out. Scarlet victories didn't allow for mistakes on big plays such as these.

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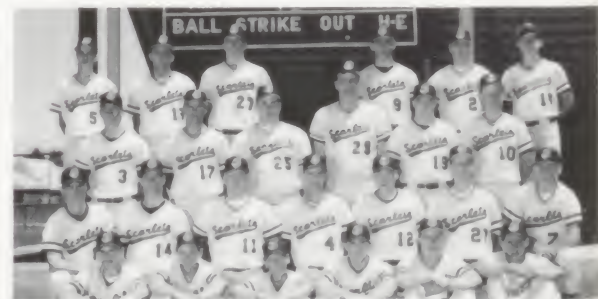




Sophomore Baseball

Season Record 16-8

East 3	Lincoln	4
East 7	Lincoln	5
East 7	Hoover	6
East 1	Hoover	7
East 2	Roosevelt	4
East 6	Roosevelt	1
East 3	North	7
East 5	North	2
East 11	S.E.P.	2
East 4	S.E.P.	12
East 7	Indianola	6
East 1	Indianola	7
East 10	Lincoln	6
East 9	Lincoln	8
East 19	Hoover	1
East 5	Hoover	3
East 11	Roosevelt	2
East 5	Roosevelt	1
East 11	North	1
East 4	North	1
East 5	Indianola	1
East 8	Indianola	5
East 3	S.E.P.	18
East 4	S.E.P.	9



FRESHMAN BOYS BASEBALL. FRONT ROW: Tony Crum, Jason Laub, Randy Lehman, Tim Sams, Bartey Hudson, Chris Standley. ROW 2: Josh Christenson, Scott Rourke, Travis Risius, Greg Warren, Brad Zelenovich, Chad Lorstcher, Ryan Childs. ROW 3: Mike Kephart, Troy Brown, Coach Ken Burgess, Coach Jeff Jansen, Pat Mullin, Pat Lowe. BACK ROW: David Enos, Eugene Olson, Bill Rice, Ryan Anderson, Ron Pauscher, Brian Archer.

Baseball, America's favorite pastime is certainly a favorite of the freshman and sophomore boys baseball teams.

Even though they had to battle the weird rainy summer, they kept their spirits up and gave their all.

The freshman baseball team had a season record of 12-8.

"The rain caused us to cancel eight games that I know we could have won but overall I think the season went great," said **Coach Jeff Jansen**.

The freshmen perfected their hitting and pitching skills this sea-

RAIN HURTS SEASON

son. "The only skill they need to improve on is their discipline during the games," said **Coach Jansen**.

The sophomore team had a season record of 16-8.

"There is a lot of tal-

ented guys on the team who played some great baseball," said **Coach Brian Carico**.

The sophomores were also strong in their hitting skills.

"They need to work on their consistency," said **Carico**. "We won

ten straight games then lost the last two."

With the crack of the bat and the roar of the crowd, the freshman and sophomore baseball teams are striking their opponent out for America's favorite pas-time.



Freshman Baseball

Season Record 12-8

East 3	Lincoln 7
East 2	Lincoln 3
East 11	Hoover 1
East 8	Hoover 0
East 3	Lincoln 10
East 9	Lincoln 7
East 9	Roosevelt 8
East 15	Roosevelt 0
East 11	Hoover 2
East 10	Hoover 1
East 10	North 2
East 20	North 1
East 0	Dowling 6
East 5	Dowling 8
East 5	Roosevelt 9
East 7	Roosevelt 1
East 1	Dowling 4
East 6	Dowling 1
East 3	S.E.P. 8
East 7	S.E.P. 6



93 EAST 94

"We had a fun year although the rain caused us to cancel eight of our games."



Sophomore Brad Zelenovich

1 2 3 4 5 6 7 8 9



SOPHOMORE BOYS BASEBALL. FRONT ROW: Rob Fong, Evangelos Klipopoulos, Davin Ramsaroop, Aaron Bennett, Ryan Baker, Joel Root. ROW 2: Kevin Schreckengast, Joe Sawhill, Pete Zohbon, Jim Hart, Todd Elder, Chris Knight, Jon Ivanovich. ROW 3: Jeremy Dicks, Jeremy Baysinger, Coach Brian Carico, Coach Rob Luther, Nick Medina, Albert Hall. BACK ROW: Nate Abbas, Anthony Clark, Gus Childs.

What a great year! The '93 softball team did well against all competitors. The year ended with an overall game average of 25-11.

Keeping the tradition alive, they won the Metro Conference 13-5. East has held that honor for the last five years.

"We won another conference championship and we won a lot of games where the other team was ranked high in the state," said junior **Christina Foley**.

However, disappointment came when they lost the state championship by only one game.

"I think the team did really well. We finished first in the conference and we would have gone further in state had it not been for one bad game," stated senior **Jodi Scott**.

This did not work to dampen the team players' spirit though. They were not only great teammates but also good friends.

"I think we had a tremendous amount of

t

HE WINNING RUN

leadership from our seniors. The character of our kids was really good," said assistant coach **Bill Carlson**.

A sense of loss was apparent as the five seniors graduated.

Scott said, "I will miss playing with the people that I have played with since I was six."

The season ended with many players receiving recognition. Alumna **Shannon Carlson** finished first team all conference, all district.

Alumna **Ashley Calhoun** had second team all conference, all district. Junior **Tricia Yencer** finished second team all confer-

ence. Junior **Roz Lehman** made first team pitcher.

Behind the scenes, of course, were the coaches. They are indispensable. Many felt that they had the biggest influence when it came to dedication.

"Coach Savage and Coach Carlson know a

lot about the game of softball and they teach it to us the best way they can. I think they are the greatest coaches I've played for," said **Foley**.

With a terrific game average, they kept East at the top of the American Division. Their hard work and dedication paid off in the long run.

93 EAST 94

"I was trying to steal second...the short stop was fielding the ball. Her knee hit my nose. It bled and I had a black eye for a week. The good thing was that I was called safe!"

1 2 3 4 5 6 7 8 9



-Junior Tricia Yencer



Varsity Softball Season Record 25-11

East 8	Ft. Dodge	0
East 3	Muscatine	5
East 4	North	3
East 4	Lincoln	0
East 2	Lincoln	1
East 1	Dowling	9
East 1	Ankeny	4
East 1	Colo-Nesco	0
East 8	Clear Creek	5
East 4	Indianola	0
East 5	Indianola	2
East 7	Burlington	0
East 5	Hoover	2
East 5	Ankeny	1
East 3	Adel	1
East 4	Orient-Max	1
East 3	Woodward	4
East 3	SE Polk	1
East 0	Lincoln	1
East 3	Roosevelt	0
East 2	Roosevelt	0
East 4	Hoover	5
East 4	Indianola	1
East 2	Daven. W.	1
East 2	Charles City	0
East 3	Ottumwa	4
East 3	Haven. N.	0
East 5	Hoover	2
East 4	SE Polk	3
East 0	SE Polk	2
East 3	Ankeny	4
East 2	North	0
East 8	North	1
East 1	Roosevelt	3
East 2	SE Polk	3



As sophomore **Amy Flynn** flies across first base, she is called safe. She also played on the JV softball team.



VARSITY SOFTBALL. FRONT ROW: Shannon Carlson, Ashley Calhoun. ROW 2: Nicole Hanson, Lisa Flynn, Gail Foster, Rosalyn Lehman, Tricia Yencer. ROW 3: Amy Flynn, Carrie Anderson, Shelly Arlaud, Christina Foley, Jennifer Young, Melissa Brown. BACK ROW: Tracee Collins, Coach Liz Beckman, Coach Bob Savage, Coach Bill Carlson, Jodi Scott.



• "Strike three! You're
 • out." Junior **Tracee**
 • **Collins** was named one
 • of the most outstanding
 • underclassmen pitchers
 • in the state.



• Junior **Tricia Yencer**
 • prepares to throw the
 • ball to first. She first
 • started playing when her
 • dad took her to sign up
 • in the third grade.

• • • • •
 The disappointment is
 apparent on the face of
 alumna **Lisa Flynn** as she
 is called out. She was a
 third starter and played
 third base infield.

SLIDING INTO HOME

Persistent is the word to describe the freshman and junior varsity (JV) softball players. Though they had a tough year, they came out shining.

The freshman team had a good year. They ended with an overall average of 7-9. High spirits were in the air as

the season ended.

"We did pretty well," said sophomore **Anne Cady**. "The team worked well together. Most of them were my friends so they were real easy to work with."

JV softball also had a great season. With a season record of 13-6-2, they came through

showing off their red and black spirit.

"I think we did okay. We won a lot more games than I expected," commented junior **Sara Waltz**.

Although the team was mostly freshmen, the JV players were confident. They never doubted their ability to

win with teamwork.

"It helped that everyone knew each other," said junior **Jamie Reidburn**. "We kept together."

One of the better aspects of the JV team was the playing strategy. Their knowledge and persistence came through out on the field.

"We had a good de-

fense and offense," said freshman **Wendie McCuen**. She and many others not only played JV but also for the freshman team.

At season's end, the freshman and JV players are always ready to take on another season. Why do they keep coming back?

"It's fun to play!" exclaimed **Cady**.

93 EAST 94

"Shelly got thrown out for yelling at the ump. When Savage came in yelling he was thrown out, too. The ump was complaining about everything from pitching to bad calls."



*Sophomore
Trisha Wood*

1 2 3 4 5 6 7 8 9





Freshman Softball Season Record 7-9

East 3	Lincoln	6
East 6	Lincoln	0
East 5	Hoover	1
East 2	SE Polk	3
East 6	SE Polk	1
East 2	Lincoln	9
East 13	Roosevelt	2
East 11	Roosevelt	5
East 5	Hoover	2
East 3	Hoover	4
East 2	Dowling	3
East 2	Dowling	8
East 6	SE Polk	11
East 1	Ankeny	3
East 2	North	1
East 0	North	1



FRESHMAN SOFTBALL. FRONT ROW: Stacy Vahey, Wendie McCuen, Beth Abbas, Jamie Baker, Trisha Wood, Amber Gilbert, Sarah Banks. ROW 2: Jessica Piper, Joy Elliot, Ann Cady, Nicki Lacquement, Laura McCoy, Kristi Cox. BACK ROW: Alecia Lore, Melissa Gray, Angie Kirstein, Coach Shelly Milligan, Rachelle Shutt, Sara Young, Jill McWilliams.



J V SOFTBALL. FRONT ROW: Amber Gilbert, Cheri Burr, Sara Young, Wendie McCuen. ROW 2: Heather Bailiff, Carrie Anderson, Tammy Caylor, Christie Snell, Sara Waltz. BACK ROW: Jill McWilliams, Alecia Lore, Jodi Scott, Coach Lizz Beckman, Melissa Grey, Jamie Reidburn, NOT PICTURED: Nicole Hanson, Amy Flynn, Shelly Arlaud.



Junior Varsity Softball

Season Record 13-6-2

East 6	North	5
East 1	Lincoln	4
East 2	Dowling	4
East 3	Indianola	2
East 8	Hoover	3
East 2	S.E. Polk	3
East 0	Lincoln	1
East 3	Roosevelt	2
East 3	Hoover	1
East 2	Indianola	0
East 8	Dowling	8
East 4	S.E. Polk	14
East 1	Ankeny	0
East 7	Roosevelt	0
East 7	North	0

Tournament

East 3	Urbandale	1
East 5	Hoover	0
East 2	Harlan	5
East 2	Hoover	2
East 9	Panorama	0
East 11	Clear Creek	0

Like a person free-falling out of an airplane for the first time, a golfer meet had that same intensity level.

The boys golf team climbed to fifth place in the conference, up from seventh last season.

"Our improvement over the past two years is due largely to a good work ethic," said Coach John Schnoor.

Senior Scott Hart was the captain and the top ranked player on the team. **Hart** was highly competitive at the conference level.

"It will be hard to replace Hart because of his talent," said **Schnoor**.

The girls golf team came off a strong sea-

Junior Jason Shelburg eyes the ball after he tees off. Being on the golf team meant having fun and working hard.



Girls Golf

Season Record 4-2-1

East 251	Dowling 237
East 229	Pella Christ. 267
East 9th	Valley Classic
East 212	Indianola 212
East 5th	North Inv.
East 7th	Ames Inv.
East 235	Roosevelt 177
East 5th	Newton Inv.
East 231	S.E. Polk 204
East 257	Hoover 281
East 257	Lincoln 220
East 5th Conference	
East 4th Sectional	

S WINGING FOR THE PIN

son and teed off on their competition.

"We had some good talent on the team with junior **Jo Schnoor**, one of the best players in the state and conference," said **Schnoor**.

The practices were difficult due to the cold weather.

"It was hard to prac-

tice outside when your hands were numb," said senior **Melissa Gervais**.

With the two best players on the team returning next season, **Schnoor** expects to finish as high as second in the conference.



Boys Golf

Season Record 7-1-2

East 5th	Conf. 1st Half
East 6th	Ames Inv
East 4th	Mason City Inv.
East 176	Valley 159
East 158	Dowling 147
East 158	Mason City 146
East 11th	Ames Inv
East 165	S.E. Polk 165
East 165	Urbandale 171
East 2nd	City Series
East 166	Roosevelt 159
East 166	Urbandale 166
East 173	Ankeny 163
East 173	Mason City 161
East 173	Roosevelt 154
East 10th	Valley Classic
East 5th	Conf. 2nd Half
East 10th	District

93 EAST 94

"I remember the after school practices. It was so cold, it hurt to swing the club because my hands were numb."



-Senior Melissa Gervais

1 2 3 4 5 6 7 8 9



BOYS GOLF, FRONT ROW: D. Gilbert, M. Leonard, T. Sharp, J. Shelburg. ROW 2: T. Mills, J. Christenson, P. Zohbon, R. Childs III. ROW 3: J. Klopfenstein, D. Foster, S. Hart, M. Redshaw. NOT PICTURED: D. Douglass



- Perfecting his stroke junior Doug Foster, prepares for the next meet.
- Practicing hard led to improvement this season.

Junior Jason Shelburg concentrates at practice to improve the next time out on the greens.



GIRLS GOLF. Justine Krieger, Sara Waltz, Jo Schnoor, Melissa Gervais.



- After a tough day at the links, junior Doug Foster ponders a better day.



.....
 Anticipating the next shot,
 senior **Eolo Nizzi** moves
 into position. Nizzi finished
 the season with only two
 losses.



Boys Tennis

Season Record 2-5

East 2	Ames 9
East Inv.	3rd Place
East 1	Urbandale 10
Ankeny Inv.	6th Place
East 1	Ankeny 10
East 2	Lincoln 9
East 3	Hoover 8
East 11	North 0
East 0	Dowling 11
East 2	S.E. Polk 9



BOYS TENNIS. FRONT ROW: Coach Stu Card, John Hull, David Keo, Josh Emerson, Eric Larosse, Brandon Lindsey, Eolo Nizzi, Jerry Burns, Jason Mrogenski, Jason Arpy. BACK ROW: Denny Davis, Kevin Miller, John Vestal, Brian Roeder. NOT PICTURED: Wade Pfau.



.....
 After a long match, senior
Eolo Nizzi and alum
Brandon Lindsey take a
 load off. Relaxation was
 important after tough
 matches.

What does one expect a group of tennis players to be doing in between matches at a meet? Probably anything except junior **Wade Pfau** talking to the team about playing Jeopardy with his family the night before.

Stu Card has been the coach of the team for three years. Over the years the team has seen steady improvement.

"Our doubles teams have been a major reason why we have improved," said **Card**.

The captains were alumni **Brandon Lindsay**, a four-year letterwinner, and senior **Eolo Nizzi**, a three-year letterwinner. **Nizzi** led the team with a 7-2 record.

During the spring the team was confined to indoor practices due to the rain.

"It was cool at the in-

VOLLEYING THEIR WAY TO THE TOP

door practices because we got to play basketball instead of running the whole practice," said sophomore **John Hull**.

As with last season, the girls tennis team had many girls participating. Over twenty-five. While the season progressed, the team also progressed.

"All of the girls gave 110% at practice which was good for the team," said senior **Lori Lethcoe**.

In the future Coach **Joyce Smith** expects the high number of players to turn into a

team that will be competitive at the conference level.

93 EAST 94

"A highlight of my season was when I won my match at the meet in Ankeny 6-2, 6-0. I never anticipated winning by that margin."



-Senior Eolo Nizzi

1 2 3 4 5 6 7 8 9



Girls Tennis

Season Record 1-6

East 2	Johnston 9
East 3	Hoover 8
East 0	Urbandale 11
East 8	North 3
East 2	Dowling 9
East 0	Lincoln 11
East 0	Ames 11
East 5	Ankeny 1
East 10	Saydel 1
East 2	Roosevelt 9
East 3	Indianola 8
East 5	S.E. Polk 6



GIRLS TENNIS FRONT ROW: Cindi Brown, Erin Wedman, Shannon Carlson, Nichole Waltz, Michelle Griffith, Jennifer Boatwright. ROW 2: Cara Kidd, Tiffany Larson, Lori Lethcoe, Dawn Campbell, Lori Kern, Natalie Brown, Sue Lee. BACK ROW: Missy Morland, Kelly Mrogerski, Nikki Martin, Jennifer Nemmers, Heather Collins, Erin Brown, Heather Wormer, Heather Armstrong, Alisha Muller, Coach Joyce Smith, Maggie Cantrell, Leah Wardak.



.....
With a deep sense of concentration, alum **Brandon Lyndsey** prepares to return the ball. Lyndsey was a four-year letterwinner.

Hitting is their business—and business is good. But there are other elements needed to make a football team great besides brute strength. There must be a sense of teamwork, a sense of pride, and the ability to win games.

Unfortunately, the lack of winning scores made it a difficult season.

"Our biggest problem was with our passing," said junior **Sean Leonard**. "If we hope to improve next year, we're going to need the help of a good passing coach."

Not everyone felt that the passing game was the only problem.

"We have more than enough ability," said assistant coach **Dwayne Bahe**. "We just had some unfair penalties pushed our way which cost us some games."

Although the problem may not have been

h ITTING IS OUR BUSINESS

with the players, it was still hard for the team to feel their best.

"Even if I played a great game, when the score read that we lost, my love for the game is slowly lost too," said senior **Sam Woods**.

Though some people's desire may have deteriorated as the season progressed, others felt the team grew stronger as a whole.

"The season really was successful," added **Bahe**. "We took a big step toward having a

very strong program."

One thing that remained a strong point throughout the season was the hard hitting defense.

"They were seldom beat deep and they hit much harder than any other football team," said senior **Tyson Taylor**.

"Our defense was really the backbone of the entire team," added **Woods**.

So whether his comment was directed toward the departing se-

niors, or the returning juniors, junior **Brian Jones** summed it up best.

"Next year is a whole new season!"



Varsity Football Season Record 3-6

East 7	Fort Dodge 14
East 21	Urbandale 14
East 7	Lincoln 13
East 6	Hoover 14
East 13	Roosevelt 28
East 30	North 0
East 13	Dowling 28
East 25	S.E. Polk 46
East 28	Indianola 20

93 EAST 94

"My most memorable moment happened during the game against Indianola. The Indians fumbled the ball and I picked it up and returned it 20 yards for a touchdown."



-Senior Scott Anderson

1 2 3 4 5 6 7 8 9

With only twenty yards between the ball and the end zone, the adrenaline starts rising and the blood begins pumping. Despite the cold weather, East destroyed its age old rival North High during the Homecoming game.

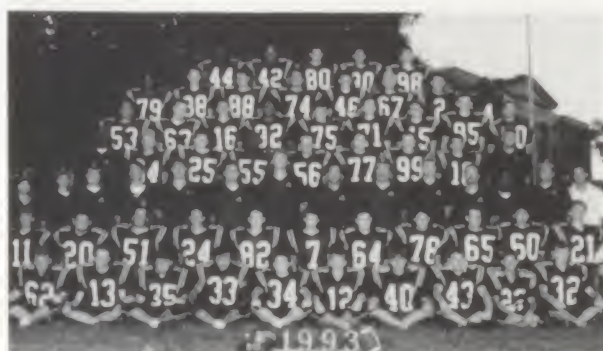




- Senior quarter-back
- **Tyson Taylor** fakes a
- hand-off and drops back
- to pass. Good blocking
- was a vital element in the
- two touchdowns during
- the Dowling game.

Senior running-back **Sam Woods** is tackled while entering the end zone. Despite the last minute takedown, he was still able to score the touchdown during the game against Roosevelt.

.....



VARSITY FOOTBALL. FRONT ROW: R. Lydic, C. Patrick, E. Nizzi, A. Luong, P. Adamovicz, J. Storm, J. Kephart, K. Kelly, J. Johnson, R. Baker. ROW 2: A. Bennett, E. Kligopoulos, T. Nace, T. Pelham, J. Fallis, J. Root, J. Harless, T. Elder, S. Barnes, M. Alba, J. Sawhill. ROW 3: Coaches Darin Shreck, Travis Tams, Ken Burgess, Jason Soliday, Jeff Hall, Brian Carico, Head Coach Ned Rasmussen, Bob Carmichael, Pug Starceovich, Dwayne Bahe, John Walling, Brian Tate, Rob Luther, Mike Vellota. ROW 4: Coach Greg Allen, C. Oliver, K. Schreckengast, R. Washington, S. Anderson, J. Baysinger, C. Knight, R. Armintrout, Coach Greg Adams. ROW 5: N. Medina, C. Cymer, J. Ivanovich, L. Graves, T. Voll, S. Leonard, A. Hall, S. Brommell, J. Metheny. ROW 6: J. Green, C. Tomlinson, J. Kimball, S. Carreon, G. Childs, N. Abbas, M. Leeper, T. Taylor. BACK ROW: S. Woods, B.J. Stanton, T. Coe, J.J. Williams, B. Jones.



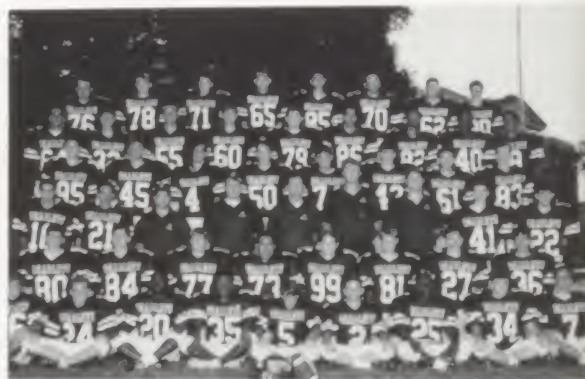


Freshman Football Season Record 4-5

East 30	Fort Dodge 28
East 6	Urbandale 18
East 27	Lincoln 14
East 42	Hoover 0
East 28	Roosevelt 36
East 36	North 24
East 24	Dowling 37
East 6	SE Polk 26
East 6	Indianola 36

Freshman Nathan Scott •
assists his teammate in •
tackling an Indianola player. •
Although the team tried its •
best, it wasn't enough to win •
their last game. •

Sophomores Joe Robinson, •
Tim Stroope and David •
Enos watch as one of their •
teammates is tackled near the •
East bench. With many of the •
players suspended after the •
previous Hoover game, the •
team had to put forth a great •
amount of effort. •



FRESHMAN FOOTBALL FRONT ROW B. Corbin, J. Thomas, T. Dudley, L. Lockman, B. Wadsworth, J. Hills, D. Carter, T. Sams, C. Standley ROW 2 J. Heldenbrand, T. Vance, N. Neal, F. Gomez, J. Nelson, E. Henderson, C. Smith, N. Scott ROW 3 M. Beelbower, S. Wells, C. Charles, D. Schreck, K. Burgess, B. Carico, N. Rasmussen, J. Hall, A. McFadden, K. Harris ROW 4 T. Good, M. Medina, T. Shockey, K. Randolph, J. Allison, T. Bennett, D. Ortiz, J. Bundy, R. Brown, C. Hemisath BACK ROW R. Apt, A. Kilgore, Z. Stammer, T. J. Smith, A. Lightner, J. Metheny, D. Anderson, J. Venn, NOT PICTURED J. Byrd, S. Boudewyns, V. Gobiri, C. Steffer, R. Scott, G. Olson, Coach C. Calhoun

Practice makes perfect. The practices didn't exactly make them perfect, but it improved the freshmen and sophomore football teams beyond expectations.

The season proved to be a challenge to both teams. The sophomores wanted to have the same sweet feeling that last year's team had of winning the conference. The incoming freshmen had the problem of working as a team and learning the game.

"Even though we didn't succeed in winning the conference, we did have a lot of championship-quality playing," said sophomore Head Coach **Brian Tate**.

"Teaching the inexperienced how to play the game was the hardest challenge for us. With no middle school organizations to prepare the kids for high school football, no one knew quite what to expect," said freshman

P

Ractice MAKES PERFECT

Head Coach **Brian Carico**.

"For a long time, the team had the strange problem of not being able to count. After a whole practice of counting, we finally got the hang of it," said freshman **Jeff Metheny**. Counting was needed so that the players would know which "hut" to snap the ball on.

After the practices came the games, and with the games came both the victories and losses.

Sophomore **Brian Archer** said, "To me, beating North was a big victory because we have such a long rivalry

with them."

One word to sum up the freshmen and sophomore records would be improvement.

"Even though our record didn't show it, we had a lot of people really improve," said sophomore **Matt Tallman**.

Many agree that after the long grueling season, the freshmen were ready to take a step up to sophomore football.

Carico said, "I think they are prepared now to play as sophomores. They're good coachable kids, and since we were down in numbers, some of

them learned to play both ways."

"Although we didn't win much this year, teams around the conference know our program is on the rise," said sophomore **Ron Pauscher**.



Sophomore Football

Season Record 3-6

East 14	Fort Dodge 6
East 22	Urbandale 45
East 14	Lincoln 27
East 54	Hoover 16
East 0	Roosevelt 13
East 48	North 7
East 8	Dowling 31
East 0	SE Polk 34
East 8	Indianola 18

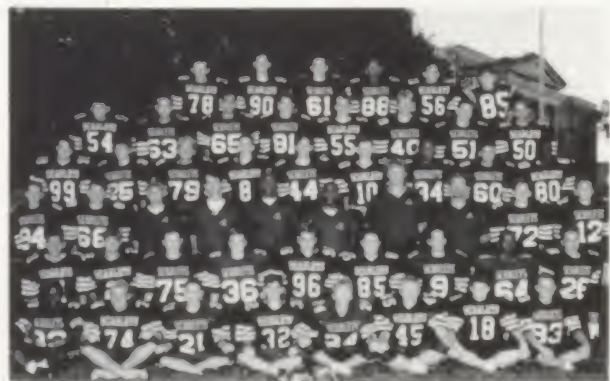
93 EAST 94

"My most memorable moment was when the whole sophomore team got in a fight with Hoover. Ron (Pauscher), Ryan (Anderson) and I all got suspended."



-Sophomore Matt Tallman

1 2 3 4 5 6 7 8 9



SOPHOMORE FOOTBALL. FRONT ROW: K. Pratt, M. Beerbower, B. Taylor, J. Embrey, J. Grother, T. Risius, N. Dellaca, B. Hutson. ROW 2: M. Clark, L. Brown, B. Shogren, J. Johnson, M. Cupp, S. Johnston, S. Rourke, T. Taylor, B. Sharp. ROW 3: B. Edwards, T. Nemmers, Coaches T. Tarns, J. Soladay, G. Allen, B. Tate, N. Rasmussen, J. Walling, T. Stroope, B. Zelenovich. ROW 4: P. Mullin, C. White, N. Ryan, D. Endos, B. Archer, P. Lowe, T. Mixon, G. Henderson, D. Dudley. ROW 5: J. Voll, J. Robinson, C. Barnes, R. Larosee, B. Rice, K. Loving, R. Pauscher, R. Anderson. BACK ROW: J. Spargo, T. Clark, M. Tallman, W. Brewton, D. York, R. Howell.



- Without looking back, sophomore **Deangelow**
- **Dudley** diligently runs the ball as the
- Roughriders anticipate his next move. Returning the punt was the key to good field position during the season.



93 EAST 94

"I remember when I cracked my foot and came back to run in the last two meets."



- Senior Matt Heldenbrand

1 2 3 4 5 6 7 8 9



BOYS TRACK. FRONT ROW: Mike Egenberger, Dave Kephart. ROW 2: Jennifer Carpenter, William Brewton, Eugene Baloun, Jason Spargo, Tom Olsen, Mindy Egenberger. ROW 3: Jeremy Baysinger, Matt Heldenbrand, Atid Luong, Brad Edwards, Aaron Bennett, Brian Bickel. ROW 5: Coach Graves, Coach Bob Baldus, Rodney Washington, Ryan Vestal, DeAngelo Duddley, Pat Lowe, Bryan Doncouse, Coach Rasmussen. ROW 6: Robert Loving, Shane Barnes, Nick Manard, Andy Dobbins, Chad Stocker. BACK ROW: Don Cady, Josh Conn.

- Practicing for the upcoming meet, alum Mike
- Egenberger gracefully clears the hurdle. Working hard was important to the track team because of the lower numbers of boys participating.



"No Pain, No Gain" can be attributed to the boys track team. Even though the numbers were down, the quality was definitely a presence there.

The team was led by alumnus **Rick Ramirez** and senior **Matt Heldenbrand**.

"For the first time in a few years, numbers were down," said Coach **Don Graves**.

Alumnus **Chad Patterson** was the only Scarlet to qualify for state. **Patterson** qualified in both the discus and shot put.

Giving one hundred

RUNNING INTO THE FUTURE

percent is a trademark of all the members of the team.

"From the freshmen to the seniors everybody gave their all," said senior **Matt Heldenbrand**.

Practices emphasized having fun while maintaining a strenuous workout. "This attitude of having fun and working hard really suits the coaching style of Graves," said

Heldenbrand.

The track team was inspired to further develop by the coaching of **Graves**.

"He was always there for us," said senior **Chad Stocker**.



Boys Track

Graceland Inv.
Scores NA
Scarlet Spring Classic
Scores NA
Hi Covey Relays
4th Place
McDonalds Classic
7th Place
Drake Relays
Scores NA
Big Red Relays
4th Place
City Series
3rd Place
Johnston Inv.
7th Place
Indianola Inv.
Scores NA
American Conf.
6th Place
State
Scores NA

Leapers, senior
Anika Baty,
alumnus Tasha
Brown, junior
Cher Creeks and
alumnus Kim
Rollins land on
the right mark.

These long-
jumpers worked
hard to improve
their jump dis-
tances.

Imitating hurdle
form, alumnae
Ashley Calhoun
(center), Colette
Swenson, and Kim
Rollins show
underclassmen how
it's done. Hurdle
performances from
last year's seniors
were a definite
season highlight.



Warming up for the
next race, this
runner stretches
her hamstring
muscle. Many
stretches were used
to loosen up tight-
ened muscles.



The rush of the adrenaline pumping through your body. The rasp of your breath as you exhale. Each stride that you make brings you closer and closer to your ultimate goal.

"Girls track was tremendous!" said Coach **George Davis**, referring to one of the best track seasons that East has had in many years.

The team won three meets and were city champs. Many state qualifiers and leaders arose from this season.

"Tasha Brown had a tremendous year with her long jump," said **Davis**.

"The hurdle performances of the seniors were a highlight, too," he added.

"Shelly Arlaud, as a distance race qualifier, was a definite season

CATCHING UP WITH THE BEST

highlight," said **Davis**.

Fifty girls that worked extremely hard made the season great. Many dedicated athletes and great senior leadership made the group more than a team.

"It was like a huge family, everyone cheered you on as you ran and we got to make friends with people we usually would not associate with," said sophomore **Heather**

Bailiff.

Holding their own, the track team improved throughout the season. Some were surprised at the season's turn-out.

"I did hurdles. I was surprised at how good I was at it!" said junior **Christina Foley**.

Did the coach get a surprise?

"Of course not," said coach **Davis**. "I was never surprised. I knew that not only did

they have the character to be champions, they had the work ethic."



Girls Track
CITY CHAMPIONSHIP
1st Place
ROOSEVELT INV.
2nd Place
LINCOLN INV.
1st Place
LEE TOWN RELAYS
1st Place
CONFERENCE MEET
2nd Place

93 EAST 94

"I remember beating Tyshika Lewis (North). I felt bad for her and good for me because my goal for that year was to beat her in at least one race."



-Senior Anika Baty

1 2 3 4 5 6 7 8 9



No pain, no gain! Junior **Tricia Yencer** feels the crunch. The hurdle stretch was commonly used by runners as a warm-up.



FRONT ROW: Amy Flynn, Roz Lehman, Anika Baty, Ashley Calhoun, Colette Swenson, Kim Rollins, Tasha Brown, Cori Rice, Leang Sou, Chindaly Chounlamountry, ROW 2: Tricia Yencer, Lisa Flynn, Valerie James, Tasha Long, Diana Sheets, Kara Culp, Amy Runkel, Heather Bailiff, Melody Mendenhall, Jessica Haug, ROW 3: Erica Hemeseth, Mandy Suggett, Kish Harris, Darvette Smith, Charisse Moore, Carmela Ramirez, Tara Carey, Anne Cady, Emily Henry, Rachelle Shutt BACK ROW: Lashonda Smith, Dave Frost, Manilay Thongsoum, Julie Williams, Chris Foley, Jodi Fenton, Cher Creeks, Jessica Allen, Amy Lillard, Shelly Arlaud, Raquel Perry, Carey Losenicky, Gale Burgess, George Davis, Carol Larson.

It will take more than a disappointing season to knock the soccer team down. A smaller than average team, new coaching staff and conflicting attitudes combined to create a challenging year.

However, the players were quick to point out the good. "If we're not the best team, we're the best conditioned," said co-captain senior **Adam Fuller**.

"We had a young team and we were short on people, but we did the best we could," said freshman **David Penake**.

Several players had an outstanding year. Senior **Mike Penake** scored six out of the sixteen goals for the season. Seniors **Scott Plym** and **Josh Emerson** controlled the midfield expertly.

Strong leadership and talent are expected from co-captains **Fuller** and senior

JUST KICKIN' AROUND

Arnel Adams in the coming year. "I'll be suprised if they don't make all-conference," said **Leonard**.

Assistant coach **Tim Leonard** said team members have the individual talent necessary to be a winning team next season. Alumnus **Joe Nicholson** was awarded a full tuition soccer scholarship from Graceland College. **Leonard** believes this year's seniors have that same potential.

Conflicting coaching

styles caused problems between the coaches, as well as the players, making it difficult to play as a team. How-

ever, a bright future awaits. **Leonard** says, "We're going to attack next year with a positive attitude."

93 EAST 94

"The team faced it's hardest task of the season when trying to teach **Tim Voll** how to skip for a warm-up exercise. We almost didn't succeed."



-Senior **Arnel Adams**

1 2 3 4 5 6 7 8 9



Soccer

Season Record 1-14-1

East	0	Urbandale	3
East	0	Adel-DeSoto	6
East	2	Dowling	5
East	2	Lincoln	5
East	2	North	3
East	0	Hoover	7
East	0	Indianola	1
East	0	Roosevelt	9
East	2	S.E. Polk	2
East	0	Dowling	3
East	1	Lincoln	2
East	5	North	2
East	2	Hoover	3
East	0	Roosevelt	8

Alumnus **Matt Plummer** instructs team members, alumnus **Tyler Teske**, senior **Boune Vongphasouk** and senior **Adam Fuller**, to form a "wall" against S.E. Polk.



SOCCKER. FRONT ROW: **B. Shanahan**, **J. Hopkins**, **S. Sipaseuth**, **B. Vongphasouk**, **G. Weaver**, **D. Penake**, **J. Voll**. BACK ROW: **T. Teske**, **M. Penake**, Coach **A. Guitterez**, **A. Fuller**, Assistant Coach **W. Trebus**, **T. Voll**, **M. Plummer**. NOT PICTURED: **E. Leonard**, **R. Dority**, **J. Nicholson**, **S. Plym**, **K. Philavanh**, **S. Roustio**, **J. Emerson**, **A. Adams**, **S. Leonard**, **C. Oliver**, **E. Dority**, **R. Jennings**, **J. Feters**, **U. Meyer**, **M. Horstmann**, **B. Jones**, Assistant Coaches **T. Leonard** and **G. Wolsey**.



- Foreign exchange
- students Max
- Horstmann and Uno
- Meyer take a break at
- the S.E. Polk game. They
- were a valuable asset to
- the team.

.....
 Senior Scott Plym, senior Arnel Adams, alumnus Tyler Teske, senior Adam Fuller and foreign exchange student Uno Meyer enjoy a moment of bonding. From the facial expressions it's plain that some are enjoying it more than others.

In order to take it to the hoop, it must first be taken down the court. After getting possession of the ball, senior **Aaron Aswegan** dribbles his way to score.

What do the Scarlets say? Sophomore **Justin Davis** and senior **Scott Anderson** added many new possibilities and a lot of deep-voiced cheers to the basketball court during the season.



After gaining control of the rebound, senior **Aaron Aswegan** is looking for every opening. Ball control was one of the Scarlet's strongest features.



Despite their record, the boys varsity team shows great potential for years to come. Many of the problems they encountered had to do with a severe lack in size.

"We played a lot of teams with six-eight or six-nine centers," explained head coach **Chuck Sutherland**, "and our tallest guy was only six-four."

One thing that became hard to accomplish when faced with a height problem was gaining control of the ball after the competition shot.

"The one thing we needed to improve on the most was our all-around defense," said senior **Aaron Aswegan**. "We really needed to work on our rebounding in particular."

"I think we need to have a little more patience with our teammates," said senior **Pat Adamovicz**. "And we really needed to try

t

AKING IT TO THE HOOP

harder at rebounding."

Regardless of the obvious size problem, some games came right down to the line.

"I remember when, during our game against SE Polk (tenth in state), Jeff Kimble made a lay-up with six seconds left in the game," said **Aswegan**. "We were up by one point but, at the last second SE Polk made a basket and won by a point."

A major factor that contributed to the team's near success throughout the season

was commitment. What the team lacked in winning they definitely made up for in commitment.

"I really appreciate all

the guys' hard work," said **Sutherland**. "They really stuck with it and made a lot of sacrifices for the betterment of the team."

93 EAST 94

"My most memorable moment was during the Indianola game, when Jeff Kimball got a technical foul for hanging on the rim and breaking it after missing a dunk."



-Senior Pat Adamovicz

1 2 3 4 5 6 7 8 9



Boys Varsity Basketball

Season Record 2-18-0

East 45	Urbandale 105
East 68	Ft. Dodge 56
East 48	SE Polk 49
East 58	Ankeny 74
East 55	Lincoln 76
East 54	Indianola 78
East 65	Dowling 76
East 41	Hoover 74
East 71	North 81
East 60	Roosevelt 87
East 44	Urbandale 72
East 53	SE Polk 94
East 50	Lincoln 99
East 56	Indianola 96
East 55	Dowling 79
East 52	Hoover 78
East 68	Ames 65
East 59	North 103
East 76	Roosevelt 55
East 75	Dowling 63



BOYS VARSITY BASKETBALL. FRONT ROW: Pat Adamovicz, Jason Moen, Kevin Schreckengast, mgr. Jason Cochran, Aaron Aswegan, Joe Case, Aaron Bennett. BACK ROW: Coach Chuck Sutherland, Mike Grund, Mike Bailey, Gus Childs, Wes Anderson, J.J. Williams, Jeff Kimball, Tony Coc, Coach Jerry Collins.



- Concentration is everything when trying to sink that annoying free throw. Senior **Jeff**
- Kimball seems to have everything under control.

The guard brings the ball down the court, dodging opponents and driving to the key. The forward takes the pass and tries to drive the lane, but the ball decides to ride the rim instead of going in. Thankfully, the center recovers the rebound and pumps it out to the guard standing in the corner. He fires the 3 and ... it's good!

With only one win during the season, players had varied opinions on what was needed to improve the team's performance.

"Our free throw shooting. We shot only 40 to 45% from the line," said freshman **Gene Olson**.

"The team playing. We needed to work on playing as a team instead of as individuals," said freshman **Justin Bauman**.

The team's losing record was expected by sophomore **Pat Lowe**.

"I expected the season to be like this be-

g UYS JAM DURING SEASON

cause we weren't very good last year, and we lost two starters from last year's team," he said.

Sophomore **Jason Shelburg** said it troubled him because he thought the team would be good this year. Unfortunately, it was very disappointing.

With no more luck than the freshmen, the sophomores needed major improvements in their game.

"On the offense, a lot. Especially the shooting," said sophomore **Jeremy Kyburz**.

With a lot of weak

points in the team's performance, the sophomores needed the help of their defense.

"We had some height and quickness which helped a lot on the defense," said **Kyburz**.

Overcoming the

weak points on the team, the freshmen finally got a win against Roosevelt. The freshmen almost had a win against Indianola.

"Mike Simshit a three pointer to tie the game, then we called a timeout," said **Olson**.

93 EAST 94

"It was the last game, we were playing Hoover, and we were down by four. We hit a three, but we couldn't foul the guy that was bringing the ball down the court to put him on the line, so we lost the game."



-Freshman Gene Olson

1 2 3 4 5 6 7 8 9



Boys Sophomore Basketball

Season Record 0-19-0

East 34	Urbandale 70
East 35	Lincoln 51
East 36	SE Polk 52
East 31	Ankeny 84
East 59	Lincoln 62
East 56	Indianola 58
East 32	Dowling 76
East 36	Hoover 79
East 51	North 67
East 44	Roosevelt 73
East 40	Urbandale 62
East 36	Lincoln 69
East 51	Indianola 75
East 56	Dowling 76
East 47	SE Polk 55
East 40	Hoover 59
East 30	Ames 66
East 64	North 70
East 49	Roosevelt 71

Sophomore **Pat Lowe** drives to the basket for a lay up. The sophomore team had only one win during the season.





- Sophomore Jay
- Samuelson looks to
- pass at the game against
- Indianola. The sopho-
- mores were barely
- beaten by the Indians.



Freshman Boys Basketball

Season Record 1-15-0

East 35	North 67
East 60	Roosevelt 80
East 61	SE Polk 67
East 62	Ankeny 83
East 72	North 73
East 45	Indianola 49
East 78	Lincoln 79
East 68	Dowling 74
East 52	Hoover 60
East 47	North 65
East 64	Roosevelt 54
East 46	SE Polk 57
East 46	Lincoln 67
East 49	Indianola 71
East 73	Dowling 76
East 62	Hoover 63



SOPHOMORE BOYS BASKETBALL. FRONT ROW: Fred Muller, Josh Christenson, Jeremy Kyburz, Brian Archer, William Brewton, David Enos, Tony Mills, Tyrell Taylor, Randy Lehman. BACK ROW: Coach Scott Campbell, Barty Hudson, Ryan Moyle, Ron Smith, Pat Lowe, Billy Rice, Tim Clark, John Hall, Brian Roeder, Toby Sharp, Jason Shelburg, Gary Banning.

FRESHMAN BOYS BASKETBALL. FRONT ROW: Jay Samuelson, Anthony Crum, Tim Sarris, Aniekani Ubom, Troy Vance, Tywon Dudley, Lydell Lockman. ROW 2: Matt Leonard, Mike Sims, Chad Lortscher, Ray Scott, Rodney Brown, Adam McFadden, Tom Murray, John Heldebrand. ROW 3: Coach Ken Morton, Larry Bundy, Scott Boudewyns, Terry Robinson, Lance Larson, Jeff Gattercole, Geric Olson. Coach Jay Fisher. BACK ROW: Anthony Davis, Joe Cason, Justin Bauman, Kevin Lightner, Dustin Tyler, Mike Peterson.

O.K. is it 1 2 3 shoot or 1 2 shoot? Junior **Jenny Caligiuri** thinks to herself. Teammates senior **Nikki Baty** and sophomore **Amy Flynn** are amused at her mental effort.

"Go Jenny," yells junior **Jo Schnoor** to her teammate sophomore **Jenny Young** as she shoots the ball in a close game between East and Indianola.



GIRLS VARSITY BASKETBALL. FRONT ROW: Tricia Yencer, Nicole Hanson, Roz Lehman, Jenny Young, Kari Cox, Deth Philavanh. ROW 2: Jodi Scott, Cher Creeks, mgr. Kish Harris, Carrie Anderson, Christina Foley. BACK ROW: Anika Baty, Jenny Caligiuri, Asst. Coach Gayle Burgett, Head Coach George Davis, Asst. Coach Rob Luther, Jo Schnoor, LaShonda Smith. Not pictured Amy Flynn



A hush falls over the crowd, the eyes of every spectator are glued to the court. They are watching a girl in a black uniform zoom down the court. As the shot clock winds down she stops at three point range and releases the ball. Fans jump to their feet and then, swish, the ball goes through the hoop and the game is won.

Unfortunately, this was seldom the story at East varsity games. They lost a few extremely close games, but head coach **George Davis** said, "We'll work on shooting for next year."

The one memory that seemed to stand out most in the minds of the players was the close game with the state champ, Lincoln.

"Lincoln was undefeated and at some points we had them sweating," said senior **Anika Baty**.

we played them. We were that close."

During the season

nEW TEAM REBUILDS

the Lady Scarlets had to deal with some shocks and unexpected injuries.

"I remember the closeness our team shared when we found out about the death of Sarah Dank just a month after (art teacher) Mr. Sams. It was unbelievable," said **Davis**.

"I had a bad feeling when Jo (Schnoor) went down at the Urbandale game, like the feeling I got when Nikki Baty got hurt at the beginning of the year," said junior **Cher Creeks**. "I know, just like every-

body, that Jo was one of our best players and to see her get hurt made me feel bad and at the same time mad inside."

"It was nerve-wracking, and the rehabilitation took so long, it downed my spirit of

ever coming back," said **Baty**.

"When a strong player like Schnoor gets hurts it hurts the whole team, but that's when the subs get a chance to shine," said **Davis**.

93 EAST 94

"My most memorable moment was the Lincoln game. We were all pumped up and that was the game when everything really started to come together. They were state champs and we didn't lose by that much."



-Sophomore Jenny Young

1 2 3 4 5 6 7 8 9



Girls Varsity Basketball

Season Record 4-10-0

East 51	Johnston 46
East 44	CR Kenn. 55
East 42	North 46
East 51	Roosevelt 55
East 62	SE Polk 56
East 53	Ankeny 65
East 48	Lincoln 91
East 66	Newton 71
East 50	Indianola 71
East 51	Dowling 69
East 60	SE Polk 64
East 64	Hoover 46
East 57	North 53
East 46	Roosevelt 48
East 56	Urbandale 69
East 56	SE Polk 60
East 43	Lincoln 56
East 44	Indianola 65
East 50	Dowling 64
East 66	Hoover 32
East 57	North 65



- The Scarlets knew when
- and who to pay attention
- to. Here Head Coach
- **George Davis** tells the
- team to shape up and
- kick some Indianola butt!

..... Junior **Tricia Yencer** rests, while junior **Jo Schnoor** waits for her ball to make the basket.

Fast-paced picking, running, shooting and fouling can only mean one thing, the freshman and sophomore girls basketball teams.

There is quite a difference in the two teams. The sophomores are happy with their overall record, while the freshmen are still striving to succeed.

"We'll be losing great key players to the varsity squad next year. The team will not be the same without them," said Coach **Rob Luther**.

The freshman girls gave it their all, but didn't claim as many games as the sophomores.

"If you had looked at them at the beginning of the year, you could definitely tell that they improved," said girls varsity basketball player **Cher Creeks**.

"At the beginning of the year we didn't have the feel of the game. After we learned the plays and how to use our talent with our ex-

S TOP, POP, AND SCORE

perience, we played a decent game of ball," said freshman forward **Amy Hollingsworth**.

The improvements came from great intensity in practice. All of the girls practiced hard to play hard.

"They practiced as hard as they played in the game," said **Luther**.

In early games of the season, the freshman team lost because of poorly played defense. They were not able to keep possession of the ball.

Their best game was against the Roosevelt Riders.

"We hung onto the ball better and we played great defense," said Coach **Bob Savage**.

The long, hard hours of practice, the nervousness of the game and the emotions of

loss or victory, all added up to making the freshmen and sophomore basketball teams. All girls look forward to next season and plan to play. Key players will be gained and lost from both teams.

93 EAST 94

"It was the funniest thing. Shelly Arlaud was running down the court the wrong way and made a basket for the other team. She thought it was weird because no one was stopping her, but it didn't phase her.



-Coach George Davis

1 2 3 4 5 6 7 8 9



Girls Freshman Basketball

Season Record 1-17-0

East 13	Lincoln 56
East 14	Urbandale 70
East 21	North 50
East 35	Roosevelt 23
East 18	SE Polk 71
East 7	Lincoln 54
East 20	Ames 61
East 22	Marshalltown 44
East 14	Dowling 56
East 25	Hoover 26
East 29	North 38
East 29	Roosevelt 38
East 20	SE Polk 44
East 20	Lincoln 60
East 16	Indianola 74
East 22	Howling 74
East 20	Hoover 40
East 22	Indianola 44



SOPHOMORE GIRLS BASKETBALL. FRONT ROW: Stacy Thongkham, Heather Bailiff, Mgr. Darvette Smith, Amy Flynn, Jenni Gentosi. ROW2: Holly Robinson, Rachelle Shutt, Shelly Arlaud, Anne Cady. BACK ROW: Coach Rob Luther, Manilay Thongsoum, Jessica Allen, Carey Losenicky, Coach George Davis.



FRESHMAN GIRLS BASKETBALL. FRONT ROW: Angie Archer, Amy Coddard, Crystal Patterson, Adriana Shilling, Cari Treer, Jenny Leete, Christina Taha, Missy Woodard, Stacey Vahey, Emily Lewis, Leann Sou. ROW 2: Becky Hewitt, Niki Little, Jeannie Leach, Alisha Clark, Regina Ross, Melissa Lamb, Katie Anderson, Latisha Taycher, Martha Reasby, Angie Moyle, Beth Abbas, Holly Payne. BACK ROW: Cindy Thompson, Laura Wheman, Jamiee Swayne, Katie Jividen, Barb West, Coach Laura Stewart, Michelle Wilcox, Coach Bob Savage, Amy Hollingsworth, Heidi Stubb, Amber Swayne, Amy Leeper, Mgr. Darvette Smith.



- Sophomore Amy Flynn
- drives to the hoop to
- score. She has the
- second highest scoring
- record of the season.



Girls Sophomore Basketball

Season Record 11-8-0

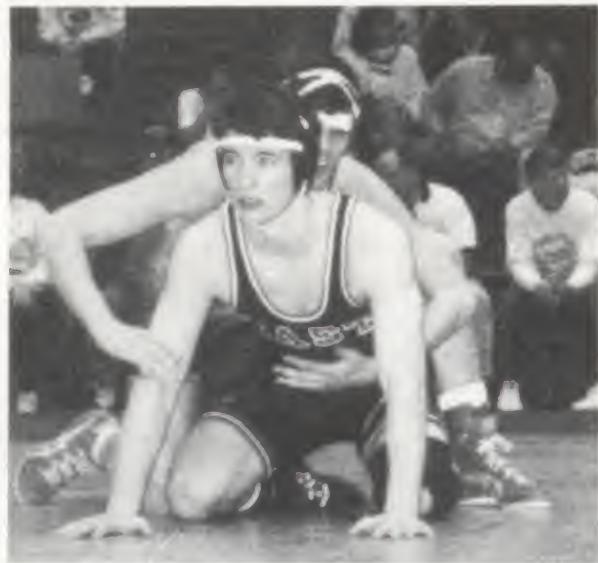
East 54	SE Polk 29
East 68	North 48
East 31	Johnston 44
East 43	SE Polk 40
East 46	Johnston 38
East 60	Roosevelt 40
East 45	Ankeny 48
East 30	Lincoln 75
East 41	Dowling 50
East 67	Hoover 54
East 25	Indianola 59
East 53	Lincoln 52
East 55	Urbandale 52
East 56	North 23
East 62	Roosevelt 32
East 36	Dowling 53
East 60	SE Polk 53
East 48	Indianola 54
East 65	Hoover 68



- Coach Rob Luther
- encourages his team.
- Team huddles and pep
- talks kept the team
- pumped-up and geared
- to go.

Toughing it out at districts, junior **Jack Metheny** struggles to get out of a tight hold. **Metheny** finished 6th at districts, while the team placed 5th, with two State qualifiers.

Junior **Evangelos Kligopoulos** holds on tight to North wrestler **Mike Pike**. **Kligopoulos** managed to beat Pike each time they met.



After choosing the down position, sophomore **Ron Pauscher** gets set and waits for the whistle. Escaping from the down position is one of many techniques used to earn points.

Warming up is great fun for senior **A. Hollingshead** and sophomore **R. Pauscher**. Varsity wrestlers were constantly rolling on the mats, jumping rope, and wrestling around to prepare for their match.

WE ARE FAMILY

As more of a family than a team, the wrestlers endured a long, hard season. The death of wrestling manager Sarah Dank affected the team terribly as they struggled to get back into the swing of things.

Junior **Jeremy Dicks** said, "When Sarah died it made us look at our own lives and decide to work harder, to achieve more."

"Our team came together as a family. We all are very close to each other, not like any othersport. We all have been through so much this season, it helped to have each other," said sophomore **Ron Pauscher**.

Besides the tragic death the team endured, injuries took second in the string of problems. First, senior **Ron Sharpneck** pulled muscles in his back, then senior **Aric Hollingshead** broke his toe. At the

Roosevelt duals senior **Mike Leeper** hurt his foot.

"The injuries this year have been unbelievable. We have a lot of freshmen wrestling varsity because of all the hurt guys. The freshmen have done a great job," said junior **Robert Rivas**.

Once the guys got back to the mats, the season slowly picked up. After beating Southeast Polk for the first time in 20 years, they were really pumped.

Freshman **Ryan Hale** said, "The best

meet was at Southeast Polk. I started it out by pinning my guy, and then we pulled it out and won!"

The team finished the season with an undefeated record at home duals.

For the 5th annual Lift-a-thon in February the Scarlet wrestlers, coaches, cheerleaders, and managers raised \$3000 for Sarah's family.

"I can't explain the way we felt. It's hard to say. I personally raised \$50 and the team raised \$3000. It was a great thing for us to do for her," said junior **Evangelos Kligopoulos**.

At the American Conference Tournament East finished 4th, with **Robert Rivas** taking first at 112. Coach **Gary Rourke** was named the Conference Coach of the Year.

The team took 5th at districts in Newton. **Robert Rivas** and **Willy Schwartzman** qualified for the State Tournament at Vet's Auditorium.

Through the gloom, the wrestlers managed to find a light at the end of the dark tunnel. As a family, they struggled through the hard times, and pulled together to make it a winning season.



VARSITY WRESTLING Record 14-12

East 44	Carlisle 22
East 12	Indianola 51
East 30	Webster City 42
East 21	Oskaloosa 40
East 38	Newton 29
East 31	Marshalltown 39
East 42	Lassitor, GA 31
East 14	Dowling 54
East 48	North 15
East 44	Lincoln 17
East 33	SE Polk 27
East 21	Indianola 44
East 48	Lincoln 21
East 15	Ft. Dodge 39
East 38	Knoxville 24
East 20	Urbandale 47
East 48	Chariton 23
East 60	Hoover 14
East 26	Urbandale 28
East 47	Norwalk 21
East 34	Roosevelt 28
East 28	Boone 34
East 16	Centerville 51
East 22	Benton 45
East 46	Roosevelt 28
East 45	North 26

Conference- 4th
Districts- 5th
State Qualifiers-
112-Robert Rivas
Hwt.- Willy Schwartzman



WRESTLING FAMILY. FRONT ROW: C. Reeves, J. Hamidge, C. Snell, L. Cochran, A. Schatz. ROW 2: M. Gilleland, M. Leeper, R. Pauscher, A. Hollingshead, E. Kligopoulos, R. Rivas, D. Douglass, S. Rourke, S. Fisher, W. Schwartzman, S. Dank. ROW 3: S. Beardley, N. Dellaca, M. Tron, C. Hildenbrand, K. Tallman, J. Thomas, A. Norem, R. Hale, J. Hill, R. Sharpneck, J. Grother, S. Roastie, S. Wells, T. Rivas, J. Boylan, J. Garner. ROW 4: C. Dawson, T. Leabo, T. Stroope, B. Edwards, K. Harris, B. Corbin, S. Callahan, A. Gutierrez, G. Rourke, J. Hall, C. Stephenson, N. Scott, J. Barach, T. Lawson, R. Billingsley, S. Kouang, P. Zehbon, M. Clupp. ROW 5: T. Brown, J. Guyer, N. Ryan, J. Voll, R. Childs, J. Metheny, S. Brommel, J. Spargo, C. Bales, J. Dicks, J. Williams, J. Huffman. NOT PICTURED: J. Metheny, K. Randall

93 EAST 94

"We were at Southeast Polk and we were down by six points. I pinned my guy to tie it up and then Willy pinned his guy to win."



Junior Jack Metheny

- 1 2 3 4 5 6 7 8 9

The thrill of victory and the agony of defeat was felt by every freshman and JV wrestler.

Working hard to become a better, stronger wrestler was a major goal of this very young team.

"You walk in a boy your freshman year and walk out a man your senior year," said Coach **Augie Gutierrez**.

Not only did this team work to achieve their goals, they grew through adversity.

"The companionship of the wrestling family and having the older wrestlers to stick up for us, really helped me get through my freshman year," said freshman **Tim Leabo**.

The hard work paid off for a lot of the team. Some of the JV wrestlers had the opportunity to join the varsity level.

Freshman **Brian Corbin** commented,

Sophomore Travis Risius waits intensely for the referee to blow the whistle so he can begin his reign of terror. The wrestlers nervously waited for the sound of the whistle throughout the season.

STRONGER AND TOUGHER

"When Aric was injured I got the chance to wrestle varsity. It helped me to improve my skills each day."

Working day after day to improve techniques was the hard part of wrestling.

"The sound of the referee's hand hitting the mat was the joy of the day," said freshman **Jeremy Hills**.

"The crowd cheering and clapping because you won a match or tournament is a feeling like no other."

The death of wrestling manager **Sarah Dank** made these teenagers realize how important life is. Tough

times brought this "family" closer together and that makes life all the more important.

93 EAST 94

"Beating S.E.P. who we haven't beat in 20 years was the most memorable moment of the year."



-Freshman Tim Leabo

1 2 3 4 5 6 7 8 9



- Freshman **John**
- **Barach** tries hard to
- keep this guy under his
- control. The JV wrestlers
- always wanted to be in
- control and win the
- meet their way.

Sophomore **Nick**
Dellaca breaks his man
down in a battle for a
victory. During the winter
season a lot of riding time
was bought through hard
work and determination.

•••••



- Sophomore **Troy**
- **Brown** grabs the arm of
- his opponent to try and
- break the 90 degree level
- and score a 3-point
- nearfall. Three-point near
- fall are wrestling
- techniques to start the
- pinning process.

•••••
"I'm going to get you," is
the expression on freshman
Brian Corbin's face. The
wrestlers tried to intimidate
their opponents, it made
them feel tougher.

Like an emerging
submarine, sophomore
Wade Pfau rises from
the depths of the pool.
The team also rose in
their standing among
other teams in their
conference this year.



BOYS SWIMMING. FRONT ROW: Jay Wedman, Jason DonCouse, Tom Hall, Don Faux, Mick Wright, Geoff Gandy. ROW 2: Wade Pfau, Ted Nemmers, Bryon DonCouse, Mgr. Chrsty Case, Jeremy Isaac, Matt Clark, David Kephart. BACK ROW: Greg Moyle, Mike Saddoris, Coach Mark Hurley, Eric Davis, Jason Goldsmith, Steve Phelps. NOT PICTURED: Chris Baumann, Nick Minard, Harold Maupin, Chad White.

Like a dolphin in the
open water, sophomore
Jeremy Isaac surfaces
for air. Oxygen was a
much needed element in
order to finish the long
haul.



Beginning swimmers and returning veterans alike are taking a giant step toward improving their water-bound swim squad. There were many returnees and even more beginners involved this year.

With so many new swimmers, the team faced many problems. Fortunately, the beginners were able to learn quickly and with ease.

"Their strongest aspect was their ability to learn different strokes without attempting them before," said manager **Christy Case**. "We found that we had a lot of unknown talent, especially butterflyers."

Many different feats were accomplished during the season. Sophomore **Jeremy Isaac** remembered one in particular.

"One of my best memories is of the time we broke the school record for the 200 yd. free-relay. What made it

tAKING THE BIG PLUNGE

better was the fact that I was one of the record breakers."

Although their record does not reflect a great season, the boys swim team retained a positive outlook.

"I think we will be the best in years to come," predicted sophomore **Matt Clarke**, "because we care about the way we swim, and we do it with class."

Other people made the same predictions, but summed it up in a different way.

"There were a lot of new swimmers this year, many of whom had no previous experience in the water," said

coach **Mark Hurley**. "But hopefully in years to come, today's beginners will return as tomorrow's winners."

93 EAST 94

"My most memorable moment was when we threw both our coaches in the water after we won against Perry. Our assistant coach wasn't going in without a fight, so she grabbed Harold Maupin and pulled him in with her."



Junior Mike Saddoris

1 2 3 4 5 6 7 8 9



Boys Swimming

Season Record 3-8-0

East 32	Dowling 135
East 35	Lincoln 126
East 64	North 105
East 123	Grinnell 102
East 123	Perry 42
East 55	SE Polk 115
East 66	Indianola 98
East 43	Hoover 127
East 52	Storm Lake 113
East 27	Roosevelt 59
East 63	Perry 21



- Junior Mike Saddoris stretches himself to the limit in order to improve his time. During the course of the season, many record times were broken by the mighty Scarlet swimmers.

Like fish in the sea, the girls swim team was addicted to the water. Throughout the year many team records were set and freshman **Lara Jones** went to state.

"I was glad to represent East and go to state, but it was very nerve-racking. It was a privilege to only be a freshman and I hope in the years to come I will improve," explained **Jones**.

The team of 15 girls made enormous progress throughout the year.

"The team has definitely improved since the beginning of the year," said Coach **Ken Gaeth**.

Whether the girls had been swimming two years or six years, working together as a team made a great difference in their times.

"The team has made me work harder to increase my times," said sophomore **Laura Tiedemann**.

dIVE IN AND SWIM

Although there were no seniors on the team, the underclassmen more than made up for it.

By practicing every day after school from 3 to 5, the girls swim team showed their devoted hard work in their meets on Tuesdays and Thursdays.

"Mr. Gaeth is a good coach and really helped me improve my ability to swim," explained sophomore **Holly Robinson**.

"I'm looking forward to next year since we're not losing any seniors and we have many dedi-

cated freshmen," explained **Mr. Gaeth**.

"Being a swimmer has been very exciting for me and I hope I can improve a lot for next year's team.," commented sophomore **Mandy Suggett**.

"I think our team this year has a lot of potential," said **Robinson**.

They broke records in three dual meets and hope to break more in the coming years.

93 EAST 94

"My most memorable moment was when **Lara Jones** and **Erin Brown** got into a quarrel at the Prairie swim meet."



-Sophomore **Laura Tiedemann**

1 2 3 4 5 6 7 8 9



East 48	Dowling 143
East 90	Lincoln 76
East 99	Perry 59
East 110	North 51
East 21	SE Polk 71
East 61	Indianola 104
East 88	Hoover 77
East 61	Boone 28
East 30	Grinnell 59
East 57	Roosevelt 126

SE Polk Invitational 3rd Place
District Meet 8th Place



GIRLS SWIMMING. FRONT ROW: Holly Robinson, Laura Tiedemann, Jennifer Nemmers, Erin Brown, Molly Wood, Jamie Swacker. ROW 2: Anne Cady, Lara Jones, Abby Lozano, Mandy Suggett, Diane Woodard, Stephanie Atkinson. BACK ROW: Mr. Gaeth, Mr. Thompson.





- As sophomore **Mandy Suggett** starts her back stroke dive, she hopes she can beat her record time.

The breast stroke has always been a tough race, but freshman **Lara Jones** is almost at the finish line to win.

.....



- Sophomore **Laura Tiedemann** is concentrating on winning the backstroke.

.....
Juniors **Erin Brown** and **Jenny Nemmers** are excited about their finishes in the meet.

Sophomore **Melody Mendenhall** stretches her arms out. Stretching is a must to prevent soreness and cramping.



BOYS CROSS-COUNTRY. FRONT ROW: Geoffrey Gandy, Chad Donahue, Jason Doncouse, Sabas Ramirez. ROW 2: Kaiphath Phaydavong, Brian Bickel, Gene Baloun, Matt Heldenbrand, Tom Hall. BACK ROW: Lance Larson, Chad Stocker, Chris Linnane, Coach Don Graves, Nick Shoop, Ryan Vestal. NOT PICTURED: Andy Dobbins, Sean Saddoris.



The girls cross-country team gets ready for a meet by stretching and warming up. This helped to prepare for the long miles that had to be run.



Boys Cross-Country

Urbandale Classic
2nd

Hoover Invitational
3rd

Karpan Invitational
4th

Cardinal Invitational
2nd

Urbandale Invitational
4th

Ankeny Invitational
3rd

Augustine Invitational
2nd

American Conference Meet
1st

District Meet
6th

Senior **Chad Stocker** doesn't get tired, he uses a steady pace to make it up a steep hill. Setting a good pace is a major key in cross-country.

Senior **Matt Heldenbrand** and sophomore **Ryan Vestal** placed third and fourth at the district

RUNNING THE DISTANCE

The girls cross-country team had what they called an "expected season". Being young and not as experienced as the teams they competed with, they still gave a lot of effort to-

Having no senior runners, the girls cross-country team was led by sophomores **Shelly Arlaud**, **Melody Mendenhall**, **Rachelle Shutt** and junior **Erica Hemesath**.

"We had ten girls last year, this year we had fourteen. I think girls cross-country is growing," said Coach Carole Larsen.



Hoover Invitational
9th
Johnston Invitational
2nd
Cardinal Invitational
4th
Urbandale Invitational
11th
Ankeny Invitational
8th
American
Conference Meet
4th
District Meet 15th

"My most memorable moment was running with my teammates in the Governor's Cup six mile run."



-Sophomore Tom Hall

1 2 3 4 5 6 7 8 9



GIRLS CROSS-COUNTRY. FRONT ROW: Melody Mendenhall, Kara Culp, Soukham Baccam, Tricia Yencer. ROW 2: Erica Hemesath, Darvette Smith, Cori Rice, Jessica Haug, Tara Carey. BACK ROW: Amy Lillard, Rachelle Shutt, Jodi Fenton, Coach Carole Larsen, Christina Foley, Shelly Arlaud.



- The boys cross-country
- team, along with
- competitors, takes off in
- a pack. Getting a good
- position helps at the
- finish line.

Juniors **Jamie** •
Reidburn and **Jo** •
Schnoor give each •
 other five after a good •
 play. Many signs of •
 closeness were displayed •
 on the team throughout •
 the year. •

Senior **Tiffany Larson** •
 and juniors **Jo** •
Schnoor and **Kara** •
Brown go up for the •
 volley at the tournament •
 in Cedar Rapids. •
 Sophomore **Amy** •
Flynn watches •
 anxiously to see how it •
 will turn out. •



The girls varsity volleyball team's record could start a fire. Although the team was young, they reached new heights that they knew they would from the very beginning.

"I think the team thought we could win the conference and go to state," said junior **Jamie Reidburn**. "A bunch of us played together before the season started, we were ready."

Some first-year varsity players assisted the team, junior **Tammy Graham**, and sophomores **Heather Bailiff**, **Carey Losenicky**, and **Manilay Thongsoum**.

"I was a little nervous about playing on the varsity team, but after the first few games, I felt right at home," said **Bailiff**.

The season started out the right foot. In a later Dubuque-Wahlert game, the girls had high hopes.

Coach Mary



EADY, SET, GO TO STATE

Bourne was named the American Conference Coach of the Year.

"Miss Bourne was our source of support. She kept our spirits up and cheered us on all the time," commented senior **Tiffany Larson**.

"The girls' spirit and attitude was right for winning. They always did their best and their game showed it. The team was very competitive this year, that's why we were so successful," commented **Bourne**.

The highlight of the season was going to

state. The team's defeat at Newton advanced them to the tournaments in Cedar Rapids. Their final loss was at the hands of Davenport North at Cedar Rapids.

"From the very begin-

ning we thought we could do it. Some of the younger players were not sure if the team would do so well, but we did and everyone was happy," said junior **Natalie Brown**.

93 EAST 94

"At the Newton game, we were playing intense. Suddenly, Jo Schnoor dove for the ball and skidded across the floor making a really loud noise. Everyone looked to see what happened, it was funny."



-Sophomore Jenny Young

1 2 3 4 5 6 7 8 9



Varsity Volleyball Season Record 14-5-8

East 3	Dowling 1
East 1	Urbandale 1
East 1	H. Radcliffe 1
East 0	Newton 2
East 2	Knoxville 0
East 0	Roland Story 2
East 3	Lincoln 0
East 1	Indianola 1
East 2	C. Kuemper 0
East 2	Roosevelt 0
East 1	CB Lincoln 2
East 3	North 1
East 2	SE Polk 0
East 1	Norwalk 1
East 1	Oskaloosa 1
East 1	Woodward G. 2
East 3	SE Polk 0
East 2	CE Wash. 0
East 2	Waterloo C. 0
East 2	D. Wahlert 1
East 1	Cedar Falls 2
East 3	Indianola 1
East 2	Anamosa 0
East 2	SE Warren 0
East 1	Urbandale 1
East 1	Spencer 1
East 1	Iowa Falls 1

- The team takes time out
- before one of their home
- games. The girls often
- had fun before it was time
- to get serious.



VARSITY VOLLEYBALL. FRONT ROW: Deth Phillavanh, Melissa Gervais, Heather Bailiff, Nikki Hanson, ROW 2: Amy Flynn, Natalie Brown, Kara Brown, Tiffany Larson, Jennifer Young. BACK ROW: Johanna Schnoor, Carey Losenicky, Head Coach Mary Bourne, Assistant Coach Dave Frost, Jamie Reidburn, Jennifer Calliguri. NOT PICTURED: Tammy Graham, Manilay Thongsoum.





Freshman Volleyball

Season Record 2-15-4

East	1	Dowling	2
East	0	Lincoln	3
East	1	Roosevelt	4
East	2	North	1
East	2	Hoover	3
East	0	S.E. Polk	3
East	0	West Central	2
East	0	Boone	2
East	1	Adel	1
East	1	Hoover	2
East	2	Dowling	3
East	0	Indianola	3
East	0	Roosevelt	2
East	0	North	2
East	1	Dowling	1
East	1	Hoover	2
East	2	Hoover	0
East	1	Indianola	1
East	0	Dowling	2
East	1	Lincoln	1
East	1	Roosevelt	2

As the opposing team tries to score on freshmen Brenda Dalrymple, Amanda McFadden, Beth Abbas and Sherida Oltman, they use a little defense to get the ball back.

As the JV team takes a time out, they plan how they are going to beat the opposition. This careful planning is useful when the team needs a break.



FRESHMAN VOLLEYBALL FRONT ROW: Brenda Dalrymple, Bobbie Shore, Angie Jennings, Stephanie Breese, Jennifer Randolph, Nicki Littell, ROW 2: Beth Abbas, Sheila Hummel, Jill Ackelson, Amanda McFadden, Sadanan Panvaree. BACK ROW Jennifer Fallis, Sherida Oltman, Coach Laura Steward, Amy Hollingsworth, Katie Anderson, Amy Leeper.

Bumping, setting, and spiking, the JV and freshman volleyball teams went to work against their opponents in the CIML conference. By practicing hard and playing tough games the team gave of their time and talent but still ended with average records.

Coming off of a not so great season, the girls of the freshman team enjoyed playing volleyball anyway.

"I really enjoy playing volleyball and it is a great way of representing East," said freshman **Jill Ackelson**.

The JV team had a very young team made up mostly of sophomore players. Of the twelve sophomore players, nine of them were first-year girls. Having some bad luck against the teams out of conference, the JV team went out and beat every team in the CIML conference at least once.

"These kids were

S PIKING THE COMPETITION

young, but worked extremely hard. They have a very good chance of winning it all next year," said Coach **Dave Frost**.

Even though the practices proved to be tough at times, it was rewarding when the girls finally won.

"At the beginning of the season, practices were hard because we were rusty, but it got easier once the season got going," said sophomore **Robyn Zohbon**.

The JV and freshman volleyball teams hope

to have better seasons next year. The JV team finished second in their conference. With most of the team returning, and new members joining the team, they hope this will be a

key element to another winning season. All members of the freshman team said that they hope to work out their minor faults and have a winning season at JV level.

93 EAST 94

"My most memorable moment was when we beat North High, the only team that we really wanted to beat."



-Freshman Jill Ackelson

1 2 3 4 5 6 7 8 9



Junior Varsity Volleyball

Season Record 8-10-4

East 1	Dowling	2
East 0	Lincoln	2
East 3	Roosevelt	2
East 2	North	0
East 2	Hoover	0
East 1	Indianola	1
East 1	Dowling	1
East 2	Lincoln	0
East 0	Ankeny	2
East 3	Hoover	0
East 0	S.E. Polk	2
East 0	Dowling	2
East 0	Urbandale	2
East 0	North	2
East 3	Dowling	2
East 2	Indianola	1
East 2	Hoover	0
East 1	S.E. Polk	1
East 1	Indianola	1
East 0	Newton	2
East 0	Boone	2
East 0	Lincoln	2



JV VOLLEYBALL. FRONT ROW: Vannaphone Philavanh, LaVongphasouk, Sunny Sanders, Kellee Byerly, Mandy Bennett. ROW 2: Heather Bailiff, Jessica Piper, Tammie Graham, Debbie Wirtjes, Sarah Dank, Robyn Zohbon. BACK ROW: Diane Bushong, Carey Losenicky, Coach Dave Frost, Lashonda Smith, Kara Brown.



- Freshmen Beth Abbas, Jennifer Fallis and Stephanie Breese use a little teamwork to get the ball to the opposition. Teamwork is a key factor to winning games.

CHOLESTEROL?

What's that?

Sometimes a burger dripping with grease sounds great. Yet other times just some bird-filled fries would hit the spot. No matter what suits your fancy, fast food is definitely the cause of a watering mouth.

Although fast food these days involves high cholesterol and fat contents, and appears to be unhealthy, students seem to be care-free about the health hazards.

"I don't worry about cholesterol or fat," said se-

nior Jason Mrogenski. "I might have a heart attack, but I'll worry about that later."

Sophomore Amanda Swanson said, "Fat doesn't bother me. As long as it gets to my stomach and fills me up, it just doesn't bother me. Whether it be Burger King, McDonald's, or Taco John's most students eat fast food as much as possible."

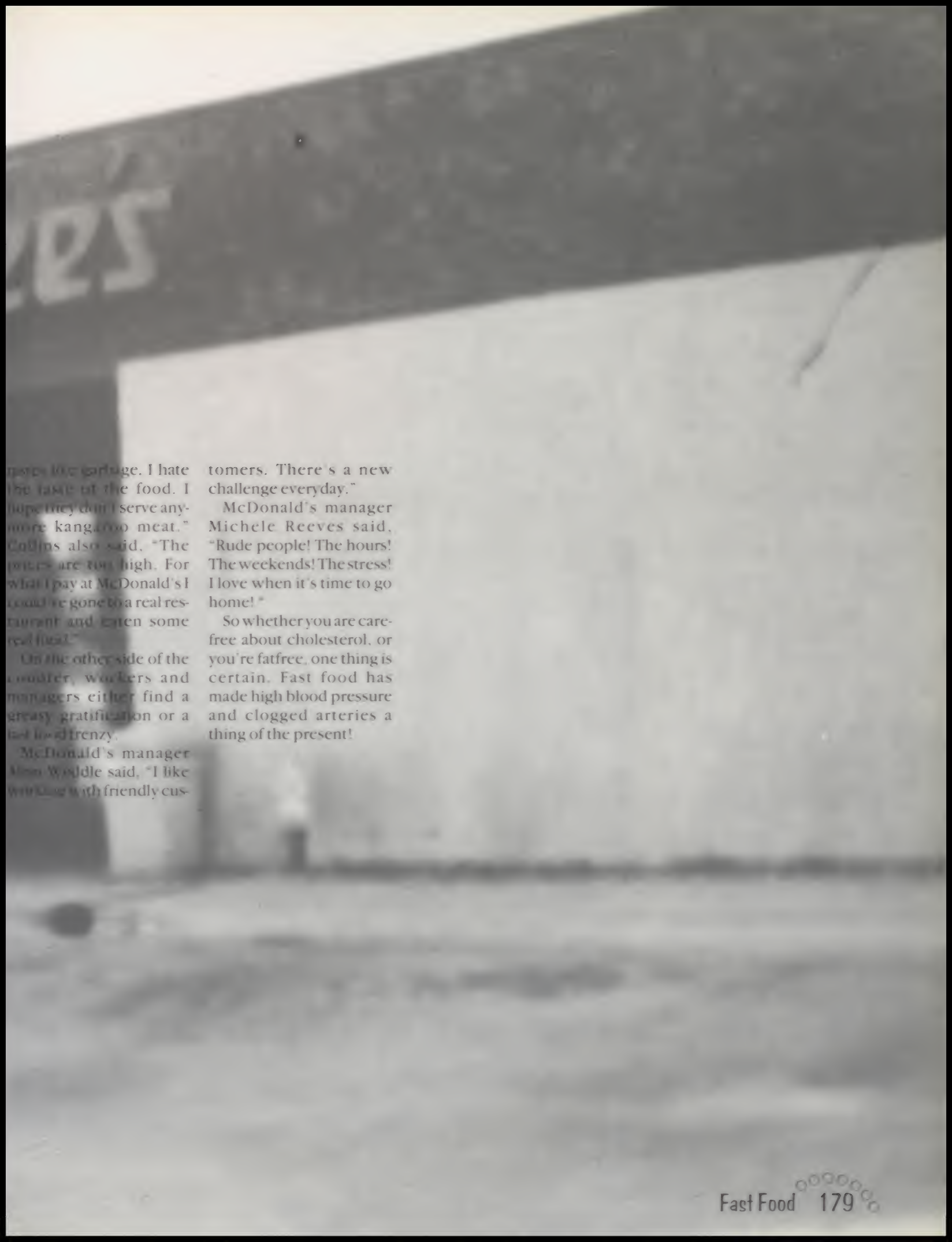
"I could eat fast food three times a day. Breakfast, lunch, and dinner," said senior Dee

Thompson.

Senior Michelle Probst said, "Only get sick of the food when I'm broke." Yet, on the other hand, some health nuts take cover when fast food comes their way.

Cheerleading coach Candy Brady said, "I don't eat fast food. Basically because of the high fat content." The ham burger doesn't taste like hamburger," said sophomore Norman Patton.

History teacher Mr. Bob Collins said, "Fast food



...tastes like garbage. I hate
the taste of the food. I
hope they don't serve any-
more kangaroo meat."
Collins also said, "The
prices are too high. For
what I pay at McDonald's I
could've gone to a real res-
taurant and eaten some
real food."

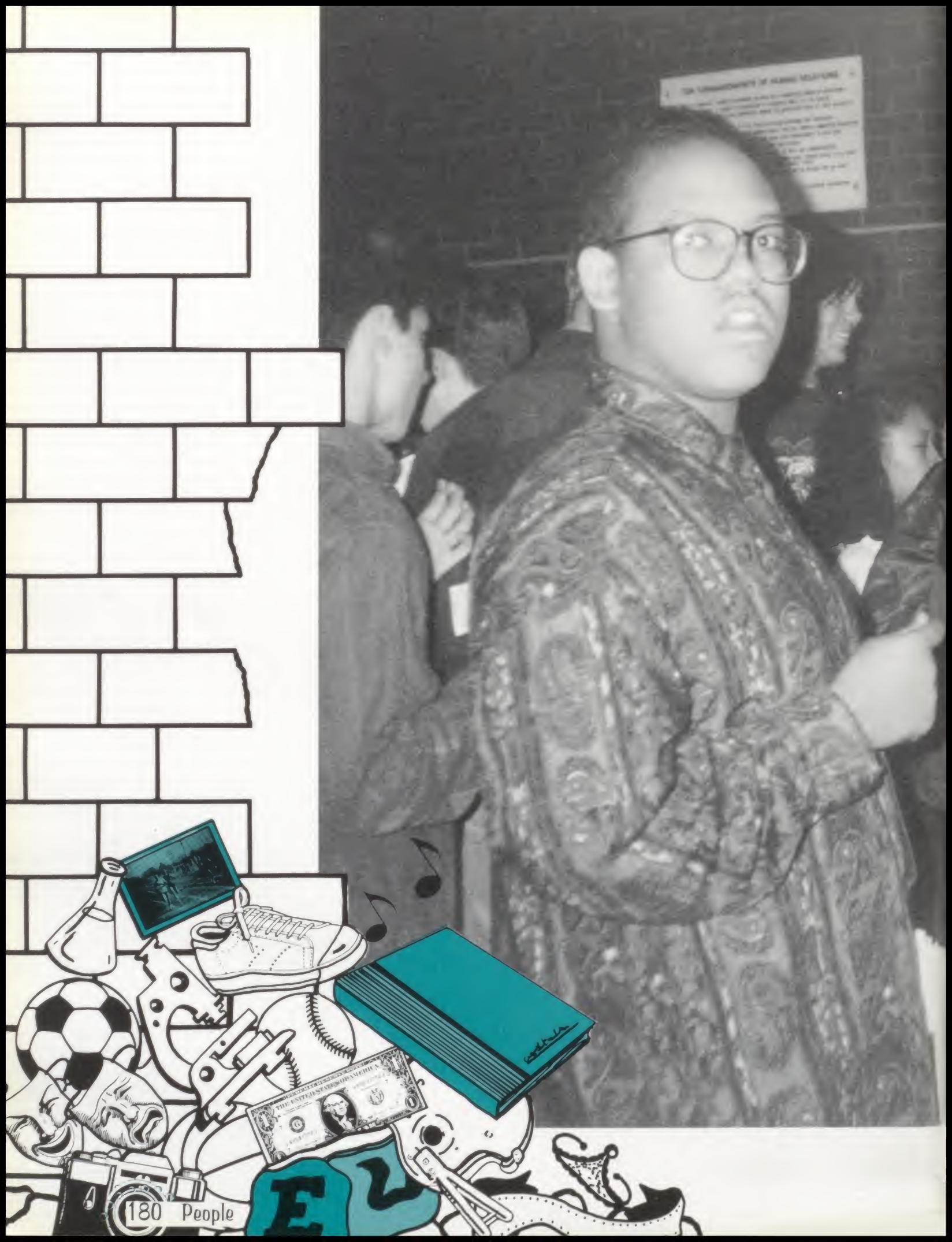
On the other side of the
counter, workers and
managers either find a
greasy gratification or a
fast food frenzy.

McDonald's manager
Ann Wiedle said, "I like
working with friendly cus-

tomers. There's a new
challenge everyday."

McDonald's manager
Michele Reeves said,
"Rude people! The hours!
The weekends! The stress!
I love when it's time to go
home!"

So whether you are care-
free about cholesterol, or
you're fatfree, one thing is
certain. Fast food has
made high blood pressure
and clogged arteries a
thing of the present!



THE UNIVERSITY OF ALABAMA SYSTEM
OFFICE OF THE CHANCELLOR
100 UNIVERSITY BLVD., SUITE 100
TUSCALOOSA, AL 35487-0001
(205) 975-2000
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180 People

EL

Everyone UNDER the SUN

It was during passing time and lunch when the diversity of the student body was the most obvious.

It was there and it was obvious. It was in their faces; it was in their voices. It was even in the way they dressed. Everyone was different. Whether it was the way they dressed or the way they talked, everyone was an individual. Diversity was evident in everything that was done or said.

Students were involved, it was impossible not to be. Everywhere you looked there was something to do or someone to see. You could find someone who was a complete contrast to you or you could find a twin. Even with all of our differences, everyone had a place to belong. Because everywhere you looked, you seen everyone under the sun.



Senior Becky Wilson and sophomores Kara Brown and Jennifer Nemmers show how unique they each are with their expressive faces.

SENIOR

class of

'94

AHSME.....	American High School Mathematics Exam
BPA.....	Business Professionals of America
CBEP.....	Community-Based Education Program
DMACC.....	Des Moines Area Community College
EEE.....	Triple 'E' Club
FCA.....	Fellowship of Christian Athletes
G/T.....	Gifted and Talented Program
ISU.....	Iowa State University
JA.....	Junior Achievement
JROTC.....	Junior Reserve Officer's Training Corps
MCC.....	Multi-Cultural Club
NHS.....	National Honor Society
PTSA.....	Parent/Teacher/Student Association
ROA.....	Reserve Officer Award
UB.....	Upward Bound
UI.....	University of Iowa
UN.....	United Nations
UNI.....	University of Northern Iowa

ACKELSON, JEREMY—Football 1-6; Orchestra 1-8; Sr. Board 7-8; Soccer 1-8; Spanish Club 5; Army
ACKELSON, LAURA—Debate 1-2; Forensics 1-6; French Club 3-6; Kiwanian (August); Mock Trial 4; Model UN; NHS 6-8; Peer Review Court 1-8; Pep 'E' Club 1-4, 7-8; Scroll Staff 7-8; Stu. for the Planet 3-4; Top 15%; 12-B Hostess 7; Who's Who 4, 6; Grinnell College
ALBA, MARIO—Auto Tech. 5-6; Electronics 7-8; Football 1-8; ISU

ALBAUGH, JENNIFER

ANDERSON, CARRIE—ACA 1-4, 7-8; Alumni Dinner 6; Basketball 1-6; Class Day Comm. 8; Debate 1-2; DEW Crew 7-8; Forensics 1-2; Japanese Club 3-6; Prom Comm.; Junior Board 5-6; Kiwanian (August); NHS 7-8; Pep 'E' Club; Scarlet Standout 1-8; Scarleteers 3-8; Sr. English Trip; Sr. Gov't. Trip 7; Softball 1-8; Sr. Breakfast Comm.; Stu. Gov't. 1-8; Top 15%; 12-B Hostess 7; UN Trip; Volleyball 1-6; UNI
ANDERSON, GINNY—Concert Band 1-8; Equip. Mgr. 1-3, 5-7; Honor Band 8; Marching Band 1-8; NHS 7-8; Scarlet Standout 1-7; Scroll Staff 7-8; Sr. English Trip; Grand View

ANDERSON, SCOTT—Alumni Dinner 6; Cheerleaders 7-8; DEW Crew 3-4; Football 1-8; Graphic Arts 5-8; Track 3-4; DMACC
ANDERSON, WESLEY—Baseball 1-8; Basketball 1-8; Golf 3-8; Quill Ad Sales 6-8; UN Trip; Indiana
ARBABIAN, RENAE—Debate 1-8; Equip. Mgr. 1-4; Forensics 1-8; Knowledge Masters 7; Mock Trial 1-2; Pep 'E' Club 1-4; Scarlet Standout 1-8; Stu. Gov't. 1, 5-6; Students for the Planet 3-6; UI





ASWEGAN, AARON—Baseball 1-8; Basketball 1-8; French Club 3-4; Photojournalism 7; Quill Ad Sales 5-8; Scarlet Standout 3; ISU

BABCOCK, ANGELA

BACCAM, MONIC—Alumni Dinner 4-6; Cheerleaders 3-8; Pep 'E' Club 1-2, 7-8; Quill Ad Sales 5; Scarlet Standout 7-8; Scarleteers 3-8; Stu. Gov't 1-2; III



BALES, CHRISTOPHER—Wrestling 7-8.

BALOUN, EUGENE

BARACH, ANASTASIA—DMACC



BARDEN, NIKKI—BPA 7-8; Office/Lib. Asst. 8; Pep 'E' Club 1-8; Prom Comm. 7-8; Scarlet Standout 3-4; Sr. Breakfast Comm.; Steppers 7-8; Swimming 1-2; Wrestling Mgr. 3-5; UI

BARLOW, KORI

BARRY, MELISSA



BATY, ANIKA—Basketball 1-8; Buddy System 7-8; Debate 1-2; MCC 7-8; Ring Comm. 7-8; Scarleteers 7-8; Track 1-6; Volleyball 1-2; ISU

BEALS, MICHAEL

BEARDSLEY, SARAH—Alumni Dinner 1-8; BPA 7-8; Class Day Comm. 8; Prom Comm.; PEOPLE PE 7; Pep 'E' Club 1-8; Play Production 3-4; Quill Ad Sales 7; Scarleteers 1-8; Steppers 1-7; Stu. Gov't 1-2; Hamilton Business College



BELCHER, ADRIAN

BENEDICT, ALAN—Graphic Arts 5-8; Photojournalism 3-8; DMACC

BERRY, HEATHER—Concert Band 1-2; Marching Band 1; Quill Staff 6-7; Scarleteers 5-6; UN Trip

BETHARDS, SHELLI—Alumni Dinner 3-4; BPA 7-8; Equip. Mgr. 1-2; Office/Lib. Asst. 1-8; Pep 'E' Club 1-8 (historian); Prom Comm.; Scarleteers 7-8; Stud. Gov't. 3-4; 12-B Hostess. AIB

BICKEL, BRIAN—Alumni Dinner 2; Cross-country 1-8; Office/Lib. Asst. 7-8; Pep 'E' Club 1-2; Scarlet Standout 7-8; Sr. English Trip; Spanish Club 7-8; Top 15%; Track 1-8; UN Trip; Wrestling 1-2; Ring Comm. 7-8; Special Olympics 2; JV Peer Court 7-8. UI

BIENAIME, RAY—Office/Lib. Asst. 6-8; Photojournalism 7-8; Physics Trip; Scarlet Standout 1-3; DMACC.

BILLUPS, RACHEL—Pep 'E' Club 7-8; Simpson College

BLACK, CURTIS

BOS, JEREMY

BOYER, RYAN

BRADEN, LESLIE

BREESE, IVAN

BRENNAN, AMY—BPA 7-8; Class Day Comm.; Pep 'E' Club 3-8; Scroll Staff 7-8; Top 15%; UN Trip; Office/Lib. Asst. 3-8; New Horizons 4. AIB

BROWN, CYNTHIA—Class Officer 5-6 (secretary); DEW Crew 5-6; French Club 3-8; Jr. Board 5-6; Kiwanian (February); Pep 'E' Club 1-8 (vice-president); Scarlet Standout 1, 3-4, 6; Scarleteers 2-8; Sr. Board 7-8; Sr. English Trip; Steppers 2-8 (captain); Stud. Gov't. 2-8 (treasurer); Tennis 1-8 (captain); Top 15%; UN Trip; Class Day Comm.; Concert Band 2, 4; Concert Choir 1-2; Honor Band 2. Grand View

BROWN, EDWARD

BURGESS, JANE—Jr. Board 5-6; Kiwanian (April); NHS 7-8; Pep 'E' Club 3-8; Quill Ad Sales 6; Scroll Staff 6-8 (ad manager 6, editor 7-8); Spanish Club 3-4; Sr. English Trip; Top 15%; UN Trip; Office/Lib. Asst. 5-8; Acad. Letterwinner 1-2. UNI

BURKHEAD, DAVID—Florida State

CAMPELL, DAWN—Buddy System 7-8; Career Beginnings 3-8; DEW Crew 4-8; Equip. Mgr. 5-6; Orchestra 1-4; Pep 'E' Club 1-8 (secretary 7-8); Physics Trip; Prom Comm.; Scarleteers 3-8; Sr. English Trip; Stud. Gov't. 3-4, 7-8; Tennis 1-8. ISU





CAMPELL, TARA - Art Club 2, Japanese Club 5-8, Scarlet Standout 1, Sr. English Trip: G/T 1-8, Gov't Trip 7, Who's Who 1-2, ISU
CANTRELL, MARGARET - Colorguard 7-8, French Club 1-4, Marching Band 7-8, New Horizons 5-8, Pep 'E' Club 1-6, Silent Vibes 3-8, Tennis 3-8, Theater Arts 5-8, Track 1-2, UNI
CARNAHAN, HEATHER - BPA 7-8, French Club 1-4, Golf 6, NHS 7-8, Office/Lib. Asst. 5-6, Pep 'E' Club 1-6, Scarlet Standout 1, 3, 6, Sr. English Trip: Top 15%, UN Trip, Acad. Letterwinners 1-2, DMACC



CARPENTER, CORA - Alumni Dinner 1-4, Class Day Comm., Model UN 1-4, Office/Lib. Asst. 3-4, 7-8, Pep 'E' Club 1-8, Prom Comm., Scarlet Choir 1-2, Scarlet Standout 1-4, Scarleteers 5-8, Sr. English Trip, Sr. Breakfast Comm., Stud. Gov't 3-8, 12-B Hostess 7, UN Trip, Pep Club Board 1-4, Central Missouri State University
CARREON, STEVEN - Football 5-8, Scarlet Standout 3, Sr. English Trip, UI
CARROLL, JEFFREY - Football 1-3, New Horizons 5-8



CARTER, LEANAE - MCC 7-8, Career Beginnings 3-8, Kiwanian (April), NHS 6-8, New Horizons 3-8, PEOPEL PE 3-8, Photojournalism 3, Quill Ad Sales 8, Scarlet Standout 1-6, Softball 1, Top 15%, ISU
CLARK, DANIEL - Scarlet Standout 1-2, Top 15%, UN Trip, Industrial Tech Fair Asst. 3-6, ISU
CLARK, JEFFREY



CLINE, DAVID
COE, ANTHONY - Basketball 7-8, Football 1-8, Physics Trip, Scarlet Standout 1-3, Sr. English Trip, Spanish Club 5-6, Football All-Acad. Team 5-6, UNI
CONSORTI, ELISABETH - Pep 'E' Club 1-2, Scarlet Standout 3-4, University of Arizona



COOK, CHRISTINE - DEW Crew 7-8, Light/Sound Crew 3-8, Pep 'E' Club 1-8, Photojournalism 5-8, Scarlet Choir 1-2, Scarlet Standout 2-8, Prom Comm., School Play 3-8, Theater Arts 3-8, 12-B Hostess 7
COOK, DAWN - New Horizons 7-8, Volleyball 1-4, ISU
COX, KARILEE - Basketball 1-8, BPA 7-8, Class Officer 1-2, Office/Lib. Asst. 7-8, Scarlet Standout 6-7, Sr. English Trip, Softball 1-2, Top 15%, Track 3-4, Volleyball 1-4, Baptist Bible College

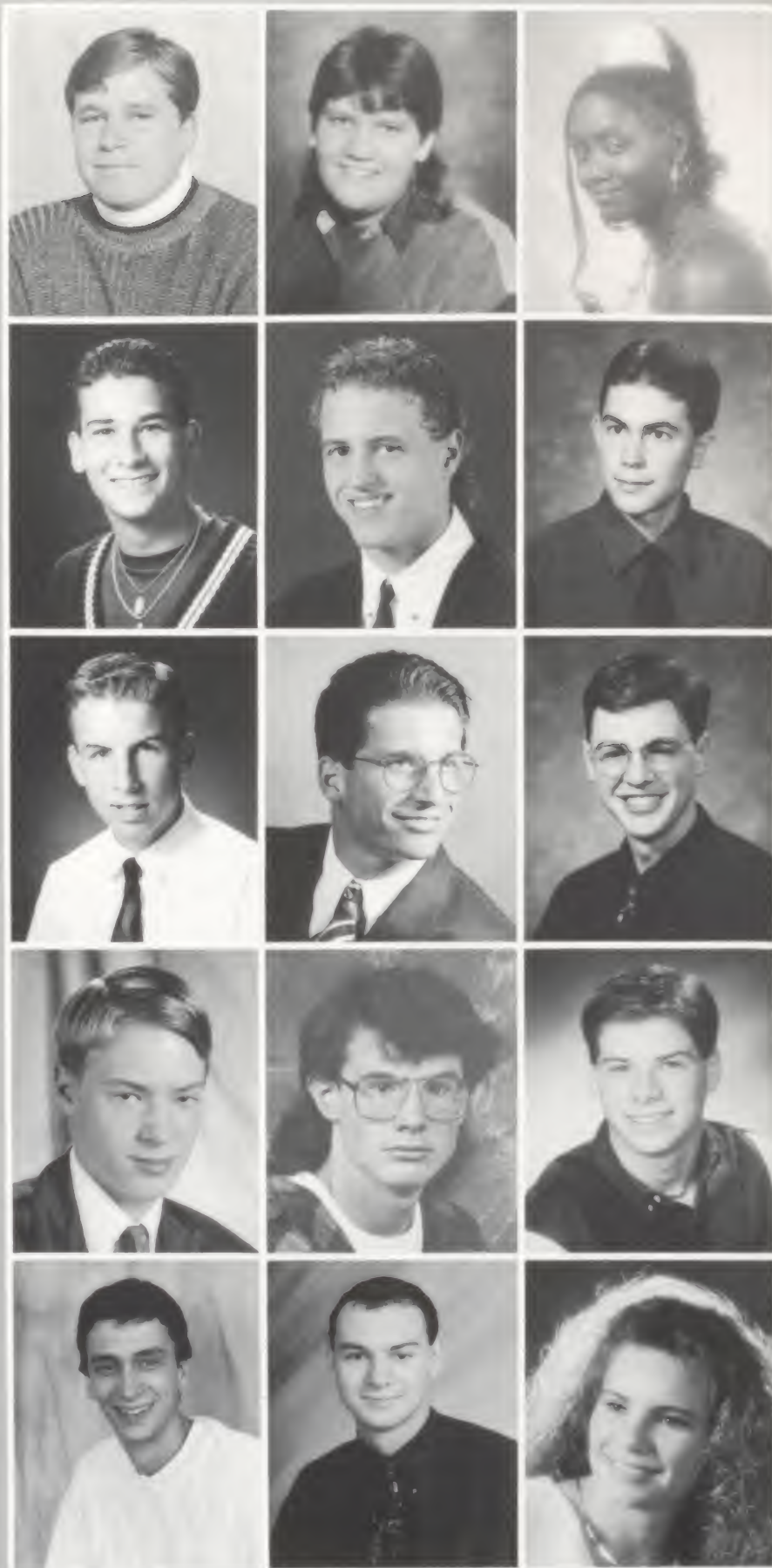
CULLER, JAMES-Baseball 5-6, New Horizons 1-8.
CURTIS, DEBRA
DAVIS, MARCELLETE

DEANGELO, SAMUEL-Football 1-4; Office Lib. Asst. 8; Prom Committee, Quill
Ad Sales 7-8, Alaskan Institute of Oceanography
DICKSON, RYAN
DIMAIO, CHAD-Quill Ad Sales 7; Scarlet Standout 1-2

DOBBINS, ANDREW-Cross-country 3-8; Track 1-8, Army
DOUGLASS, DUSTIN-Baseball 2, 4; Concert Band 1-8; Golf 1-8; Jazz Band 3-8;
Marching Band 1-8; Pep 'E' Club 3-4, 7-8; Scarletcers 3-4; UN Trip; Wrestling 1-8;
Spree Attendant 2; Post Prom Comm.; Acad. Letterwinner 5-8; Drum Major 7-8.
ISU
DULLARD, SCOTT-Concert Band 1-4, 7-8; Honor Band 8; Jazz Band 3-4, 7-8;
Marching Band 1-8; Pep 'E' Club 4-8; Photojournalism 4; Scarlet Standout 7;
University of Illinois at Urbana

EMERSON, JOSH-Acad. Decathlon 5; Debate 1-8; NHS 5-8; Scarlet Standout 3;
Sr. English Trip; Soccer 1-8; Tennis 3-8; Top 3%, Grinnell College
ERICKSON, GARY
FERRELL, JAMES-Quill Ad Sales 5-6; Wrestling 1-6, DMACC

FETTERS, JOHN-Pep 'E' Club 7; Quill Ad Sales 7; Soccer 1-8, DMACC
FISHER, SHANE-Debate 3-4; Forensics 3-4; Physics Trip; Sr. English Trip; Tennis
4, 8; Top 15%, Wrestling 1-6, ISU
FITCH, JENNIFER





FLESHER, KELLY-Alumni Dinner 6; French Club 1-4; Pep 'E' Club 3-8; Prom Comm.; Scarlet Standout 3, 6; Sr. English Trip; Sr. Breakfast Comm.; 12-B Hostess 7; UN Trip; Who's Who 1, 3, 5; Post Prom Comm.; AIB
FOREMAN, ANGELA-BPA 7-8; Pep 'E' Club 3-4; Prom Comm.; Sr. Breakfast Comm.; Volleyball 1-4; DMACC
FREEMAN, LAURA-Light/Sound Crew 1-6; Play Production 2, 3, 5-6; Quill Ad Sales 7; School Play 1-7; Silent Vibes 1-7; Theater Arts 3-7; Thespians 3-7; Cultural Theater 7



FULLER, ADAM-Kiwanian (December) 7; NHS 6-8; Scarlet Standout 1-8; Sr. English Trip; Physics Trip; Soccer (captain) 1-8; Spanish Club 7-8; Top 3%; UN Trip; National Youth Leadership Council 7; Luther College
GALLARDO, LISA
GARNER, JENNIFER-Equip. Mgr. 3-8 (wrestling); Scarleteers 3-8; Sr. English Trip; Spanish Club 3-8; Top 15%; DMACC



GERVAIS, MELISSA-Alumni Dinner 6, 8; Golf 3-8; Jr. Board 5-6; Office; Lib. Asst. 3-8; Pep 'E' Club 1-8; Prom Comm.; Scarlet Choir 1-2; Scarlet Standout 1-6; Scarleteers 7-8; Sr. Breakfast Comm.; Stud. Gov't. 3-4; Top 15%; 12-B Hostess; UB 3-8; Volleyball 7; Post Prom Comm.; Central College
GIST, RICHARD
GREEN, GRANT



GROVER, CLIFF
HARKER, MATTHEW
HALBUR, YVONNE-Cheerleaders 1-2; Prom Comm.; Jr. Board 5-6; Office; Lib. Asst. 5-6; Pep 'E' Club 1-2, 5-6; Prom Comm.; Scarlet Standout 1-2; Scarleteers 3-6; Steppers 7-8; 12-B Hostess; UN Trip; Prep Choir 5-6; ISU



HARRIDGE, JENNIFER-A Cappella 3-4; Alumni Dinner 1-8; Cheerleaders 1-4; 7-8; Class Day Comm.; Class Officer (secretary) 1-2; Prom Comm.; Office; Lib. Asst. 7; Pep 'E' Club (secretary) 1-8; Prep Ensemble 1-2; Scarleteers 1-8; Sr. Board 7-8; Sr. English Trip; Steppers 5-6; 12-B Hostess; UNI
HARRIS, KISH-Buddy System 7-8; French Club 5-6; Kiwanian (January); Scarlet Standout 5-6; Scarleteers 7-8; Track 1-8; Girls BB Equip. Mgr. 7-8; Ring Comm. 7-8; MCC 7-8; ISU
HARRISON, JENNIFER-French Club 3-4; Prom Comm.; Jr. Board 5-6; Pep 'E' Club 1-3; Quill Ad Sales 6; Sr. English Trip; 12-B Hostess; Volleyball 1-6; UNI

HARRISON, KIRSTEN

HART, SCOTT-Baseball 1-8; Basketball 1-6; Golf 1-8; Kiwanian (February) 8;
Scarlet Standout 3-6; Sr. Board, Stud. Gov't. 1, 3, 8; Top 15%; UN Trip. ISU
HATHI, LA-Cheerleaders 3-6; French Club 3; New Horizons 7-8; Office/Lib. Asst.
1-3; Pep 'E' Club 1-4; Prom Comm.; Scarlet Choir 1-2; Scarleteers 3-6; Spanish
Club 5; Stud. Gov't. 3-5; University of Houston



HAYES, MISTY-Colorguard 5-8; Debate 1-4; Forensics 1-4; Marching Band 5-8;
Pep 'E' Club 1-8; Prom Comm.; Scarlet Choir 3-4; Scarlet Standout 2, 4; Scarleteers
5; Top 15%; 12-B Hostess; UN Trip; Marching Auxillary All Star 7-8; Grand View
HELDENBRAND, MATTHEW-Alumni Dinner 2; Cross-country 1-3, 5-7; DEW
Crew 7-8; Office/Lib. Asst. 7-8; Pep 'E' Club 1, 2, 7-8; Scarlet Standout 1-2; School
Play 1; Sr. English Trip; Spanish Club 7-8; Stud. Gov't. 7; Top 15%; Track 2, 4, 6, 8;
UN Trip; Wrestling 1-4; Ring Comm.; Drake Relays 2, 4, 6, 8; UI
HENDERSON, BRANDI-BPA 7-8; DEW Crew 5-8; French Club 3-6; Junior Board
5-6; Office/Lib. Asst. 1-6; Pep 'E' Club 1-8; Scarlet Standout 3-4; Scarleteers 3-4;
Scroll Staff 5; Stud. Gov't. 1-4; Tennis 2, 4; UN Trip; North Central Bible College

HEUTON, COLE

HIATT, HEIDI-Softball 1-2; DMACC

HIBBERT, WENDY-Art Club 3-9; Concert Choir 1-6; Drama Club 5-8; NHS 6-8;
Scarlet Standout 6-7; School Play 1-8; Scarlet Vibes 6; Spanish Club 3-4; Spring
Musical 6; Theater Arts 5-8; Thespians 7-8; Top 15%; Honor Choir 1, 3; Future
Homemakers of America 1-5; Grand View



HOCKETT, JASON-Basketball 1-2; Renaissance Comm. 3-4; EEE Club 1-8;
DMACC

HODGES, ANGEL-BPA 7; Pep 'E' Club 1-8; Scarlet Standout 3-4; Silent Vibes 1-6;
AIB

HOLLINGSHEAD, ARIC-Football 1-4; Tennis 1-2; Wrestling 1-8; DMACC



HOLTMAN, JASON

HOOD, DONNA

HORTON, DAN





HOWELL, JAIME-Alumni Dinner; BPA 7-8; Scarlet Standout 1-2; DMACC
HUTCHINGS, MATTHEW
INGRAHAM, LEAH-New Horizons 5-8; Office/Lib. Asst. 6; Photojournalism 7;
 Scarlet Standout 4; DMACC



JACKSON, FRANCINE-MCC 7-8; Buddy System 7-8; Career Beginnings 5-8;
 Office/Lib. Asst. 5-8; Scarlet Standout 1-4; Scarleteers 7-8; Track 2, 4; AIB
JACOBS, AUBREY-Drama Club 5-8; French Club 3-4; NHS 6-8; Pep 'E' Club 3-8;
 Quill Staff 5-6; Scarlet Standout 3-8; School Play 7-8; Sr. English Trip; Stud. Gov't
 7-8; Theater Arts 7-8; Top 15%; UN Trip; UB 4-8; Marymount Manhattan College
JARRETT, WENDIE-PEOPLE PE 7; Pep 'E' Club 3-7; Sr. English Trip; 12-B
 Hostess; DMACC



JOHNSTON, COURTNEY-Alumni Dinner 8; Class Day Comm.; Jr. Board 5-6; Pep
 'E' Club 1-8; Prep Ensemble 1-2; Prom Comm.; Quill Ad Sales 6; Quill Staff (stud.
 life editor 7-8); Sr. English Trip; Sr. Breakfast Comm.; Swimming 1; 12-B Hostess;
 UN Trip; Who's Who 5-8; UNI
JONES, PENNY-Concert Choir 7-8; Office/Lib. Asst. 1-4; Scarlet Choir 3-4; Scarlet
 Standout 1-2; Talent Search 1-8
JONES, RALPH-Football 1-2; New Horizons 7-8; Photojournalism 5-8



JONES, TERESA-Colorguard 1-2, 5-8; Concert Band 1-8; Honor Band 3; Marching
 Band 1-8; Pep 'E' Club 5-6; Prom Comm.; Scarlet Standout 1; Sr. English Trip; UN
 Trip; Portal Staff 1-2; Marching Auxiliaries All-Star 6-7; AIB
JORDAN, BOBBIANN-Alumni Dinner 1-8; Buddy System 7-8; Cheerleaders 1-2;
 Class Officer 3-4; DEW Crew 1-2; Office/Lib. Asst. 1-8; PEOPLE PE 2-6; Pep 'E' Club
 1-8; Scarleteers 1-8; Steppers 2-6; Twelve-B Hostess; Homecoming Court 7
JUAREZ, MARK



KAUZLARICH, MARCI-Alumni Dinner 2, 4, 6, 8; Cheerleaders 1-6 (captain 3-4);
 Class Day Comm.; Concert Band 2, 4, 6, 8; DEW Crew 3-8; Honor Band 1-4; Jr.
 Board 5-6; Marching Band 1, 3; Office/Lib. Asst. 1-8; PEOPLE PE 3-8; Pep 'E' Club 1-
 8; Prom Comm. 8; Scarlet Standout 3-4; Scarleteers 3-8; Sr. Board 7-8; Sr. English
 Trip; Spanish Club 5-8; Sr. Breakfast Comm.; Steppers 7-8; Stud. Gov't 7-8; 12-B
 Hostess 7; UN Trip; G/T 1-8; Nat. Youth Leadership Council 7-8; Ambassador 3-4;
 UNI
KEESLER, MELLISA-BPA 7-8; Office/Lib. Asst. 7-8; Quill Ad Sales 5-6; Scarlet
 Standout 5; Sr. English Trip; UN Trip; AIB
KEPHART, JOHN

KERN, CAROLINA-Scarlet Standout 5-6; Silent Vibes 3-8.
KERN, LORINA-Prom Comm.; Scarletteers 3-8; Swimming 2-6; Tennis 3-8; 12-B Hostess 7; Stud. Athletic Director 7-8; Northwest Missouri State
KHA, KEO



KHAN, SABRIYA
KIMBALL, JEFFREY-Basketball 1-8; Concert Band 1-2; Football 7-8; Marching Band 1-2; Photojournalism 5-6; Scarlet Standout 3-4; Sr. English Trip; UI
KIMMEL, MELODY



KINGERY, QUINTON
KNIGHT, AMANDA-Office/Lib. Asst. 3-6; Photojournalism 4-7; Scarletteers 6; DMACC
KNIGHT, AMY-Alumni Dinner 1-6; Basketball 1-4; Class Officer 1-4; Jr. Board 5-6; Pep 'E' Club 1-6; Prom Comm.; Scarletteers 3-6; Sr. English Trip; Softball 1-4; Steppers 5-8; 12-B Hostess 5; UN Trip; DMACC



KNIGHT, JENNIFER-Colorguard 5-8 (captain 7-8); Concert Band 1-6; Equip. Mgr. 1-4; Marching Band 1-8; NHS 7-8; Pep 'E' Club 7-8; Scarlet Standout 4; Scarletteers 5-6; School Play 1-4; Sr. English Trip; Silent Vibes 1-4; Sr. Breakfast Comm.; Top 15%; 12-B Hostess 7; All-State All-American 7-8; Acad. Letterwinner 3-4; Drake
LARSON, TIFFANY-Stud. Gov't. 1-8 (vice-president 7-8); Pep 'E' Club 1-8 (president 7-8); Volleyball 1-8; UN Trip 6; 12-B Hostess 7; Class Officer 1-6 (treasurer); Sr. Board 7-8; Jr. Board 5-6; Tennis 3-8; DEW Crew 5-6; Alumni Dinner 1-8; Class Day Comm.; Prom Comm.; Sr. Breakfast Comm.; Softball 1-2; IU
LAW, MEGAN-Colorguard 1-2; Debate 1-4; Forensics 1-4; Jr. Board 5-6; Pep 'E' Club 1-3; 5-8; Prom Comm.; Quill Ad Sales 5-6; Scarletteers 5-6; Sr. English Trip; Sr. Breakfast Comm.; Steppers 5-8; Stud. Gov't. 1-6; 12-B Hostess 7; UN Trip; Grand View



LEE, NANCY-MCC 7-8; Career Beginnings 3-8; Concert Band 3-6; DEW Crew 7-8; Jazz Band 3-6; Marching Band 3-6; New Horizons 4-8; Quill Staff 3-7; Scarlet Choir 2; School Play 2; Sr. English Trip; Stud. for the Planet 3-4; Track 4; Band Trip 4; UNI
LEEPER, MICHAEL
LEETE, JASON-Class Day Comm.; NHS 7-8; Office/Lib. Asst. 2-8; Scarlet Standout 2-6; School Play 2; Sr. English Trip; Top 3%; G/T 5-8; Portal Staff 7-8; UNI





LEITZKE, SALLY

LETHCOE, LORI—NHS 7-8 (president); Kiwanian (November); Class Officer 7-8 (vice president); Theater Arts 5-8; Top 3%; Photojournalism 3-4; Pep 'E' Club 1-8; Jazz Band 1-8; Concert Band 1-8; Cheerleaders 1-2, 7-8; Marching Band 1-8; UN Trip; Tennis 1-8; Sr. English Trip; DePaul University
LEVY, NICHOLE—Alumni Dinner 7-8; Class Day Comm.; Debate 1-8; Forensics 1-8; Office/Lib. Asst. 1-8; PEOPLE PE 5-8; Pep 'E' Club 1-8; Prom Comm.; Quill Ad Sales 7-8; Sr. English Trip; Sr. Breakfast Comm.; 8. Stud. Gov't. 1-8; Stud. for the Planet 1-2; Stud. in Leadership 5-6; 12-B Hostess; Powder Puff Game 1-8; Northwest Missouri State



LOPEZ, DENA—Career Beginnings 5-8; Colorguard 1-4; Jr./Sr. Prom Comm. 8; Prom Comm. 8; Sr. English Trip; Steppers 5-8; Talent Search 7-8; 12-B Hostess; UN Trip; UB 5-6; Wrestling 3-4 (manager); Northwest Missouri State
LOSENICKY, SCOTT—Drama Club 1-8 (sec. 3-4, vice-president 5-6, president 7-8); Light/Sound Crew 1-8; Pep 'E' Club 5-6; Play Production 1-8; Scarlet Standout 6-8; Silent Vibes 6-8; Theater Arts 3-8; School Play 1-8; Nat. Council on Youth Leadership 7; USAF
LUONG, ATID—Cheerleaders 7-8; Football 1-8; French Club 7-8; Physics Trip; Scarlet Standout 5-6; Sr. English Trip; Top 15%; Wrestling 1-2; U



LUPKES, JOLEEN—Pep 'E' Club 7-8; Scarlet Standout 3, 7; DMACC
LUVAN, TORA—Scroll Staff 7-8; UB 3-8; ISU
MATHEWS, AMY



MAYES, CORY

McCLAIN, JODI—Knowledge Masters 7; NHS 7-8; Quill Staff 5-8 (design ed 7-8); Scarlet Standout 1-8; Scarleteers 5; Sr. English Trip; Spanish Club 1-4, 7-8 (officer 7-8); Top 3%; UN Trip; Graph Arts Staff 3-4, 7; Acad. Letterwinner 1-8; William Jewell College
McCLISH, STACEY—Quill Ad Sales 7; AIB



McCREA, KELEE—BPA 7-8; Office/Lib. Asst. 7-8; DMACC

McKINLEY, MARK

McMAHON, LORI—Quill Ad Sales 7; Scarlet Vibes 3-7; UN Trip; AIB

McNALLY, JENNIFER-PEOPEL PE 1-8; Scarlet Standout 1-8;
 MERRYFIELD, HEATHER-DMACC;
 MESSER, BRENDA-BPA 5-8; Scarlet Standout 1-4; Top 15%; Prep Choir 1-2; Acad.
 Letterwinner 3-4. AIB



MICHAEL, DAVID JR-Alumni Dinner 6; Football 1-8. ISU
 MICHAELIS, JULIETTE
 MILLARD, CHRISTI



MITCHELL, JASON
 MOE, JASMINE-Photojournalism 7; Prom Comm.; Sr. English Trip. DMACC
 MOEN, JASON-Basketball 1-8; Office/Lib. Asst. 3-4; Scarlet Standout 1-4



MONTTOYA, GAYLE-BPA 5-8; Office/Lib. Asst. 5-6; Quill Ad Sales 7-8; Scarlet
 Standout 5-6; UN Trip.
 MORROW, AMY-Concert Band 2-6; Office/Lib. Asst. 2-8; Scarlet Choir 1;
 Volleyball 1
 MROGENSKI, JASON-Alumni Dinner 8; Class Day Comm.; French Club 1-4;
 Honor Band 3-8; Jazz Band 3-8; Marching Band 1-8; Pep 'E' Club 5-6; Physics Trip;
 Quill Staff 5-8 (co-copy ed. 7-8); Scarlet Standout 3; Sr. English Trip; Sr. Breakfast
 Comm.; Tennis 1-8; Top 15%; UN Trip. UNI



MULLER, ALISHA-Physics Trip; Prom Comm.; Sr. English Trip; Tennis 6, 8; UN
 Trip; Who's Who 6. UI
 MULLINS, SHERRY-Scarlet Standout 2, 3, 6; Top 15%; Acad. Letterwinner 1-2.
 DMACC
 MURPHY, CHRISTOPHER-Baseball 3-8; Scarlet Standout 3-4; Graceland College





MURPHY, SCOTT

NACE, TRAVIS- Alumni Dinner 4-6; Class Day Comm.; Football 3-8; Prom Comm.; Quill Ad Sales 8; Sr. Board 7-8; Spanish Club 3-8; Sr. Breakfast Comm.; Track 3-8; ISU

NEUBAUER, ERIC



NIEMEYER, JOEL

NIZZI, EOLO

NOREM, AARON



OLLIE, CHRISTINA

OLSEN, THOMAS-Office/Lib. Asst. 1-2; Photojournalism 6; Scarlet Standout 6; Track 4-8; DMACC

OLSON, GREGORY JR.



OWEN, DAWN

PALMER, LYLE- Office/Lib. Asst. 5-6; Scarlet Standout 3-4; Sr. English Trip; Stud. Gov't. 7-8; UN Trip; DMACC

PAYNE, ALLISON



PELIHAM, ANTHONY- Alumni Dinner 3-8; Baseball 3-5, 7-8; Class Day Comm.; Football 3-4, 7-8; Jr. Board 5-6; Pep 'E' Club 7-8; Photojournalism 4; Prom Comm.; Scarleteers 7-8; Sr. Board 7-8; Spanish Club 7-8; Sr. Breakfast Comm.; Stud. Gov't 7-8; Top 15%; UN Trip; ISU

PENAKE, MICHAEL- Alumni Dinner 6; French Club 3-8; Jr. Board 5-6; Marching Band 1; Pep 'E' Club 6-8; Physics Trip; Prom Comm.; Sr. Board 7-8; Sr. English Trip; Soccer 1-8; Stud. Gov't. 7-8; Top 15%; UN Trip; UI

PHILAVANII, VANNADETH- Alumni Dinner 1-6; Basketball 1-6; Buddy System 7; Jr. Board 5-6; Office/Lib. Asst. 1-2; Pep 'E' Club 1-8 (vice president 7-8); Scarleteers 3-6; Sr. Board 7-8; Sr. English Trip; Sr. Breakfast Comm.; Stud. Gov't. 1-8 (secretary 7-8); Stud. In Leadership 3-4; 12-B Hostess; UN Trip; Volleyball 1-8; UNI

PHIV, SREYMAO

PICRAY, SUSAN-Volleyball (equip. mgr. 1); Jr. Board 5; Office Lib. Asst. 5-8; Pep 'E' Club 1-8; Prep Ensemble 1-2; Scarlet Standout 3; Scroll Staff 7-8; Sr. English Trip; Students for the Planet 3; Top 15%; UN Trip; Northwest Missouri State University
PLYM, SCOTT-Physics Trip; Sr. English Trip; Soccer 3-8; Spanish Club 7-8; ISU

POLSON, WARREN

POOLE, BRENDA

PORTER, JENNIFER-Alumni Dinner 6; Jr. Board 5-6; Pep 'E' Club 3-6; Prom Comm.; Quill Ad Sales 7; Scarlet Choir 1-2; Sr. English Trip; UN Trip; ISU

PRIMM, MICHELLE-A Cappella Choir 3-8; Alumni Dinner 3-8; Class Day Comm.; DEW Crew 7-8; Jr. Board 5-6; Pep 'E' Club 1-8; Prom Comm.; Scarletteers 3-8; Sr. Board 7-8; Sr. English Trip; Steppers 3-8; Stud. Gov't. 3-8; 12-B Hostess; UN Trip; ISU

RAMIREZ, CARMELA

RASMUSSEN, CHRISTINA-Office/Lib. Asst. 5-6; Pep 'E' Club 3-8; Prom Comm.; Scarlet Standout 1-4; Scarletteers 4-6; Sr. English Trip; Stud. Gov't. 3-8; 12-B Hostess; University of California-Davis

RAZOR, TODD

REBEL, BRIAN-Debate 1-8; Forensics 1-8; NHS 5-8; Scarlet Standout 2,4,6; Top 3%; Grinnell College
REED, DON

REEVES, CHARITY-Alumni Dinner 3-8; Cheerleaders 1-8 (captain 7-8); Jr. Board 5-6; Kiwanian (March); NHS 7-8; Pep 'E' Club 1-8; Quill Staff 5-8 (editor-in-chief); Scarletteers 3-8; Sr. Board 7-8 (treasurer); Stud. Gov't. 7-8; Theatre Arts 5-6; Top 3%; 12-B Hostess; Who's Who 5-8; ISU

REMSTER, BRENT

RENNER, STEPHANIE-Concert Band 1-8; French Club 3-8 (president 6-8); Marching Band 1-8; NHS 7-8; Pep 'E' Club 7-8; Physics Trip; Prom Comm.; Scarlet Standout 1,3; Scroll Staff 7-8; Sr. English Trip; Swimming 1; Top 3%; University of Evansville





RILEY, JERI-Buddy System 7-8; DEW Crew 5-6; NHS 7-8; Office/Lib. Asst. 1-8; Pep 'E' Club 1-8; Prom Comm.; Scarlet Standout 1-6; Scarleteers 3-4, 7-8; Scroll Staff 5-8; Sr. Board 7-8; Sr. English Trip; Softball 1-6; Sr. Breakfast Comm.; Top 15%; 12-B Hostess; Volleyball 1; Softball Letterwinners 3-4; UNI
ROTTER, JEFFREY-New Horizons 1-8; DMACC
ROURKE, MATT-Baseball 1-8; Class Day Comm.; Class Officer 5-6; Jr. Board 5-6 (President); Kiwanian (October); PEOPLE PE 5-6; Pep 'E' Club 7-8; Scarleteers 3-8; Sr. Board 7-8; Stud. Gov't. 1-8 (president); Top 15%; UN Trip; Wrestling 1-6; University of Texas



ROUSTIO, SCOTT-BPA 7-8; Scarlet Standout 3; Soccer 5-8; Wrestling 5-8; US Army
RUSTAN, BRIAN-PEOPLE PE 1-8
SAMS, GEORGE



SCHARFENBERG, MELISSA-Basketball 1; BPA 6-8; AIB
SCHWARTZMAN, WILBERT
SCOTT, JODI-Basketball 1-8; Cross-country 7; DEW Crew 7-8; NHS 7-8 (vice-president); Pep 'E' Club 5-8; Scarlet Standout 1-8; Scarleteers 5-8; Sr. English Trip; Softball 1-8; Spanish Club 7-8; Stud. Gov't. 7-8; Top 3%; Track 2; UN Trip



SCOTT, MICHAEL-DMACC
SCOVEL, MARTY
SHARP, KARI-Basketball 1-2; Office/Lib. Asst.; Pep 'E' Club 5-8; Prom Comm.; Quill Ad Sales 7-8; Scarleteers 3-8; Sr. English Trip; Stud. Gov't. 7-8; 12-B Hostess 7-8; DMACC



SHELTON, CARRIE-Basketball 1-2; Class Day Comm. 7-8; Office/Lib. Asst. 7-8; Pep 'E' Club 1-4, 7-8; Prom Comm.; Quill Ad Sales 7-8; Sr. English Trip; Sr. Breakfast Comm.; Stud. Gov't. 7-8; Tennis 3-4; 12-B Hostess 7-8; Volleyball 1-4; UNI
SHIPLEY, JASON-Drama Club 5-8 (vice president 5-6); NHS 7-8; Office/Lib. Asst. 1-4; Scarlet Standout 1-8; Silent Vibes 1-7; Theatre Arts 4-8; Thespians 3-8; Top 3%
SHRUM, SCOTT-Acad. Letterwinner 1-2, 5-6; NHS 7-8; Scarlet Standout 1-2, 4-7; Sr. English Trip; ISU

SIMS, DENITA—Acad. Letterwinner 1-2; Pep 'E' Club 5-8; Prom Comm.; Quill Staff 3-8 (people editor 5-8); Scarlet Standout 1-4; Sr. English Trip; Sr. Breakfast Comm.; Top 15%; 12-B Hostess 7; UN Trip; Teachers Aide 4-6. Baylor University
SMALL, HEATHER
SMITH, TYAN



SPARRGROVE, WENDY—Cheerleaders 1-5; Class Day Comm.; Scarlet Standout 7; Sr. English Trip; UN Trip. Grand View
STANLEY, JEFFREY
STANTON, ROBERT—MCC 7-8; Alumni Dinner 3-6; Basketball 1-4; Buddy System 1-6; Career Beginnings 5-8; DEW Crew 1-4; Football 1-8; PEOPLE PE 3-7; Scarleteers 7-8; Spanish Club 3-6; Track 1-8. University of Grambling



STEVENS, JAMES—Scarlet Standout 1-2; Sr. English Trip; Top 15%; Acad. Letterwinner 1-2. DMACC
STOCKER, CHAD
STONE, SARAH



STOUTENBERG, DONALD—Concert Band 4; Marching Band 4; New Horizons 3-8; Quill Ad Sales 7; Swimming 1; Tennis 2. Painters Local 246
STRUBLE, CHRISTOPHER
SWISHER, CHRISTINE



SYFERD, TYREL—Buddy System 7-8; Office/Lib. Asst. 1-2, 7-8; Pep 'E' Club 1-8; Prom Comm.; Quill Ad Sales 7-8; Scarlet Choir 1-2; Scarleteers 5-8; Sr. English Trip; Stud. Gov't. 3-4; 12-B Hostess; UN Trip. DMACC
TAUBE, FRANK—Knowledge Masters 7; NHS 7-8; Office/Lib. Asst. 3-8; Physics Trip; Scarlet Standout 1, 4, 7; Sr. English Trip; Spanish Club 7-8 (treasurer); Stud. Gov't. 7-8; Stud. for the Planet 3-6; Top 15%; Acad. Letter Winner 1-2; Cert. of Merit 3-6. Grand View
TAYLOR, TYSON—Baseball 3-4, 8; Basketball 1-2; Career Beginnings 1-8; Football 1-8; Pep 'E' Club 5-6; Track 1-8. Grambling State University





TESKA, DERRICK—US Navy
THOMPSON, TIA—Alumni Dinner 1-4; Cheerleaders 1-4;
 Class President 1-4; DEW Crew 1-2; Office/Lib. Asst. 1-6; Pep
 'E' Club 1-6; Scarleteers 1-5; Spanish Club 1-6; Stud. Gov't. 1-
 6; 12-B Hostess. Grand View
THOMSEN, JENNIFER



TOMLINSON, CHRISTOPHER
TOMLINSON, DANIEL
TONEY, CRISTY—PEOPLE PE 1-8.



TURKINGTON, DOUGLAS—Scarlet Standout 7.
VAN DALSEM, KATIE—Scarlet Standout 7; Sr. English Trip.
 UNI
VAN GUNDY, JAMES—Scroll Staff 7-8; Top 15%.



VAN NOTE, JAMIE
VAUX, CHRISTOPHER
VENN, KERRY—Office/Lib. Asst. 3-8; Pep 'E' Club 3-8; Prom
 Comm.; Sr. English Trip; Silent Vibes 3-6. AIB



VEST, MICHAEL
VON AHNEN, MATTHEW
VONGPHASOUK, BOUNTHAVY

WARD, ZACHARY—Home Remodeling 7-8; Scarlet Standout 6.
WASHINGTON, RODNEY—Football 1-8; Renaissance Comm. 3-4; Track 3-8.
WAY, WILLIAM



WIAND, PAULA—Photojournalism 7; EEE 1-2; Grand View
WICKERSHAM, TIFFANY—BPA 7-8; Colonguard 1-7; Forensics 1-2; Pep 'E' Club
1-6; Scarleteers 3-6; Who's Who 1-4; Drake
WILLIAMS, JAMES—Basketball 1-8; Class Day Comm. 8; Football 7-8; Golf 1-2;
Prom Comm. 8; Sr. Board 7-8; Spanish Club 5-8; UN Trip; Graphic Arts 5-8; ISU



WILLIAMS, JULIE
WILSON, REBECCA—Concert Band 1-2; French Club 5-8; G/T 1-4.
WOLFE, DANIEL



WOLFE, RANDY
WOODS, SAMUEL—A Cappella Choir 6-8; Alumni Dinner 3-8; Basketball 1-4;
Career Beginnings 1-6; DEW Crew 7-8; Football 1-8; Play Production 1-2; Quill Ad
Sales 7; Scarleteers 7-8; Spanish Club 5-6; Stud. Gov't 8; Track 1-2, 8; UB 1-6; ISU
YATES, KATHLEEN—Colonguard 5-8; Marching Band 5-8; Office/Lib. Asst. 7; Pep
'E' Club 1-4; Prom Comm. 8; Scarleteers 5; Sr. English Trip; Tennis 4; Twelve-B
Hostess 7; UNI



ZELIADT, JASON
ZELIADT, KAREN—BPA 7-8; Photojournalism 3-4; Swimming 1-2



SENIORS NOT PICTURED

BARGER, VENESSA—Alumni Dinner 4-6, Buddy System 7-8, Prom Comm. 8; Office/Lib. Asst. 2-6; Pep 'E' Club 6-8; Photojournalism 7; Sr. English Trip; Sr. Breakfast Comm. 8; Stud. Gov't. 3-5; 12-B Hostess 7.
BENNETT, LOREN—Play Production 3-4; Quill Ad Sales 7-8; Soccer 3-4.
CANTY, BOBBI JO—PEOPEL PE 1-8.
CREEK, KAREN—Iowa School of Beauty.
JACKSON, DARA—Basketball 1-2; Italian Club 3-4; UI.
KARNS, RICHARD—PEOPEL PE 2; Stud. for the Planet 3-6.
KMIECIAK, VALERIE—Sr. English Trip.
LOVE, CHAD—New Horizons 1-4.

MOORE, JOHN—New Horizons 6-8; PEOPEL PE 1-8.
PARA, JOE—Drama Club 7; Play Production 6; Radio/TV Production 7; School Play 7; Theater Arts 7-8.
PATRICK, CHRIS—Football 1-8; Central Campus 5-8; Colorado Tech.
PHILAVAHN, SOUKHATO—Japanese Club 3-4; NHS 7-8; Physics Trip; Scarlet Standout 1-6; Sr. English Trip; Soccer 5-8; Top 15%; Track 6; UB 3-6; Drake.
STRAHL, JEFF—UB 5-7; Wrestling 1-2, 5-6; DMACC.
WALLACE, DIANA—PEOPEL PE 3-8.
WILLIAMS, ADRIENNE—DMACC.



Traveling far and beyond seniors discover the theater

"Shakespeare's cool," said senior **Matt Heldenbrand**. This is only one of many reactions given after seeing *Othello* on the Senior English Trip.

For the past nine years the English department has sponsored a trip to Minneapolis, Minnesota for seniors only.

The visit includes a play at the Guthrie Theater, a tour of the Walker Art Institute and Sculpture Garden, and dinner at McDonald's.

During the four hour bus ride, students chose to sing, read books, or just talk to their friends.

"My favorite part of the bus ride was when Shane Fisher, Ryan Boyer, Melissa Keesler, and I were going to play strip poker and I thought we were and I lost the first game and started to take my pants off and they started to scream," senior **Amy Mathews**.

While on the trip, students represent their

school.

"I was impressed with the high level of maturity of the East students as opposed to those of other schools in attendance," said senior **Brian Taube**.

"Seeing the play expanded my knowledge of Shakespeare," said senior **Matt Heldenbrand**.

"At first I just wanted to go on the English trip just to miss school, but in the end I was glad I went," said senior **Ryan Boyer**.

In a blatant attempt for an endorsement deal, senior **Brad Runyon** holds up a can of Dr. Wells. This was one of many ways to have fun on the four hour bus ride.



After touring the greenhouse, seniors **Alisha Mueller**, **Dennie Sims**, **Jane Burgess**, **Wenddie Jarrett** and **Kelly Flesher** discuss the smell they encountered.

Seniors **Eolo Nizzi**, **Carrie Shelton**, and **Angie Foreman** take a break after a long day. They were among the ninety seniors who went to Minneapolis.





- Smothered between the
- seats, seniors **Cora**
- **Carpenter** and **Kerry**
- **Venn** share a few laughs
- during the bus ride to
- Minneapolis.



- While trying to sleep,
- senior **Kathy Yates** has
- a rude awakening from
- **Kerry Venn**. Trying to
- sleep was commonplace
- on the Senior English
- Trip.

Aww! What a cute



Over the past four years, the seniors of 1994 have memorized all of the faces that roam the halls. Now we proudly bring you some of these faces before

Number one



Number two



Number three



Number four

Number Four: Ginny Anderson; Number Five: Jane Burgess

little

BABY

they even had teeth!
After looking over
the pictures, guess
the identity of each,
then take a glance at
the bottom of the
page and find out if
you were right!



Number five

Number One: Melissa Gervais; Number Two: Jeff Kimball; Number Three: Tom Olsen;

Running Through the Windy City

Members of Mr. Pat Puetz's physics class went to see the sights in Chicago on November 19 and 20.

"The purpose of the trip was to expose the kids to different things in science," said trip sponsor **Puetz**.

This year a big feature of the trip was the John G. Shedd Aquarium.

Shedd Aquarium, which is the largest indoor aquarium in the world, is home to more than 8,000 aquatic animals.

"I loved seeing the aquarium," said senior **Matt Rourke**. "I want to be a marine biologist and it gave me a chance to see first hand certain environments not available in Des Moines."

The aquarium has also recreated a Caribbean reef in the 900,000 gallon Coral Reef exhibit.

"I liked seeing the coral reef," said senior **Dawn Campbell**. "It was so cool."

Another hot spot on the trip was the Museum of Science and Industry.

Visitors to the museum experience the latest in high-tech imaging tools such as virtual reality and computer-aided design workstations.

The newest addition to the museum is the Henry Crown Space Station.

The station houses the latest in space exhibits and the Omnimax Theater featuring the world's most advanced film projection system.

"The Omnimax was fun. I learned more about Physics than I ever wanted to know," said **Rourke**.

After a trek through the world of high-tech science, the students got back to the basics with a trip to the Field Museum of Natural History. In the museum the students were exposed to different types of natural science such as anthropology, botany, geology and zoology.

"I learned a lot about natural history by seeing this museum," said junior **Pete Zohbon**.

This trip was not just for learning, though. Students had a chance to shop and visit places on their own.

They went to Watertown Shopping Mall and the ever-popular Hard Rock Cafe.

There, they ate lunch and did some shopping for the upcoming holiday season.

"It was fun being with my friends and seeing the different things and relaxing," said **Zohbon**.

The students traveled by bus to and from Chicago along with other Des Moines area high schools.

Students were allowed to bring walkmans (as long as they had headphones) and books to read. But no cards, it could have led to gambling according to **Puetz**.

"The overall trip was fun but at the same time I learned something," said **Campbell**.

"The trip helped me learn about how the physical world works," said **Zohbon**.

The qualification for the trip was enrollment in physics and \$85 for certain admission fees and the hotel rooms.

"This was very popular trip," said **Campbell**. "The spots filled up quickly and only a certain number of people were allowed to go."

Even though the trip was supposed to be fun, there was one rule that had to be obeyed. "Everyone had to stay in small groups, no one was to be alone at any time," said **Puetz**.



Newton's First Law of Physics



- Many seniors looked forward to seeing the
- Hard Rock Cafe in
- Chicago. Students were
- able to buy souvenirs and
- eat there during the trip.



- Students experienced
- marine life by observing
- dolphins at Chicago's
- Shedd Aquarium.



When we entered East as freshmen, we were scared of the transition from junior high to high school. As the four years went by, we grew accustomed to the way of life here. Now that we have finally adjusted, it's once again time to move on. It's time to grow up.

As a senior we've found that along with the excitement of running the school, we also must prepare to become the underdogs again. Whether we're off to college, a job or the military we know it's time to decide our future. We're adults, we're on our own, we're... HEY, wait a minute, we're still just kids, we don't wanna grow up!

when I
grow UP

Keep dreaming...

Jane Burgess— "I want to be happy and it would be nice to be rich too. I want the fairy tale, just like Julia Roberts said in the movie 'Pretty Woman'."

Susan Picray— "I want to be a special education teacher for elementary students. I also would love to be rich so that I don't have to worry about car payments and stuff like that."

Alan Benedict— "I am going to be president because I hate everybody on the face of the earth. I'll never grow up, so I'll just beg for food on a street corner or downtown."

Scott Hart— "I want to marry a rich, beautiful woman and play golf all day."

Sally Kay Leitzke— "I'm gonna ride in a big red hot air balloon, then free fall into a big green tree."

Charity Reeves— "I want to make a trillion dollars my first year out of college so I can sit on a Hawaiian beach, drink foamy fruit drinks with umbrellas, and laze the days away."

Anika Baty— "I want to meet up with Beavis and Butthead and discuss the meaning of life and list all the reasons why school sucks!! (Huh-Huh)."

Monic Baccam— "I want to be the boss of all the teachers and tell them what to do."

Teryl Syferd— "I want to be able to come back to my 15th reunion and show everybody that I am living a happy, prosperous and successful life. Good luck everyone!"



Grow up!

Amanda Knight– "I want to be a kid!!!"

Venessa Barger– "I want to be tall!"

Amy Mathews– "I want to be just like Barney the purple dinosaur. Big and always happy and because when he uses his imagination he can have fun with you. Also he likes to give hugs and kisses to everyone."

Francine Jackson– "I want to be successful in managing my own business or someone else's business and I also want to be a Toy's R Us kid."

Jeri Riley– "Everyone will look up to me, I'm already 6 feet tall!"

Michelle Primm– "I wanna be a Toys 'R' Us kid!"

- Macho senior Teryl Syferd
- shows her love of Macho
- Man Randy Savage when
- WWF wrestling visited Vets
- Auditorium and many
- seniors were ringside.

Iyan Breese– "I want to be big and to be on top of the world."

Dennie Sims– "I am going to be a pediatrician with lots of money and a car for every day of the week. Each year I will vacation in Hawaii, or my own island."

Wendy Sparrgrove– "I am going to marry John at age 22 and have my first child in the year 2000, her name being Micha, and be a first grade teacher living in Louisiana in a Victorian house with a brown station wagon parked in the driveway."

Jason Leete– "I want to be Superman."

Courtney Johnston– "I want to help take care of the Vietnam Memorial so I can look at the name Benjamin P. Norton every day."

Carrie Anderson– "I want to work at FAOSchwartz demonstrating the big piano like in the movie 'Big'."

You want to be a what?

Jodi McClain– "I'm going to be a natureopathic doctor. That's a doctor who treats people with natural remedies."

Jennifer Garner– "I would like to get a good job and make enough money to support my family so my husband can be a Mr. Mom."

Leanae Carter– "I want to be an accountant."

Wes Anderson– "I want to be the first pro male cheerleader just like Travis Nace."

Srey Phiv– "I want to be at least somewhat famous."

Chris Murphy– "I want to be an engineer."

Alisha Muller– "I want to be a physical therapist, have a wonderful family and very rich."

Jason Mrogenski– "I want to be a tabloid gigolo."

Ray Bienne– "I would like to move away from Iowa and go up north, where the real adventures are."

Travis Nace– "I want to be in law enforcement."

Willy Schwartzman– "I want to be a fireman."

Niky Prasasouk– "I want to be a big professional raver– and a grown–up, of course."

Tyan Smith– "I want to be a successful newscaster."

Lori McMahon– "An airline pilot."

- Senior Yvonne Halbur
- struts her stuff, showing how
- grown up she is. By the
- second semester strutting
- seniors could be found
- counting the days until
- graduation. •



They attend senior breakfast, senior/faculty games, class day and prom committee meetings every weekday morning. They're constantly thinking of themes that will please the entire senior class (and that the school can afford).

Who are these theme-thinking wonders? They're the Senior Board.

Senior **Tiffany Larson** said, "Senior Board got a late but sure start, but our members are strong and full of ideas."

"The purpose of Senior Board is to coordinate and facilitate senior activities. One of their duties is serving on the various senior activity committees," said senior advisor **Mike Zelenovich**.

Senior Board's twenty members have put a lot of effort into the senior activities.

"During the winter break we picked out the announcement for our class which is a little up-beat and sassy," said

SENIOR BOARD

Serving the senior class

Larson.

Senior **Amy Mathews** said, "Senior board has been a great experience for me. We've been trying really hard to make this a great year for everyone at East."

Senior Board members had good reasons for getting involved. "I joined senior board so I could do my part to make my senior year the best it could be," said senior **Mike Penake**.

Senior **Deth Philavanh** said, "I recommend people to get involved and join student government! It's a very good experience."



SENIOR BOARD OFFICERS. Charity Reeves (treasurer), Ryan Dickson (president), Lori Lethcoe (vice-president), Amy Mathews (secretary).



SENIOR BOARD. FRONT ROW: Venessa Barger, Tiffany Larson, Deth Philavanh, Michelle Primm, Charity Reeves, Amy Mathews, Lori Lethcoe, Ryan Dickson, Jeri Riley. ROW 2: Jenny Harridge, Bobbiann Jordan, Matt Rourke, Jeremy Ackelson, Mike Penake, Marci Kauzlanich, Cindy Brown. BACK ROW: Travis Nace, J.J. Williams, Tony Pelham. NOT PICTURED: Scott Hart.

Senior Board members **Lori Lethcoe**, **Michelle Primm** and **Amy Mathews** distribute information to the senior class. Senior Board's primary responsibility was to "coordinate and facilitate senior activities" according to advisor **Mike Zelenovich**.





- Senior Board members Jeri Riley and Amy Mathews attend an early morning Senior Breakfast Committee meeting. Senior Board members were often the backbone of senior committees.



Seniors Deth Philavanh and Tiffany Larson discuss up-coming senior events. Officers had a lot of responsibility.

Top 3 and 15%

.....
All those long hours of work pay off

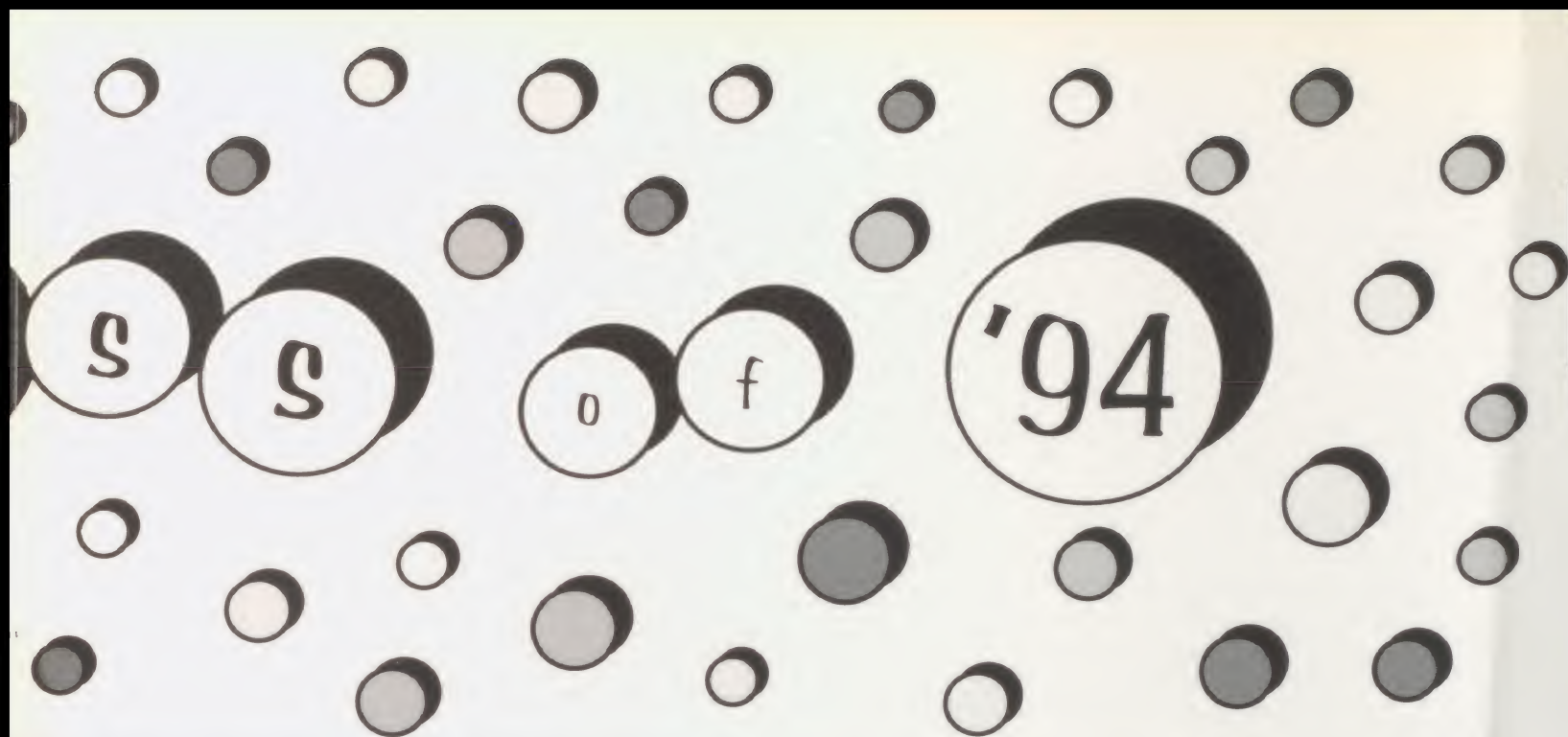


TOP 3%. FRONT ROW: Ginny Anderson, Jodi McClain, Jodi Scott, Charity Reeves. BACK ROW: Jason Shipley, Scott Shrum, Adam Fuller, Principal Jerry Stillwel. NOT PICTURED: Brian Rebel.



TOP 15%. (alphabetically) Laura Ackelson, Carrie Anderson, Eugene Baloun, Amy Brennan, Cynthia Brown, Jane Burgess, Heather Carnahan, Lenae Carter, Kari Cox, Joshua Emerson, Melissa Gervais, Scott Hart, Aubrey Jacobs, Wendy Hibbert, Jennifer Knight, Jason Leete, Lori Lethcoe, Brenda Messer, Jason Mrogenski, Sherry Mullins, Eric Neubauer, Soukhato Philavanh, Allison Payne, Michael Penake, Susan Picray, Warren Polson, Stephanie Renner, Jeri Riley, Matt Rourke, Denita Sims, Chad Stocker, Brian Taube, James Van Gundy.





Seniors Niki Levy, Tiffany Larson •
and Deth Philavanh put their heads •
together. They seem to agree that •
friends are friends forever. •

Seniors Amy Knight and Yvonne •
Halbur congratulate each other on a •
great day at camp and a great friendship. •
Extra-curricular activities helped form many •
lasting friendships. •



Seniors Charity •
Reeves, Christy •
Rasmussen, Kari •
Sharp, Tiffany •
Larson, Deth •
Philavanh, Dena •
Lopez and Amy •
Mathews show their •
other side. Seniors will •
always remember nerd •
day, even if they'd rather •
forget. •



Alumni Dan Finney and principal Jerry Stilwell •
display a plaque honoring John Lethcoe at the •
homecoming assembly. Finney presented the plaque •
on the behalf of the class of '93. •



Looking back

We've laughed, we've cried, we've celebrated our successes and felt one another's sorrow as our own. The experiences we've shared have brought us together. We're more than friends—we're a family.

It all began the day of freshman orientation. There we were, six hundred "babies" brought together by the Des Moines Public School System. We clung together for support, so afraid that we would do something wrong and make fools of ourselves in front of our eldersiblings (i.e., the sophomore, junior and senior classes).

Senior **Carrie Anderson** said, "I remember the first day of school when a senior actually talked to me. I thought they were gods."

We grew closer together and closer to the rest of the student body during Desert Storm at the holiday assembly our freshman year. In a mixture of school spirit and patriotism, the whole school stayed after the final bell to sing "God Bless the U.S.A."

"I'll never forget (that assembly)," said senior **Niki Levy**.

Senior **Jennifer Knight** also has good memories. "The moment that stands out most in my mind was at the Iowa State Drill Team Competition in 1992 when they announced that Des Moines East Color Guard was the new state champ."

As with all families, the times weren't always victorious. No one will ever let senior **Matt Heldenbrand** forget the time he was first in a cross-country race but then turned the wrong way on the course and came in last. Nor will senior **Alisha Muller** forget the time senior **Dawn Campbell** accidentally put her book bag in someone else's car at an Urbandale tennis match and the people left.

The experiences that have brought us closest together have also been the hardest to deal with.

"I'll never forget the last few minutes of **Sarah Dank's** life," said senior **Jennifer Garner**.

Mr. John Lethcoe, **Mr. Steve Sams** and sophomore **Sarah Dank** died during our years at East. We shared our tears and helped one another to smile again.

"It's amazing how the whole school comes together in a crisis," said senior **Cora Carpenter**.

"The single moment that stands out most was when the class of 1993 dedicated a plaque in memory of my dad," said senior **Lori Lethcoe**.

Our family at East has left us with more than memories. They've left us with the lessons that will last a lifetime.

"I've learned that I have to get along with everyone, no matter what grade, age, race, religion or point-of-view they have," said senior **Cindy Brown**.

Senior **Michelle Primm** said she's learned that "the only way to live is with self-respect and by your own morals, any other way will destroy you."

Senior **Jeremy Ackelson** said, "Doing something for someone else won't only make them feel better, but you'll probably also feel better about yourself."

Looking back, it's easy to see why people have said that our high school days will be the best days of our lives.

"I wouldn't do anything differently. I've been involved, I've made a lot of friends, and I've had a lot of fun," said **Brown**.

And with the education, self-confidence and strong sense of family East has given us, the future looks bright ahead.

- Seniors **Amy Mathews**,
- **Michelle Primm**,
- **Dena Lopez** and **Dena**
- **Fiser** smile for the
- camera at the Svenden
- House, the first stop for
- the UN trip. The UN trip
- provided many such
- "bonding" moments.

And forward



Nathan Abbas
Essan Abusharkh
Chad Airhart
Tracy Airhart
Jaime Allbee
Ami Allison
Brandie Anderson
Debra Anderson



Melissa Anderson
Richard Armintrout
Jason Arpy
Chad Aswegan
Denmarch Baccam
Mona Baccam
Moukda Baccam
John Bacon



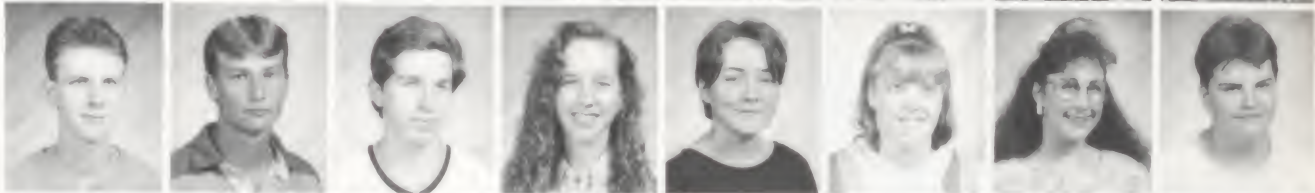
Rebecca Bacon
Michael Bailey
Nicholas Bailey
Angela Bailiff
Allison Bair
Ryan Baker
Shane Bales
Steven Ball



Shane Barnes
David Barr
Mindy Barr
Kevin Barton
Jeremy Baysinger
Heather Beaman
Susan Bear
Amy Beebe



Michael Bell
Aaron Bennett
David Blair
Jennifer Boatwright
Dominika Bojdl
Wendy Bolio
Christina Booth
Dennis Breeding



Dillon Breese
Stephen Brommel
Erin Brown
Kara Brown
Natalie Brown
Sara Brown
Jodi Browne
Donald Brueck



Dawn Burden
Shawn Burke
Matthew Burns
Cheri Burr
Christopher Byars
Kellee Byerly
Jennifer Caligiuri
Christopher Calkins



Raymond Calkins
Heather Clavert
Melissa Campbell
Tara Carey
Robert Carico
Stacie Carlson
Tammy Caylor
Randall Childs



Chindaly Chounlamountry
Anthony Clark
William Clater
Jenell Clay
Michelle Cline
Jason Cochran
Lindsay Cochran
Kaycee Colbert





JUNIOR CLASS OFFICERS: Angie Baliff (secretary), Michelle Thomas (treasurer), Ryan Baker (vice-president), Rachelle Pollard (president).

Improving the future

Dedicated, hard working and responsible are three terms that describe the junior class officers, who were: president **Rachelle Pollard**; vice president **Ryan Baker**; treasurer **Michelle Thomas**; and secretary **Angela Bailiff**.

The opportunity to represent the junior class was a big responsibility for all four.

"I ran for president in order to be a good role model for the juniors," said **Pollard**, "and I wanted to be

more involved."

Concerns for the junior class were faced soon after the officers were elected. Low grade point averages were not uncommon for many juniors. Lack of school involvement and school spirit were problems, too.

Aside from the concern for the juniors, the officers were aware of the problems at East as a whole.

"I wanted to make sure we did something important like fixing some of the water

fountains," said **Bailiff**.

The junior class officers were not only worried about the problems faced this year, but also the responsibilities of their last year in high school.

"I want us to be the best senior class we can be," said **Pollard**.

With the future ahead of them and the junior class behind them, the junior class officers made changes for their class and their school.

Brrr! Junior **Shad Mensing** wants to get in his car and out of the snow. For many students, their junior year really started when they started to drive themselves to school.



Beginning of the End Juniors Move On

For some juniors, it's a time to sweat, to bite fingernails and hope that the summer lasts forever. For other juniors, it's a time to breath a sigh of relief and only stay awake long enough to pass every class and get out as soon as possible. It's the beginning of the end of high school, that is.

Next year, juniors will be faced with problems such as graduation, college selection and saying good-bye to friends and teachers they have seen almost every day for the past four years.

Unavoidably, juniors become seniors.

No matter who they are, they all have goals they hope to reach their senior year.

"I'm going to take the time to prepare myself for the future," said **Amelia Pearson**.

"I want to keep my GPA up and graduate towards the head of my class," said **Amy Lillard**.

"To improve my GPA and prepare myself for college," said **Michelle Potter**.

Juniors also have different opinions on what they want their senior year to be like.

Potter said, "I just want my senior year to go very quickly!"

"I hope my senior year will be the best ever" said **Lillard**.

Along with all the fun of being a senior comes a little fear of things to come.

"My biggest fear is graduating and never seeing some of my classmates again," said **Lillard**.

Potter said, "My biggest fear is that (senior year) will feel like it lasts for an eternity."

"I hope my senior year doesn't go by too fast," said **Pearson**.





Tracee Collins
Chasity Convery
Amanda Cook
Diana Cram
Cher Creeks
Shannon Cron
Allen Crouch
Melissa Crowley

Deana Cruikshank
Kara Culp
Marcus Currie
Charles Davis
Justin Davis
Jeanette Deevers
Tori Dickinson
Jeremy Dicks

Kafi Dixon
Angela Doughman
Love Drew
Melissa Duerkes
Benjamin Duncan
Erica Edsill
Calvin Edwards
Melinda Egenberger

Todd Elder
Lindsay Elliott
Joseph Fallis
Kristi Farrell
Nikole Fees
Deborah Fettes
Melinda Fieck
Stacy Finch

Mia Floyd
Christina Foley
Robert Fong
Amanda Foster
Douglas Foster
Jennifer Foster
Trena Gage
Marcela Gama

Jennifer Gass
Andrea Gerstenberger
Angela Goddard
Rita Gogerty
Theresa Golish
Tony Gomez
Lawrence Graves
Elishia Gray

Joe Green
Robert Green
Tamikia Green
Jaime Griffin
Theresa Grinstead
Michael Grund
Shane Guyer
Cory Gymer

Kathryn Hackett
Albert Hall
Amy Halsten
Shannon Hamblet
Paul Hansen
Nicole Hanson
Joseph Harless
Frank Harris

James Hart
Lori Hayes
Karisa Heller
Erica Hemesath
Corey Henderson
Daniel Hildreth
Angela Hill
Ted Hill

Bradley Hoisington
Chana Hollingshead
George Hood
Mariela Huber
Heidi Hutchinson
Paul Ingraham
Sompback Inthalangsy
Cindi Irvin



Jon Ivanovich
Amanda Jackson
Annie Jackson
Joshua Jefferson
Amanda Johnson
Bradley Johnson
Jeremy Johnson
Rebecca Johnson



Sheliah Johnson
Brian Jones
Corey Kellis
Kevin Kenney
David Keo
Cara Kidd
Jonathon Kimbley



Manivanh Kittikoune
Evangelos Klipopoulos
Jeffrey Klopfenstein
Christopher Knight
Shelly Knight
Justine Krieger
Ladonna Kyle
Everett Lame



Troy Lawson
Kathrina LeClerc
Douaneng Lee
James Lee
Rayma Lee
Roselyn Lehnman
Sean Leonard
Dawn Lewis



Amy Lillard
Christopher Linnane
Sarah Lloyd
Amy Loftus
Sonny Lovell
Scott Lucas
Nicole Luscombe
Ryan Lydie



Barbara Mallett
Kathie Manirath
Esteban Mata
Michelle McCarrell
Melissa McFadden
Sarah McFadden
Nicholas Medina
Shawwna Mehl



Sheila Merry
Jack Metheny
Lisa Michael
Sean Miller
Shelby Miller
Crystal Monaco
Cassandra Montgomery
Charisse Moore



Danielle Moore
Victor Morns
Gregory Moyle
Meghan Mulvehill
Kimberly Murphy
Michelle Nelson
Jennifer Nemmers
Eric Nevins



Juniors Tanya Thomason and Ryan Baker discuss business matters with Vice-Principal Gary Jotzke during their free time. Together, they brain-stormed about next year's activities.

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JUNIOR BOARD. FRONT ROW: A. Bailiff, S. Johnson, R. Baker, R. Pollard. ROW 2: T. Steele, L. Cochran, L. Elliott, D. Lewis. ROW 3: K. Murphy, L. Sou, T. Thomason, C. Irvin. ROW 4: C. Chounlamountry, A. Lillard, A. Schatz. ROW 5: K. Culp, B. Blackburn, E. Brown, L. Wardak. ROW 6: T. Yencer, R. Lehman, J. Nemmers, L. Puckett. ROW 7: A. Bennett, C. Knight, J. Baysinger, M. Saddoris. NOT PICTURED: J. Sawhill, M. Thomas, C. Airhart, K. Colbert, B. Jones, S. Brown.

Up-and-coming Junior Board Preparing for next year

Junior Board is the offspring of the well-known Senior Board. As it entered its second year, the only thing that changed was the students. The purpose was still the same.

"Junior Board was formed to start the process of making decisions, establish some leadership skills and get juniors involved to some

degree," said Vice-Principal **Gary Jotzke**.

Juniors joined the board so that they could get involved in planning activities.

"I thought it would be a good forum where I could share my ideas," said junior **Leah Wardak**.

The whole idea of Junior Board was to get the students ready

for the things they will face in their senior year. Many in the group, however, were too shy to speak what was on their mind.

"Leadership is the key to having a good senior year. I hope some of the current members realize this and will step forward to ensure the success of their final year in high school," said

Jotzke.

Although there weren't a lot of pressures to deal with or tough decisions to make, the Junior Board tried to accomplish one thing.

"I hope to make our school look better and to put enthusiasm into our class," said junior **Michelle Thomas**.

Junior **Rachelle Pollard** said, "I want

us to be the best senior class!"

Most of the junior class had high hopes for the future of the board, in spite of its slow start.

"I trust that the board will give our class a positive outlook and it's great attitude will make East's reputation better," said junior **Andrea Shrum**.

Ring of Memories

A New Tradition

The sparkling sight of silver and gold can now be seen throughout the halls of East High. This year was the first time the school issued special class rings for the juniors and seniors to purchase.

The ring will be unique for East by having an engraved "E" in the middle instead of a stone. This is very popular with the students.

Junior **Rachelle Pollard** said, "It shows a lot of school spirit."

So far the class ring has only been offered to juniors and seniors to buy. The rule may change, but most agree with this policy.

Junior **Jennifer Boatwright** said, "I think it should be an option, but promote it every year to the junior class."

Students had

different opinions about ordering the new class ring.

"Barely anyone will have them so I would order one," said **Pollard**.

The rings are available in precious metal, and usually cost around \$99. There is also a 10-karat gold version available. They usually run \$239 for men and \$219 for the women.

Another tradition has begun.

Junior **Lashonda Smith** patiently waits for the ring committee meeting to end.

It was tough getting everyone to agree.

.....

Decisions, decisions. Junior **Angie Bailiff** can't decide if she wants to order a ring.

This year is the first time East issued class rings for students to buy.



CLASS RING COMMITTEE. FRONT ROW: Rachelle Pollard, Ryan Baker, Michelle Thomas, Lashonda Smith. BACK ROW: Anika Baty, James Lee, Aaron Bennett, Jon Ivanovich, Matt Heldenbrand, Laura Puckett, Brian Bickel, Angie Bailiff, Kish Harris.



Anthony Oliver
Andrew Osby
Jeremiah Overton
Kevin Palmer
Lesley Palmer
Tina Parcel
Amelia Pearson
Bobbie Jo Peek

Christine Peek
Christine Peitzman
Holly Peterson
Wade Pfau
Steve Phelps
Brian Pierce
Ryan Plew
Eric Plummer

Rachelle Pollard
Cole Porter
Michelle Potter
Amber Probasco
Laura Puckett
Davin Ramsaroop
Tori Randolph
Jamie Reidburn

Angela Reihsen
Ryan Ries
Robert Rivas
Joel Root
Christopher Rouse
Michael Saddoris
Sunny Sanders
Joseph Sawhill

Michelle Schamerhorn
Amy Schatz
Kevin Schnathorst
Brian Schnoor
Johanna Schnoor
Kevin Schreckengast
Amber Schuler
Amy Seaman

Shannon Seaman
Elizabeth Shanahan
Ronald Sharpnack
Lawrence Shelton
Casey Shepherd
Craig Shogren
Nicholas Shoop
Brandy Shore

Andrea Shrum
Amber Shumaker
Jamie Six
Maria Sklavenitis
Lashonda Smith
Lisa Smith
Nathan Smith
Christine Snell

Leang Sou
Jenny Speck
Shontell Stanton
Tobie Steele
Michelle Stewart
Steven Stewart
Lacey Storey
Jeremiah Storm

Tennille Streeper
Khara Summy
Danielle Taha
Lyndsay Taycher
William Taylor
Brian Thomas
Joe Thomas
Michelle Thomas

Tanya Thomason
Erin Thompson
Kathy Thompson
Matthew Tran
Elaine Uterback
Anndrea VanHorn
Viladka Vang
Timothy Voll



Sysouk Vongphasouk
Megan Wagner
Keisha Walker
Andrew Walters
Jason Waltz
Sara Waltz
Wardak Leah
Jesse Watt



Danette Waugh
Danyel Weatherly
Melissa Weaver
Cameron Wenzel
Clint West
Aisha White
Jayme White
Renee White



Debra Williams
William Wilson
Stephanie Wimber
Terrill Winfield
Mindy Wing
Derek Wonders
Christina Woolsey
Michael Worden



Heather Wormer
Angela Worthington
Crystal Worthington
Chad Wright
Morgan Wright
Richard Yaw
Brent Yazel
Tricia Yencer



Sarah Zeliadt
Peter Zohbon



JUNIORS NOT PICTURED

Jeffrey Bagly
Albert Baker
Ryan Beard
Barbara Blackburn
Shane Callahan
Eboney Campbell
Brian Crowley
Shawna Cunningham
David Danielson
Linda Denton
Dannell Dixon
Daniel Duff
Christina Duplanter

Kristy Enhuis
Kendra Fisher
Luciano Gallardo
Darrell Graves
Joseph Green
Garry Haley
Jason Hernandez
Kim Hoff
Shantelle Hull
Dennis Klinge
Kethsana Ly
Shad Mensing
Jaime Mora

Dennis Myers
Christina Parker
Hai Pham
Mary Ramirez
Natasha Rideeoutte
Marques Robinson
Shawnda Rogers
Angela Salasberry
Brandt Scott
Jaime Shehan
Shawn Snider
Tiffany Stebbins
Marturell Williams



UN TRIP FRONT ROW: L. Elliott, C. Snell, M. Mulvehill, J. Redburn ROW 2: E. Cochran, S. Johnson, S. Wimer ROW 3: D. Lewis, K. Cury, J. Wankel ROW 4: C. Booth, A. Bailiff, T. Thomas ROW 5: C. Irwin, A. Goddard, E. Thompson, K. Murphy ROW 6: B. Gray, T. Steele, A. Lillard, S. Waltz ROW 7: C. Foley ROW 8: B. Hoxington, M. Saddoris, A. Bair, K. Birwn ROW 9: A. Schatz, J. Boatwright, E. Brown ROW 10: T. Taylor ROW 11: C. Knight, J. Bayinger ROW 12: A. Bennett, T. Elder NOT PICTURED: C. Aihart, C. Childs, N. Hanson, J. Hart, M. Huber, J. Jefferson, T. Lawson, D. Ramsarrop, J. Sawhill, E. Shariatian, D. Taha, M. Thomas, T. Thompson, P. Zehibon, M. Ficek, K. Summy.

Trip of a lifetimeE

exploring the world

Each year a group of about 160 students take the trip of a lifetime. During Spring Break, many East juniors get aboard a bus and head to New York and Washington D.C. for a week of non-stop action. Although the bus ride is long, many students find that it is the best part of the trip.

"I loved the ride on the bus. It was great meeting all of the new people, many of whom I'm still friends with," said senior **Matt Rourke**.

Now a whole new group of juniors are getting ready for their Spring Break adventure.

"I'm looking forward to New York. It will be exciting to see differ-

ent people and hopefully I'll see someone famous!" said junior **Angie Goddard**.

The students tour New York City, shop and see many famous monuments. In Washington D.C. they tour the White House and several museums. Many students have already decided what they want to see most.

"I want to see Time Square, but I know I'll like Washington D.C., too," said junior **Josh Jefferson**.

Junior **Amy Schatz** said, "I'm most excited about seeing the Empire State Building because it's so huge."

No matter what sights they see it's clear that everyone that goes has the time of his/her life.



When students enter FAO Schwartz in New York they become kids all over again. Senior **Carrie Anderson** said, "I love FAO Schwartz, I wanted to spend the whole day there."

- Senior **Scott Hart** shows off his Statue of Liberty hat while
- senior **Michelle Primm** shows her excitement of being in New York. The Statue of Liberty was
- one of the most exciting sights
- toured by students.

Posing with former President Bush and his first lady, seniors **C. Brown, B. Henderson, M. Kauzlarich** and **T. Larson** smile brightly. Posing with the cardboard couple was as close to the real president as they could get.



Jessica Allen
Ryan Anderson
Brian Archer
Michele Arlaud
Heather Armstrong
Tatum Armstrong
Stephanie Atkinson
Randall Baber

Kareen Baccam
Angela Bacon
Heather Bailiff
David Baker
Jamie Baker
Tina Baker
Bryan Ballard
Sarah Banks

Bobbi Barden
Gary Baring
Chad Barnes
Cassey Bauer
Christopher Baumann
Christopher Beach
Stephanie Beardsley
Matthew Beckman

Michael Beerbower
Brian Beers
Mandy Bennett
Tracy Berry
Eric Betts
James Bierly
Joseph Blackford
Christopher Blitz

Jason Bloomer
Jack Bolio
Lisa Borne
Joey Boylan
Cynthia Brayden
William Brewton
Nicole Briddell
Demise Broadus



SOPHOMORES

The Tradition is Broken

What do the sophomore class officers do? Does anyone really know?

According to Vice-Principal **Fae Ramsay**, "Historically, sophomore class officers were elected in name only. They really didn't perform any function. But this year the officers plan to change that tradition."

Graduation and repairs for the school were some of the many reasons why the officers had to raise money this year.

"We're going to have fund-raisers selling suckers or something to raise money," said vice-president **Missy Garrett**.

Treasurer **Ryan Anderson** said, "We hope to raise a lot of money to do new things to the school."

The sophomore class had many opinions about how the officers were doing.

Angie Kirstein said, "I think they're doing O.K., but they

should communicate with the sophomore class more so we know what's going on."

"I'm glad they're raising money so our class will have a better senior year," said **Heather Jensen**.

In activities such as homecoming week spirit link sales, there is an annual battle of the classes for who is more involved.

Although seniors usually win that battle, the sophomore officers planned to take action and increase sophomore spirit.

President **Nick Dellaca** said, "We are going to try to get the sophomores more involved in activities this year."

Secretary **Scott Rourke** said, "The sophomores have a lot of pep this year. We plan to use that and get them more involved."



Cindy Brown
Larry Brown
Sarah Brown
Jeremiah Burke
Alice Burkhead
Joey Burkheimer
Barbara Burns
Diana Bushong

Anne Cady
Gabriel Cain
Jean Caldwell
Ryan Carlstedt
Henry Carpenter
Jennifer Carpenter
Markisha Carr
Richard Carroll

Christy Case
Ranae Charron
Rindie Childs
Joshua Christenson
Matthew Clark
Richard Clark
Timothy Clark
Tyron Collier

Heather Collins
Tisha Collins
Rick Conn
Sheila Conner
Bradly Connett
Scott Cooper
Teresa Corbin
Cinke Cox

Shane Craft
Patrick Crandall
Sharon Cron
Michael Cupp
Rob Dalton
Sarah Dank
Erik Davis
Michael Davis



SOPHOMORE CLASS OFFICERS, Vice-president Missy Garrett, secretary Scott Rourke, president Nick Dellaca, treasurer Ryan Anderson.

- Treasurer Ryan Anderson, secretary Scott Rourke and vice-president Missy Garrett
- are all smiles now after finishing their Tuesday morning meeting.

Every year freshmen come and freshmen go. Then they become sophomores who offer suggestions on...

Why Sophomores are Better than Freshmen

5. We know more people.
4. We can drive.
3. We aren't the quietest at the pep assemblies.
2. We don't get picked on for telling bad jokes.
1. No more freshman treatment.

Cory Dawson
Charity Dehaven
Nicholas Dellaca
Damon Dewild
Deeric Dixon
Chad Donahue
Bryon Doncouse
Amy Doorenbal



Jennifer Doorenbal
Eric Dority
Deangelow Dudley
Richard Duff
Patrick Duquette
Joseph Dycus
Michele Earles
Nicole Edmonds



Brent Edwards
Jeremie Embrey
Delbert Enos
Donald Faux
Jodi Fenton
Jenny Flannery
Scott Flesher
Amy Flynn



Ian Folson
Nicholas Forbes
Daniel Foreman
Brandy Foster
Laura Fuller
Jodi Garner
Melissa Garrett
Amber Gilbert



Melissa Gilbert
Misty Gilleland
Kirk Glass
Rachael Gossen
Amy Graham
Michael Grant
Christie Grasso
Joshua Green





Steatra Griffin
 Valerie Grimes
 Jon Grother
 Paul Grother
 Tricia Gutierrez
 Tammy Halbur
 Thomas Hall
 Richard Harrington

Jeremy Harrison
 Adam Hart
 Nicole Hart
 Jessica Haug
 Leroy Haws
 Bruce Hegwood
 Alisha Heller
 Emily Henry

Billy Hill
 Christian Hines
 Jill Hollister
 Jeremy Holmes
 Mol Hom
 Salina Hopkins
 Kevin Houghman
 Jeffrey Howe

Joseph Huffman
 Jonathan Hull
 Barty Hutson
 Jeremy Isaac
 Valerie James
 Heather Jensen
 Brad Johnson
 Jason Johnson

Matthew Johnson
 Shantell Johnson
 Tanisha Johnson
 Shane Johnston
 Jennifer Jones
 Sarah Jones
 Gaston Khana

Kristie Keener
Jack Kellog
David Kephart
Diana Kha
Kristina Kimbley
Susan Kirkman
Angela Kirstein
Maniwong Kittikoune



Christine Kmiecik
Scott Knott
Kristine Kotlers
Patrick Kouang
Jason Kristufek
Joshua Kuehler
John Kurtz
Jeremy Kyburz



Jason Lamb
Gillian Landers
Michael Langford
Ryan Larosec
Joey Larson
Jason Lay
Kaifeng Lee
Sue Lee



Randy Lehman
Jessica Leitzinger
Carric Lettman
Brandy Levv
Jennifer Lloyd
Shantell Lloyd
Natasha Long
Stacey Long



Alicia Lore
Carey Losenicky
William Lovan
Kurtis Loving
Robert Loving
Patrick Lowe
Christine Mallet
Travis Mallory





Sarah Mapes
Clover Martin
Nicole Martin
Julie Mastin
Shopha Matthew
Laura Mc Caughey
John Mc Clain
Laura Mc Coy

Thomas Mc Coy
Michael Mc Dowell
Chad Mc Farland
John Mc Hargue
Shane Mc Iver
Tina Mc Kinney
Korn Mc Neeley
Brian Mead

Melody Mendenhall
Alejandro Mendoza
Aaron Miller
Justin Miller
Anthony Mills
Nicholas Minard
Lisa Mitchell
Tyson Mixon

Tee Moberg
Bryan Moorc
Melisa Morlan
Ryan Moyle
Kelly Mrogenski
Frederick Muller
Patrick Mullin
Lesley Munyon

Amanda Nalevanko
Evern Nelson
Matthew Nelson
Theodore Nemmers
Adam Neubauer
Michael Newton

Is this your idea of a joke?

It's not something you plan to do (sometimes). It's not something you dream up the night before (usually). It's just something that happens. Maybe it's because you're nervous, or maybe it's because you're just plain obnoxious! We often do things to annoy others.

And from that unbearable pen clicking in a quiet

classroom to those seconds wasted at the stop light after it turns green, we all find things that get on our nerves!

Everybody has a pet peeve or two letting those responsible for it know how you feel could relieve a lot of stress and misunderstandings. These sophomores shared some of their pet peeves.

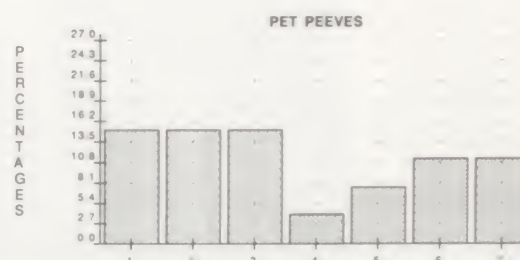
"Girl's that think

they're are God's gift to man."—sophomore **Sam Vasquez**

"People making out in the halls."—sophomore **Yolanda Pierson**

"I hate it when people stand in the halls and block the way."—sophomore **Sara Hartman**

"When people crack their knuckles."—sophomore **Kristie Kimbley**



*These percentages are based on a 27 students poll.

1=Crowded Halls

2=Quill Articles

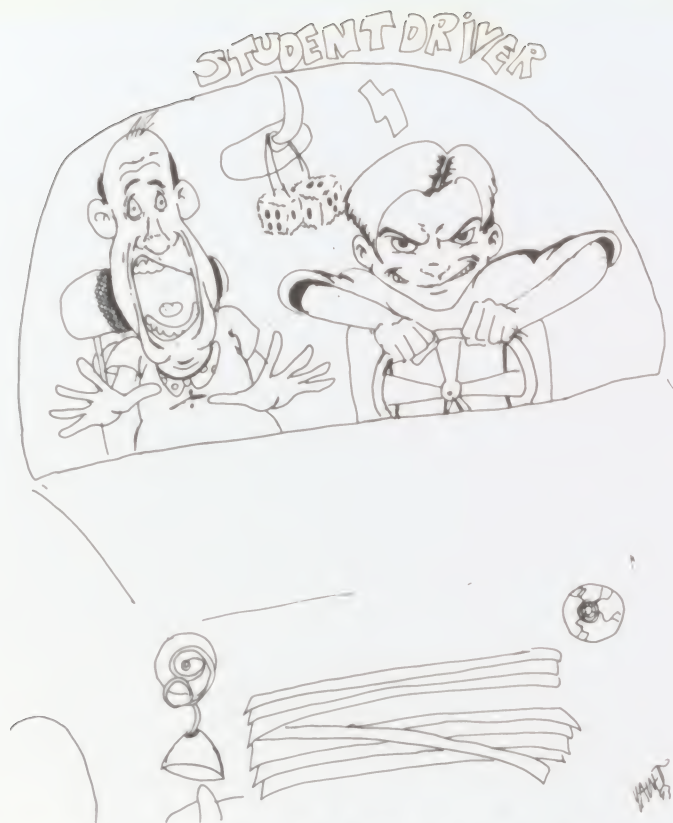
3=Attendance Policy

4=Class Clowns

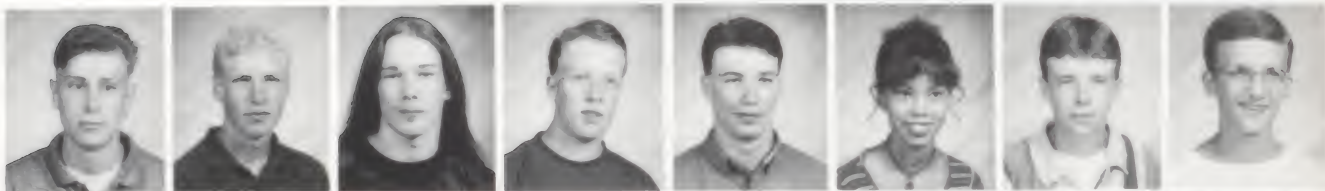
5=Homework & Make-up Work

6=Boring Classes

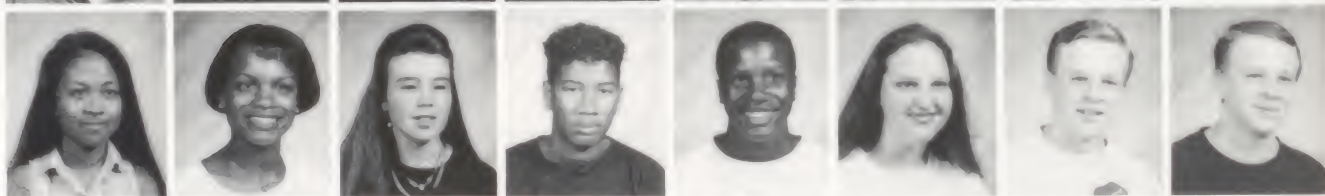
7=Snoring People



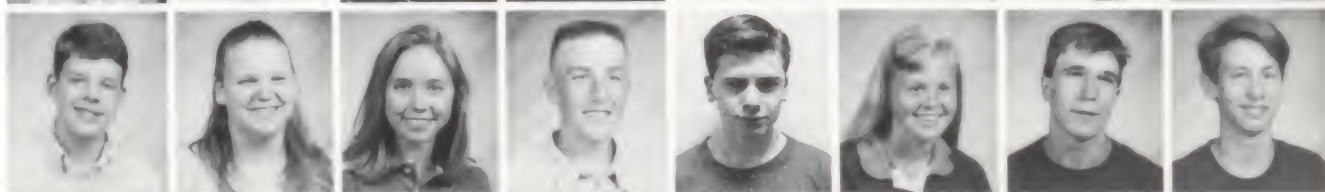
Robert Nowadzky
Cory Oliver
Jeremy Olsen
Matthew Parsons
Ronnie Pauscher
Rachelle Perdue
John Peters
Ross Peterson



Philavanh Vannadeth
Yolande Pierson
Angela Pinta
Lonnie Porter
Kenton Pratt
Gretchen Proksa
Scott Quinn
Shawn Quinn



Matthew Ramsey
Melinda Rattray
Teresa Rayman
Matthew Redshaw
Quentin Reed
Cori Rice
Billy Rice
Philip Richards



April Richardson
Keeley Rife
Travis Ristus
Jesse Rivas
Bridie Roberts
Heather Roberts
Holly Robinson
Joseph Robinson



Brian Roeder
Lee Rose
Scott Rourke
David Rumage
Robert Rustan
Nicholas Ryan
Justin Saiz
James Sams



Ladies and gentlemen

Start your engines

The keys are lost, permits are out, and people are taking out life insurance policies. That was the atmosphere of Driver's Ed.

Driver's Ed is a course designed to prepare students for the pressures and privileges of driving a car. Students spent every other day in a

driver-like environment, except for the occasional study hall. Other days were spent in a classroom learning the rules of the road.

Students were eager to get on the road and start driving. They were disappointed, however, with all the class work.

"Part of the class was

good, but most of it was a waste of time," said sophomore **Joe Robinson**.

Obviously some of the students felt the class took a little too long.

"I couldn't wait until I could start driving on the ice, too bad the classes were so long," said sophomore

Bryon Doncouse.

Not everyone thought that the class was a total loss.

"I thought the simulators were okay," said sophomore **Jill Hollister**.

Driver's Ed also decreased insurance payments and enabled students to obtain their license before eighteen.



William Schaffer
Melissa Schamerhorn
Jodie Schlotterbeck
Raychall Schmitz
Tera Scott
Brandon Sharp
Toby Sharp
Diana Sheets

Jason Shelburg
Brian Shogren
Angela Shootman
Nicole Shuler
Rachelle Shutt
Sabrina Smuljanic
Amanda Smith
Darvette Smith

Jeremiah Smith
Ronald Smith
Jody Sorter
Souringet Soulinthavong
Joella Spaine
Jason Spargo
Jennifer Stammer
Zeth Stammer

Kelly Stapleford
Debra Stevens
Jennifer Stevens
Jamie Stout
Daniel Stoutenberg
Timothy Stroope
Michelle Strites
Amanda Suggest

John Swacker
Deborah Swanson
Paul Swanson
Rhonda Swisher
Tom Taft
Matthew Tallman
Brandy Taylor
Brian Taylor

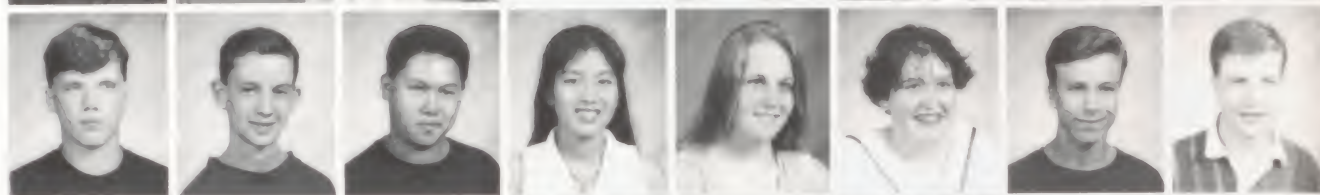
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Kristi Thomsen
Phouping Thongkham
David Thornton
Laura Tiedeman
Jimmy Todd
Stephanie Tolkan
Peter Trost



Jason Tulk
Justin Updike
Michelle Vail
Thomas Van Blaricum
Brandy Van Sickle
Ryan Vestal
Hannah Viers
Josh Vitirito



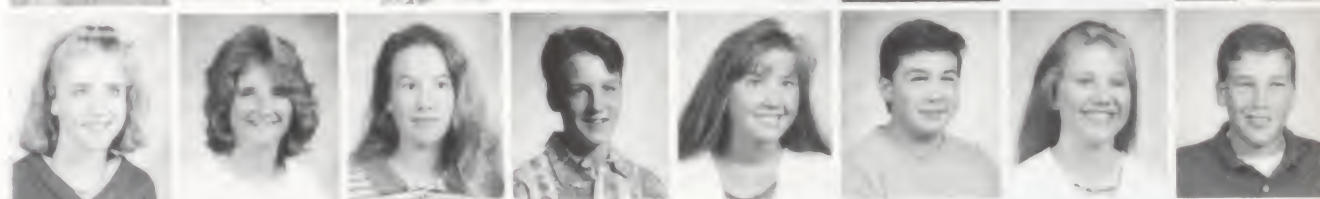
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Andrew Von Ahnen
Kheuang Vongchanh
Vangpheng Vongphasouk
Angela Wagner
Brandy Waldon
Gregory Warren
Corey Weiser



Tammy West
Patrick White
Troy Willett
Chad Williams
John Wing
Adam Winn
Eric Winn
Deborah Wirtjes



Shahna Witter
Amy Wolf
Trisha Wood
Michael Wright
Jennifer Young
Daniel Zarate
Kassandra Zeh
Bradley Zelenovich





Robyn Zolbon

SOPHOMORES NOT PICTURED

Christina Albaugh	Ryan Howell	Dawn Shelburg
Theresa Arends	Brian Hubbs	Kevin Sosby
Joshua Armstrong	Michael Jackson	Jerry Spivey
Tara Brown	Scott Johnston	Ranjit Stallworth
Destiny Collett	Amber Kile	Michael Stanley
Patrick Correy	Samatha Knight	Manilay Thongsoum
Shamene Craig	Jennifer Leonard	David Tilden
Ruby Denton	Kenneth Loftus	Troy Van Gundy
Evan Dezwaan	Ed Marksherry	Samuel Vasquez
Kala Goldsmith	James McFadden	Troy Weesner
Brandon Hagenbrack	Donnie McGee	Craig West
Mary Hansen	Tamara Mulhern	Chad White
Heidi Harker	Pamela Patton	Steven Wilson
Brian Harlan	Thomas Quinn	Melissa Wooster
Monanessa Harris	Celestino Sabas	Cheng Xiong
Sara Hartman	Jeffery Richardson	Todd Yaw
Gregory Henderson	Daniel Fosenbaum	Damian York
Jason Houghton	Tammie Seiberling	Shane York
	John Selby	

I have to be home E by what time?

Where in the *\$#@! have you been?!"

Maybe you hear this exclamation every time you walk through the door a mere 15 minutes late. Maybe you only hear it once in a blue moon. Either way, you know you need a good excuse for breaking curfew.

The time parents set for a curfew most likely depends on age, maturity, and the biggest factor, trust. Many times the way an older sibling acted can affect how much freedom parents will allow another child during his or her most crucial and social years.

"My curfew depends on what I'm doing that night," said sophomore **Jennifer Young**.

Many times parents just give a set curfew no matter what the activity may be.

"I have to be home by midnight," said sophomore **Amanda Smith**.

Punishments for breaking curfew range from extremely mild to very severe. From being grounded from your friends for a weekend to having your car taken away for a month, the memories of a punishment will linger for a long time. Yet some lucky students managed to evade the wrath of angry parents.

"I've never been punished because I've never missed my curfew," said **Smith**.

If you are a habitual offender, though, you may have a few good reasons or "stories" for being late. However incredible they may be, any excuse may be better than no excuse at all.

"My best excuses would be that there was a wreck or that there was a lot of traffic," said **Young**.

Whether you always seemed to miss your curfew after making all of the green lights or made it home with half an hour to spare after hitting all of the red ones, curfews will be a part of every teenager's life for generations to come.

What is your opinion?

What are a few of your most compulsive habits?

"Biting my nails and putting mustard on my fries."

—Sophomore **Ian Folsom**

If you wanted to be famous, how would you do it?

"I would bungee jump off the Golden Gate Bridge."

—Sophomore **Ann Cady**



What are some of your phobias?

"I'm scared of snakes and spiders."

—Sophomore **Angie Pinta**

"Spiders—or any insect that has more legs than I do."

—Sophomore **Diane Bushong**

If you won \$100,000,000, what would you do with it?

"Buy a big mansion and live by the beach."

—Sophomore **Evie Kitthikoune**

"I'd keep half of it for college and hire a stockbroker to invest the rest."

—Sophomore **Jill Hollister**



.....
Juniors Chana Hollingshead and Stacie Carlson take five to smile at the camera. Friends could often be found hanging together between classes.

- Many colleges make
- Algebra 1 and 2 and
- Geometry an entrance
- requirement. Algebra
- was a headache for many
- college-bound students
- who elected to take it as
- a class.

What happened? Sophomore **Shawn Quinn** looks dumbfounded. Graph Tech 1 was a course offered to students who wished to improve their printing and computer skills.

.....



What bothers you most about adults?

“Favoritism—it turns brothers/sisters against each other.”

—Sophomore **Jodi Garner**

“They try to make decisions for you. They don’t think you’re mature enough to do it on your own.”

—Sophomore **Heather Armstrong**

“They all think they can tell you what to do and when to do it all the time.”

—Sophomore **Mandy Bennett**

If you had a year to live, what would you change?

“I would do everything I haven’t done yet and treat my parents and brothers with respect.”

—Sophomore **Diane Bushong**



- What’s so interesting in
- the hallway? Sopho-
- more **Pat Mullin** is
- giving sophomore
- **Ranae Charron** the
- eye.

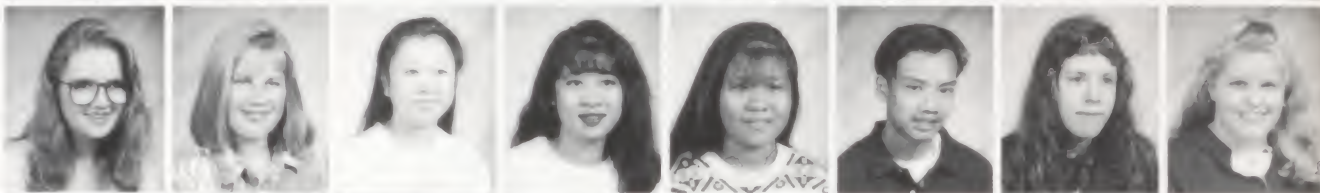
Bethany Abbas
Hussam Abusharkh
Jill Ackelson
Nicole Ahrens
Brian Akerberg
Carrie Alderman
Ashley Aldini
Angela Allison



Jason Allison
Donald Anderson
Heather Anderson
Katie Anderson
Micky Anderson
Mindy Anderson
Robert Apt
Angela Archer



Angela Arpy
Kirsten Aschimi
Anourine Baccam
Malissa Baccam
Soukham Baccam
Vathana Baccam
Lisa Baker
Jill Bannick



John Barach
Christina Battin
Justin Bauman
Matthew Beerbower
James Belew
Thomas Bennett
Marrita Benshoof
Nickolus Bethards



Charlotte Beveridge
Jerry Bickford
Ronald Billingsley
Angella Birkinbine
Neil Bitting
Marie Blackford
Danielle Blue
Glynn Bogle



Melissa Bos
Joseph Bosely
Scott Boudewyns
Cory Boylan
Stephanie Breese
Aeganika Browder
Philip Brown
Rodney Brown



Lawrence Bundy
Cheryl Busick
Jeremy Butler
Falisha Butts
Matthew Byars
Justin Byrd
Kelli Cain
Elijah Campbell



Frederick Cardines
Stephanie Carlson
Eric Carpenter
Daniel Carter
Shawn Carton
Joseph Cason
Tiffani Cason
George Casper



Alisha Clark
Dale Clark
Jason Clark
Pamela Clarkson
Jamaal Clearkson
Michale Cleghorn
Tanya Cleghorn
Michael Collins



Freshman Officers

Representing Their Class



Timothy Connors
Tiffany Cook



Brian Corbin
Jennifer Cosner



Paige Cowger
Robert Cowie



Kristi Cox
Nicole Crook



Derrizett Cropp
Anthony Crum



Kylie Culp
Andrea Curl



Jamie Dahlberg
Brenda Dalrymple



Joshua Dalton
Anthony Davis



Autumn Davis

It wasn't easy, but four students won over the leadership of their freshman class. Leadership, devotion and friendliness were a few of the qualities that prompted students to vote these girls into office.

"All my friends, especially my teachers, encouraged me to run. The reason I got the most votes for running was because of my leadership," said president **Kristi Cox**. "I got a great deal of support from everyone."

"Basically it was my friends who encouraged me to run because they were running for positions, also," said treasurer **Jill Ackelson**.

After knowing which positions their friends were running for, they picked a position and set out to gain it.

"I felt representing the freshman class would be something interesting, fun and filled with a lot of decision-making," said vice-president **Sabrina Overton**.

"I ran because I wanted to be involved with the school," said secretary **Stephanie Breese**.

Campaign slogans used by all four girls were simple, common and to the point.

"I used simple slogans like Vote Breese 4 Fresh-Sec.," said **Breese**.

"The things I used to campaign were posters and computer printouts," said **Overton**.

It was not possible for all of the representatives to meet until the second semester. Many problems ranged from absences to hectic schedules that didn't match.

"The class representatives haven't officially met, but we're all very good friends, so we see each other a lot outside of school," said **Cox**.

"I know we will meet soon," said **Ackelson** in the fall, "because I'm sure we'll have something important to talk about."



FRESHMAN CLASS OFFICERS. FRONT ROW: vice-president Sabrina Overton, treasurer Jill Ackelson. BACK ROW: president Kristi Cox, secretary Stephanie Breese.

Mike Medina flashed a smile on his way to class. Many freshman were excited about their first year in high school.

.....



You were a freshman when Top Ten List

10. You became more familiar with the innermost part of the trash can.
9. You thought shooting spit wads during study center was cool until you were pummeled by an upper classman.
8. You were disappointed when you realized that being in high school meant no recess.
7. You realized that you actually had to dress out to pass gym class.
6. You thought it was cool to bring your lunch pail to school.
5. You loved the smell of stink bombs so much that you had to let one off almost everyday at lunch.
4. After falling on your face several times, you finally realized that your legs weren't long enough to climb two stairs at a time.
3. Your lips got sore from kissing the ground the upperclassmen walked on.
2. You were the only one talking during the assemblies besides the speakers.
1. You thought the new attendance policy meant that you at least had to show up six days.

Darrell Davis
Lawrence Davis



Montez Deering
Steven Desotel



Lisa Dix
Jason Doncoure



Jeffrey Dougherty
Christopher Downey



Sally Downing
Tywan Dudley



Thomas Duffy
William Duffy



Jason Duke
Steve Duncan



Tanya Duncan
Casey Earp



Sarah Elder
Joy Elliott





Kenneth Emery
Michael Engelbrecht
Adam Erickson
Christina Estrada
Roxanna Ethington
Jennifer Fallis
Robert Ferrell
Laura Fetter

Jerrilyn Finch
Adam Fisher
Dawn Fisher
Lamonte Fisher
Leslie Foreman
Matthew Forest
Amanda Fox
Glenn Frank

Amanda French
Norma Fudge
Jenice Fuller
Geoffrey Gandy
Heather Garcia
Heidi Garcia
Nicole Garringer
Thomas Gary

Jeffrey Gathercole
Melissa Gerke
Erika Gervais
Daniel Gilbert
Vijayanand Gobin
Amy Goddard
Jason Goldsmith
Felix Gomez

Trent Good
Zachary Goodwin
Shannon Gossen
Randy Graham
Melissa Gray
Christopher Green
Mary Green
Richie Green

Jodie Griffin
Heidi Grimm
John Grimm
Angela Groess
Jennifer Gross
Christopher Guiley
Jeffery Guyer
Ryan Haag

Michael Hafenbrack
Deann Hale
Ryan Hale
Kimberly Hamilton
Shari Hansen
Arnez Harris
Damon Harris
Charity Hart

Samantha Hatfield
Scott Haworth
Donella Haygood
John Heldenbrand
Matthew Helmers
Christopher Hemesath
Marlena Hemphill
Eric Henderson

Rebecca Hewitt
Jodi Hatt
Casey Hildebrand
Vanessa Hill
Jeremy Hills
Amy Hollingsworth
Shayla Horton
Angela Hovory

Vann How
 Brandon Howard
 Bryon Howard
 Krisina Hughes
 Amanda Hull
 Stacy Hull
 Sheila Hummel
 Matthew Humphrey



Matthew Hunt
 Scott Hunt
 Michael Ingersoll
 Jacki Jacobus
 Valora James
 Angela Jennings
 Christopher Jennings
 Kari Jividen



Misty Johnson
 Lara Jones
 Nicholas Jones
 James Keenan
 Gretchen Kellogg
 Kelly DeAntré
 Michael Kephart
 Jason Kern



Adam Kilgore
 Mandy Killen
 David Killmer
 Dustin Kintz
 Katy Knight
 Heidi Knutson
 Nicole Kock
 Daniel Koehly



Keopascuth Kouang
 Brent Kruse
 Miranda Kyle
 Jennifer Laake
 Nicki Lacquement
 Sara Lacquement
 Melissa Lamb
 Christina Lambert



Dianna Lamibrix
 Richard Lane
 Damon Lampman
 Lucas Lampman
 Michelle Langford
 Lance Larsen
 Rodney Larson
 Timothy Leabo



Jeannie Leach
 Neng Lee
 Amy Leeper
 Jennifer Leete
 Anna Lefleur
 Donald Lehman
 Matthew Leonard
 Melissa Lester



Emily Lewis
 Laura Lewis
 Kevin Lightner
 Nicole Littell
 Lydel Lockman
 Mandy Long
 Chad Lortscher
 Vilasphone Lovan



Shane Lowell
 Abigail Lozano
 Stephanie Lucas
 Linsao Ly
 Benjamin Mallory
 Adam Mamminga
 Juanita Mata
 Melissa Mauk





Adam May
Rodney May



Brant McArthur
Angela McCain



John McCaughey
Melinda McConnell



Stacey McGree
Wendie McCuen



Mike McDonald
Adam McEdden



Amanda McEdden
Dennis McMahon



Amy McMullin
Abby Medearis



Michael Medina
Kasie McFord

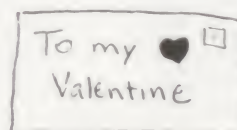
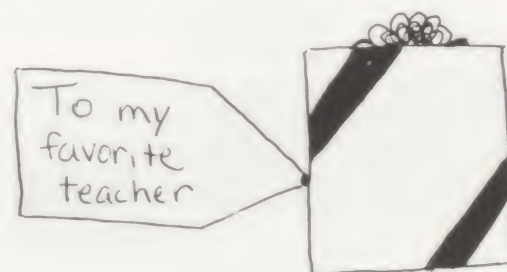


Jeffrey Methany

What You Miss the Most

From Elementary and Junior High

10. Nap Time
9. Christmas Parties
8. Field Trips
7. Bringing treats on your birthday
6. Valentine's Day
5. Old Best Friends
4. Favorite Teachers
3. Being the best in the school—the biggest and smartest
2. Show and Tell
1. Recess





.....
 The incoming freshmen
 were supported by the
 upperclassmen. Sophomore
Kala Goldsmith and
 junior **Mona Baccam**
 enjoy themselves while
 hanging out.

Freshman **Philip**
Brown sports a smile for
 the camera. A whole new
 world opened up to the
 freshmen as the year
 began.



F irst Impressions of the Year R

Freshmen talk about the first year

When I first came to East I was afraid that I would not fit in. I thought that you had to drink and do drugs to be cool, otherwise you would be a dork. I thought wrong! Whatever kind of person you are there is a group of friends for you. As long as you're willing to make new friends, it's pretty easy to fit in.

The group of friends that I hang around with now are a lot like my friends from junior high, the only difference is I have more.

I'm glad that I chose EHS for my high school.

—Carrie Alderman

My first impression of East was a good impression. All the rumors were just lies. I wasn't scared, just nervous. After my first day at East, I met new friends and saw old friends. I also met some weird and fun teachers. My first day wasn't as bad as I thought it would be.

—Seth Kouang

My first impression of East was good. At first I was completely overwhelmed with the size of it, but I got used to it. It was completely different from middle school.

The students acted more mature. Everyone expected more from you academically. I like the fact that you can be an individual. You can dress however you want and you won't be considered weird because you don't wear "normal" clothes.

—Kristi Cox

Shanna Miles
Cortez Miller



Jeffery Miller
Patricia Mills



Kenneth Mitchell
Sarah Modglin



Jennifer Moon
Kari Moore



Michael Moore
Danny Morse



Angie Movik
Jennifer Mullins



Mary Murphy
Jennifer Murray



Thomas Murray
Jenni Myer



Nicholas Neal
John Nelson





Shawna Nelson
Nam Nguyen
Timothy Nicoletto
Jeremy Noble
Nicole Noland
Michelle Oliver
Eugene Olson
Mathew Olson



Sherida Oltman
David Ortiz
Martin Osborn
Sabrina Overton
Joy Owen
Rhett Pegano
Debra Palmer
Larisa Palmer



Sadanan Panvaree
Jason Papiari
Coleen Parcel
Crystal Patterson
Jermaine Patton
Latisha Patton
Holly Payne
David Penake



Vanessa Perkins
James Peterson
Michael Peterson
Kaiphath Phaydavong
Jennifer Pierson
Jessica Piper
Megan Plummer
Kimberly Poole



Dawn Porter
Kelly Potter
Jason Potts
Bryan Praska
Mark Presswood
Heather Purcell
Christina Ramirez
Sabas Ramirez



Jennifer Randolph
Kenneth Randolph
Martha Reasby
Jennifer Reasoner
Crystal Reed
Carrie Reese
Bradley Reuppel
Bradly Reynolds



Sandra Rhiner
Drew Richardson
Phillip Riggan
Shaun Rivas
Terrance Robinson
Tyanikka Robinson
Tara Robuck
Regina Ross



Roy Ross
Lesvia Ruiz
Sean Saddoris
Timothy Sams
Wayne Samuel
Jay Samuelson
Lee Savaxang
Michelle Schillinger



William Schillinger
Martin Schnoor
Matthew Schnoor
Crystal Scott
Nathanael Scott
Raymond Scott
Brendan Shanahan

Wendy Sharon
Jennifer Sharpnack
Dawn Shaver
Vanessa Shelton
Adriana Shilling
Ryan Shipman
Trevor Shockey
Bobbie Joe Shore



Timothy Sims
Olga Sklavenitis
Charles Smith
Danyell Smith
David Smith
Robert Smith
Angela Smothers



Leann Sou
Dawn Spiller
Gennie Spivey
Jamie St John
Jesse St John
Zachary Stammer
Christopher Standley
Jennifer Stanley



Corey Steffen
Chad Stephenson
Randall Stevens
Nicole Stevenson
Stacy Stewart
Jenny Stewart
Lucas Storey
Amanda Strahl



Robert Straub
James Stuart
Kristy Stutes
Jamie Swacker
Patience Swacker
Amber Swayne
Jamie Swayne
Cindy Taber



Christina Taha
Kevin Tallman
Letisha Taycher
Lisa Taylor
Debra Terry
Christopher Thomas
Brenda Thompson
Cynthia Thompson



Jacob Thompson
Johanne Thompson
Kenneth Thompson
Joe Tilley
Cari Treer
Orlando Turner
Dustin Tyler



James Tyler
Aniekun Ubom
Stacy Vahey
Ryan Van Dalsem
David Vance
Troy Vance
Jeremy Venn
Sara Vestal



Ryan Vititto
Nor Vongchanh
Bradley Wadsworth
Brett Wadsworth
Markus Wagner
Winell Waterhouse
Jennifer Watkins
Benjamin Watson





Steven Webb
Tiffany Webb



Jay Wedman
Natasha Welch



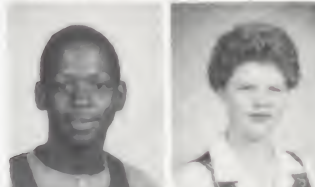
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Barbara West



Sara West
Dalonda White



Raymond Whitlatch
Jack Whitlow



Darnell Whitson
Michelle Wilcox



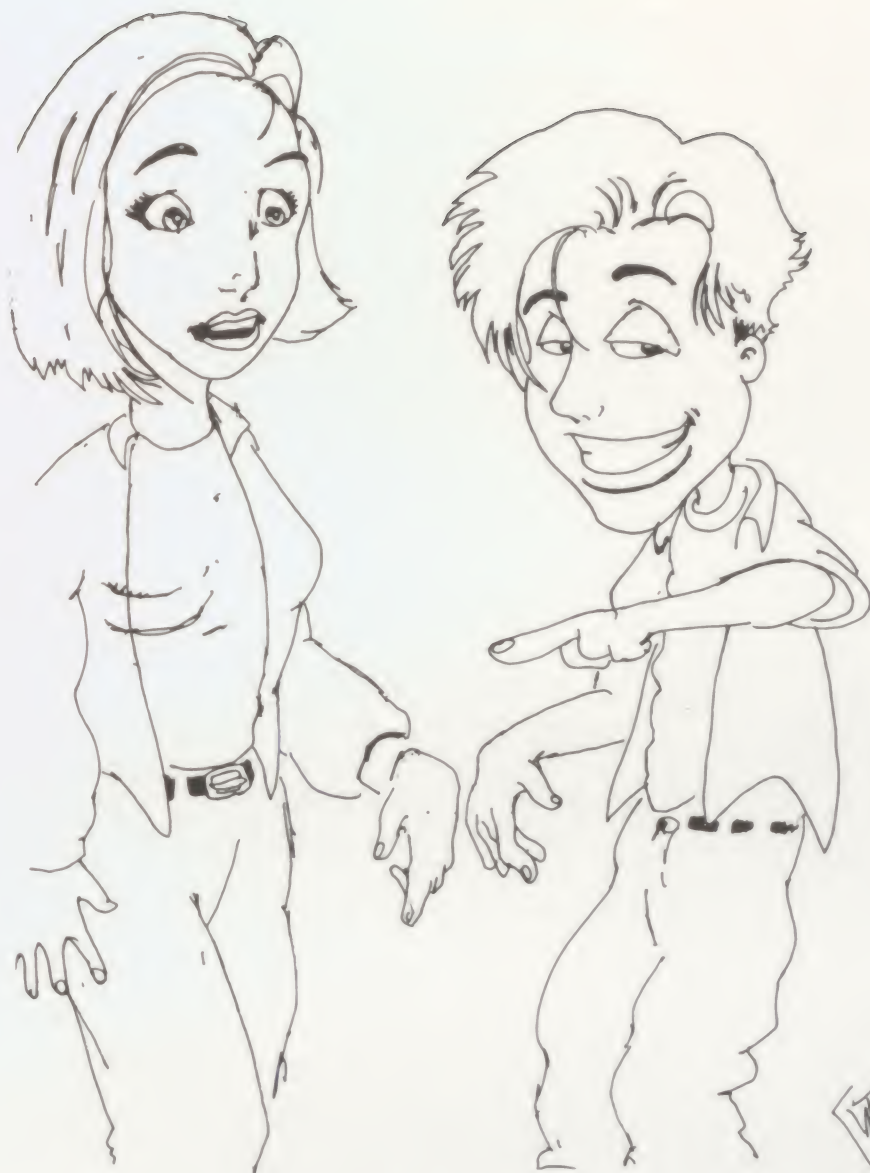
Chasyti Williams
Jesse Williams



Marturell Williams
Shannon Williams



Kathleen Wilson
Patricia Wilson



Why high school is Better than junior high

5. The school is bigger and there are more different opportunities -

Autumn Davis

4. You get to know more people and make more friends - **Adam Fischer**

3. Better looking women - **Matt Beerbower**

2. People treat you more like adults - **Jennifer Grund**

1. Open campus lunch - **Miranda Kyle**



Dancin' to the beat o F a Different Drummer

If sounds are what you're looking for, you've come to the right place. If rhythm is what you want, it's all here. From jazz to rock everyone had a beat to dance to.

Freshmen were delighted to share their favorite pastime—listening to music.

For many freshmen collecting tapes and the newest CD's was a hobby.

"I have about 200 tapes and I just started collecting them this year," freshman

Angela McCann said. "I love listening to music!"

Most agreed that music is an important and essential part of life. Often it affects a person's attitude, personality and how they are viewed by society. Freshman **Norma Fudge** wanted to dispel stereotypes.

"Everyone has their own style. I listen to country but I don't dress like a country girl."

Music can be a very

controversial issue.

While some chose to listen to rap and hip-hop others chose to listen to heavy metal and rock.

"I like rap and country because when I'm upset, country calms me down but when I'm hyper, rap peps me up!" said freshman **Larisa Palmer**.

All in all, students felt that the love for music was one thing they could all agree on.

Amy Winebrenner
Nicholas Winterberg



Laura Wiseman
Molly Wood



Candace Woodard
Diane Woodard



Melissa Woodard
Dorothy Wyckoff



Job Yamen
Helen Young



Joseph Young
Krystal Young



Mark Young
Sara Young



FRESHMEN NOT PICTURED

Michael Adams
Jason Alloway
Sammy Bacon
Bryon Bailey
Tanya Ball
Keith Bates
Marlisa Benshoof
Jose Bernadino
Amy Betts
Carol Blair
Elizabeth Blakeley
Joyce Boon
Raymond Boydston
Nicole Brant
Christina Busch
Jimmie Carton
Leanna Cavil
Melissa Channon
Deandree Cline
Ranika Coates
Eugenia Coleman
Amanda Coppick

David Daughenbaugh
Christopher Davis
Larry Davis
Danny Dawson
Jennifer Deaton
Derek Dodge
Homero Dozal
Cory Dresch
Melissa Estrada
Micheal Furgison
Shawna Gering-Brown
Edward Goff
Jerry Goff
Andy Gregory
Tyler Hafenbrack
Steven Hall
Kevin Hamm
Damon Head
Samuel Henderson
Stephanie Hicks
Chamroeun Hoeut
Charnissa Horton

Davenita Isaac
Angela Jenkins
Estilio Johnson
Jessica Johnson
Tiffany Johnson
Michael Jones
Mindy Kirkman
Michael Klingensmith
Justin Leader
Amy Lindee
Elizabeth Lloyd
Clifford Loghry
Diane Lovan
Todd Lund
Phu Luong
Mikel Marentes-Gonzales
Tyra McDonald
Craig McWilliams
Oscar Mejia
Stephen Miller
Thaman Miller
Juan Mujica

Jennifer O'Conner
Rebecca Patterson
Stephanie Payne
Jason Rand
Tricia Rawson
Jeremy Rice
Christine Royse
Maysa Sayavongchanh
Matt Schlegel
Teanna Scott
Laura Shelton
Michael Simms
Robert Smith
Walter Smith
James Stonestreet
Victoria Shinehart
Parris Templeton
Joseph Thomas
Justin Thomsen
Kevin Thomson
Carldray Tucker
Matthew VanGundy

Houlia Vang
Gene Way
Jacob Welch
Angela Wickert
Gina Woods
Robert Wright
Nue Yang



- Jam, jam! Play that funky
- music! Freshman **Michael**
- **Medina** made his own
- music with his electric
- guitar. Listening to music
- was a common pastime
- shared by many freshmen.

Where did you hear that?

Dictionary definitions

Wivern- a dragon.

"Wivern is the fuzz between your toes when you take your socks off," said senior **Courtney Johnston**.

Bilk- to cheat.

"Bilk is that greasy feeling you get on your hands after you fill your gas tank," said junior **Laura Puckett**.

Cognizance- understanding.

"Cognizance is the name of the dance the cloggers do in Pella," said junior **Rachelle Pollard**.

Quandary- an emergency.

"Quandary is laundry that hasn't been done for over a month that starts smelling," said junior **Cindi Irvin**.

Throng- an assembly.

"A throng is that itty-bitty bikini bottom that goes right up the middle of your bottom," said senior **Dennie Sims**.

Riiiiiiiiing



WIVERN
93



WHEW
93

BILK



WHEW
93

A look behind the scenes

Pizza, chicken nuggets, french fries, hot dogs, burritos, smokie links, salad bar, potato bar, ice cream. Any one of these foods can make people think of only one place—the cafeteria.

Whether or not you eat cafeteria food or bring in your own food, you couldn't help but notice the friendly cafeteria staff. Even with the abundance of students who chose to leave for lunch, the cafeteria managed to buzz everyday from 11:27 to 12:52 and thanks to the cafeteria staff, it buzzed smoothly.

Many times students walk down the hallway and noticed somebody

dusting the tops of the lockers, sweeping the floor or emptying one of the many trash containers. These people weren't the mothers or fathers of students, they were our very own custodians.

The operational staff worked both when students were and weren't here to help make sure that the restrooms, hallways, classrooms and even the gymnasium were clean. Some even worked when East earned the name of "Flood Central" over the summer.

Both of these staffs deserve our praise and recognition for the way they kept our entire school year running smoothly.



DAY OPERATIONAL STAFF: Bob Howe, Steve Barnes, Ed Donaldson, Dan Fraake, NOT PICTURED: Mary Penenger.



NIGHT OPERATIONAL STAFF: FRONT ROW: Kong Hom, Joe Leo, Vanna Keo, Pheng Ung. ROW 2: Steve Shephard, Daryl Jones, Richard O'Brien, Louis Seals. NOT PICTURED: Steve Oxford, engineer; Jim O'Boyle.



CAFETERIA STAFF. FRONT ROW: Linda Evans, Barb White, Norma Toigo, Lorraine Massey, Mae Smith. ROW 2: Lorraine Geiken, Nancy Rath, Bev Johnson, Delores Weeks, Karen Farrel, Dixie Heimbaugh, Geneva Hanson, Kathy Clater. ROW 3: Debbie Van Drew, Wanda Stoner.



William Ackerman, Social Studies, Donna Adams, Home Economics, Colleen Aldridge, Nurse's Associate, Paul Allen, MD Resource, Dwayne Bahe, Campus Monitor, Linda Baker, Vocal Music, John Bankus, Social Studies, Pat Bannon, Building Sub.



Linda Berg, Home Economics, Shirley Blenderman, Business, Jeff Bock, Graphic Arts, Ron Borstad, English, Rollic Bramball, Science, James Brauninger, Orchestra, Dorothea Brotherson, Secretary, Nita Brower, English.



Mara Brown, Art, Jack Bryan, Counselor, Jim Bush, Social Studies, Kacia Cain, Science, Gary Cameron, ISS, Bill Carlson, Math, Bob Carmichael, LD, Donna Christensen, LD Resource.



Ted Christensen, SWS, Nancy Christy, Counseling, Lonnie Clark, Counseling Secy, Bob Collins, Social Studies, Gwenn Copple, Foreign Language, Karen Cross, Math, Kathie Danielson, English, George Davis, Phys. Ed.



Clara Day, Business, Linda Drucker, MD, Diane Fleming, Secretary, Dennis Forker, English, Ken Gaeth, Phys. Ed, Ruth Ann Gaines, Drama, Marlia Gatto, BD Associate, Gary Gilchrist, Campus Monitor.



Jerry Goodrich, Art, Erma Grabill, Home Economics, Don Graves, Attendance, Vallery Griffis, English, Julia Hagan, English, Jeff Hall, Woodshop, Kathy Hansen, Spanish, Nancy Hansen, Business.



Dena Harms, DSM Plan/Math, Bob Hestbech, Counselor, Jim Hickman, Math, John Hodson, Social Studies, Ann Hoehle, Librarian, Patty Hoffman, SWS, Nancy Holmes, Photography, Bob Howe, Building Manager.



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Ed Kelly, Journalism, Virgil Larsen, Math, Carole Larson, Phys. Ed, Judy Larson, LCR, Anda Liepa, English, William Linthicum, English, Lowell Long, Science, Susan Lorence, French.

A New Chapter in Education

Often, at a board meeting, the crowded room is filled to capacity; the people want to speak their minds. Some agree with the policy that the board has proposed, others do not agree at all. Every one of the people present is trying to get the best education they can for their children.

This goal is the same for the Board of Directors for the Des Moines Public Schools. The Board consists of **Elizabeth Goodwin**, **Gloria Hoffmann**, **Sue Luthens**, **John Phoenix**, **Jonathan Wilson**, President **Suzette Jensen**, Vice-president **Jacquie Easley** and Superintendent **Gary Wegenke**.

Some of the responsibilities of the board are: to decide the budgets for different programs, to develop new policies and to allot money for school improvements and repairs.

Some of the budgets passed concerned the Gifted and Talented program and the Drop-out/Dropout Prevention program.

There were many new policies adopted. A new attendance policy was enacted in three trial schools which

allowed only six absences per semester. After the sixth absence, a student had to attend a meeting with the board to decide whether or not the student would be dropped from school.

By the end of the first semester, absenteeism in the pilot projects at Weeks Middle School, East High School and Central Campus had decreased.

Another of the new policies concerned weighted grades. If a student held a B average or higher in a certain class, then the grade for that class would be weighted. This was a controversial decision of the board that concerned students.

The Board of Directors also review the District tests to evaluate the performance of Des Moines area students.

The four people responsible for the decisions made concerning East are Principal **Jerry Stilwell**, Vice-principal **Gary Jotzke**, Vice-principal **Fae Ramsay** and Vice-principal **Mike Zelenovich**. Some of their duties included disciplinary action and involvement with student government.



1993-94 DES MOINES PUBLIC SCHOOLS BOARD OF DIRECTORS. FRONT ROW: Gary Wegenke, superintendent; Suzette Jensen, president; Jacquie Easley, vice-president. ROW 2: Gloria Hoffmann, Sue Luthens, Jonathan Wilson, John Phoenix, Elizabeth Goodwin.



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principal



Gary Jotzke,
vice-principal



Fae Ramsay,
vice-principal



Mike Zelenovich,
vice-principal



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Carla Murphy, Math, Don Murphy, Social Studies, Linda Nemmers, Math, Ted Nemmers, LCR, Debbie Neustadt, Science, Randy Nordaker, Work Study, Mary Ann Ochs, Business, Dale Ogle, Work Study.



Bill Oleson, Home Remodeling, Suzanne Page, LD, Chris Paulson, Band, Jane Person, Resource, Roberta Peters, Science Associate, Elaine Peterson, Computers/Typing, Jean Pillers, Counselor, Paul Poehlein, Counselor.



Ric Powell, Work Study/PEOPEL, P.E. Pat Puetz, Science, Alice Radalen, Home Economics, Ned Rasmussen, Industrial Arts, John Raymond, English, Clark Roberts, SWS, Gary Rourke, LD, John Rudisill, Science.



Judy Rush, English, Linda Saddoris, LCR, Kathleen Sams, Teacher's Associate, Shirley Schoop, Registrar, John Schnoor, Math, Cindy Selden, DSM Plan, Margaret Severino, Spanish, Jill Schaffer, English.



Diane Sheil, Secretary, Darin Shreck, Coach, Coach, Susie Shupe, AV Associate, Ken Stock, Business, Carolyn Stricker, LCR, Susan Stroope, Science, Kathleen Stuart, SWS/Work Exp, Chuck Sutherland, Phys. Ed.



Leah Taylor, Math, Stan Thompson, Social Studies, Fred Vanderley, Social Studies, Beverly VandeWall, Bkpg, Asst James VanTuy, Social Studies, Joyce Vickroy, Phys. Ed, Gene Wanek, Business, Delores Weeks, Cafeteria Manager.



Mary Westover, English, Fani Wilson, CBEP, Mel Wilson, Social Studies, Harold Olsen, Counselor.

ABBREVIATIONS: CBEP-Community Based Education Program, BD-Behavioral Disabilities, LD-Learning Disabilities, SWS-School Within a School, LCR-Learning Center Resource, DSM Plan-Des Moines Plan, ISS-In School Suspension.

Packed and... Ready to Go

As you close the doors of East High, you also close a suitcase full of unforgettable memories and knowledge discovered throughout the years. If you think about it, four years is not enough time to learn everything needed for the "real world" ahead of you, but somehow you managed to cram in more than you had planned.

Nothing will ever replace that first date or cramming for that last final. All the new friends you've met, the latest loves and even the enemies you made will forever be a part of your high school memories.

Looking back on these few years, one day you'll come to understand that this is but one of many suitcases to fill in a lifetime. It is also a stepping stone gearing you up for the rest of your life.

Watching the "Scarlet Letter" in Ms. Rush's English class or experimenting with malodorous ammonia in Mr. Hutzell's lab have prepared you for the

difficult decisions that lie ahead. Even the conversation abilities acquired in the classroom (that your teachers repeatedly discouraged) will come in handy.

In ten years, who's to say that you'll remember your first overnighter at grandma's or even your first day of your freshman year? What you will remember, however, is the pride that East had and showed to any visitors that walked in.

Whether you're singing the school fight song, shooting that winning basket or receiving your diploma at graduation, you'll realize that East has taught you more than just educational skills. It has also taught you about life and how to survive with a multitude of different people all at once.

With its ups and downs, high school provides us with the background necessary to live life to the fullest.

Everything But the Kitchen Sink is just a reminder of how much you'll recall when you think of dear East High.



In Memoriam



Sarah Dank
1978-1993

Sarah was a monolith in not only our lives but in her every acquaintance. Sarah knew no strangers. She had a charisma that drew people to her since she was very little.

She adorned five covers of *Better Homes and Gardens*. The first and second covers, 1981 (age 3) and 1983 (age 5), portrayed her as an angel. Her life was as gracious as the countenance of her covers.

She was forever thinking of everyone else. Her dedication was displayed by the true commitment she gave to everyone equally. Her friends

were like family to her. She strove to keep her friendships lasting and sincere, everyone was meaningful to her.

She carried these qualities over into her academics as well.

She was ranked in the top 3% of her class, top 5% nationally, selected for ACT testing in seventh grade and was a recipient of the Presidential Academic Achievement Award.

She was our comforter. When things were at their most chaotic and intolerable, she gave us rationality. She valued the companionship of

her family dearly, the love was evident in her eyes.

In her short life, she proved she was capable of handling it all. At the peak of her happiness, doing the wrestling she yearned, earning the A's on the report card in her hand, she left us. She was totally fulfilled.

Her uncle once wondered why she signed her dad's birthday card, "SARAH DANK". Her mother told him, "There's a lot of Sarah's out there, but there's only one SARAH DANK. And she knew that."

We will forever love Sarah.

Family members watch in awe as junior Stacie Carlson and senior Nikki Barden clean up. During the flood, Barden's car got stuck in a muddy ditch. The two fearless girls tried, unsuccessfully, to push it out of the mud.

.....

Seniors Christine Cook and Brenda Pool take time out from developing photos to pose for a shot. Students found Ms. Holmes' photojournalism class to be a great learning experience as well as a comfortable environment.

.....



.....

In A Cappella Choir anything goes. Senior Michelle Primm, junior Tobie Steele and freshman Scott Hunt strutted their performance techniques.

• Juniors Lindsay Elliott, Amy Schatz and Cindi Irvin light up the chilly night and kept spirits up as the team tested S. E. Polk.

In Memoriam



Steven Sams
1942-1993

Steven James Sams, born January 7, 1942, was a life long resident of Des Moines. Fine arts were always important to Steve and early on he grew proficient in his drawings skills. During high school at North, he excelled in his art classes, receiving various awards, including the much coveted Scholastic Arts Award, a Gold Key.

He started his teaching career at Washington Irving junior high school in Des Moines. After three years, he was offered a position in the art department at East High, where he taught, in the same

classroom, for the next 23+ years.

His real love was acrylic painting, the medium in which he chose to express his creativeness for the rest of his life. Steve's painting style was widely recognized by those who followed his career. He entered many local art competitions and won his share of awards. The State of Iowa owns two of his paintings, as do many individuals and corporations in Iowa and surrounding states.

The highlights of 1993 for Steve were his daughter's graduation from St. John's

University in May, and the birth of his first grandchild, Jordan James Sams, in October. Steve's unexpected and tragic death was difficult for his family, his students, his colleagues and his friends to accept and understand. His incredible talent and quick smile will be remembered by all.

To keep his memory alive for years to come, his family has established the Steven J. Sams Memorial Art Scholarship at Grand View College, to be awarded to an incoming freshman art student from East or North High.

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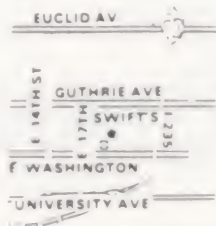
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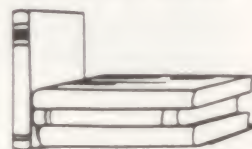
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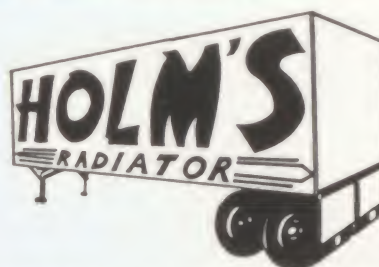
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Children — Chad Ira	1988
Stephanie (Ira) Lydic	1990
Margie (Swacker) Brown	1967
Daughters — Amy Brown	1990
Sarah Brown	1992
John Swacker	1968
Children — Scott Swacker	1989
Kristie Swacker	1991
Kellie Swacker	1992
Marlene (Swacker) Dotts	1970
Daughter — Michelle Williams	1990
Marlys (Swacker) Jones	1971

Present Students

Erin Brown (Mary's Daughter)	1995
John Swacker (James' Son)	1996
Jamie Swacker (James' Daughter)	1997
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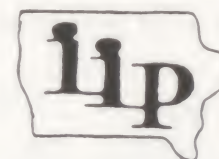
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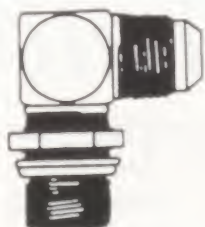
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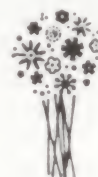


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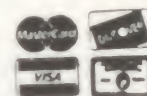
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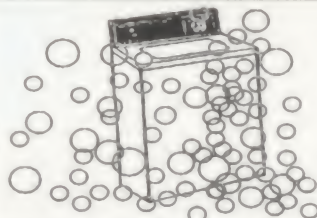
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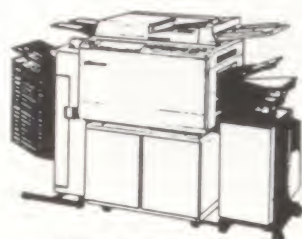
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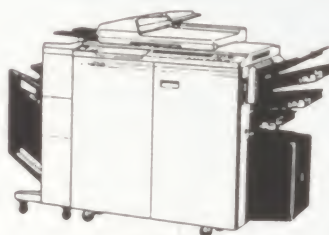
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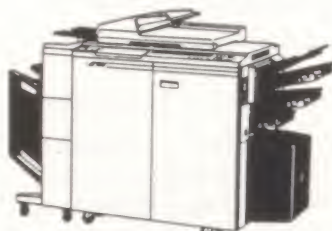
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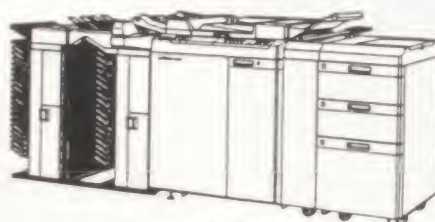
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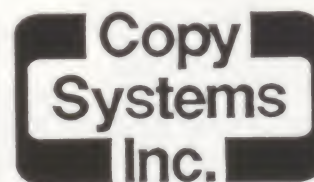
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When I braided your hair.
When the house was filled
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wrestled on the floor.
When he called you
"Choochie".
When we were four.



You have grown from a beautiful
baby to a beautiful person—
inside and out.
We're proud of you now
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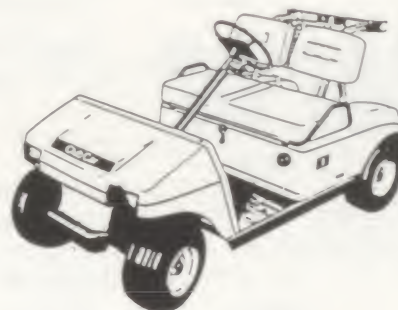
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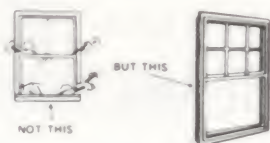
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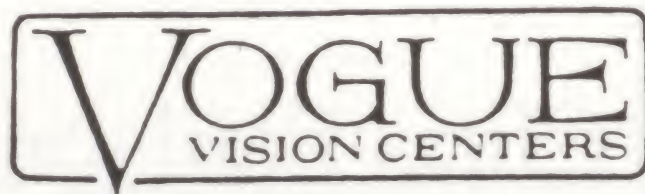
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Front Row: Micki, Jackie, Valerie, Jan.
Second Row: Tami, Tara

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CONGRATULATIONS! TIFFANY WICKERSHAM

You were so cute, right from the start
And from the beginning you stole our hearts
We watched you grow through rattles, dolls & trikes
Through bubbles and clothes and puzzles and bikes.
Then came dates, and cars, and graduation day, at last

It's hard to believe time's gone so fast

We wish to you life's very best,

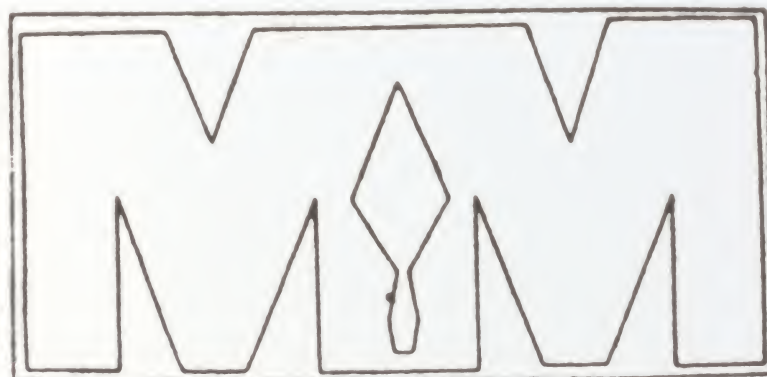
Dear,

And may God be with you,
always near.

We love you
and are very proud of you!

Dad, Mom, Traci, and Tricia





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Morning Worship	8:00 a.m.
Family Bible Classes	9:30 a.m.
Morning Worship	10:30 a.m.
Orchestra Rehearsal	4:30 p.m.
Prayer	5:00 p.m.
Evening Service	5:30 p.m.

WEDNESDAY

Bible Study	7:00 p.m.
Light Force Youth	7:00 p.m.
Royal Rangers & Missionettes	7:00 p.m.
Choir Rehearsal	7:00 p.m.

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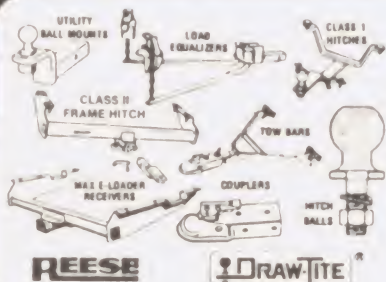
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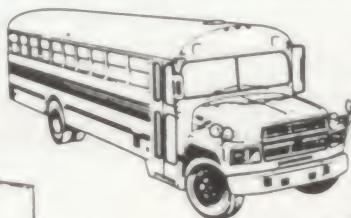
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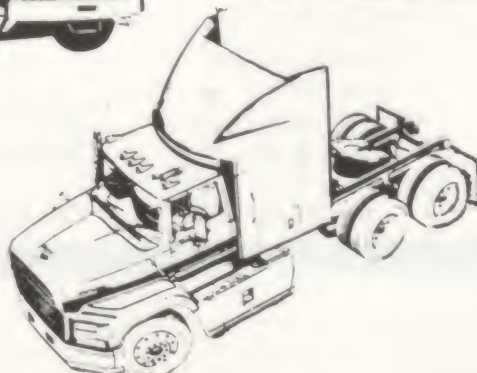
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From your 1993-94 Senior Student Government members

We're looking
forward to
"A whole new world"



Senior officers

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*You are what you have
learned from the past,
what you experience
today, and what you
dream for tomorrow.*

*Love to you Jenny,
- Mom, Jared
& Grandma*



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**The Girls Basketball Team
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**Kari Cox
Anika Baty
Jodi Scott
Kish Harris**



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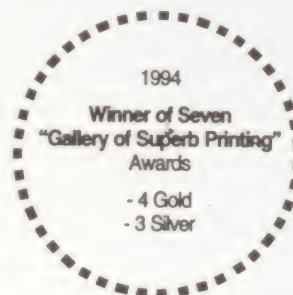
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Tony Mills
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Good Luck Class of '94

Congratulations

to the

CLASS

OF

'94

May you enjoy many successful years.



L-R: Angie Bailiff, Michelle Thomas,
Ryan Baker, Rachelle Pollard

*From: The Jr. Class
Officers of '95
and
Gary Jotzke, Advisor*



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Congrats!

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- * Jen- 1st East womyn to win 1st place varsity debate trophy
- * Brian & Josh- Best East performance ever at St. Mark's

The more things change...

- * new attendance policy
- * Renae comes to school
- * Brian and Jen kinda' get along

... the more they stay the same...

- * 4 debaters miss a total of 52 days and average a 3.9 GPA
- * Renae is late to class
- * Brian and Jen hate each other



Jennifer takes a juice break between her arduous practices.

Congratulations Seniors



Arnel Adams
Curtis Black
Maggie Cantrell
Christine Cook
Marcellette Davis
Rayn Dickson
Jennifer Douglas

Laura Freeman
Donna Hood
Carrie Kern
Wendy Hibbert
Aubrey Jacobs
Lori Lethcoe
Scott Losenicky
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Jamie VanNote

East High School

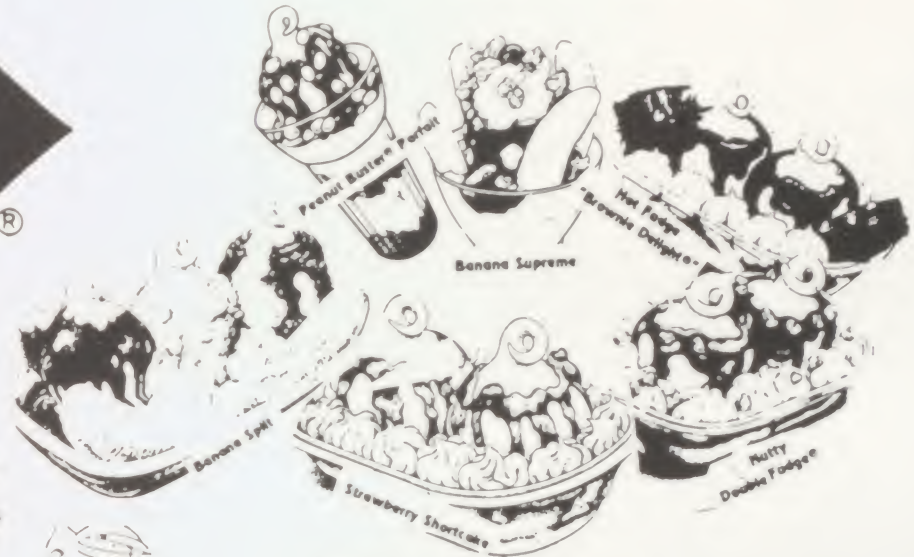
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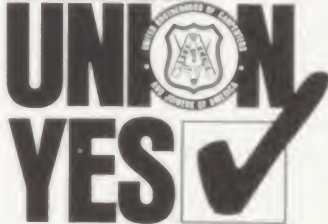


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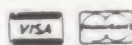
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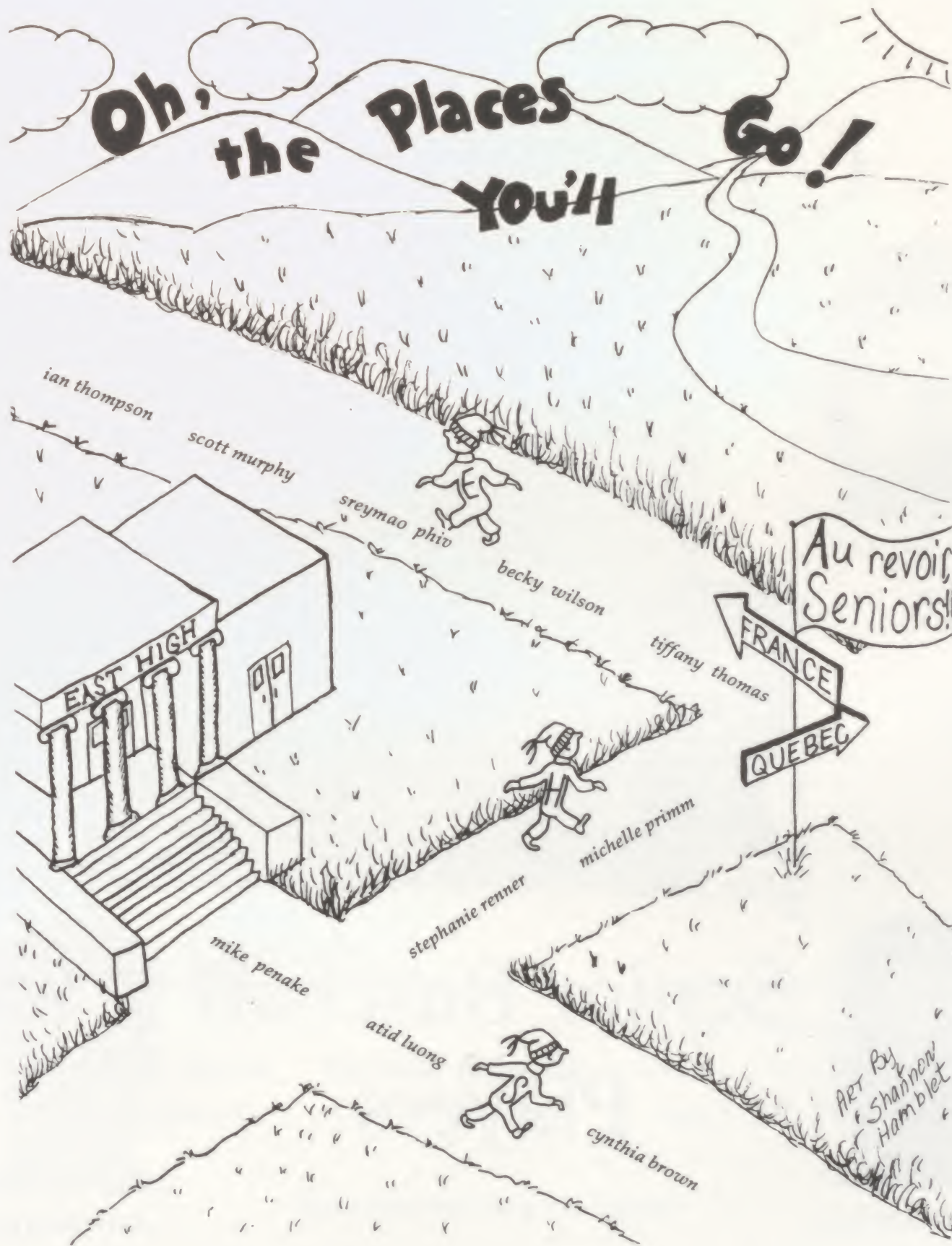
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Raye
Larson**



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to a beautiful young lady with a big smile and
always a willing way to help others.

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wish you all the success you deserve in whatever career choice you make.

We love you,

Mom and Dad



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Mom and Erika



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IN CHRIST ALONE

In Christ alone will I glory,
 though I could pride myself in battles won.
 For I've been blessed beyond measure,
 and by His strength alone I overcome.
 Oh, I could stop and count successes like diamonds in my hand,
 But those trophies could not equal to the grace by which I stand.

In Christ alone, I place my trust,
 and find my glory in the power of the cross.
 In every victory, let it be said of me, my source of strength,
 my source of hope, is **Christ alone**.

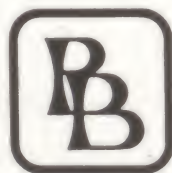
In Christ alone will I glory,
 for only by His grace I am redeemed.
 And only His tender mercy could reach
 beyond my weakness to my need.
 Now I seek no greater honor than just to know Him more,
 And to count my gains but losses and to the glory of my Lord.

In Christ alone, I place my trust,
 and find my glory in the power of the cross.
 In every victory, let it be said of me,
 my source of strength, my source of hope,
 is **Christ alone**.

Song by: Michael English

*We pray that you will KNOW the trust, hope, victory, power,
 and strength that we have found in CHRIST alone!*

Brandi Henderson & Kari Cox



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Meg!



From the patter of your baby feet,
 To later turn to your temper heat,
 Which made it so easy early on!

And then you were grown.

Over the years,
 We've had our share of tears.
 But, no more ...

The future only holds joyful tears,
 For you in future years.
 You made it and we are very proud of you.

You were and still are our beautiful baby and
 We will always be here for you.

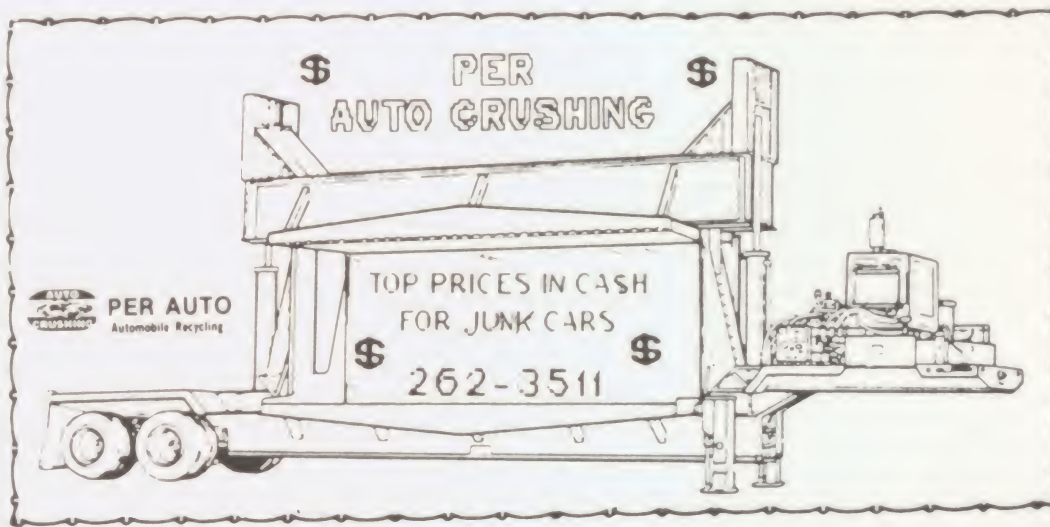
Love,

Mom, Dad & Brian



Megan Law

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1 year old

*You have come a long way and
there is no stopping you now.*

*You have worked so hard
and deserve the best.
Good Luck at Baylor.*

*We are so proud of you.
Love
Mom, Dad
and Jim Bob.*



17 years old

Love, Aunt Sue & family, Uncle Bruce & family, Aunt Sandy & family, Uncle Barry & family,
Granny Fay & Granddad, Granny Pat & Rich and Marc.



Misty Dawn Hayes

The world has changed a lot since I was your age.

You have so many choices and opportunities that women never used to imagine.

So, when I see you now, doing so well, it makes me very happy.

You've always been the kind of daughter any parent would be proud to have.

We love you,
Mom and Dad



*Throughout all the good times and bad times we always pulled through.
Good luck to the '94-'95 squad.
We will always be "family!"*

*Good luck seniors.
We will miss you!*



Congratulations! Scott Losenicky



Scott - Age 1

It seems like only yesterday
that we watched you as you
took that first step ...

Now we've seen you take yet
another big step in your life ...
and it fills our hearts with pride.



Scott - Age 18

**We love you very much.
Congratulations on your Graduation!**

Dad, Mom, Carey, Grandma & Grandpa Swanson,
Grandma Betty, Terry & Jane, Roger & Barb, Shirley & Brett, and Lizz & Bob.



Tiffany Larson



**Our friendship is the one
Throughout the years,
Sharing all our tears,
Outshining even the sun.**



Deth Philavanh

FRIENDS FOREVER

EHS Senior Board



Good luck to
the Class of '94

Jeremy Ackelson
Vanessa Barger
Cindy Brown
Ryan Dickson
Jenny Harridge
Scott Hart
Bobbi Ann Jordan

Marci Kauzlarich
Tiffany Larson
Lori Lethcoe
Amy Mathews
Travis Nace
Tony Pelham

Mike Penake
Deth Philavanh
Michelle Primm
Charity Reeves
Jeri Riley
Matt Rourke
J.J. Williams

Congratulations to our girls

We're so proud of you



Heather Berry



Jennifer Garner



Jodi McClain



We love you

from your families

Connie	Becky	Lori
&	&	&
Ray	Steve	Terry

Grandma Betty, Grandma Mae,
Grandma Gerry & Uncle Larry
Tracy, Jodi & Steve

– PRESENTING –
CAREY SUZANNE SHELTON
April 24, 1976



2 Weeks



17 Years



5 Years

*Carey, Remember...
Life is not easy for any of us.
We must have perseverance and confidence
in ourselves in order to excel.
Truly, life's greatest rewards lie not in the victory
but, in the challenge to get there.*

*Love Always,
Dad & Milisa*



*A Few Words
About
Jane Burgess*



*Congratulations & Love,
Mom, Kenny and Kevin*

CONGRATULATIONS MIKE PENAKE



Know what it is to be a child:
It is...

To see a world in a grain of sand,
Heaven in a wild flower,
To hold infinity
In the palm of your hand,
And Eternity in an hour.

(by Francis Thompson)

Our love and best wishes
that you always
remember to listen to the "Child" within
as you grow as an adult.



We're so proud of you!

Mom, Dad and David
(Sponsored by International Concept Associates)

Congratulations Angie Foreman

Love,

Mom, Dad,
Dan, Leslie,
Jessica and
Michael



I
see
children
as kites.
You spend
a lifetime
trying to get them
off the ground. You
run with them until
you are both breathless—
they crash—they hit the
roof-top—you patch and comfort,
adjust, and teach. You watch them
lifted by the wind and assure them
that someday they'll fly. Finally they
are airborne; they need more string
and you keep letting it out. But with
each twist of the ball of twine, there
is sadness that goes with the joy.
The kite becomes more distant,
and you know it won't be
long before that beautiful
creature will snap the
lifeline that binds you
together and will
soar as it is meant
to soar, free and
alone. Only then
do you know
you did
your
job.

—Erma Bombeck



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Blaine - Class of '87
Aaron - Class of '88

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Those
who achieve
success are those
who take a
dream and make
it come true.



May Your Dreams Come True!
We love you, Jazz!
Mom, and Grandma and Grandpa B.

McKee Elementary

wishes
East High Grads
the best of luck in '94!

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Mom, Dad, Danny, Shelly, TalBray, Shawn, Grandma Betty, Aunt Shelia

FACING REALITY

JEANINE WOKE UP IN A COLD SWEAT WITH ONE THING ECHOING THROUGH HER BRAIN..... WHO WAS THIS PERSON IN HER BATHROOM?....

MEANWHILE BARRY WAS THINKING..... "WHOSE BATHROOM AM I IN?"

JEANINE REMEMBERED GOING TO A PARTY AND GETTING SMASHED OUT OF HER MIND....

BARRY REMEMBERED GETTING DRUNK AND ACTING REALLY STUPID....

EVENTUALLY THE WHOLE EVENING CAME BACK!!!

"WHAT DID I DO? HOW DID I GET MYSELF INTO THIS?..."

WHAT ABOUT...?

WHAT ABOUT AIDS?

THEN THEY BOTH REALIZED MUCH TO THEIR RELIEF THAT UNLIKE THE REST OF US....

THEY WERE JUST CARTOON CHARACTERS!

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GET AIDS**

Another EAST HIGH Graduate...

From the Thompson Family



Mike & Toni — Prom 1971

Mike “Dad” Thompson
Class of ‘70

Toni “Mom” Thompson
Class of ‘71

Todd Thompson
Class of ‘89

Tia Thompson
Class of ‘94



Todd — 1989

Congratulations — Tia Thompson



Class President, Homecoming Attendant,
Student Government, Spanish Club, UN
Trip, Pep-E Club & Cheerleading

In three short years
You've passed the tests;
Graduation day is here,
You deserve life's best.

We wish you love, success,
and happiness.

We're so very proud of you!

Love —
Mom, Dad & Todd



Best wishes to the Class of '95;
Friends we are and
friends we'll always be!

On behalf of East High
students, faculty and staff

Congratulations!

but we'll miss your concern,
encouragement and smiles.



Dorothea Brotherson

-21 yrs. at East-

Shirley Schoop

-30 yrs./18 at East-



Bob Hestbeck

-34 yrs./2 at East-

Linda Drucker

-33 yrs./17 at East-

Gene Wanek

-40 yrs./35 at East-

Thank you for your dedication.

Congratulations Mr. Stilwell



Stilwell Drowns in Flood Praise

Coach George Davis looks on as Principal Jerry Stilwell is presented with the Des Moines Human Resources Award for his assistance during the Flood of '93. Presenting the award is Assistant Police Chief Nick Brown.

Photo by Ray Bienaime

Volleyball Wins Districts, Travels to State!



"Impossible"



Photo by Alan "Farma" Benedict, Class of '94

**Congratulations Photo Graduates
Take Your Best Shot!**
-Mz. Holmes



Congratulations — Cora Carpenter

Seems like only yesterday
I was taking you to kindergarten.

How did you grow up so fast?

May All Your Dreams Come True.

Love,
Mom



COLOPHON

The Herff Jones Yearbook Company of Shawnee Mission, Kansas produced 1250 copies of the 1994 *Quill*. Twenty-five staff members put together the 344 page spring-delivery book on 80 lb. Bordeaux paper.

The laminated lithograph cover is printed with four color process soy ink. Endsheets are printed with sienna ink on ivory paper stock. The 8.5" x 11" book is printed with offset lithography and is Smyth-sewn, rounded and backed.

The majority of the copy throughout the book is 10 point Garamond.

All pages were submitted on disk using 10 Macintosh computers and the applications Word 5.0, FreeHand 3.0, and PageMaker 4.2. Backgrounds for some of the pages and most of the ads were submitted as camera-ready art.

Books were sold from September through November for \$27.50 with a Student Activity Ticket and \$30 (without the ticket). The 1994 *Quill* was completed on March 4th. The Herff Jones representatives were Todd Schwartz and Paul Havnen.

ACKNOWLEDGMENTS

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Photography:

Thanks to all the photo lab students, too numerous to mention, for their talent. Thanks, especially, from Ms. Holmes for the patience and perseverance shown.

Ad Production

Again, to the many students under Nancy Hansen's direction in the fall and spring ad sales classes, thanks for all your hard work. Also, special thanks to Chad Airhart, Loren Bennett, Tora Luvan and James Van Gundy for your design talent.

To the...

*Scroll and Quill Staffs
Graphic Arts Staff
Photo Staff
Ad Sales Classes*

*Thanks for all the hard work, late hours,
and the phenomenal productions that
resulted. We are indebted to your spirit
and creativity.*

From...

*Ed Kelly
Jeff Bock*

*Nancy Jane Holmes
Nancy Hansen*

World News '93-'94

Summer

Midwest Floods



It was the biggest, wettest story of the summer.

The floods that washed across the Midwest may have

been the worst in American history, and they captured the concern of people across the nation.

The stage for disaster was set during the winter, when unusually heavy snow fell. There were no midwinter thaws, so the record flooding. And then came the rains. Des Moines, for example, logged more than 32 inches by the end of July, compared with 18.7 in a normal year.

Pope Visits U.S.

Pope John Paul II used some of the harshest rhetoric of his 15-year papacy to decry abortion and euthanasia during a four-day trip to the United States in August, 1993.



Medical crews were overwhelmed as 14,000 people sought treatment during and after an outdoor Mass that the pontiff celebrated at a park just outside Denver. But despite the hot, dusty conditions, spirits were generally high.

The Mass formally concluded World Youth Day, the biennial pilgrimage of international youth convened by the pope.

August

In Memory of...



Conway Twitty

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Supreme Court Judge Ruth Bader Ginsburg



Ruth Bader Ginsburg became the second woman to sit on the United States Supreme Court.

At her swearing in ceremony at the White House on August 10, the 60-year-old women's rights pioneer said, "In my lifetime, I expect there will be among federal judicial nominees... as many sisters as brothers in law."



Ginsburg, who became the 107th Supreme Court justice, joined Sandra Day O'Connor, a justice since 1981.

Sheik Omar Abdel-Rahman

When Sheik Omar Abdel-Rahman was charged on August 25, 1993, with commanding "a war of urban terrorism" in New York City, he was already one of the most unpopular figures in the United States.



Although his supporters described him as sincere and pious, the blind

cleric's radical, anti-Western preaching antagonized many Americans.

The indictment accused him of being the mastermind of a plot to blow up the World Trade Center—which had been bombed on August 25 February 26—as well as numerous other targets in New York that never were hit, including the United Nations building and the Lincoln Tunnel.

The blind cleric, in exile from his native Egypt, denounced the bombing and denied involvement in the alleged conspiracies.



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The Handshake of Peace

On Monday, September 13, 1993, all eyes were on two old enemies in their new roles as peacemakers, men who say peace "salaam" in Arabic or "shalom" in Hebrew. Their handshake — the grasp by Arab Yasser Arafat of the hand of Jew Yitzhak Rabin — brought a gasp, a shout, and finally applause from several thousand people on the White House lawn.

A few minutes earlier Rabin's Israel and Arafat's Palestine Liberation Organization had signed a peace treaty that once seemed unimaginable. The PLO recognized the right of Israel to live in peace; Israel, in turn, recognized the PLO as the representative of Palestinians.

President Clinton, who guided Arafat and Rabin toward their historic handshake, called it a "great occasion of history and hope."



Miss America

September 18, 1993, Kimberly Clarice Aiken, Miss South Carolina, became one of the youngest women to win the Miss America pageant.



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Reggie Lewis



Pat Nixon

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Attempted Coup in Russia

When President Boris Yeltsin disbanded the legislature September 21, many of its hardliners barricaded themselves inside the parliament building, or "White House," in Moscow. Vice President Alexander Rutskoi others tried to overthrow Yeltsin in an attempted coup.

But, following a clash with tanks and troops, Yeltsin's orders, tanks and troops defiant lawmakers, many of them old-opposed to Yeltsin's attempts to move the nation toward a free market economy.



The world was stunned by the sight of fire and smoke as the rebellion was crushed, and its leaders—including Speaker Khasbulatov and former Security Minister Viktor Barannikov—were arrested and put in jail.

September 21
 Russia

Amtrak Crash

An Amtrak train hurtled off a bridge into an inky bayou in Saraland, Alabama, early on the morning of Sept. 22, 1993, plunging its sleeping passengers into a nightmare of fire, water and death.



A barge had struck and weakened the bridge shortly before the wreck, which killed 47 people aboard the cross-country Sunset Limited. Some of the victims were trapped in a submerged, silver passenger car, others in a burned engine. It was the deadliest wreck in Amtrak's 23-year history.

September 22
 Alabama

Michael Jordan

One of the biggest stories of the 1993-94 basketball season occurred before the first pre-season exhibition game — Michael Jordan, the world's best basketball player and one of its most famous athletes, announced his retirement.



Jordan's retirement came after he had led the Chicago Bulls to three straight National Basketball Association championships, the most recent a victory over the Phoenix Suns in the October 1993 finals.

His departure, which Jordan announced at a news conference on October 6, 1993, stripped the league of its most recognizable name and robbed it of a breathtaking acrobat who led the in scoring the last seven years.

"The thrill is gone. I've done it all. There's nothing left for me to do," Jordan told a reporter the night before his formal announcement.

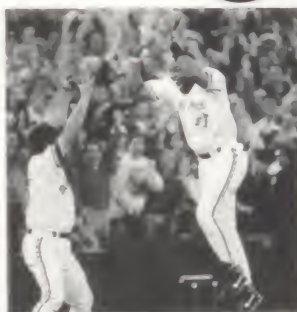
Jordan said his desire to retire at the age of 30 was not prompted by his father's murder during the summer; in fact, he said, father and son had already discussed it.

World Series

It was one of the most dramatic home runs in the long history of the World Series.

Joe Carter of the Toronto Blue Jays stepped to the plate in the ninth inning of the sixth game of the series, with two runners on base and the score 6-5 in favor of the Philadelphia Phillies.

Carter's Blue Jays led the series, three games to two. And after one swing of his bat, the game was over and the Jays had won their second straight series.



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Somalia

The world was drawn to Somalia in 1992 by photographs of starving children. It was almost driven away the following year by photographs of fighting adults.



The latter pictures — notably one of a captured American serviceman being dragged through the streets of the capital, Mogadishu — symbolized the difficulty a 33-country United Nations force had coping with a country that had descended into feudalism.

Mogadishu was a city divided, with a northern sector held by warlord Ali Mahdi Mohamed, and the south by a rival, Mohamed Farah Aidid. Aidid and Ali Mahdi had united to overthrow dictator Mohamed Siad Barre, whom they forced into exile in 1991. But their ensuing contest for power led to a full-scale war over Mogadishu that killed 350,000 people in fighting and exacerbated a famine.

Health Care Reform

President Clinton's point man on health care reform in 1993 was his wife, First Lady Hillary Rodham Clinton.



When Mrs. Clinton appeared before Congress to implore its members to work with the administration to overhaul the health care system, she got a movie star's reception.

But the talk quickly turned to business. Representative Pete Stark, a California Democrat, said he favored expanding Medicare to cover all Americans. He told Mrs. Clinton that his mother fears that she would be worse off under Clinton's reform plan, even though it calls for new Medicare coverage for prescription drugs.

Mrs. Clinton, who chaired the White House task force on health care reform, conceded that Stark had a point.

"I have a mother, too," she said, "so if we can't pass the mother test, we're in trouble."

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Fall

California Wildfires

Twenty six fires that swept Southern California in the Fall of 1993 left four people dead and caused at least \$1 billion in damage.

Wildfires destroyed 1,150 homes, burned across 200,000 acres and injured nearly 200 people in Southern California in a matter of weeks. Adding to the horror, authorities said that 19 fires were set by arsonists.



After the discovery of two of the dead, Sgt. Ron Spear said, "If it's an arson fire, then that makes it murder. They were burned by the fire and as far as we know, it was an arson fire."

A \$250,000 reward was posted for information leading to the arrest and conviction of the arsonist.

Nancy Kerrigan Attack

Nancy Kerrigan, the 22-year-old U.S. figure skater who was among the gold medal favorites at the 1994 Winter Olympics, was attacked after practice on January 6, 1994, by a man who hit her on the right leg with a club or metal bar.

The blow severely bruised her knee and bruised her quadriceps tendon, and injury that could impede her jumping and landing ability.



Within days, an anonymous phone call to authorities pointed to Kerrigan's rival, Tonya Harding, and a few of her entourage.



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California Earthquake

At 4:31 a. m. on Monday, January 17, 1994, an earthquake of 6.6 magnitude (Richter scale reading) struck Southern California, claiming 61 lives and leaving damage that may total \$30 billion. Five interstate highways, including the state's major north-south route, and points, crippling Broken aqueducts cut off much of the water supply to the San Fernando Valley, est by the quake. without power in Streets 11PM-7AM cur- trolled against



looting.

"The days ahead will also be rough for us," Mayor Richard Riordan warned Angelenos, even as he praised them for a cool-headed response to the crisis. "Let's all stick together."

In Memory of...



Arthur Ashe

Don Drysdale



Superbowl

The Dallas Cowboys won their second straight National Football League championship and the Buffalo Bills earned a sadder spot in history by losing their fourth straight Super Bowl.

Dallas defeated the Bills 30-13 on Sunday, January 30, 1994, scoring 24



unanswered points in the second half after trailing 13-6 at halftime. Emmitt Smith, the game's Most Valuable Player, led the way for Dallas, rushing for 132 yards and scoring two touchdowns.

Smith the league's MVP in the regular season, added the Super Bowl MVP award to his collection.



Cold Wave

January

Across the Northeast, the Midwest and large parts of the South, the extreme cold of January 1994 brought an end to the daily routine.

Arctic air with wind chills up to 74 below zero wept across the eastern United States in the wake of a blizzard that dumped enough snow to paralyze several states.

At least 92 deaths have been blamed on the barrage of cold and snow. Many of these victims were killed on icy roads or had heart attacks shoveling snow, while others froze to death.

Tens of thousands of homeless people sought protection at shelters, which were filled to capacity in many areas.

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